

Purposes	Facts, Concepts, Key Points	Learning Experiences	Equipment and Materials Needed	Evidence of Success
1. Be able to make Oatmeal Crispies.	1. Oats make good cookies. Raisins make them even better. Oatmeal Crispies are good food for people of all ages.	Make Oatmeal Crispies Recipe on wrapper of Rolled Oats Scramble egg mix can be used in these cookies if you wish.	Oats Fat Sugar (brown) 2 eggs (can use scramble egg mix) Salt Flour Raisins Baking Soda	Did they make the cookies? Did they eat them? Did they enjoy them?
2. Be able to make Meat loaf with rolled oats. 3. Learn that oats are a way of stretching meat and having a good food.	2. Oats are a very good food for health and growth. They can be mixed with meat to make it go further. 3. Ground beef makes good meat loaf. Canned chopped meat and ground beef can be mixed together for meat loaf.	Two people make meat loaf. Eat the meat loaf and the Oatmeal Crispies. Have a milk drink ready to have with it if you wish.	Ingredients for meat loaf. Pan for baking. Dishes to taste the foods.	Did all enjoy the meat loaf? Will they make it at home?

