

UM Staff Advisory Council Newsletter

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SAC Mission: To advise the president on matters of mutual interest and to serve as an information and liaison medium for employees and administrative officers on such matter as may be referred to the council, as the council initiates, or as UM employees may request. To post a question, comments, or suggestions, please send us an email to UMSAC@umsystem.edu or communicate with one of us. We are here for you!



Words from the Chair • Christy Ludeman

Hello! As the new chair for UM Staff Advisory Council, I am so happy to offer you this newsletter. As many of you know, we had a newsletter some time ago and as everyone got busy the newsletter did not get produced as it had in the past. We will be offering a Featured Employee recognizing their talents that are personal that we often don't get to see that side of the individual. Do you know a System employee who would like to be featured in our Featured Staff Member? Just let us know and we will contact them.

We organized a second annual Lunch Time Bowling on February 23. We had a fantastic turn out for our second year. Hopefully, we can do this every year and have larger attendance from here out! We will also have our annual Trivia Day in the spring. And of course our Staff Picnic is in the planning stages for June 1st. In addition, we are spreading the word on the Healthy for Life events around campus.

I am looking forward to working for you in 2012.

Highlights • from our First Quarter meetings

Parking and Transportation Committee:

Motorcycle parking spots are marked throughout campus. Parking/Transportation has contracted with folks for on-call services for snow removal if needed.

Staff Events:

Trivia Day, Staff Recognition Picnic are in the planning stages.



Featured Staff Member • The Talented Mr. Marty Oetting

From banjos to guitars, dulcimers to keyboards, music has always been a big part of Marty Oetting's life. He serves as Director in the UM Office of Government Relations where he works with financial aid and policy legislation at the state level and interfaces with Mizzou, MU Extension, and UMKC. Originally from Joplin, he received a bachelor's degree from Missouri Southern State University and a master's degree from MU's School of Journalism. Marty started at the University in 1988 and has worked for the MU News Bureau and the MU University Affairs office where he was responsible for legislative events and grassroots communication. In 2003, he moved under the UM System's Government Relations office under a reorganization and has spent the last few years visiting legislators in Jefferson City and in their home districts, drafting legislation and tracking issues in the Capitol.

As the son of a Methodist minister, Marty was surrounded by music when he was growing up. He took piano lessons but drove his teachers crazy because he preferred playing by ear to reading music. He picked up the guitar in junior high and went on to play lead guitar and keyboards for several rock bands in the late 70s and early 80s. He and his father built a homemade mountain dulcimer, and he has been learning to play a hammered dulcimer as

well. Although he still plays the piano, dulcimers and electric guitar, these days he spends more time with an acoustic guitar or a banjo playing bluegrass and folk music. "Many guys go and buy a red convertible when they hit their mid 40s

– I went and bought a banjo and learned to play it," he said, adding "my wife's still not sure she got the best end of that deal."

Last year he formed the group "Good Turn Daily" which performs mainly bluegrass music. The group played two dates at Hazel Kinder's Lighthouse Theater, a fall festival at Pleasant Hill, two benefits in Columbia and has made regular visits to the Missouri River

Valley Steam Engine show in Boonville each fall. Last August, Marty entered and won the first amateur banjo contest at the Missouri State Fair's bluegrass festival. As the next legislative session nears, the group will take a back seat to pending legislation and events. "But there's nothing better than a good bluegrass breakdown session to get your mind off the worries of the day," he says.

Marty looks forward to opportunities to meet and play with other musicians in the area. Whether it's cub scout songs around the campfire, Gospel in front of a church group or adding ambiance to an outdoor event, Marty enjoys having a banjo or guitar in his hands and sharing music with others.



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Impact of United Way Initiative Campaign:

The UM System has so far contributed \$56,439.85 through employee pledge participation.

- “Eat at Shakespeare’s Day” On Nov. 17th, we raised \$133.13—nearly double last year’s results!
- Live United Week - A week-long celebration to wrap up the campaign was held Nov. 14th-18th.
- Online Auction: An online auction was held during Live United Week that featured over 80 items, gift certificates and experiential packages. The auction raised \$8,169--\$2,246 more than last year. Well done!
- MU/KU Challenge: This year, One Mizzou Lives United t-shirts were sold to support the fundraising challenge raised \$9,100.
- Dress Down Fridays
- Day of Caring - On Oct. 7th, 121 UM employees gave a helping hand at the Food Bank for Central & Northeast Missouri. In all, volunteers repackaged 35,000 bags of cereal for the Buddy Pack Program, a program that helps feed around 6,500 children each week throughout 35 Missouri counties. In addition, volunteers got creative by coloring cards to be sent to the children during the Thanksgiving holiday. The cards were designed by UM employee David Champlin.
- “30 for 30” Drawing - Beginning from Sept. 23rd 30 prize drawings were drawn for pledges made within 30 days.





Health Screenings

The University of Missouri Total Rewards invites you to join Healthy for Life, an incentive-based wellness program designed to help you actively manage your health. By completing a personal health assessment and health screening, primary subscribers to the UM Health Care plan will receive \$100 in a tax-favored account to use for medical expenses in 2012 Benefit Plan year.

This year, in cooperation with Cerner Health, UM will provide straightforward tools to help you work toward better health. You can participate in the program now.

It's simple. Here's how:

1. Create your Cerner Health account by visiting www.healthyforlife.umssystem.edu.
2. Enter your email address and join the program.
3. Complete your personal health assessment - an online questionnaire that helps you understand your health risks and provides you with resources to improve your well-being.
4. Schedule your FREE health screening at a convenient time and location on campus. Your health screenings provide you a look at your cholesterol, blood sugar, blood pressure, height and weight. If your screening is before noon, fasting for 9 hours is recommended, but not required (6 hours if pregnant) and drinking 64 ounces of water the day before is suggested.

Did you know?

If you have had your annual physical since July 2011, you can complete the Doctor Screening Form and fax it in! It must be completed in its entirety to get credit.

Eat for Life Now Enrolling Online & In Person

Discover the benefits of this innovative approach to weight management. This ten week program uses mind-body practices (meditations and yoga), the principles of mindful and intuitive eating, skills training, and group support to guide you in making lifestyle changes that will help you create a healthier relationship to your food, mind, and body. Cost: \$50 (\$25 rebate if you attend 9 of 10 classes/comment on discussion board posts).



Become an advocate for Advancing Missouri



Help us spread the word about our university system's unique ability to "Advance Missouri"!

For more than a year, our leaders have been talking about how the University of Missouri is "Advancing Missouri." You've no doubt seen the logo — four chevrons representing each of our campuses above the words "Advancing Missouri." In the next year, you'll be hearing and seeing even more about Advancing Missouri. As valued members of the University of Missouri community, it is important you understand this platform and share it with your circles of influence.

So, why Advancing Missouri? Because that is exactly what public higher education does for our state—and the University of Missouri System uniquely advances our state in ways that no other institution, private or public, does.

Visit umsystem.com to explore our university's rich Advancing Missouri content. On the homepage, you'll find our interactive county map, which includes hundreds of stories featuring faculty, students and alumni who are advancing the state, as well as our fellow citizens who have benefitted from the university's help and expertise. Click on the "See Our Impact" tab at the top of the homepage, and you'll see our "bubble maps" showcasing our formidable footprint throughout the state in areas such as health and economic development.

As a land-grant university, our university has a historic mission in teaching, research, service and economic development. In carrying out this mission, we are advancing the health, cultural and social interests of the people of Missouri, the nation and the world. The University of Missouri system's four campuses — through our exceptional students, quarter-million alumni in the state, many collaborators and faculty

and staff — work to improve the quality of life and raise the median incomes of all Missourians.

Our challenge ahead is to make sure that all of our fellow Missourians are even more aware of the unique role we play in advancing our state. And, that as they learn about the unique role our four universities play, they care even more about our unique ability to create a brighter future for our state.

In recent speeches, President Wolfe has underscored his vision for how our University System can continue the momentum it has achieved and become globally recognized as a leader amongst our peers.

He summarizes it this way: **aware, care, involve** and **attract**.

Being aware means understanding all of the ways our university system is uniquely Advancing Missouri.

If we can make a connection between what the University of Missouri System does and how it affects all of us, more people will care.

There are many ways people can be involved, from becoming a student to visiting one of our universities for a first-hand look at the innovative learning environments we have created.

If more Missourians were engaged with our university, we then could attract their support and greater investment of time and philanthropy in our campuses.

How can you help? By becoming an advocate of the many ways our university system is "Advancing Missouri"! We have about 28,000 employees. Imagine how powerful our message would be if we joined together to tell our family, friends, community leaders and legislators about the important role the University of Missouri plays in this state. Please visit our website to learn more, and tell us your story or recommend a person or organization to be featured in our interactive map.



Mark your Calendars

SAC events 2012 include the Picnic and Trivia Day when we get the dates

University Concert Series – http://www.concertseries.org/performances 2012 Schedule	
Wednesday, March 7	In the Heights
Sunday, March 11	One Night of Queen performed by Gary Mullen and The Works
Thursday, March 15	The Pink Floyd Experience
Saturday, March 17	Cirque Dreams Pop Goes the Rock
Sunday, March 18	Cirque Dreams Pop Goes the Rock
Tuesday, March 20	Soweto Gospel Choir
Wednesday, Mar 21	Soweto Gospel Choir (school show 10 am)
Thursday, March 22	Golden Dragon Acrobats
Friday, June 1	UM System Staff - Picnic
TBA	UM System Staff - Trivia Day

All dates subject to change

Get Involved

To explore fun events at Mizzou, please visit: <http://stufftodo.missouri.edu/?eventcategory=arts>

City of Columbia - <https://www.gocolumbiamo.com/CMS/webcal/index.php?month=1&year=2012&cat=>

Discounts:

For updated information visit: <http://www.umsystem.edu/ums/hr/sac/resources>

