

EXTRACURRICULAR/ CO-CURRICULAR PREPARATIONS AND THE RELATIONSHIP
TO LEADERSHIP STYLES OF K-12 ADMINISTRATORS

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ABSTRACT

Due to high stakes accountability, the need for quality school leaders are essential. Many skills can be transferable from leaders' previous experience in activities. Bass and Riggio (2006) recognized the need to better understand roots of leadership development. Maxwell (1993) stated leadership is learned and develops over time spent in purposeful engagement. The purpose of this dissertation was to study the relationship between extracurricular and co-curricular preparations and the relationship to school leadership.

Using a mixed design, the Multifactor Leadership Questionnaire (MLQ) Form 5X (Avolio & Bass, 2004) and Profile of Extracurricular Preparations (PrEP) were utilized to examine participation levels of leaders prior to assuming leadership roles. The researcher aimed to examine leadership styles based on preparations.

The analysis revealed one weak negative significant Pearson Correlation for leaders who engaged in extracurricular activities with Outcomes: Extra Effort. Co-curricular engagement revealed a weak positive, significant correlation to Transformational: Idealized Attributes. Another significant, weak negative correlation was evidenced with Transactional Management by Exception –Active (MBE-A). A one-way ANOVA was used to compare leaders based upon engagement. Transformational: Individual Consideration revealed a significant difference. Data revealed half of MLQ factors had significant or nearly significant relations with co-curricular engagement. Post Hoc Tests were utilized to analyze significant relationships within the

ANOVA. Transformational: Individual Consideration unveiled a significant difference between several groups. The qualitative findings revealed the majority of the participants felt their prior engagement helped their development of leadership skills. Implications for school leaders are preparatory activities positively affect leadership growth and development.