

UM Staff Advisory Council Newsletter

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SAC Mission: To advise the president on matters of mutual interest and to serve as an information and liaison medium for employees and administrative officers on such matters as may be referred to the council, as the council initiates, or as UM employees may request.
To post a question, comments, or suggestions, please email UMSAC@umsystem.edu or communicate with one of us. We are here for you!



Being a SAC member • Jodee M. Stock, Circuit Action Analyst, MORENet

“This is my last year on UMSAC and I hope I get to see many of you at upcoming events. One of my favorite events is the Lunch Time Bowling and it was great to see such a large turn out this year. I have really enjoyed meeting and working with various staff throughout the system. We will soon be asking for candidates for the upcoming UMSAC elections. I would highly encourage you to consider the opportunity and I promise this election will not be negative. I’d like to take a moment to thank our Chair Christy Ludeman. Everyone else took a big step back when they asked for volunteers and being the only person left at the line Christy took the assignment and has done a fantastic job. We are very proud to have her on our committee.”

Highlights • from our Second Quarter meetings

We are updating some **discounts** currently available on our website to great places including Six Flags, Silver Dollar City, White Water in Branson, Big Surf Water Park, Worlds of Fun, Oceans of Fun, St. Louis Science Center, gyms, salons, massages, coffee, and cell phone discounts (even if you already have a plan). For updated information visit: <http://www.umsystem.edu/ums/hr/sac/resources>

Our **UM System Staff Picnic** is planned for Friday, June 1. We are currently planning these details.

We spent time on **Trivia Day** working on finding an available location either in April or August. Since our March meeting, the Trivia Day has been planned for **August 16 at General Services Building**. The idea was to create better parking and still be on MU campus. Let us know if you have any questions, comments, or suggestions.



We Have Our Fun • Lunch time Bowling – February 23, 2012

Lunch Time Bowling was very well attended this year. Our attendance increased from 9 teams (48 players) in 2011 to **15 teams (90 players)** in 2012. Together all **90 players scored 11,545** and the highest individual contributions was made by **Marty Oetting and Jeff Elliott**. Marty Oetting became the proud owner of our bowling pen this year. Marty was also our featured staff member in last edition of UM-SAC newsletter. Jeff Elliott was the proud winner of our bowling pen in 2011. We hope this event gave you the opportunity to network and know your co-workers. The zeal and enthusiasm of players was contagious and boosted the positive spirit of UM-SAC members to continue their efforts for such events.

We hope that more employees can join us for the future Lunch Time Bowling as well as other UM-SAC events. We are very excited with the continuous success of the event in last two years and plan to continue our efforts to make it better for coming years. For feedback, please feel free to contact any UM-SAC members or email at umsac@umsystem.edu

For photographs of the event, please visit <http://www.umsystem.edu/ums/hr/sac>





The writers behind the Staff Advisory Council newsletter recently reached out to President Tim Wolfe to learn more about our new leader.

As you probably know, President Wolfe is off to an energetic start, crisscrossing the state and visiting with state and national leaders about the unique role the University of Missouri has in advancing our state.

We know that before joining the university President Wolfe had a 30-year career in information technology, infrastructure software, consulting and sales leadership. He has deep Missouri roots — he was a quarterback for Rock Bridge High School before he studied business at the University of Missouri-Columbia. President Wolfe also grew up with the value of higher education instilled in him by his parents — both college professors.

Here are some things you might not know about President Wolfe.

What is your favorite moment?

The birth of my twins. My beautiful wife, Molly, gave birth to our daughter, Madison, and son, Tyler, 16 years ago. It was the best day of my life.

What is your favorite country?

That's an easy one: the United States.

What is your favorite book?

I can't just pick one! How about if I tell you about two of my favorites. "What Leaders Really Do" by John Kotter. Dr. Kotter is a mentor of mine and has personally helped me to become a better leader. I highly recommend any of his books. For fiction, I'd say "Miracle on the 17th Green" by James Patterson and Peter de Jong. It's a golf book, but it's also much more than that. Oh, and the new Steve Jobs book is at the top of my list to read.

What inspires you?

My kids inspire me every day. Here at work, I'm inspired by our amazing faculty, staff and students. More than anything, they inspire me to come here every day and fight for the University of Missouri. I couldn't be more honored to be here.



Featured Staff Member • Recognizing the talent of Mr. Tony A. Hall

Originally hired as the Manager of the Health Systems supply chain in 2009, Tony Hall today serves as the Chief Procurement Officer for the University System and Director of the Health Systems Sourcing and Supply Chain team. His responsibilities include guiding a skilled team of nearly 100 employees responsible for procurement and contracting for all four university campuses as well as the health systems supply chain.

His hobbies include collecting original Beatles Memorabilia, sketching, collecting hundreds of celebrity autographs (including all the Beatles), and woodworking. His greatest passion, however, includes an activity that most wouldn't recognize as a hobby: grilling out!

Shortly before moving to Columbia from Florida in 2009 he purchased a Big Green Egg Grill and the obsession began. He quickly became what many refer to in the hobby as a 'Green-Egger' although he still prefers the nickname used by his friends, "T".

Most would consider the options for cooking on a grill to be fairly limited but that's not true, Tony says. In fact, the options are so great that he maintains what has become a popular blog site (Big T's Big Green Egg Recipe Blog) and a Facebook page dedicated solely to sharing his recipes and weekend cooks.

In addition to maintaining the blog (that has had more than 400,000 visitors in two years) he recently finished his latest revision of what is now a 320 page recipe/cookbook. That recipe book is in final editing for what he hopes will become a 'eBook' next summer if he finds sufficient sponsors.



The popularity of his blog and his dedication to using sustainable/organic ingredients in his recipes resulted in his blog site being recognized in 2010 as one of the *100 Best Blogs for Healthy and Delicious Recipes by Nursing Schools.net*.

That same summer he received a sponsorship from Emile Henry Cookware where he serves as an unpaid reviewer of their Ceramic Cookware. His recipes and photos are often featured on the company's website.

What makes his grilling so unique is that he almost NEVER cooks traditional BBQ (ribs, brisket, etc). In fact, on the average weekend night you would find his cooks include in a variety of stir fry wok meals, casseroles, pizza or a cherry pie. Grilling out, regardless of the weather, he averages approximately 100 meals a year.



A self-professed 'night owl,' after finishing off any work left from his day in the office he reads novels at the rate of about one per week.

If you would like to follow his blog or FB page they can be found at:

<http://www.bigtsbge.blogspot.com> and

<http://www.facebook.com/keeponeggi>

The Featured Staff Member section recognizes the talents that are personal that we often don't get to see at work. Do you know a UM System employee who would like to be featured in our Featured Staff Member? Just let us know and we will contact him or her.





Teresa Vest has volunteered to be the chair of the marketing committee for this year's United Way campaign. As chair of the marketing committee she will work with individuals from the UM/MU United Way Leadership Campaign Council, UM System Co-Chairs and the Heart of Missouri United Way to create and market fundraising opportunities for United Way.

Teresa is the Client Relations Manager, Procurement Services, and has 21 years of service to the university both at the UM System and the Columbia campus. She has previously been a unit chair for Procurement Services; and assisted with previous campaigns while working in the MU Business Services.

"I am excited about the opportunity to experience the many creative talents that our co-workers share – and all in the name of a good cause. If anyone would like to join the committee, or has any ideas they would like to share, I look forward to hearing from you!"



What's happening to the UM Tax Deferred Investment Plan?

Beginning October 1, 2012, UM will use a single master administrator (Fidelity Investments) and offer one investment platform for all current and future faculty and staff participating in the Tax Deferred Investment Plans.

We are excited about the positive impact these changes will have on UM employee accounts, including:

- Investment options with lower average fees and expense ratios;
- Increased access to financial education and management tools; and
- Streamlined process to enroll, change contribution percentages, select investment options and designate beneficiaries.

What do I need to do?

Employees who currently have a payroll deduction to vendors other than TIAA-CREF (called legacy vendors), will need to select funds on the new investment platform. Employees may choose to leave their current balances with the legacy vendors, however, all future payroll deductions will go into investments on the core platform.

We will be hosting special meetings for current participants in one or more of the UM Tax Deferred Retirement Plans [403(b), 457(b) and 401(a) Plans]. As a participant, you are encouraged to attend a meeting on your campus to review the changes as well as the timeline and actions you will need to take.

For a list of frequently asked questions and an on-campus meeting schedule go to:

<http://www.umsystem.edu/totalrewards/retirement>.





Earn your Wellness Incentive

Faculty & Staff—the clock is ticking to earn your Wellness Incentive and Healthy for Life doesn't want anyone eligible to miss out! More than 3,000 of your peers have completed the program. Simply complete a personal health assessment (15 minutes) and a FREE health screening, which you can get at our largest screening event this semester. Primary subscribers to the UM Medical plans will receive \$100 in a tax-favored account to use for medical expenses in 2012 Benefit Plan year. The requirements must be completed by April 30, 2012.

Get started now:

1. Create your Cerner Health account by visiting www.healthyforlife.umssystem.edu.
2. Enter your email address and join the program.
3. Complete your personal health assessment - an online questionnaire that helps you understand your health risks and provides you with resources to improve your well-being.
4. Schedule your FREE health screening at a convenient time and location on campus. Your health screening provides you a look at your cholesterol, blood sugar, blood pressure, height and weight. If your screening is before noon, fasting for 9 hours is recommended, but not required (6 hours if pregnant) and drinking 64 ounces of water the day before is suggested.

Get Moving with Walking Groups

Are you interested in starting a walking group in your department? Healthy for Life can help by sending you a free walking kit with information on how to get started. Get your department competing in a walking challenge or organize a walking group. Email Healthy for Life for your walking kit today!

Count your steps with the Million Step Pedometer Program

Walk your way to good health! Faculty and staff can purchase pedometers for \$15, and a full refund is given at the completion of one million steps. To purchase a pedometer, send a check for \$15 (our cost, made payable to Healthy for Life) to 205 Heinkel Building, MU. For more information, [click here](#).

Has your department always wanted to start a walking challenge, but didn't know where to begin? Now is your chance! Healthy for Life has Walking Tool Kits hot off the press that will provide you with the tools to begin a walking group or walking challenge in your department. Get your colleagues moving, building camaraderie, and getting healthy. If you would like a copy of the Walking Tool Kit sent to you through campus mail, please email Rebecca Pell.

Ride to Wellness with the Odometer Program

Ride to Wellness encourages movement for those riding bicycles or using wheelchairs. For \$20 participants receive an odometer and log book. When you reach 500 miles, turn in the booklet for a prize and receive a \$20 refund. To enroll, send or bring a \$20 check (our cost, made payable to Healthy for Life) to 205 Heinkel Building, MU.



Mark your Calendars

SAC events 2012

- The Staff Recognition Picnic – Friday, June 1, 2012, at Twin Lakes Park
- Trivia Day – Thursday, August 16, 2012, at General Services Building

University Concert Series – <http://www.concertseries.org/performances>

2012 Schedule	
Friday, April 13	MCB presents "LIVE"
Saturday, April 21	David Sedaris
Thursday, April 26	Choral Union Spring
Tuesday, May 1	Moscow Festival Ballet: Swan Lake
Friday, May 4	The Ozark Mountain Daredevils
Saturday, May 5	Missoula Children's Theatre (3pm)
Saturday, May 5	Missoula Children's Theatre (6pm)
Monday, May 7	Ang Li, Pianist
Friday, June 1	UM System Staff - Picnic
Thursday, August 16	UM System Staff - Trivia Day

All dates subject to change

Get Involved

To explore fun events at Mizzou, please visit: <http://stufftodo.missouri.edu/?eventcategory=arts>

City of Columbia

<https://www.gocolumbiamo.com/CMS/webcal/index.php?month=1&year=2012&cat=>

For other activities, check out City Newsletters at

http://www.gocolumbiamo.com/Public_Comm/Public_Information/

Discounts:

For updated information visit: <http://www.umsystem.edu/ums/hr/sac/resources>

