Thatch: Enemy of Lawns

Thatch is a layer of living and dead roots, crowns and lower shoots that often develops in lawns (Figure 1). It can weaken and even destroy a lawn if not prevented or removed.

Causes of thatch
Factors favorable to thatch development include excessive growth and conditions unfavorable to the microorganisms that decompose decaying plant parts. Rapid and excessive growth is likely to produce a heavy thatch because plant material is being produced more rapidly than it can be decomposed.

Grass clippings from mowing do not contribute to thatch. However, once a thatch layer has developed, clippings may speed its formation.

Thatch buildup varies among lawns. Moderate to aggressively spreading species such as Kentucky bluegrass, zoysiagrass and bermudagrass have greater potential for thatch buildup than turf-type tall fescue and perennial ryegrass. Some lawns never develop a thatch layer, and others become thatch-bound within a few years after being established. The best lawn grasses are those that constantly reproduce new plants to renew the lawn. As old plants age and die, they decompose into fine-textured humus that becomes a part of the surface soil.

Damage caused by thatch
Once thatch starts to form, conditions develop that often result in even more thatch. Accumulated thatch:
- harbors disease-causing fungi and insects;
- prolongs high humidity, which promotes disease;
- causes shallow root development;
- slows movement of air, water and nutrients into the soil; and
- binds or ties up pesticides.

These factors contribute to early death of grass plants. Thus, thatch is both a result of unfavorable conditions and a cause of further damaging influences.

Thatch development may go unnoticed in early stages, especially in bluegrass lawns. Lawns with a thick thatch layer may appear healthy in spring, then suddenly die in large patches during summer heat and drought.

As thatch builds up, the roots of new grass plants grow within the thatch layer rather than in the soil. When the lawn is exposed to hot, dry summer weather, the plants are unable to survive.

Zoysia and bermudagrass lawns usually develop thatch layers rapidly but seldom die suddenly because these warm-season grasses are more tolerant of heat and drought. Severe thatch usually leads to thin, diseased turfgrass. Very thick layers of thatch may cause uneven and difficult mowing.

Preventing thatch
Thatch may develop over several years before noticeable damage occurs. Good cultural practices, starting when the lawn is new, may not prevent thatch indefinitely but can slow its formation.

Desirable cultural practices
- Fertilize moderately and regularly to maintain vigor without excessive growth.
- Cut grass regularly at the recommended height to maintain vigor and to avoid shock. No more than one-third of the leaf tissue should be removed with each mowing. Clippings should be left to decompose if mowing occurs at regular intervals. As clippings filter into the turfgrass canopy and decompose, nutrients are recycled to the plants. However, infrequent mowing leads to excess clippings accumulating on the surface.

Reviewed by
Brad S. Fresenburg, Turfgrass State Specialist, Division of Plant Sciences
• Collect and remove clippings once a thatch layer has begun to develop to avoid further buildup. Immediate maintenance of the thatch layer will allow for the recycling of clippings through decomposition once again.
• Irrigate every seven days, or as needed in dry periods, to encourage deep rooting.
• Power rake as needed to keep thatch below ½ inch thick. Early fall is preferred for bluegrass, and early summer for zoysia.
• Core aerify to improve penetration of air, water and fertilizer into the root zone. Leave soil cores on the surface to dry and crumble before mowing. Mowing or power raking the dried soil cores redistributes the soil microbes that decompose thatch, and aids in reducing the thatch layer.
• Avoid indiscriminate use of pesticides that reduce populations of earthworms and soil microbes. Earthworms naturally reduce thatch as they collect it from the surface and mix it deeper into the soil. Common lawn and garden insecticides will reduce earthworm populations if used at the wrong times of the year. Several other pesticides, such as herbicides and fungicides, affect soil microbe populations as well.

Removing thatch
Examine the lawn closely regardless of how healthy it appears. Cut several plugs 2 to 3 inches deep. Lift the plugs and examine their profiles. If thatch is present, it will appear as a distinct horizontal layer of brown spongy or feltlike material (Figure 1).

When about ½ inch of thatch develops in bluegrass, remove it before the grass is damaged. Thatch is best removed by power raking, verticutting or coring with a machine that may be hired or rented. Coring causes less lawn stress than dethatching with a power rake or vertical mower and provides the additional benefit of reducing soil compaction.

Lawns should be dethatched only when conditions favor rapid turfgrass recovery. For cool-season lawns, early fall dethatching is most desirable. Mid-June is preferred for zoysiagrass and bermudagrass, but only when lawns are actively growing. Weak zoysia lawns with heavy thatch (1 inch or more) may not fully recover in one year from intense mechanical dethatching. Intensive coring causes much less damage to existing turfgrass than power raking or verticutting.

Preemergence herbicides containing dithiopyr, pendimethalin or prodiamine may also inhibit recovery of zoysiagrass and bermudagrass after severe dethatching. When severe dethatching is required, avoid using those preemergence herbicides. Instead, use an application of Drive (quinclorac) postemergent herbicide if crabgrass becomes a problem in recovering stands of zoysiagrass or bermudagrass.

Most varieties of zoysiagrass and bermudagrass are quite vigorous, producing large quantities of stolons, rhizomes and foliage that are fairly resistant to decay. Thus, both have a strong tendency to develop thatch. Annual power raking with dethatching equipment will remove some thatch and improve the vigor of the grass. Aeration is also beneficial, alone or combined with power raking.

In severe situations, removal of thatch by mechanical means also removes some of the living grass tissue. In such cases, moderate maintenance over two to three years may be more desirable than attempting complete removal in a single operation.

Necessary lawn improvement practices should be done after dethatching or aerifying. Such operations may be done on the same day and may include top-dressing, reseeding, fertilizing, liming and watering.

Always read and follow directions on the pesticide label. The University of Missouri intends neither endorsement of products named in this guide nor criticism of similar products that are not mentioned.

Original authors: John B. Lower and C.W. Lobenstein, Department of Horticulture