Many of us can't shake our addiction to #sugar. @richcohen2003 told us the history of our sweet tooth: bit.ly/13N2yRR #SugarLove

Are your feet still hurting from that last hike you took? Listen to @andrewskurka's tips on preventing blisters bit.ly/16XBBwR

It’s #NationalRadioDay! (We promise we didn’t invent it) What better way to celebrate than to check out our podcast? bit.ly/10bS6GR

They didn’t reach the very top of #Denali, but @ExpDenali adventurers say the purpose of the climb was worth it: bit.ly/162rzbj

There’s a simple way to turn trash into energy. @NatGeoExplorers' TH Culhane is doing it in several countries: bit.ly/16qjO2z

Nick Nichols & Nathan Williamson discuss how they got up close & personal with the Serengeti lions cbsnews.com/video/watch/?i... @CBSThisMorning