

HOME ECONOMICS

GUIDE

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Designs For You—Part V






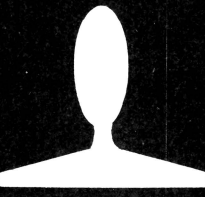
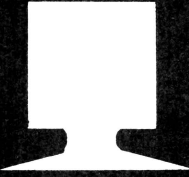

Velda Rankin
 State Clothing & Textiles Specialist

General Suggestions For Figure Characteristics

Characteristic	Do	Don't
 <p>Tall (average weight)</p>	<ul style="list-style-type: none"> ● Horizontal lines ● Wide belts, yolks and circular trims ● Long jackets ● Contrasting colors ● Large accessories ● Bulky fabrics ● Medium to large prints 	<ul style="list-style-type: none"> ● Pencil lines ● Short jackets ● Small jewelry and accessories ● Continuous horizontal trims ● Tight, full length sleeves ● Small patterns ● Very large patterns ● Tight, straight skirts ● Vertical trimming from neck to hem
 <p>Short (average weight)</p>	<ul style="list-style-type: none"> ● Vertical lines and trimming from neck to hem ● Short or full length sleeves ● Bolero or short jackets ● Empire waists ● Delicate trims ● Small accessories ● Slightly longer hemline ● Soft, lightweight fabrics ● Matching belts or beltless styles 	<ul style="list-style-type: none"> ● Horizontal lines ● Long jackets ● Elbow length sleeves ● Large hats, trimming and accessories ● Bulky fabrics ● Wide, contrasting belts ● Border hems ● Lines that break the figure into parts
 <p>Stout</p>	<ul style="list-style-type: none"> ● Vertical lines, center panels, buttons down front ● Simple designs ● Medium weight fabric ● Narrow self belts ● Medium gored skirts ● V-neck lines ● Set-in sleeves 	<ul style="list-style-type: none"> ● Horizontal and round lines ● Round necks ● Two piece costumes ● Clingy or heavy fabric ● Wide panels ● All around pleats ● Tight or puff sleeves ● Very long or short jackets ● Wide contrasting belts



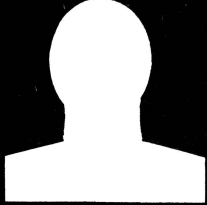




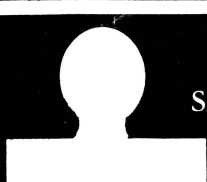
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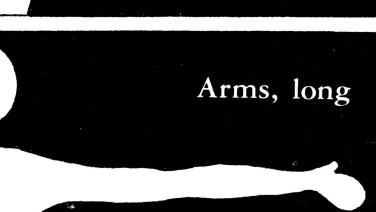
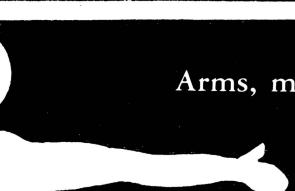
Don't

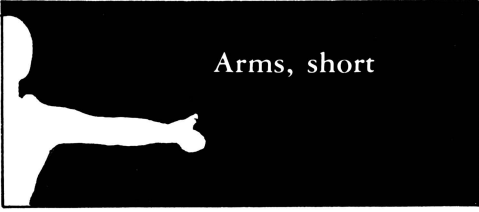
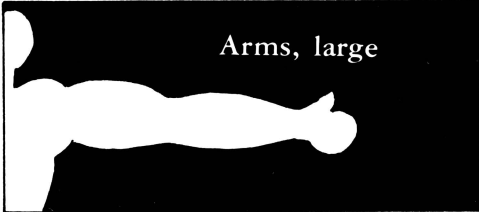
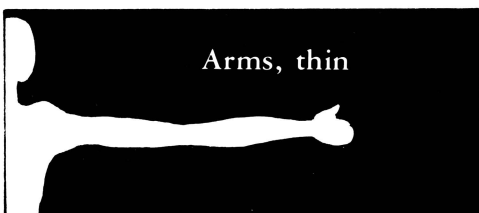
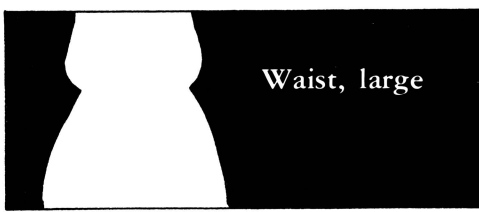
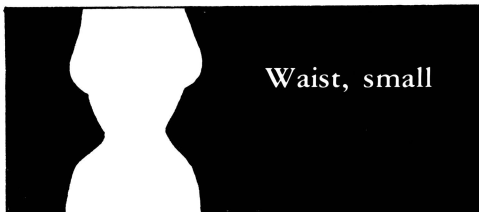
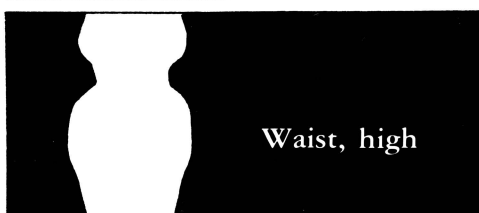
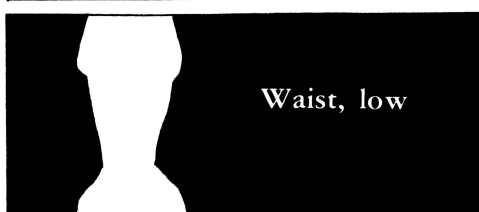
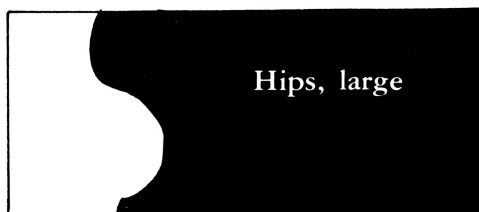
 <p>Thin</p>	<ul style="list-style-type: none"> ● Horizontal and curved lines ● Two piece costumes ● Crisp fabrics ● Full skirts ● Belts and cummerbunds 	<ul style="list-style-type: none"> ● Vertical lines ● Deep v-necklines ● Tight and pencil slim clothes ● Clinging fabrics ● Tight fitting sleeves
 <p>Legs, long</p>	<ul style="list-style-type: none"> ● Slightly shorter hemline ● Borders and tiers ● Tunic jackets 	<ul style="list-style-type: none"> ● Long hemline ● Vertical lines ● Short jackets ● One color costumes
 <p>Legs, short</p>	<ul style="list-style-type: none"> ● Slightly longer hemline ● Vertical lines ● Princess and empire lines 	<ul style="list-style-type: none"> ● Short skirts ● Borders at hem ● Horizontal details below the hips
 <p>Legs, heavy</p>	<ul style="list-style-type: none"> ● Neutral to dark colored hose ● Moderately flared skirts ● Seamed hose when in style 	<ul style="list-style-type: none"> ● Pencil slim and short skirts ● Light colored hose
 <p>Legs, thin</p>	<ul style="list-style-type: none"> ● Light colored hose ● Narrow to medium width skirts ● Seamless hose when in style 	<ul style="list-style-type: none"> ● Dark hose ● Extremely full skirts
 <p>Faces, long</p>	<ul style="list-style-type: none"> ● Scarves and ascots ● Chokers ● Turtle necks 	<ul style="list-style-type: none"> ● V-necklines ● Long necklaces ● Dangling earrings
 <p>Face, square</p>	<ul style="list-style-type: none"> ● Round or v-necklines 	<ul style="list-style-type: none"> ● Square necklines
 <p>Face, oval</p>	<ul style="list-style-type: none"> ● Most desirable shape 	<ul style="list-style-type: none"> ● You do not have neckline problems

Do

Don't

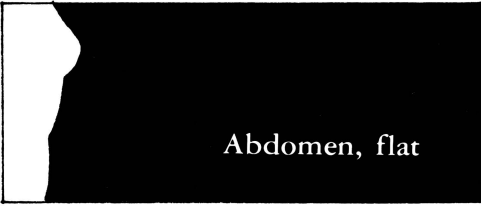
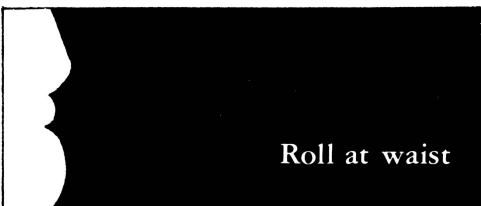
 <p>Face, round</p>	<ul style="list-style-type: none"> • V-necklines • Long collars 	<ul style="list-style-type: none"> • Chokers • Round earrings • High round necks
 <p>Neck, thin</p>	<ul style="list-style-type: none"> • Scarves, chokers, ascot ties • High stand-up collars and ruffles • Softly draped necklines 	<ul style="list-style-type: none"> • Exposed necklines • Skimpy waists • Thin, clinging fabric
 <p>Neck, wide</p>	<ul style="list-style-type: none"> • V-necklines • Wide square necklines • Rounding necklines with no collar 	<ul style="list-style-type: none"> • Ruffles • Chokers • Dainty fabrics and trims • High collars
 <p>Neck, long</p>	<ul style="list-style-type: none"> • High collars • Scarves and ascot ties • Square necklines 	<ul style="list-style-type: none"> • V-necklines • Long necklaces • Low necklines
 <p>Neck, short</p>	<ul style="list-style-type: none"> • Picture necklines • Low V-necklines • Brimless hats • Short hair 	<ul style="list-style-type: none"> • Chokers • Shoulder length hair • Heavy jewelry • Exaggerated shoulders
 <p>Shoulder, square</p>	<ul style="list-style-type: none"> • Sleeves that fit loosely at armhole • Dolman and cap sleeves 	<ul style="list-style-type: none"> • Set-in sleeves • Shoulder pads • Halter necklines • Large collars
 <p>Shoulders, sloping</p>	<ul style="list-style-type: none"> • Small pads • Square and V-necklines • Sleeves 	<ul style="list-style-type: none"> • Sleeveless dresses • Strapless styles • Shoestring straps
 <p>Shoulders, wide</p>	<ul style="list-style-type: none"> • Fit is a greater problem than style • Be sure garment is not too snug • Conventional sleeves 	<ul style="list-style-type: none"> • Built up shoulder • Leg-o-mutton sleeve

	Do	Don't
 <p>Shoulders, narrow</p>	<ul style="list-style-type: none"> ● Leg-o-mutton sleeves ● Yokes across chest ● Wide lapels 	<ul style="list-style-type: none"> ● Vertical lines ● Small collars ● Tight sleeves
 <p>Bust, large</p>	<ul style="list-style-type: none"> ● Loose fitting waists ● Darts or tucks to give fullness bust ● Loose coats 	<ul style="list-style-type: none"> ● Fitted coats ● Tight armholes ● Fussy bows and pockets
 <p>Bust, medium</p>	<ul style="list-style-type: none"> ● No problems 	
 <p>Bust, flat</p>	<ul style="list-style-type: none"> ● Fuffles, lace, pockets ● Fullness in waist ● Padded bras 	<ul style="list-style-type: none"> ● Tight, plain waists ● Heavy details
 <p>Bust, low</p>	<ul style="list-style-type: none"> ● Wear good uplift bra ● Adjust darts 	<ul style="list-style-type: none"> ● Plain waists
 <p>Bust, high</p>	<ul style="list-style-type: none"> ● Adjust darts 	
 <p>Arms, long</p>	<ul style="list-style-type: none"> ● Large cuffs ● Below elbow sleeves ● Full loose sleeves ● Gauntlet gloves 	<ul style="list-style-type: none"> ● Full length, tight sleeves ● Sleeveless dresses
 <p>Arms, medium</p>	<ul style="list-style-type: none"> ● No problem 	

	Do	Don't
 <p>Arms, short</p>	<ul style="list-style-type: none"> ● Sleeveless dresses ● Full length sleeves 	<ul style="list-style-type: none"> ● Elbow length sleeves ● Contrasting cuffs or bands
 <p>Arms, large</p>	<ul style="list-style-type: none"> ● Easy fitting full-length or above elbow sleeves ● Comfortable armholes 	<ul style="list-style-type: none"> ● Tight sleeves ● Puffs or leg-o-mutton sleeves
 <p>Arms, thin</p>	<ul style="list-style-type: none"> ● Puffs, draped and long full sleeves 	<ul style="list-style-type: none"> ● Long tight sleeves ● Sheer fabrics
 <p>Waist, large</p>	<ul style="list-style-type: none"> ● Panels that narrow at waistline ● Partial or inconspicuous belts ● Fullness above waistline 	<ul style="list-style-type: none"> ● Pencil slim skirts ● Wide belts ● Skirts and blouses
 <p>Waist, small</p>	<ul style="list-style-type: none"> ● No problem unless it emphasizes large hips. Fit loosely and avoid tight belts if you have this problem. 	
 <p>Waist, high</p>	<ul style="list-style-type: none"> ● Dropped waistline ● Beltless clothes ● Empire lines 	<ul style="list-style-type: none"> ● Contrasting belts at natural line
 <p>Waist, low</p>	<ul style="list-style-type: none"> ● Wide belts ● Boleros ● Three-quarter length sleeves 	<ul style="list-style-type: none"> ● Waist detail that ends below waistline ● Large pockets in skirt ● Contrasting cuffs at wrist
 <p>Hips, large</p>	<ul style="list-style-type: none"> ● Light tops and darker skirts ● Accented shoulders ● Fullness above waist 	<ul style="list-style-type: none"> ● Dropped waistlines ● Tight skirts ● Horizontal detail at hip ● Wide, tight belts

Do

Don't

 <p>Hips, small</p>	<ul style="list-style-type: none"> ● No problem unless figure looks top-heavy. Then wear: full skirts light color on bottom horizontal detail at hips dropped waistline 	
 <p>Hips, round</p>	<ul style="list-style-type: none"> ● No problems 	
 <p>Hips, square</p>	<ul style="list-style-type: none"> ● Pegged skirts ● Crisp shoulder lines ● Wide belts ● Long torso lines 	<ul style="list-style-type: none"> ● Gathers at waistline
 <p>Hips, triangular</p>	<ul style="list-style-type: none"> ● Flared skirts ● Accented shoulders ● Wide belts ● Fullness above belt 	<ul style="list-style-type: none"> ● Hip line jackets ● Short coats ● Horizontal detail
 <p>Abdomen, flat</p>	<ul style="list-style-type: none"> ● Often has prominent hip bones ● Use short, diagonal darts at waistline 	<ul style="list-style-type: none"> ● Long full darts
 <p>Abdomen, protruding</p>	<ul style="list-style-type: none"> ● Jackets ending bulge ● Partial belts ● Gathers on either side of center front 	<ul style="list-style-type: none"> ● Tight skirts ● Bias skirts ● Plain fronts ● Short jackets
 <p>Roll at waist</p>	<ul style="list-style-type: none"> ● Shifts, unbelted ● Over blouses ● Beltless styles 	<ul style="list-style-type: none"> ● Tight belts ● Tight skirts ● Details at waistline ● Tight blouses
 <p>Back, sway</p>	<ul style="list-style-type: none"> ● Full skirts ● Shirt maker styles ● Over blouses ● Loose fitting styles 	<ul style="list-style-type: none"> ● Bolero jackets ● Tight skirts ● Tight belts ● Plaid skirts

Suggestions are general and must be adapted to individual combinations of characteristics.



Continued