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Mexican Americans and career development

Research studies examining Mexican Americans' career development is important due their increasing representation in the labor force. A total of 264 Mexican American college students (107 males, 157 females) participated in this study. This research study investigated the contributions of generation level, perceived social class, college GPA and gender to career self-efficacy. The results of a multiple regression indicated that sex, perceived social class standing and college GPA significantly contributed to career self-efficacy. Implications for this research include helping vocational counselors to better serve their Mexican American clientele.