

IT'S GOOD TO BE YOU™ Women's Health

NOVEMBER 2007

YOUR BEST BODY

STARTS NOW!

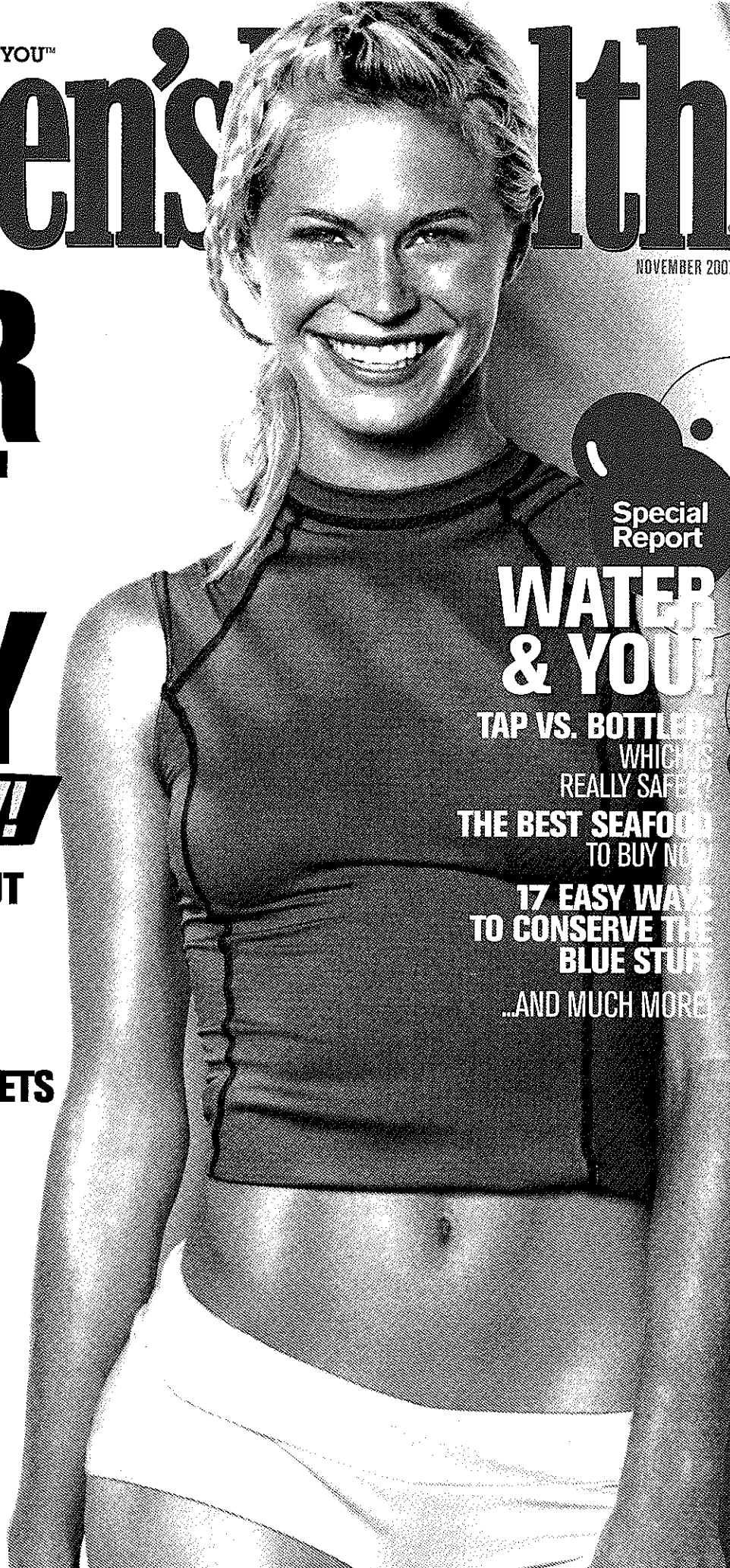
THE PERFECT WORKOUT
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THE BEST NEW DRUGS
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WHICH IS
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TO BUY NOW

17 EASY WAYS
TO CONSERVE THE
BLUE STUFF

...AND MUCH MORE!