Go FIGure: Health Literacy and Freshman Interest Groups

Katherine M. Anderson, M.A., M.L.S.¹; Terry N. Wilson, M.Ed., R.N.²

¹J. Otto Lottes Health Sciences Library; ²Student Health Center – University of Missouri-Columbia

Email contact: AndersonKat@health.missouri.edu

Conclusions & Future Directions

While the session itself was broad in scope, it provided first-year students an opportunity to think about their rights and responsibilities as healthcare consumers.

The health literacy sessions allowed the Health Sciences Library to reach a group it doesn’t normally serve and to create new collaborative ties to the Student Health Center.

Based on positive feedback and recognition of importance of topic, the health literacy sessions will be continued in the FIG pro-seminars.

Lessons Learned

- Collaboration: Health Sciences Libraries and Student Health Centers are natural partners
- Keep It Simple: many first-year students have never made their own healthcare appointments
- Logistics: scheduling groups and finding rooms was more complicated than expected
- Most Useful Activity: students programmed the Student Health Center number into their cell phones during the session

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