Adolescent Friendship Quality and Emotional Adjustment:
Examining the Role of Mothers’ Own Friendships

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ABSTRACT

The present study examines associations between youths’ friendships and the friendships their mothers have with other adults. It was hypothesized that youth whose mothers have friendships high in positive qualities would have more positive friendships themselves and report decreased internalizing symptoms. Similarly, children of mothers whose friendships were high in negative qualities were expected to report increased negative qualities in their own friendships as well as increased internalizing symptoms. A sample of 172 fifth, eighth, and eleventh grade youth and their mothers were recruited to test these hypotheses, however, only the latter hypothesis was supported. Although mothers who reported high levels of conflict in their own friendships had children whose friendships were characterized by increased conflict, similar associations did not emerge for positive qualities. Further, youth whose mothers reported higher levels of negative qualities in their friendships were more likely to report increased internalizing symptoms themselves, even after reports of the mother-child relationship, youths’ friendship quality, and mothers’ own internalizing symptoms were controlled.