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The purpose of this study is to determine (1) how the magazine editors define the term Southern in the pages of Southern Living magazine and (2) whether that definition originates with the readers of the magazine and is merely reflected back to them in the magazine or whether it originates with the editorial staff and is then disseminated through the magazine. These questions are researched using two methods: content analysis of the magazine during the years 2005 and 2006 and interviews with editors at the magazine. The time period was chosen because it marks the 40th anniversary of the publication of the magazine, along with a redesign. The editorial definition of Southerness is determined to be (1) pertaining to a geographic region known as the South, and (2) conveying a sense of comfort through food, people, places, and even plants with which readers in the defined region are familiar. The origination of this definition is the readership itself.