

RELIGIOSITY, COPING, AND PSYCHOLOGICAL WELL-BEING AMONG
LDS POLYNESIANS IN THE U.S.

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ABSTRACT

This study examined religiosity, collectivistic coping, and psychological well-being among 94 LDS Polynesians residing in the Midwest. As hypothesized, highly religious LDS Polynesians were more likely to have a healthy psychological well-being and are also likely to use collectivistic coping styles. Family support and religion-spirituality coping styles were also significantly correlated with a positive psychological well-being. However, these collectivistic coping styles did not mediate the relationship between LDS Polynesians' religious commitment and psychological well-being. Implications are discussed in terms of religiosity, culture, coping, and psychological well-being.

Keywords: religiosity, coping, psychological well-being and distress, Polynesians