

Hot-Body Special!

Women's Health

Fast, Easy Ways to...

TONE EVERY INCH!

See
Results
in Just
Days,
Not
Weeks!

*Zoe
Saldana*
Strong, Sexy,
and Totally
Uncensored!

Sizzling Sex Secrets!

- ✓ Turn-On Triggers
- ✓ His #1 Craving
- ✓ Surprising New
Pleasure Zones

Live Longer
Do This One Simple
Thing—Starting Today

**FALL
STYLE
GUIDE**

FLIP
THIS ISSUE
OVER ↗

**DROP
5,10,20+
POUNDS**

Tricks That
Speed Up
Your Slim
Down

**FLAT
ABS!
FIRM
BUTT!
LEAN
LEGS!**

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