

Public Abstract

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Department:Educational & Counseling Psychology

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Title:THE RELATIONSHIP BETWEEN ATTACHMENT TO ADULTS,
ATTACHMENT TO GOD, AND SATISFACTION WITH LIFE

The present study was created to contribute to the literature on religious and spiritual issues in the field of psychology by examining the relationship of attachment with individuals and attachment to God on life satisfaction. Multiple regressions were conducted using a sample of 197 undergraduate students who believe in the existence of God or higher power. This study concluded that a high secure attachment with individuals and a high secure attachment with God yielded one of the highest levels of life satisfaction. Thus, both secure relationships with individuals and secure relationships with God both appear to be important constructs when predicting overall life satisfaction. Clinical implications of the study findings are discussed.