# Matrix inequalities with applications to the theory of iterated kernels\*

WILLIAM BANKS

Department of Mathematics, University of Missouri Columbia, MO 65211 USA bbanks@math.missouri.edu

ASMA HARCHARRAS<sup>†</sup>
Department of Mathematics, University of Missouri
Columbia, MO 65211 USA
harchars@math.missouri.edu

STEFAN NEUWIRTH
Laboratoire de Mathématiques, Université de Franche-Comté
25030 Besançon cedex, France
neuwirth@math.univ-fcomte.fr

ERIC RICARD Université Paris VI, Equipe d'Analyse, Case 186 75252 Paris Cedex 05, France ericard@ccr.jussieu.fr

#### Abstract

For an  $m \times n$  matrix A with nonnegative real entries, Atkinson, Moran and Watterson proved the inequality  $s(A)^3 \leq mns(AA^tA)$ , where  $A^t$  is the transpose of A, and  $s(\cdot)$  is the sum of the entries. We extend this result to finite products of the form  $AA^tAA^t \dots A$  or  $AA^tAA^t \dots A^t$  and give some applications to the theory of iterated kernels.

<sup>†</sup>Corresponding author

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#### 1 Introduction

For any matrix A, let s(A) denote the sum of its entries. For any integer  $k \geq 1$ , we define

$$A^{(2k)} = (AA^t)^k, \qquad A^{(2k+1)} = (AA^t)^k A,$$

where  $A^t$  denotes the transpose of A. In Section 2, we prove the following sharp inequalities:

**Theorem 1.** Let A be an  $m \times n$  matrix with nonnegative real entries. Then for every integer  $k \geq 1$ , the following matrix inequalities hold:

$$s(A)^{2k} \le m^{k-1} n^k s(A^{(2k)}), \qquad s(A)^{2k+1} \le m^k n^k s(A^{(2k+1)}).$$

For the special case of symmetric matrices, this theorem was proved in 1959 by Mulholland and Smith [4], thus settling an earlier conjecture of Mandel and Hughes [3] that had been based on the study of certain genetical models. For arbitrary matrices (with nonnegative entries), Theorem 1 also generalizes the matrix inequality

$$s(A)^3 \le mn \, s(AA^t A),$$

which was first proved in 1960 by Atkinson, Moran and Watterson [1] using methods of perturbation theory.

Theorem 1 has a graph theoretic interpretation when applied to matrices with entries in  $\{0,1\}$ . Let G be a graph with red vertices labeled  $1,\ldots,m$  and blue vertices labeled  $1,\ldots,n$  such that every edge connects only vertices of distinct colours: G is a bipartite graph. Its reduced incidence matrix is an  $m \times n$  matrix A such that  $a_{i,j} = 1$  if red vertex i is adjacent to blue vertex j, and  $a_{i,j} = 0$  otherwise. Then s(A) is the size of G, while  $s(A^{(\ell)})$  is the number of walks on G of length  $\ell$  starting from a red vertex, i.e., the number of sequences  $(v_0, \ldots, v_\ell)$  such that  $v_0$  is a red vertex and every pair  $\{v_i, v_{i+1}\}$  is an edge in G. Theorem 1 then yields the optimal lower bound of the number of walks in terms of

the size of G. We do not know of a corresponding lower bound for the number of trails (walks with no edge repeated) or paths (walks with no vertex repeated).

Recall that an  $m \times n$  matrix A is said to be *bistochastic* if every row sum of A is equal to s(A)/m, and every column sum of A is equal to s(A)/n. In Section 3 we prove the following asymptotic form of Theorem 1:

**Theorem 2.** Let A be an  $m \times n$  matrix with nonnegative real entries. If A is bistochastic, then for all  $k \geq 1$ ,

$$s(A)^{2k} = m^{k-1}n^k s(A^{(2k)}), \qquad s(A)^{2k+1} = m^k n^k s(A^{(2k+1)}).$$

If A is not bistochastic, then there exist constants c > 0 and  $\gamma > 1$  (depending only on A) such that for all  $\ell \geq 1$ ,

$$s(A)^{\ell} < c \gamma^{-\ell} (mn)^{\ell/2} s(A^{(\ell)}).$$

As we show in Sections 2 and 3, both of the above theorems, though stated for arbitrary rectangular matrices with nonnegative entries, follow from the special case of *square* matrices.

Theorem 2 has an immediate application. Atkinson, Moran and Watterson [1] conjectured that for a nonnegative symmetric kernel function K(x, y) that is Lebesgue integrable over the square  $0 \le x, y \le a$ , the inequality

$$\int_{0}^{a} \int_{0}^{a} K_{\ell}(x, y) \, dx \, dy \ge \frac{1}{a^{\ell - 1}} \left( \int_{0}^{a} \int_{0}^{a} K(x, y) \, dx \, dy \right)^{\ell} \tag{1}$$

holds for all  $\ell \geq 1$ . Here  $K_{\ell}(x,y)$  denotes the  $\ell$ -th order iterate of K(x,y), which is defined recursively by

$$K_1(x,y) = K(x,y), \qquad K_{\ell}(x,y) = \int_0^a K_{\ell-1}(x,t) K(t,y) dt.$$

Beesack [2] showed that the Atkinson-Moran-Watterson conjecture follows from the matrix identities of Mulholland and Smith described above. Using Beesack's ideas together with Theorem 2, we prove in Section 4 the following asymptotic form of the Atkinson-Moran-Watterson inequality (1):

**Theorem 3.** Let K(x,y) be a nonnegative symmetric kernel function that is Lebesgue integrable over the square  $0 \le x, y \le a$ , and consider the function  $f(x) = \int\limits_0^a K(x,y) \, dy$  defined on the interval  $0 \le x \le a$ . If f(x) is constant almost everywhere, then for all  $\ell \ge 1$ 

$$\int_{0}^{a} \int_{0}^{a} K_{\ell}(x,y) \, dx \, dy = \frac{1}{a^{\ell-1}} \left( \int_{0}^{a} \int_{0}^{a} K(x,y) \, dx \, dy \right)^{\ell}.$$

If not, there exist constants c>0 and  $\gamma>1$  (depending only on K) such that for all  $\ell\geq 1$ 

$$\int_{0}^{a} \int_{0}^{a} K_{\ell}(x, y) \, dx \, dy > \frac{c \, \gamma^{\ell}}{a^{\ell - 1}} \left( \int_{0}^{a} \int_{0}^{a} K(x, y) \, dx \, dy \right)^{\ell}.$$

**Remark:** Using an approximation argument as in the proof of Theorem 3, Theorem 1 can be also applied to establish an analogue to inequalities (1) and Theorem 3 in the case of nonsymmetric kernel functions. Let K(x,y) be any nonnegative kernel function that is Lebesgue integrable over the rectangle  $0 \le x \le a$ ,  $0 \le y \le b$  and let  $K_{\ell}$  be the  $\ell$ -th order iterate of K defined by  $K_1(x,y) = K(x,y)$  and for each integer  $k \ge 1$ ,

$$K_{2k}(x,x') = \int_{0}^{b} K_{2k-1}(x,y)K(x',y) dy, \quad K_{2k+1}(x,y) = \int_{0}^{a} K_{2k}(x,x')K(x',y) dx'.$$

In this case, inequalities (1) become

$$\int_{0}^{a} \int_{0}^{b} K_{2k+1}(x,y) \, dx \, dy \ge \frac{1}{a^k b^k} \left( \int_{0}^{a} \int_{0}^{b} K(x,y) \, dx \, dy \right)^{2k+1}$$

$$\int_{a}^{a} \int_{a}^{a} K_{2k}(x, x') \, dx \, dx' \ge \frac{1}{a^{k-1}b^k} \left( \int_{a}^{a} \int_{a}^{b} K(x, y) \, dx \, dy \right)^{2k}.$$

The analogue of Theorem 3 is then obvious.

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### 2 Matrix inequality

Given a matrix  $A = (a_{i,j})$  and an integer  $\ell \geq 0$ , we denote by  $a_{i,j}^{(\ell)}$  the (i,j)-th entry of  $A^{(\ell)}$ , so that  $A^{(\ell)} = (a_{i,j}^{(\ell)})$ . This notation will be used often in the sequel.

**Lemma.** Let  $B = (b_{i,j})$  be a  $d \times d$  matrix with nonnegative real entries. For any two sequences  $\{\alpha_i\}$  and  $\{\beta_i\}$  of nonnegative real numbers, the following inequality holds:

$$(I_2'): \qquad \sum_{i,j=1}^d \alpha_i \, \beta_i \, b_{i,j} \le d^{\frac{1}{2}} \left( \sum_{i,j=1}^d \alpha_i^2 \, \beta_j^2 \, b_{i,j}^{(2)} \right)^{\frac{1}{2}}.$$

**Proof.** To prove the lemma, we apply the Cauchy-Schwarz inequality twice as follows:

$$\sum_{i,j=1}^{d} \alpha_{i} \beta_{i} b_{i,j} = \sum_{i,k=1}^{d} \alpha_{i} \beta_{i} b_{i,k} \leq d^{\frac{1}{2}} \left( \sum_{k=1}^{d} \left( \sum_{i=1}^{d} \alpha_{i} \beta_{i} b_{i,k} \right)^{2} \right)^{\frac{1}{2}}. \tag{2}$$

$$\sum_{i,j=1}^{d} \alpha_{i} \beta_{i} b_{i,j} \leq d^{\frac{1}{2}} \left( \sum_{i,j,k=1}^{d} \alpha_{i} \alpha_{j} \beta_{i} \beta_{j} b_{i,k} b_{j,k} \right)^{\frac{1}{2}}$$

$$= d^{\frac{1}{2}} \left( \sum_{i,j=1}^{d} \alpha_{i} \alpha_{j} \beta_{i} \beta_{j} b_{i,j}^{(2)} \right)^{\frac{1}{2}}$$

$$= d^{\frac{1}{2}} \left( \sum_{i,j=1}^{d} \alpha_{i} \beta_{j} (b_{i,j}^{(2)})^{\frac{1}{2}} \cdot \alpha_{j} \beta_{i} (b_{j,i}^{(2)})^{\frac{1}{2}} \right)^{\frac{1}{2}}$$

$$\leq d^{\frac{1}{2}} \left( \sum_{i,j=1}^{d} \alpha_{i}^{2} \beta_{j}^{2} b_{i,j}^{(2)} \right)^{\frac{1}{2}}.$$

Here we have used the fact that  $B^{(2)} = BB^t$  is a symmetric matrix.

**Theorem 1'.** Let  $B = (b_{i,j})$  be a square  $d \times d$  matrix with nonnegative real entries, and let  $\{\alpha_i\}$  be any sequence of nonnegative real numbers. Then for each integer  $\ell \geq 1$ , we have

$$(I_{\ell}): \sum_{i,j=1}^{d} \alpha_{i} b_{i,j} \leq d^{\frac{\ell-1}{\ell}} \left( \sum_{i,j=1}^{d} \alpha_{i}^{\ell} b_{i,j}^{(\ell)} \right)^{\frac{1}{\ell}}.$$

**Proof of Theorem 1'.** The case  $\ell = 1$  is trivial while the case  $\ell = 2$  is a consequence of the lemma above. We prove the general case by induction. Suppose that  $p \geq 2$ , and the inequalities  $(I_1), (I_2), \ldots, (I_p)$  hold for all square matrices with nonnegative real entries. If p = 2k - 1 is an odd integer, then the inequality  $(I_{p+1})$  follows immediately from  $(I_2)$  and  $(I_k)$ . Indeed, since  $B^{(2k)} = B^{(2)(k)}$ , we have

$$\sum_{i,j=1}^{d} \alpha_i \, b_{i,j} \le d^{\frac{1}{2}} \left( \sum_{i,j=1}^{d} \alpha_i^2 \, b_{i,j}^{(2)} \right)^{\frac{1}{2}} \le d^{\frac{1}{2}} \left( d^{\frac{k-1}{k}} \left( \sum_{i,j=1}^{d} \alpha_i^{2k} \, b_{i,j}^{(2)(k)} \right)^{\frac{1}{k}} \right)^{\frac{1}{2}}. \tag{3}$$

Thus

$$\sum_{i,j=1}^{d} \alpha_i \, b_{i,j} \le d^{\frac{2k-1}{2k}} \left( \sum_{i,j=1}^{d} \alpha_i^{2k} \, b_{i,j}^{(2k)} \right)^{\frac{1}{2k}}.$$

If p = 2k is an even integer, then the inequality  $(I_{p+1})$  follows from Hölder's inequality, and the inequalities  $(I_k)$  and  $(I'_2)$ . Indeed, by Hölder's inequality, we have

$$\sum_{i,j=1}^{d} \alpha_i \, b_{i,j} \le d^{\frac{1}{2k+1}} \left( \sum_{i=1}^{d} \alpha_i^{\frac{2k+1}{2k}} \left( \sum_{j=1}^{d} b_{i,j} \right)^{\frac{2k+1}{2k}} \right)^{\frac{2k}{2k+1}}. \tag{4}$$

Let  $\mathcal{I}$  denote the term between parentheses, and set  $\beta_i = \sum_{j=1}^d b_{i,j}$  for each i. Then

$$\mathcal{I} = \sum_{i=1}^{d} \alpha_i^{\frac{2k+1}{2k}} \left( \sum_{j=1}^{d} b_{i,j} \right)^{\frac{2k+1}{2k}} = \sum_{i,j=1}^{d} \alpha_i^{\frac{2k+1}{2k}} \beta_i^{\frac{1}{2k}} b_{i,j}.$$

Applying  $(I_k)$ , it follows that

$$\mathcal{I} \le d^{\frac{k-1}{k}} \left( \sum_{i,j=1}^{d} \alpha_i^{\frac{2k+1}{2}} \beta_i^{\frac{1}{2}} b_{i,j}^{(k)} \right)^{\frac{1}{k}}.$$

Applying the lemma to the sequences  $\{\alpha_i^{\frac{2k+1}{2}}\}$  and  $\{\beta_i^{\frac{1}{2}}\}$ , and using the fact  $B^{(k)(2)}=B^{(2k)}$ , we see that

$$\mathcal{I} \leq d^{\frac{k-1}{k}} \left( d^{\frac{1}{2}} \left( \sum_{i,j=1}^{d} \alpha_i^{2k+1} \beta_j b_{i,j}^{(k)(2)} \right)^{\frac{1}{2}} \right)^{\frac{1}{k}} = d^{\frac{2k-1}{2k}} \left( \sum_{i,j=1}^{d} \alpha_i^{2k+1} \beta_j b_{i,j}^{(2k)} \right)^{\frac{1}{2k}}.$$

Putting everything together, we have therefore shown that

$$\sum_{i,j=1}^d \alpha_i \, b_{i,j} \leq d^{\frac{2k}{2k+1}} \Biggl( \sum_{i,j=1}^d \alpha_i^{2k+1} \, \beta_j \, b_{i,j}^{(2k)} \Biggr)^{\frac{1}{2k+1}}.$$

Finally, note that

$$\sum_{j=1}^{d} \beta_{j} b_{i,j}^{(2k)} = \sum_{\ell=1}^{d} b_{i,\ell}^{(2k)} \beta_{\ell} = \sum_{j,\ell=1}^{d} b_{i,\ell}^{(2k)} b_{\ell,j} = \sum_{j=1}^{d} b_{i,j}^{(2k+1)}$$

since  $B^{(2k+1)} = B^{(2k)}B$ . Consequently,

$$\sum_{i,j=1}^{d} \alpha_i \, b_{i,j} \le d^{\frac{2k}{2k+1}} \left( \sum_{i,j=1}^{d} \alpha_i^{2k+1} \, b_{i,j}^{(2k+1)} \right)^{\frac{1}{2k+1}} \tag{5}$$

and  $(I_{p+1})$  holds for the case p=2k. Theorem 1' now follows by induction.

**Theorem 1.** Let A be an  $m \times n$  matrix with nonnegative real entries. Then for every integer  $k \geq 1$ , the following matrix inequalities hold:

$$s(A)^{2k} \le m^{k-1} n^k s(A^{(2k)}), \qquad s(A)^{2k+1} \le m^k n^k s(A^{(2k+1)}).$$

**Proof of Theorem 1.** For the case of square matrices, Theorem 1 follows immediately from Theorem 1'. Indeed, taking  $\alpha_i = 1$  for each i, the inequality  $(I_{\ell})$  yields the corresponding inequality in Theorem 1.

Now, let A be an  $m \times n$  matrix with nonnegative real entries, put d = mn, and let B be the  $d \times d$  matrix with nonnegative real entries defined as the tensor product  $B = A \otimes \mathbb{1}_{n,m}$ , where  $\mathbb{1}_{n,m}$  is the  $n \times m$  matrix with every entry equal to 1. For any integers  $\ell, k \geq 0$ , the relations

$$B^{(\ell)} = A^{(\ell)} \otimes \mathbb{1}_{n,m}^{(\ell)}, \quad s(B^{(\ell)}) = s(A^{(\ell)}) s(\mathbb{1}_{n,m}^{(\ell)}),$$
$$s(\mathbb{1}_{n,m}^{(2k)}) = m^k n^{k+1}, \quad s(\mathbb{1}_{n,m}^{(2k+1)}) = m^{k+1} n^{k+1}.$$

are easily checked. In particular,  $s(B) = mn \, s(A)$ . Applying Theorem 1 to the matrix B and using these identities, the inequalities of Theorem 1 follow for the matrix A.

#### 3 Asymptotic matrix inequality

As will be shown below, Theorem 2 is a consequence of the following more precise theorem for square matrices:

**Theorem 2'.** Let B be a square  $d \times d$  matrix with nonnegative real entries and  $s(B) \neq 0$ . Let  $\lambda$  be the largest eigenvalue of  $B^{(2)} = BB^t$ , and put  $\gamma = \lambda d^2/s(B)^2$ . Then  $\gamma \geq 1$ , and there exists a constant c > 0 (depending only on B) such that for all integers  $\ell \geq 0$ ,

$$s(B)^{\ell} < c \gamma^{-\frac{\ell}{2}} d^{\ell-1} s(B^{(\ell)}).$$
 (6)

Moreover, the following assertions are equivalent:

- (a)  $\gamma = 1$ ,
- (b)  $s(B)^{\ell} = d^{\ell-1} s(B^{(\ell)})$  for every integer  $\ell \ge 0$ ,
- (c)  $s(B)^{\ell} = d^{\ell-1} s(B^{(\ell)})$  for some integer  $\ell \geq 3$ ,
- (d) B is bistochastic.

**Proof.** We express  $B^{(2)} = BB^t$  in the form  $B^{(2)} = U^t DU$ , where  $U = (u_{i,j})$  is an orthogonal matrix, and D is a diagonal matrix  $\operatorname{diag}(\lambda_1, \ldots, \lambda_d)$  with  $\lambda_1 \geq \ldots \geq \lambda_d \geq 0$ . Here  $\lambda = \lambda_1$ . For each  $\nu = 1, \ldots, d$ , let  $E_{\nu}$  be the projection matrix whose  $(\nu, \nu)$ -th entry is 1, and all other entries are equal to 0. Put  $A_{\nu} = U^t E_{\nu} U$  for each  $\nu$ . Then for all integers  $k \geq 0$ ,

$$B^{(2k)} = \sum_{\nu=1}^{d} \lambda_{\nu}^{k} A_{\nu}, \qquad B^{(2k+1)} = \sum_{\nu=1}^{d} \lambda_{\nu}^{k} A_{\nu} B.$$

By a straightforward calculation, we see that for each  $\nu$ 

$$s(A_{\nu}) = \left(\sum_{i=1}^{d} u_{\nu,i}\right)^{2}, \qquad s(A_{\nu}B) = \left(\sum_{i=1}^{d} u_{\nu,i}\right) \left(\sum_{j,k=1}^{d} u_{\nu,k} b_{k,j}\right). \tag{7}$$

In particular,  $s(A_{\nu}) \geq 0$ . By Theorem 1', it follows that

$$\frac{s(B)^2}{d} \le s(B^{(2)}) = \sum_{\nu=1}^d \lambda_{\nu} \, s(A_{\nu}) \le \lambda \, \sum_{\nu=1}^d \, s(A_{\nu}) = \lambda \, d. \tag{8}$$

Therefore,  $\gamma = \frac{\lambda d^2}{s(B)^2} \ge 1$ . Now, from the definition of  $\gamma$ , we have

$$\frac{\gamma^{\frac{\ell}{2}}s(B)^{\ell}}{d^{\ell-1}s(B^{(\ell)})} = d\frac{\lambda^{\frac{\ell}{2}}}{s(B^{(\ell)})}.$$

Then, in order to show inequality (6), we will show that the  $\lambda^{\frac{\ell}{2}}/s(B^{(\ell)})$  are bounded above by a constant that is independent of  $\ell$ . Indeed, let  $C_{\ell} = B^{(\ell)}/s(B^{(\ell)})$  for every  $\ell \geq 0$ . Since each  $C_{\ell}$  has nonnegative real entries, and  $s(C_{\ell}) = 1$ , the entries of  $C_{\ell}$  all lie in the closed interval [0,1]. Thus the entries of the matrices  $UC_{2k}U^t$  and  $UC_{2k+1}B^tU^t$  are bounded by a constant that depends only on B. Noting that for each nonnegative integer k, we have

$$UC_{2k}U^t = \frac{D^k}{s(B^{(2k)})}, \qquad UC_{2k+1}B^tU^t = \frac{D^{k+1}}{s(B^{(2k+1)})},$$

and on examining the (1,1)-th entry for each of these matrices, we see that  $\lambda^k/s(B^{(2k)})$  and  $\lambda^{k+1}/s(B^{(2k+1)})$  are both bounded above by a constant that is independent of k. Consequently, inequality (6) holds.

 $(a) \Longrightarrow (b)$ : If  $\gamma = 1$ , then  $\lambda d = s(B)^2/d$ , hence from (8) we see that  $s(A_{\nu}) = 0$  whenever  $\lambda_{\nu} \neq \lambda$ . By (7), we also have that  $s(A_{\nu}B) = 0$  whenever  $\lambda_{\nu} \neq \lambda$ . Thus

$$s(B^{(2k)}) = \sum_{\nu=1}^{d} \lambda_{\nu}^{k} s(A_{\nu}) = \lambda^{k} \sum_{\nu:\lambda_{\nu}=\lambda} s(A_{\nu}) = \lambda^{k} \sum_{\nu=1}^{d} s(A_{\nu}) = \lambda^{k} d = \frac{s(B)^{2k}}{d^{2k-1}},$$

$$s(B^{(2k+1)}) = \sum_{\nu=1}^{d} \lambda_{\nu}^{k} s(A_{\nu}B) = \lambda^{k} \sum_{\nu:\lambda_{\nu}=\lambda} s(A_{\nu}B) = \lambda^{k} \sum_{\nu=1}^{d} s(A_{\nu}B) = \lambda^{k} s(B) = \frac{s(B)^{2k+1}}{d^{2k}}.$$

 $(b) \Longrightarrow (a)$ : If (b) holds, then inequality (6) implies  $1 < c \gamma^{-\frac{\ell}{2}}$  for some  $\gamma \ge 1$  and all integers  $\ell \ge 0$ . This forces  $\gamma = 1$ .

 $(b) \Longrightarrow (c)$ : Trivial.

 $(c) \Longrightarrow (d)$ : Suppose that  $\ell = 2k+1 \ge 3$  is an odd integer such that  $s(B)^{\ell} = d^{\ell-1} s(B^{(\ell)})$ . Taking every  $\alpha_i = 1$  in the proof of Theorem 1', our hypothesis means that equality holds in (5), hence (4) must also hold with equality:

$$\sum_{i,j=1}^d b_{i,j} = d^{\frac{1}{2k+1}} \left( \sum_{i=1}^d \left( \sum_{j=1}^d b_{i,j} \right)^{\frac{2k+1}{2k}} \right)^{\frac{2k}{2k+1}}.$$

By Hölder's inequality, this is only possible if all of the row sums of B are equal. Since  $\ell$  is odd and s is transpose-invariant, we also have

$$s(B^t)^{\ell} = d^{\ell-1} s((B^{(\ell)})^t) = d^{\ell-1} s((B^t)^{(\ell)}).$$

Thus all of the row sums of  $B^t$  are equal as well, and B is bistochastic.

Now suppose that  $\ell = 2k \geq 4$  is an even integer such that  $s(B)^{\ell} = d^{\ell-1} s(B^{(\ell)})$ . By taking every  $\alpha_i = 1$  in (3), we see that  $s(B)^2 = d s(B^{(2)})$ . Then, taking every  $\alpha_i = \beta_i = 1$  in the proof of the lemma, we see that equality holds in (2) which is only possible if all of the column sums of B are equal. Therefore  $s(BA) = \beta s(A)$  for every  $d \times d$  matrix A, where  $\beta = s(B)/d$  is the sum of each column of B. In particular,

$$s(B)^{\ell} = d^{\ell-1} s\left(B^{(\ell)}\right) = d^{\ell-1} \beta s\left((B^t)^{(\ell-1)}\right) = d^{\ell-1} \beta s\left((B^{(\ell-1)})^t\right) = d^{\ell-1} \beta s(B^{(\ell-1)}) = d^{\ell-1} \beta s(B^{(\ell-1)})$$

thus  $s(B)^{\ell-1} = d^{\ell-2} s(B^{(\ell-1)})$ . Since  $\ell-1$  is odd, we can apply the previous result to conclude that B is bistochastic.

 $(d) \Longrightarrow (b)$ : Suppose B is bistochastic, with every row or column sum equal to  $\beta = s(B)/d$ . For any  $d \times d$  matrix A, one has  $s(AB) = \beta s(A)$  and  $s(AB^t) = \beta s(A)$ . In particular,  $s(B^{(2k+1)}) = \beta s(B^{(2k)})$  and  $s(B^{(2k+2)}) = \beta s(B^{(2k+1)})$  for all  $k \ge 0$ . Consequently,

$$s(B^{(\ell)}) = \beta^{\ell-1} s(B) = \frac{s(B)^{\ell}}{d^{\ell-1}}, \qquad \ell \ge 0.$$

This completes the proof.

Corollary. Let B be a square  $d \times d$  matrix with nonnegative real entries and  $s(B) \neq 0$ . Let  $\beta_j$  be the j-th column sum of B for each j, and put

$$\delta = 1 + \frac{1}{2 s(B)^2} \sum_{i,j=1}^{d} (\beta_i - \beta_j)^2.$$

Then there exists a constant c > 0 (depending only on B) such that for all  $\ell \geq 0$ , we have

$$s(B)^{\ell} < c \, \delta^{-\frac{\ell}{2}} \, d^{\ell-1} \, s(B^{(\ell)}).$$

**Proof.** Note first that for any  $d \times d$  matrix B, if  $\beta_j$  denotes the j-th column sum of B, then it is easily seen that

$$s(B^{(2)}) = \frac{s(B)^2}{d} + \frac{1}{2d} \sum_{i,j=1}^{d} (\beta_i - \beta_j)^2.$$
(9)

Using the notation of Theorem 2' and applying the relations (8) and (9), we have

$$\gamma = \frac{\lambda d^2}{s(B)^2} \ge \frac{d \, s(B^{(2)})}{s(B)^2} = 1 + \frac{1}{2 \, s(B)^2} \sum_{i,j=1}^d (\beta_i - \beta_j)^2 = \delta.$$

The corollary therefore follows from (6).

**Theorem 2.** Let A be an  $m \times n$  matrix with nonnegative real entries. If A is bistochastic, then for all  $k \geq 1$ ,

$$s(A)^{2k} = m^{k-1}n^k s(A^{(2k)}), \qquad s(A)^{2k+1} = m^k n^k s(A^{(2k+1)}).$$

If A is not bistochastic, then there exist constants c > 0 and  $\gamma > 1$  (depending only on A) such that for all  $\ell \geq 1$ ,

$$s(A)^{\ell} < c \gamma^{-\ell} (mn)^{\ell/2} s(A^{(\ell)}).$$

**Proof of Theorem 2.** Given an  $m \times n$  matrix A with nonnegative real entries, we proceed as in the proof of Theorem 1: put d = mn, and let  $B = A \otimes \mathbb{1}_{n,m}$ . Note that A is bistochastic if and only if B is bistochastic. Applying the corollary above to B, Theorem 2 follows immediately for the matrix A. The details are left to the reader.

### 4 Asymptotic kernel inequality

**Theorem 3.** Let K(x,y) be a nonnegative symmetric kernel function that is Lebesgue integrable over the square  $0 \le x, y \le a$ , and consider the function  $f(x) = \int\limits_0^a K(x,y) \, dy$  defined on the interval  $0 \le x \le a$ . If f(x) is constant almost everywhere, then for all  $\ell \ge 1$ 

$$\int_{0}^{a} \int_{0}^{a} K_{\ell}(x,y) \, dx \, dy = \frac{1}{a^{\ell-1}} \left( \int_{0}^{a} \int_{0}^{a} K(x,y) \, dx \, dy \right)^{\ell}.$$

If not, there exist constants c>0 and  $\gamma>1$  (depending only on K) such that for all  $\ell\geq 1$ 

$$\int_{0}^{a} \int_{0}^{a} K_{\ell}(x, y) \, dx \, dy > \frac{c \, \gamma^{\ell}}{a^{\ell - 1}} \left( \int_{0}^{a} \int_{0}^{a} K(x, y) \, dx \, dy \right)^{\ell}.$$

**Proof of Theorem 3.** By changing variables if necessary, we can assume that a = 1. For simplicity, we will also assume that K(x, y) is continuous. Consider the function f(x) defined by

$$f(x) = \int_{0}^{1} K(x, y) dy, \qquad x \in [0, 1].$$

If f(x) is a constant function, then since K(x,y) is symmetric, the equality

$$\int_{0}^{1} \int_{0}^{1} K_{\ell}(x, y) \, dx \, dy = \left( \int_{0}^{1} \int_{0}^{1} K(x, y) \, dx \, dy \right)^{\ell}$$

for all  $\ell \geq 1$  follows from an easy inductive argument.

Now suppose that f(x) is not constant, and let m and M denote respectively the minimum and maximum value of f(x) on [0,1]. Choose  $\varepsilon > 0$  such that  $4\varepsilon < M - m$ . For every integer  $d \ge 1$ , let  $\mathcal{U}_i^{[d]}$  be the open interval

$$\mathcal{U}_i^{[d]} = \left(\frac{i-1}{d}, \frac{i}{d}\right), \qquad 1 \le i \le d,$$

and let  $\mathcal{U}_{i,j}^{[d]}$  be the rectangle  $\mathcal{U}_i^{[d]} \times \mathcal{U}_j^{[d]}$  for  $1 \leq i, j \leq d$ . Let  $K^{[d]}(x,y)$  be the function that is defined on  $[0,1] \times [0,1]$  as follows:

$$K^{[d]}(x,y) = \begin{cases} \min\left\{K(s,t) \mid (s,t) \in \overline{\mathcal{U}_{i,j}^{[d]}}\right\} & \text{if } (x,y) \in \mathcal{U}_{i,j}^{[d]} \text{ for some } 1 \leq i,j \leq d \\ K(x,y) & \text{otherwise.} \end{cases}$$

Here  $\overline{\mathcal{U}_{i,j}^{[d]}}$  denotes the closure of  $\mathcal{U}_{i,j}^{[d]}$ . Noting that  $K^{[d]}(x,y)$  is constant on each rectangle  $\mathcal{U}_{i,j}^{[d]}$ , let  $B_{[d]}$  be the  $d \times d$  matrix whose (i,j)-th entry is equal to  $K^{[d]}(\mathcal{U}_{i,j}^{[d]})$ . Let  $K_{\ell}^{[d]}(x,y)$  denote the  $\ell$ -th order iterate of  $K^{[d]}(x,y)$  for each  $\ell \geq 1$ . Then

$$K_{\ell}^{[d]}(x,y) = \int_{0}^{1} K_{\ell-1}^{[d]}(x,t) K^{[d]}(t,y) dt = \sum_{k=1}^{d} \int_{\mathcal{U}_{k}^{[d]}} K_{\ell-1}^{[d]}(x,t) K^{[d]}(t,y) dt.$$

It follows by induction that  $K_{\ell}^{[d]}(x,y)$  is also constant on each rectangle  $\mathcal{U}_{i,j}^{[d]}$ , and

$$K_{\ell}^{[d]}(\mathcal{U}_{i,j}^{[d]}) = \frac{1}{d} \sum_{k=1}^{d} K_{\ell-1}^{[d]}(\mathcal{U}_{i,k}^{[d]}) K^{[d]}(\mathcal{U}_{k,j}^{[d]});$$

by induction, this is the (i, j)-th entry of the matrix  $\frac{1}{d^{\ell-1}}B^{(\ell)}_{[d]}$ . In other words,

$$\left(K_{\ell}^{[d]}(\mathcal{U}_{i,j}^{[d]})\right) = \frac{1}{d^{\ell-1}}B_{[d]}^{(\ell)}, \quad \text{for all } \ell, d \ge 1.$$
(10)

Now since f(x) is continuous, we can choose d sufficiently large such that for some integers  $1 \le i_m, i_M \le d$ , we have

$$f(x) < m + \varepsilon$$
, for all  $x \in \mathcal{U}_{i_m}^{[d]}$ ,

$$f(x) > M - \varepsilon$$
, for all  $x \in \mathcal{U}_{i_M}^{[d]}$ .

Taking d larger if necessary, we can further assume that  $0 \le K(x,y) - K^{[d]}(x,y) < \varepsilon$  for all  $0 \le x, y \le 1$ . Fixing this value of d, we define

$$\gamma = 1 + \frac{\varepsilon^2}{2d^2 \left(\int\limits_0^1 \int\limits_0^1 K(x,y) \, dx \, dy\right)^2}.$$

Finally, since  $\gamma^{-\frac{1}{4}} < 1$ , we can choose e sufficiently large so that  $K^{[de]}(x,y) > \gamma^{-\frac{1}{4}} K(x,y)$  for all  $0 \le x, y \le 1$ . For this value of e, we therefore have

$$\int_{0}^{1} \int_{0}^{1} K^{[de]}(x,y) \, dx \, dy > \gamma^{-\frac{1}{4}} \int_{0}^{1} \int_{0}^{1} K(x,y) \, dx \, dy.$$

By the corollary to Theorem 2' applied to the matrix  $B_{[de]}$ , there exists a constant c > 0, which is independent of  $\ell$ , such that

$$s(B_{[de]})^{\ell} < c \delta^{-\frac{\ell}{2}} (de)^{\ell-1} s(B_{[de]}^{(\ell)})$$

for all integers  $\ell \geq 0$ , where

$$\delta = 1 + \frac{1}{2 s (B_{[de]})^2} \sum_{i,j=1}^{de} (\beta_{[de],i} - \beta_{[de],j})^2.$$

Here  $\beta_{[de],j}$  denotes the j-th column sum of  $B_{[de]}$  for each j. We now claim that  $\delta > \gamma$ .

Granting this fact for the moment, we apply (10) to  $K^{[de]}(x,y)$  and obtain:

$$\int_{0}^{1} \int_{0}^{1} K_{\ell}(x, y) \, dx \, dy \ge \int_{0}^{1} \int_{0}^{1} K_{\ell}^{[de]}(x, y) \, dx \, dy = \frac{1}{(de)^{2}} \sum_{i,j=1}^{de} K_{\ell}^{[de]} \left( \mathcal{U}_{i,j}^{[de]} \right) 
= \frac{1}{(de)^{\ell+1}} s \left( B_{[de]}^{(\ell)} \right) > c^{-1} \delta^{\frac{\ell}{2}} (de)^{-2\ell} s \left( B_{[de]} \right)^{\ell} 
= c^{-1} \delta^{\frac{\ell}{2}} \left( \frac{1}{(de)^{2}} \sum_{i,j=1}^{de} K^{[de]} \left( \mathcal{U}_{i,j}^{[de]} \right) \right)^{\ell} = c^{-1} \delta^{\frac{\ell}{2}} \left( \int_{0}^{1} \int_{0}^{1} K^{[de]}(x, y) \, dx \, dy \right)^{\ell} 
> c^{-1} \delta^{\frac{\ell}{2}} \gamma^{-\frac{\ell}{4}} \left( \int_{0}^{1} \int_{0}^{1} K(x, y) \, dx \, dy \right)^{\ell} > c^{-1} \gamma^{\frac{\ell}{4}} \left( \int_{0}^{1} \int_{0}^{1} K(x, y) \, dx \, dy \right)^{\ell}.$$

This completes the proof of the theorem modulo our claim that  $\delta > \gamma$ . To see this, let  $\mathcal{V}$  be any interval of the form  $\mathcal{U}_i^{[de]}$  such that  $\mathcal{V} \subset \mathcal{U}_{i_m}^{[d]}$ . Note that there are e such intervals. Since  $B^{[de]}$  is a symmetric matrix, the column sum  $\beta_{[de],\mathcal{V}}$  of  $B_{[de]}$  corresponding to the interval  $\mathcal{V}$  is equal to the " $\mathcal{V}$ -th" row sum, which can be bounded as follows:

$$\beta_{[de],\mathcal{V}} = \sum_{j=1}^{de} K^{[de]} (\mathcal{V}, \mathcal{U}_j^{[de]}) = (de)^2 \int_{\mathcal{V}} \int_0^1 K^{[de]} (x, y) \, dy \, dx \le (de)^2 \int_{\mathcal{V}} \int_0^1 K(x, y) \, dy \, dx$$
$$= (de)^2 \int_{\mathcal{V}} f(x) \, dx < de(m + \varepsilon).$$

Similarly, let  $\mathcal{W}$  be any interval of the form  $\mathcal{U}_i^{[de]}$  such that  $\mathcal{W} \subset \mathcal{U}_{i_M}^{[d]}$ . Again, there are e such intervals, and by a similar calculation, the column sum  $\beta_{[de],\mathcal{W}}$  satisfies the bound

$$\beta_{[de],\mathcal{W}} = \sum_{j=1}^{de} K^{[de]} (\mathcal{W}, \mathcal{U}_j^{[de]}) > de(M - 2\varepsilon).$$

Thus

$$\sum_{i,j=1}^{de} (\beta_{[de],i} - \beta_{[de],j})^2 \ge \sum_{\mathcal{V},\mathcal{W}} (\beta_{[de],\mathcal{W}} - \beta_{[de],\mathcal{V}})^2 > d^2 e^4 (M - m - 3\varepsilon)^2 > d^2 e^4 \varepsilon^2.$$

On the other hand, we have

$$s(B_{[de]}) = (de)^2 \int_0^1 \int_0^1 K^{[de]}(x,y) \, dx \, dy \le (de)^2 \int_0^1 \int_0^1 K(x,y) \, dx \, dy,$$

and the claim follows.

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