

Get-Fit-Fast Special!

Women's Health

SCULPT YOUR BEST

Bikini Body Now!

- ✓ Superflat Abs
- ✓ Lean, Sexy Legs
- ✓ High, Tight Tush

Have Electric Sex—Tonight!

EAT UP, SLIM DOWN

- Fat-Burning Snacks!
- Low-Cal Cocktails!

SEXY SUMMER HAIR
5-Minute Tricks

675

Amazing Health, Nutrition, Beauty, Style & Fitness Tips!

Instant Willpower

Make the Smart Choice Every Time!



Transformers'

Rosie Huntington-Whiteley Reveals Her Hot-Body Secrets

