



# Vet Med Update

## New Counselor Offers a Comprehensive Approach to Wellness

The MU College of Veterinary Medicine has created a full-time position to help veterinary students succeed as they advance through the four-year curriculum. Kerry Karaffa, PhD, a psychological resident, was recently hired to serve as the mental health and wellness coordinator with the MU Counseling Center and College of Veterinary Medicine.



## Upcoming Events

**White Coat Ceremony**  
Oct. 16, 1 p.m.  
Missouri Theatre

---

## Research Focus

[BPA Can Disrupt Painted Turtles' Brain Development Could be a Population Health Concern](#)

---

## Through the Lens

Karaffa offers confidential counseling to all MU College of Veterinary Medicine students and fellows, with services tailored to fit individual needs and goals.

"My goal is to provide quality counseling services to help students manage stressors both in and out of vet school and ultimately support their ability to be successful," Karaffa said. "I think it is important to recognize that although attending vet school is a challenging experience in itself, many students also face ongoing challenges in other areas of their lives, including in their personal and family relationships. I believe that supporting positive mental health and wellness is an ongoing process, and to effectively address the needs of students, we must take a comprehensive approach."

[Read more](#)

## Featured News

[CVM's Fales Becomes Only Non-DVM Inducted Into Honor Roll](#)

[College of Veterinary Medicine Announces Recent Promotions](#)



### VM1



### VM2



### VM3



See more [photos](#) on [Facebook!](#)

University of Missouri  
University Advancement  
Reynolds Alumni Center  
Columbia MO 65211

If you wish to be removed from this group's mailing list, [click here](#)