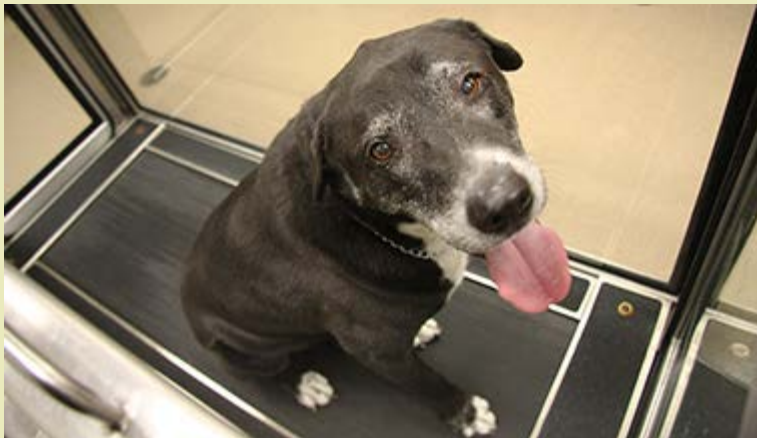




Vet Med Update

Resolve to Improve Your Pet's Health in 2015



Each year nearly half of American adults make New Year's resolutions. With obesity on the rise, losing weight and exercising more are two of the most common pledges, according to the Journal of Clinical Psychology.

But people aren't the only ones who could

Upcoming Events

Join us on April 11 for the 28th annual Gentle Doctor Benefit!

[Find out more here](#)

Don't miss this year's Open House, set for April 18. [Visit our Facebook page for updates!](#)

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benefit from these resolutions. The Association for Pet Obesity Prevention estimates that in the U.S. [nearly 53 percent of dogs and 58 percent of cats are overweight or obese.](#)

“Obesity is a significant health concern for both people and pets and can be a debilitating disease in both species,” said Allison Wara, DVM, clinical instructor in the MU College of Veterinary Medicine. “Obesity predisposes pets to a variety of conditions including — but not limited to — joint disease, decreased quality of life and a decreased lifespan.”

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Through the Lens



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