

FEEDING STUDIES OF DIETARY DIACYLGLYCEROL OIL IN NORMAL AND
LIPOPROTEIN LIPASE-DEFICIENT CATS

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The undersigned, appointed by the Dean of the Graduate School, have examined the thesis entitled

FEEDING STUDIES OF DIETARY DIACYLGLYCEROL OIL IN NORMAL AND LIPOPROTEIN LIPASE-DEFICIENT CATS

Presented by Craig Datz

A candidate for the degree of Master of Science

And hereby certify that in their opinion it is worthy of acceptance.

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CHAPTER 1. DIACYLGLYCEROL OIL – AN INTRODUCTION AND LITERATURE REVIEW

Obesity is a significant issue in the United States, with recent surveys suggesting prevalence rates of 33-35% in adults and 16% in children (CDC 2008). A number of serious health problems are associated with obesity such as hypertension, osteoarthritis, type 2 diabetes, coronary heart disease, stroke, and dyslipidemia (high levels of cholesterol and/or triglycerides). Treatment of obesity with calorie-restricted or low-fat diets is often unsuccessful due to lack of compliance. The Centers for Disease Control and other health professionals are currently targeting several areas to help manage overweight and obesity, including increasing physical activity, decreasing television viewing, increasing consumption of fruits and vegetables, and decreasing consumption of high energy-dense foods. However, simply encouraging Americans to make lifestyle changes may not affect obesity rates.

Another strategy to manage obesity involves alterations in foods and food products with the goals of decreasing caloric or fat density or adding, subtracting, or modifying ingredients and additives to promote weight loss and health. One example is olestra (Olean®, Procter and Gamble), a dietary fat substitute produced by transesterifying fatty acids from triglycerides onto sucrose. It is not metabolized by digestive enzymes, so it does not contribute fat or calories (Procter and Gamble 2008). However, consumer acceptance of olestra has been limited by reports of side effects. Z Trim® gel is another example of a fat substitute that is currently available for consumers and food

manufacturers. This product is made from insoluble plant fiber (cellulose and hemicellulose from corn, oats, soy, or other grains) combined with water (Z Trim Holdings 2008).

A novel cooking and salad oil with a high concentration of diacylglycerols (DAG) was introduced in Japan in 1999 (Econa®, Kao Corporation) and in the U.S. in 2003 (Enova® oil, ADM-Kao LLC). The Enova product label prominently states “Less Is Stored In The Body As Fat” because it “is metabolized in a slightly different way” than conventional oils. Other product claims include “Results in lower serum triglyceride levels after a meal” and “Lower in saturated fat than canola oil”. Research dating back to 1993 has demonstrated several interesting effects in both lab animals and humans. These include a reduction in serum triglyceride levels and post-prandial lipemia, decreased body weight, and decreased body fat (especially visceral fat). Potential health benefits have been demonstrated in different populations (e.g. healthy, overweight, diabetic). The following is a description of DAG oil along with a discussion of metabolism and possible mechanisms explaining its effects.

A. Description

The typical structure of dietary lipids (fats and oils) consists of glycerol with free fatty acids substituted for hydroxyls by ester linkages (Figure 1). Acylglycerols occur naturally as monoacylglycerol (MAG, 1-Monoacyl-*sn*-glycerol), diacylglycerol (DAG, 1,2- or 1,3-Diacyl-*sn*-glycerol), and triacylglycerol (TAG, 1,2,3-Triacyl-*sn*-glycerol) (Brenna and Sacks 2006).

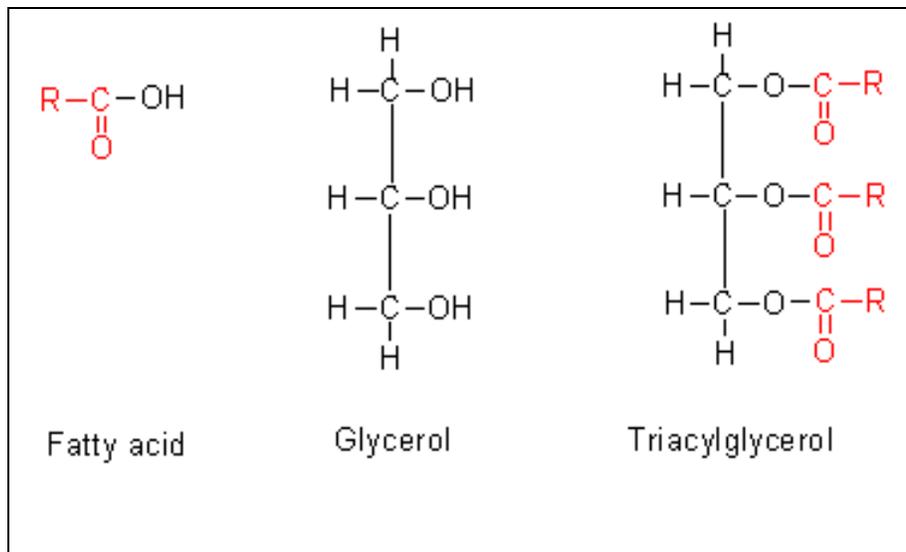


Figure 1. Representations of chemical structures.
(<http://www.public.iastate.edu/~cford/101triacylglycerol.gif>)

Vegetable oils consist primarily of triacylglycerols, but small amounts of diacylglycerols are also variably present (Table 1)

(D'Alonzo et al 1982, Abdel-Nabey et al 1992).

DAG can be synthesized enzymatically from vegetable oils by using the reverse reaction

of 1,3-specific lipase (Figure 2) (Macrae 1983, Watanabe et al 2003). The result is a stable mixture consisting mainly of 1,3-DAG with smaller amounts of 1,2 (2,3)- DAG due to acyl migration. The ratio of 1,3-DAG to 1,2 (2,3)- DAG equilibrates to approximately 7:3 during the refining process and storage following the synthesis process (Watanabe et al 2003).

Table 1. DAG content of vegetable oils

Oil	DAG content
Soybean	1.0%
Safflower	2.1%
Corn	2.8%
Palm	5.8%
Cottonseed	9.5%

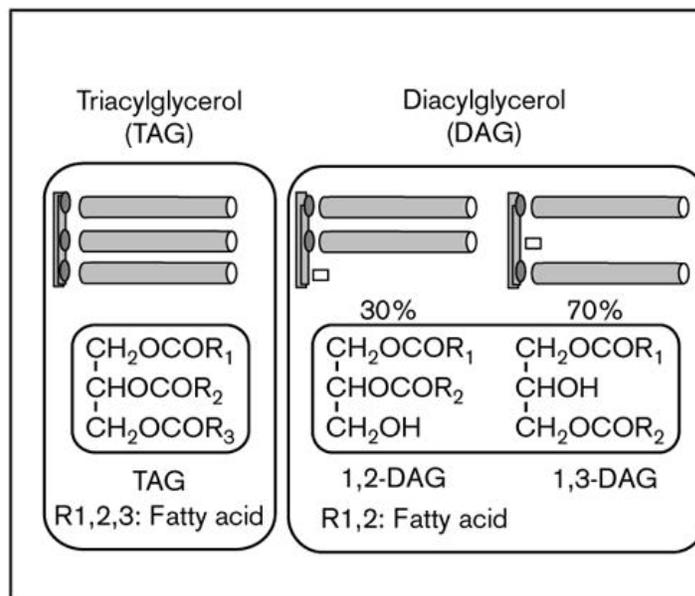


Figure 2. Representation of TAG and DAG (Tada 2004).

B. Properties

DAG oil was found to have similar energy and apparent digestibility values to TAG oil in a feeding study in laboratory rats (Taguchi et al 2001). The fatty acid content of DAG oil varies in types and amounts depending on which vegetable oils are used in the enzymatic synthesis process. When TAG oil is used in comparative studies, blends of vegetable oils are used to create a mixture with a similar fatty acid profile as DAG oil.

The use of DAG oil in cooking has been reported. Thermal oxidation appeared to be similar to TAG oil and dependent on fatty acids rather than molecular structure (Shimizu et al 2004). Smoke and flash points are slightly less for DAG oil compared with TAG and more free fatty acids are produced (Li et al 2005). Oxidative stability when DAG is used in butter blends is similar to TAG but sensory characteristics (salty, buttery) are reduced (Kristensen et al 2006).

C. Safety

In the U.S., commercial DAG oil is classified as GRAS (Generally Recognized As Safe) by the Food and Drug Administration. In Japan, DAG is approved by a similar governmental agency as FOSHU (Foods Approved for Specific Health Use). The use of DAG oil in food products in the U.S. is limited to cooking oil and as an ingredient in salad dressing and mayonnaise.

Safety studies have been conducted in humans and laboratory animals. Certain vitamins are fat-soluble and absorption can depend on the type and amount of dietary lipids. In one study, healthy men ingested 20 g DAG or TAG daily for 12 weeks. At 4, 8, and 12 weeks, fasting serum concentrations of vitamin A (retinol), vitamin D (25-hydroxy- and 1- α -25-dihydroxy-vitamin D), and vitamin E (α -, β -, and γ -tocopherol) were measured. No significant differences were seen between the two groups (Watanabe et al 2001).

In rats, DAG oil fed at 2.65% and 5.3% of the diet for 105 weeks did not cause any significant toxicological or treatment-related effects (Soni et al 2001). Genotoxicity potential was evaluated in mice using a bacterial reverse mutation assay, a chromosomal aberration assay, and a bone marrow micronucleus assay with both plain and heated DAG oil. No genotoxic effects were seen under the conditions of normal use (Kasamatsu et al 2005). A one-year study starting in 2.5-month-old dogs using varying levels of dietary DAG or TAG from 0% to 9.5% revealed no differences in clinical conditions, body weights, growth, food intakes, laboratory measures, or pathologic findings (Chengelis et al 2006).

Carcinogenicity potential was evaluated in 24-month studies in both rats and mice. DAG oil up to 5% of the diet did not result in any toxicity or carcinogenic effects compared with TAG oil (Chengelis et al 2006). No adverse maternal or fetal effects were seen in pregnant rats at DAG levels of 0-5.0 ml/kg body weight (Morita et al 2008). Heated DAG oil at 0-5.5% of the diet had no observed effects in rats (Morita et al 2008).

D. Metabolism

The normal metabolism of dietary lipids has been reviewed (Tso et al 2006). Briefly, TAG is hydrolyzed by gastric lipase preferentially at the *sn*-3 position regardless of the esterified fatty acids. The resulting compound, 1,2-DAG, may promote the emulsification of fat in the stomach. In the duodenum, pancreatic lipase acts on the *sn*-1 and *sn*-3 positions of TAG and DAG molecules, resulting in 2-MAG and free fatty acids. To facilitate absorption, bile acids (or salts) solubilize the lipids by forming micelles which are able to diffuse through the unstirred water layer surrounding the epithelial surfaces of the enterocytes. Passive uptake and carrier-mediated uptake are proposed mechanisms for entry of micelles into enterocytes.

Once intracellular, lipids are rapidly reesterified to form TAG, phospholipids, and cholesteryl esters in the endoplasmic reticulum. Two mechanisms can be involved: the monoacylglycerol pathway and the glycerol 3-phosphate pathway. The concentration of 2-MAG appears to be directly related to the importance of the MAG pathway, and the enzymes involved include acyl-CoA:monoacylglycerol acyltransferase (MGAT) and acyl-CoA:diacylglycerol acyltransferase (DGAT). The glycerol phosphate pathway becomes the major mechanism when levels of 2-MAG are low. Lipoproteins and chylomicrons are assembled from TAG, cholesterol, apolipoproteins, and phospholipids and secreted into the lymphatic system via lacteals of the intestinal villi (Figure 3 top).

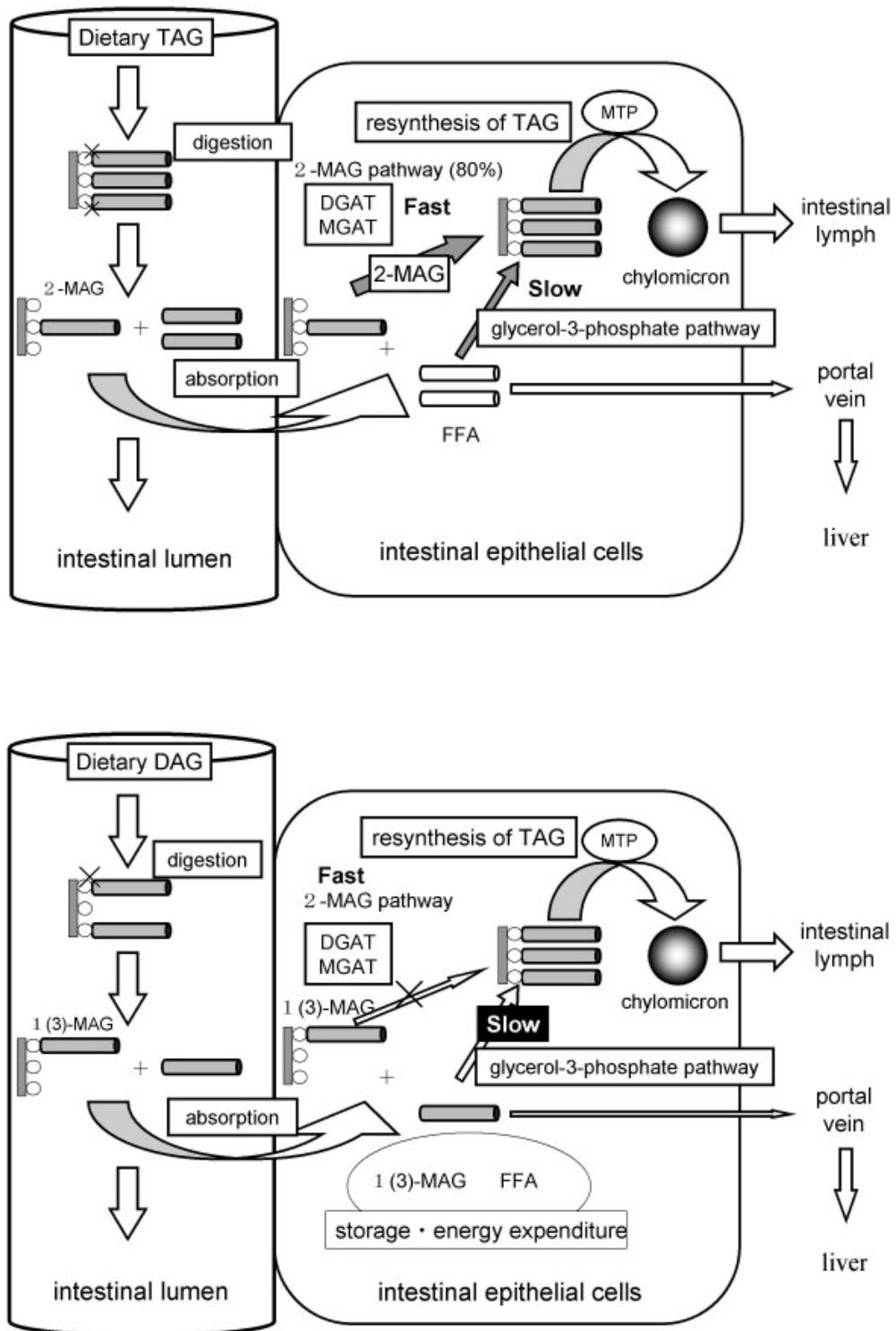


Figure 3. Digestion and absorption of TAG (top) and DAG (bottom) (Yanai et al 2007).

DAG molecules are likewise hydrolyzed by gastric and pancreatic lipase to form MAG and free fatty acids. The two forms, 1,3-DAG and 1,2 (2,3)-DAG, are thought to be metabolized in different ways (Tada and Yoshida 2003). 1,2-DAG is hydrolyzed to 2-MAG and 1,3-DAG is hydrolyzed to 1- or 3-MAG. After uptake into enterocytes, 2-MAG is reesterified into TAG but there is decreased affinity for 1 (3)-MAG to MGAT. This may lead to slower synthesis of TAG through the glycerol phosphate pathway and decreased secretion into the lymphatics. The accumulation of fatty acids in enterocytes may lead to release into the portal vein directly to hepatocytes, where the fatty acids would undergo β -oxidation (Figure 3 bottom) (Tada 2004).

Evidence supporting the different metabolic outcomes of TAG and 1,3-DAG has been reported in several *in vitro* studies as well as research conducted in lab animals and humans. Intestinal mucosa studies from rats showed that 2-MAG molecules lead to high amounts of 1,2-DAG and TAG while 1-MAG molecules lead to 1,3-DAG and low quantities of TAG through the actions of MGAT and DGAT (Ailhaud et al 1964). MGAT had 3.9 X more activity with 2-MAG compared with 1-MAG in guinea pig mucosal studies (Short et al 1974), and 1.6-2.4 X more activity in human mucosal studies (Bierbach 1983).

Clinical evidence of the metabolism of dietary DAG was first reported in rats (Murata et al 1994). Rats were treated with emulsions of TAG and DAG, and cannulas in the thoracic ducts were used to collect lymph fluid. The rates of triacylglycerol and cholesterol transport in lymph were significantly lower in the DAG group compared with

the TAG group at several time points. A followup study (Murata et al 1997) showed that rats fed DAG had decreased activities of fatty acid synthetase and other enzymes of fatty acid synthesis as well as increased rates of mitochondrial and peroxisomal oxidation of palmitoyl-CoA in liver homogenates. Hepatic enzymes involved in the β -oxidation pathway also had increased activity with DAG compared with TAG. In mice, DAG stimulated β -oxidation and gene expression of acyl-CoA oxidase, acyl-CoA dehydrogenase, and uncoupling protein-2 in the small intestine (Murase et al 2002). A study in rats showed that mucosal TAG synthesis in the small intestine was reduced by intraduodenally infused DAG compared with TAG (Kondo et al 2003). Lymphatic transport of radiolabeled TAG and 1,3-DAG was compared in rats, and TAG levels were significantly reduced after 1 hour in the DAG group while no differences were seen after 2 or 3 hours (Yanagita et al 2004). In pigs, portal vein transport of nonesterified fatty acids (NEFA) were similar with either a TAG or DAG bolus feeding, but glycerol concentrations were higher in the DAG group.

A more recent report suggested that in mice chylomicrons formed after ingestion of DAG compared with TAG have similar total acylglycerol concentration but higher levels of MAG and DAG (Yasunaga et al 2007). These chylomicrons are cleared more rapidly from circulation by lipoprotein lipase-mediated lipolysis. Intravenous infusion of DAG and TAG was also evaluated, and DAG was cleared faster than TAG due to lipolysis and apolipoprotein E-dependent hepatic uptake.

Studies of fat oxidation have been performed to help elucidate the metabolic consequences of DAG ingestion. In healthy women, dietary DAG increased fat oxidation measured in a respiratory chamber compared with TAG while energy expenditure was not different (Kamphuis et al 2003). Another study in healthy men showed a lower postprandial respiratory quotient (RQ) and higher energy expenditure (EE) after a DAG-containing meal compared with a TAG meal (Saito et al 2006). No differences were seen in a third study of healthy men and women in EE and RQ (Hibi et al 2008). However, in a subgroup analysis of subjects, those with a higher fat ratio had significantly lower RQ with DAG than TAG. In rats, postprandial oxygen consumption and fat oxidation was increased after ingesting a DAG emulsion compared with TAG (Kimura et al 2006). Lower RQ were also seen in a study in rats after a single and short-term DAG dietary ingestion compared with TAG (Osaki et al 2008).

In summary, the metabolism of dietary DAG has been shown to be different than TAG. There are several explanations for this difference, including slower and less efficient assembly of chylomicrons in enterocytes, increased portal circulation of DAG-derived fatty acids with increased oxidation, and faster and more efficient clearance of DAG-containing chylomicrons in the circulation. Further studies are needed in both animals and humans to evaluate the digestion, absorption, and metabolism of DAG compared with TAG.

E. Observations

1. Serum TAG

The most consistently reported effect of dietary DAG oil in humans and animals is reduction of triglyceride (triacylglycerol, TAG) levels in plasma or serum.

Hypertriglyceridemia is associated with an increased risk of cardiovascular disease in humans, and medications that lower TAG levels have demonstrated decreased events in the primary and secondary coronary prevention populations (Citkowitz 2008). Extreme elevations of TAG (above 1000 mg/dl) may cause acute pancreatitis. In the U.S., the prevalence of hypertriglyceridemia (> 150 mg/dl) is approximately 35% in men and 25% in women. Commonly recommended dietary treatments include reduction of fat intake, restriction of simple carbohydrates and alcohol, and increased fiber. Omega-3 fatty acid supplementation and aerobic exercise are also recommended. Fibrates, niacin, and statin drugs may be prescribed to lower high TAG levels (Citkowitz 2008). Because of the possibility of side effects of drugs and lack of compliance with exercise and diet plans, substitution of dietary DAG oil for TAG may be a useful adjunctive treatment for hypertriglyceridemia.

The first reported study of dietary DAG showed reduced TAG levels in normal rats after 17 and 34 days compared with TAG oil (Hara et al 1993). The difference in serum TAG was approximately 30% lower with DAG. A followup study in normal rats showed a 40-44% reduction in serum TAG after 14 or 21 days with DAG compared with TAG

(Murata et al 1997). The first report in humans was a postprandial study of DAG and TAG oil emulsions in healthy men (Taguchi et al 2000). At the late postprandial phase (4 and 6 hours after ingestion), serum TAG was reduced approximately 40% with DAG compared with TAG (Figure 4). Another human postprandial study showed an average 25% reduction in serum TAG at 2, 3, and 8 hours after DAG loading (Tada et al 2001). A meta-analysis of 10 studies confirmed a significant reduction in postprandial serum TAG at 2, 4, and 6 hours that was positively correlated with daily dosage (Xu et al 2008).

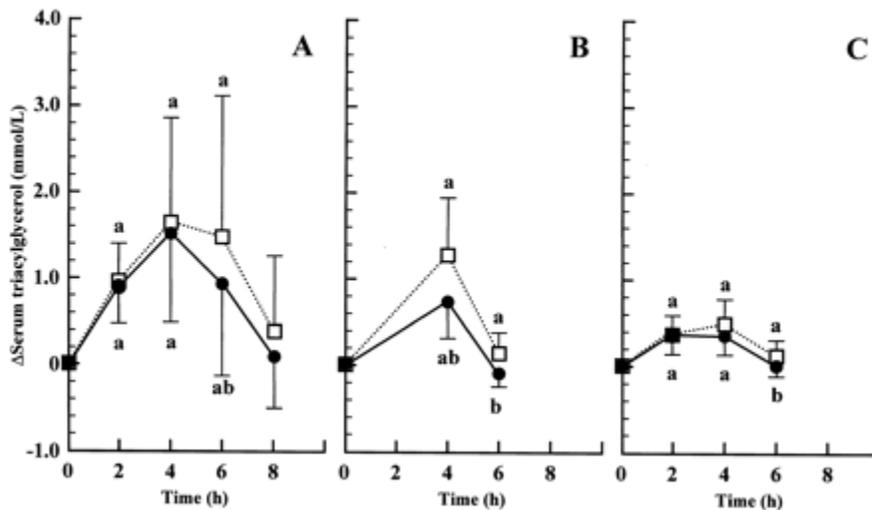


Figure 4. Mean (\pm SD) changes from baseline (Δ) in serum triacylglycerol concentrations after ingestion of diacylglycerol emulsion (●) or triacylglycerol emulsion (□). (A) 44g fat ingestion (n = 17); (B) 20g fat ingestion (n = 10); (C) 10g fat ingestion (n = 13); a: Significantly different from fasting levels, $p < 0.05$ (Student's t test for paired values); b: Significantly different from the corresponding values for the triacylglycerol emulsion, $p < 0.05$ (Student's t test for paired values). (Taguchi et al 2000).

A 12-week study was conducted in humans with hypertriglyceridemia (mean, 222 mg/dl) due to type II diabetes mellitus. DAG oil was substituted for ordinary TAG cooking oil, and the results showed a 39% decrease in serum TAG compared with baseline (mean, 135 mg/dl) (Yamamoto et al 2001). In contrast, the control group (TAG oil) showed a 12% increase from baseline in serum TAG levels.

A study in humans with insulin resistance but not diabetes used a single dose of DAG or TAG oil (Takase et al 2005). Postprandial serum samples were analyzed for TAG at 2, 3, and 4 hours, and there was less increase at each time point in the DAG group (change in baseline DAG: +17, +27, +18 mg/dl; TAG: +25, +42, +36 mg/dl).

In obese Beagle dogs, a 6-week feeding trial using DAG or TAG oil as a dietary fat source showed reduced serum TAG in the DAG group (baseline mean 66.0, post-feeding mean 52.5 mg/dl, 20% decrease) compared with the TAG group (baseline mean 73.7, post-feeding mean 70.3 mg/dl, 5% decrease) (Umeda et al 2006).

A reduction in serum TAG as a result of DAG consumption was also shown in multiple studies (Table 2). However, a number of other human and animal studies did not demonstrate a reduction in serum TAG when DAG was substituted for TAG (Table 3).

Table 2. Studies showing reduced serum TAG

Study (et al.)	Year	Subjects	Duration
Yanagisawa	2003	Healthy women	8 weeks
Sugimoto	2003	Healthy rats	1-12 weeks
Meng	2004	Healthy rats	8 weeks
Mori	2005	Diabetes-prone rats	Postprandial
Tada	2005	Diabetic men and women	Postprandial
Kristensen	2006	Healthy pigs	Postprandial
Bauer	2006	Healthy dogs	Postprandial
Ijiri	2006	Atherogenic mice	8 weeks
Yamamoto	2006	Diabetic men and women	6 months
Yamamoto	2006	Diabetic men and women	3 months
Mitsubishi	2006	Obese dogs	Postprandial
Tomonobu	2006	Healthy men and women	Postprandial
Kimura	2006	Healthy rats	Postprandial
Ai	2007	Healthy and insulin-resistant men	Postprandial
Fujii	2007	Diabetic atherogenic mice	20 weeks
Kim	2007	Healthy rats	6 weeks
Yasunaga	2007	Healthy mice	Postprandial

Table 3. Studies showing no change in serum TAG

Study (et al.)	Year	Subjects	Duration
Nagao	2000	Healthy men	16 weeks
Murase	2001	Obesity-prone mice	5 months
Soni	2002	Healthy rats	77 weeks
Taguchi	2002	Healthy rats	21 days
Murase	2002	Obesity-prone mice	8 months
Maki	2002	Overweight men	24 weeks
Sugimoto	2003	Obese rats	5 weeks
Yasunaga	2004	Healthy men and women	12 weeks
Chengelis	2006	Healthy dogs	12 months
Chengelis	2006	Healthy rats	12 months
Matsuyama	2006	Obese children	5 months
Saito	2007	Obesity-prone rats	15 weeks
Ota	2007	Healthy rabbits	50 days
Ijiri	2007	Atherogenic mice	8 weeks
Kawashima	2008	Obese men and women	1 year
Li	2008	Diabetic men and women	4 months
DeJulio	2008	Healthy rats	30 days
Ramprasath	2008	Overweight women	4 weeks

The reasons why DAG oil was not effective in some studies are not apparent.

Differences in subjects, study designs, amount or dose of oil used, effect of diet and other dietary fats and oils, and other factors may have influenced the results. However, the nearly 25 studies that did show a TAG-lowering effect of DAG support the theoretical mechanisms noted in the previous section.

2. Body weight and composition

Another observation is the reduction in body weight and adipose tissue (fat mass) reported in several studies. The first report in humans was a double-blind controlled trial in 38 healthy men in which 10 g of DAG or TAG oil was incorporated into a normal daily diet (Nagao et al 2000). Measurements included anthropometric values, blood samples, computed tomography (CT), and densitometry. After 16 weeks, the DAG group had statistically significant reductions in body weight, body mass index (BMI), waist circumference, total fat area, visceral fat area, subcutaneous fat area, and hepatic fat.

A double-blind randomized, parallel intervention trial study of 79 obese (BMI 34) men and women was carried out for 24 weeks (Maki et al 2002). Subjects incorporated DAG- or TAG-containing foods into the diet with the goal of achieving 15% of the total dietary energy from the oils (~ 20-40 g/day). Body weight decreased in both treatment groups, with the DAG group showing significantly more weight loss and reduction in fat mass than the TAG group. A recent meta-analysis of 6 studies found a modest effect of DAG on weight loss (-0.75 kg) (Xu et al 2008).

The mechanism explaining the reduction in body fat may involve differences in how DAG is metabolized compared to TAG. Studies in humans and animals have demonstrated lower respiratory quotients (RQ) indicating increased fat oxidation. In one report, 12 healthy women were given diets containing 40% energy as DAG or TAG oil (Kamphuis et al 2003). After 36 hours in a respiratory chamber, fat oxidation (g/day) was significantly higher in the DAG group along with reduced RQ. A postprandial study of 13 healthy men used a breath analysis apparatus to demonstrate lower RQ when a DAG-containing meal was eaten compared to a TAG-meal (Saito et al 2006). Higher energy expenditure and fat oxidation was also seen in healthy rats after a DAG or TAG emulsion was given (Kimura et al 2006). An example of an animal study is a 2-week feeding study in healthy rats that showed lower RQ with DAG measured by indirect calorimetry (Osaki et al 2008).

A recent study in overweight men and women using a respiratory chamber showed increased fat oxidation and resting metabolic rate after a 14-day intake of 10 g/day of DAG compared with TAG oil (Hibi et al 2008). However, no difference in RQ was seen in a study of healthy men and women in which half of dietary fat intake (15% of daily energy) was either DAG or TAG oil over a 4-day period in a respiratory chamber (Hibi et al 2008).

3. Medical conditions

DAG oil has been suggested as part of the treatment for humans with various lipid-related disorders. As noted above, a number of research studies of effects of DAG have been performed in normal, healthy humans and animals. Other studies have used animal models and humans with previously diagnosed diseases such as type 2 diabetes mellitus and obesity.

In a study of 16 human patients seen in an outpatient clinic for type 2 diabetes and hypertriglyceridemia, DAG or TAG oil was incorporated into the daily diet for 12 weeks (Yamamoto et al 2001). Serum TAG and glycohemoglobin _{A1C} levels were significantly lower in the DAG group. The authors concluded that a DAG-enriched diet might be useful as an adjunct treatment leading to reduced risk factors for arteriosclerosis and better quality of life than simply a fat-restricted diet. A postprandial study of DAG oil in six humans with type 2 diabetes showed a smaller increase in serum TAG compared with TAG oil (Tada et al 2005). A 6-month trial in type 2 diabetic humans with nephropathy (n=15) comparing DAG and TAG oil demonstrated reduced body weight, BMI, serum TAG, and level of azotemia in the DAG group (Yamamoto et al 2006). In a study of type 2 diabetic humans (n=24), a 3-month trial of DAG vs. TAG oil showed reduced waist circumference and serum TAG concentration along with increased HDL concentration (Yamamoto et al 2006). In humans with type 2 diabetes (n=112), a 4-month trial comparing DAG and TAG demonstrated reduced body weight, BMI, waist circumference, insulin levels, and leptin levels with DAG (Li et al 2008).

A study carried out in overweight or obese men and women (n=131) demonstrated increased loss of body weight and body fat when DAG oil was substituted for TAG oil over a 24-week period (Maki et al 2002). The actual losses were modest but statistically significant (3.6% vs. 2.5% weight loss, 8.3% vs. 5.6% fat mass reduction). In obese children (7-17 years old, n=11), DAG oil was incorporated into the daily diet for 5 months which resulted in decreased fat mass and decreased serum leptin and HDL concentrations (Matsuyama et al 2006). A one-year study compared DAG and TAG oil in overweight humans (n=312), and the DAG group had a slightly reduced body weight (-0.55 kg) while the TAG group had a slight increase (+ 0.31 kg) (Kawashima et al 2008).

Patients receiving hemodialysis are at high risk of lipid disorders including hypertriglyceridemia and low HDL-cholesterol. In a study of ten uremic humans on dialysis, DAG was incorporated into the daily diet for 5 months (Teramoto et al 2004). Abdominal fat mass along with serum lipoprotein A and VLDL concentrations all decreased while there was no change in serum TAG, cholesterol, LDL, HDL, or IDL concentrations.

A single case report has been published reporting the use of DAG oil in a patient diagnosed with hyperlipidemia resulting from lipoprotein lipase deficiency (Yamamoto et al 2005). This 34-year old man had elevated serum TAG (1818 mg/dl) and undetectable lipoprotein lipase (LPL) (< 20 ng/ml). An initial postprandial study was performed comparing DAG, TAG and medium-chain triglyceride (MCT) oils (approximately 17 g in an emulsion). The results indicated an increased serum TAG concentration after the

TAG oil and decreased TAG after DAG or MCT oil (Figure 5). Following this, a 3-month study was performed in which DAG oil (20 g/day) was substituted for a portion of TAG in the daily diet. DAG was introduced at month 3 and a reduction in serum TAG was seen 1 and 2 months later. The overall intake of both TAG and DAG increased in the final month of the study which apparently caused an increase in serum TAG (Table 4). The results suggest that DAG oil included as part of a fat-restricted diet is beneficial in reducing the hyperlipidemia of LPL-deficiency.

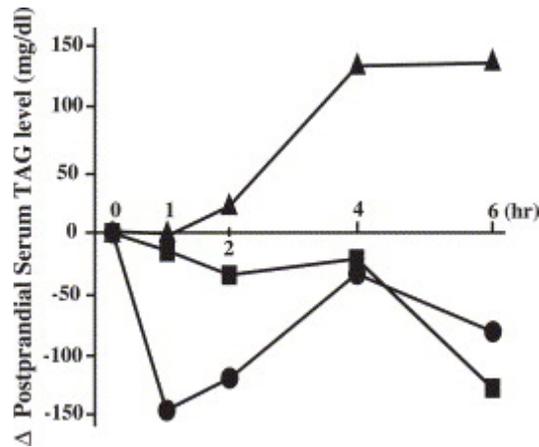


Figure 5. Postprandial serum TAG responses after ingestion of 3 different oils in an LPL-deficient patient. Postprandial serum TAG levels after ingestion of each emulsified oil was expressed as Δ postprandial TAG (mg/dl), minus the initial TAG value from each time point value. Circles indicate DAG oil; triangles, TAG oil; and squares, MCT oil. (Yamamoto et al 2005)

Table 4. Effect of long-term administration of DAG oil on serum lipid levels in an LPL-deficient patient

	Duration (mo)	TAG (mg/dl)	Total chol (mg/dl)	HDL chol (mg/dl)
	0	1939	205	21
	1	2525	293	34
DAG oil	2	1926	234	27
	3	1173	155	16
	4	749	142	17
	5	2195	269	29

DAG oil was used for the duration of 2 to 5 months. Chol indicates cholesterol; HDL, high-density lipoprotein. (Yamamoto et al 2005)

In another case report, a 43-year old man with hypertriglyceridemia, chylomicronemia, postprandial epigastric pain, and recurrent pancreatitis was diagnosed with apolipoprotein C-II deficiency (Yanai et al 2007). He was placed on a diet restricted in fat (10 g/day) and energy (900 kcal/day). After 3 weeks, serum TAG was reduced from 2252 mg/dl to 230 mg/dl. A postprandial study was then done comparing DAG and TAG oil (10 g emulsion). The results indicated a lower serum TAG level at 4 and 6 hours (Figure 6). The suppression of postprandial TAG increase by DAG oil in this individual may have a benefit in preventing complications such as discomfort and pancreatitis in the future.

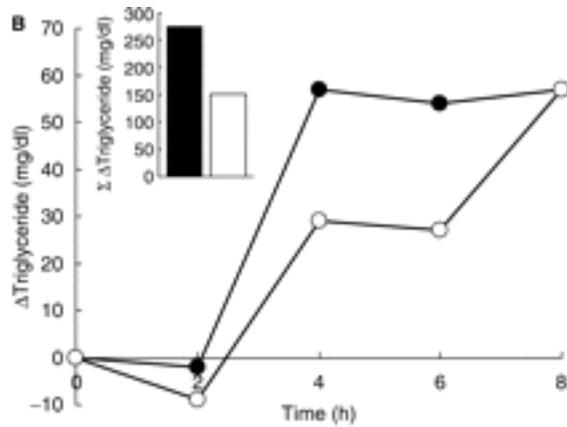


Figure 6. Serum lipid changes after ingestion of diacylglycerol (DAG) or triacylglycerol oil (TAG). Black and white circles indicate values changed from baseline; black and white boxes indicate the incremental area under the curve of each value for 8 h after ingestion of TAG and DAG, respectively. (Yanai et al 2007)

Laboratory animal studies previously noted that used strains of mice or rats predisposed to obesity, diabetes, or atherosclerosis have revealed both beneficial effects of DAG oil and no evidence of effect compared with TAG oil. Animal models of human disease are valuable for pilot studies and for investigations of mechanisms, safety, and other observations not possible or practicable in human studies. Because DAG oil is intended for dietary use in humans, emphasis should appropriately be placed on human clinical trials.

CHAPTER 2. LIPOPROTEIN LIPASE DEFICIENCY AND RATIONALE FOR STUDY

Lipoprotein lipase (LPL) is an enzyme involved in lipid metabolism and transport (Mead et al 2002). Its main function is the hydrolysis of triacylglycerols (TAG) found in circulating chylomicrons and very low-density lipoproteins (VLDL) (Preiss-Landl et al 2002). LPL is found primarily in adipose, myocardial, and skeletal muscle tissue. Other tissues with LPL activity include the brain, placenta, lungs, spleen, and pancreas along with macrophages and steroidogenic tissue (Preiss-Landl et al 2002). In addition to TAG hydrolysis, LPL also has a bridging function between lipoproteins and capillary endothelial walls and acts as a ligand for the LDL receptor to facilitate cellular uptake of lipoproteins.

LPL deficiency is a rare familial autosomal recessive disorder, occurring at an estimated rate of one per one million population (Brunzell and Deeb 2001). The disease is often diagnosed in infancy or childhood by detecting “chylomicronemia”, or marked hypertriglyceridemia. The most severe clinical manifestation is acute or recurrent pancreatitis, which can lead to pancreatic necrosis and death. Episodic abdominal pain, hepatomegaly, eruptive xanthomas (deposits of lipid in skin), lipemia retinalis, and dyspnea are also common complications of hypertriglyceridemia. The condition can be life-threatening during pregnancy (Ivan et al 2008). Typically the plasma fasting triglyceride level is 2000 mg/dl or higher in clinically affected patients, but some

individuals have triglyceride levels up to 29,000 mg/dl with no symptoms. The main treatment is dietary fat restriction, with the goal of achieving a plasma triglyceride level consistently below 1000 to 2000 mg/dl. Medium-chain triglyceride oil (MCT) can be used for cooking because it is absorbed directly into the portal circulation instead of being incorporated into chylomicrons. Avoidance of alcohol and certain medications may help, and one individual responded to omega-3 fatty acid supplementation from fish oil (Brunzell and Deeb 2001).

To further study the function of LPL and LPL deficiency, homozygous knockout mice ($LPL^{-/-}$) were developed (Weinstock et al 1995). Neonatal pups had marked hypertriglyceridemia (15,000 mg/dl) and died at 16-24 hours of age. Heterozygous mice ($LPL^{+/-}$) had mild elevations in triglycerides (up to twofold) and survived to adulthood. The LPL deficiency was later shown to be corrected by gene transfer of a naturally-occurring beneficial mutation, LPL^{S447X} (Ross et al 2004). Rescued mice had near-normal plasma lipoprotein profiles and were clinically healthy.

A naturally-occurring feline model of LPL deficiency has been developed and maintained in a breeding colony of domestic cats (Jones et al 1983, Ginzinger et al 1996). A mutation leads to a substitution of arginine for glycine at residue 412 in the *LPL* gene (Gly412Arg mutation) (Ginzinger et al 1996). The phenotype is similar to familial LPL deficiency in humans, as homozygous cats have marked hypertriglyceridemia (200-12,000 mg/dl), xanthomas, and lipemia retinalis (Jones et al 1986, Bauer et al 1984, Ginzinger et al 1999). However, unlike in humans, abdominal pain and pancreatitis have

not been reported in cats. In one study, LPL^{-/-} kittens had reduced body mass and growth rates along with an increased rate of stillbirths in homozygous queens compared with heterozygous (LPL^{+/-}) or normal (LPL^{+/+}) queens (Ginzinger et al 1996). A later study found improved growth of kittens when fed a low-fat (10% as fed) purified or commercial diet (Reginato et al 2002). In another study, a commercial diet with 12.5% crude fat as fed was used in adult LPL-deficient cats with no reported adverse effects (Kanchuk et al 2003). This feline model has the potential to be useful in comparative studies of LPL physiology, function, and regulation in addition to dietary or medical treatments of hypertriglyceridemia in both humans and cats. In one recent example, gene therapy was successfully used to correct feline LPL deficiency (Ross et al 2006). The effects were transient due to an immune response by the cats to the human LPL variant, but immunosuppressive therapy helped increase the duration of the beneficial effect. Human LPL gene therapy may be feasible as a treatment for familial hypertriglyceridemia.

One approach to the treatment of hypertriglyceridemia in humans is varying the types of dietary fat instead of or in addition to restricting the total intake. MCT oil has been used in patients with primary hypertriglyceridemia (Rouis et al 1997, Asakura et al 2000). Omega-3 fatty acid supplementation was shown to lower triglyceride levels in 12 individuals with familial LPL deficiency (Richter et al 1992). Fish oil and omega-3 fatty acids have been successfully incorporated into feline diets and used to treat several disorders, but have not been investigated in LPL-deficient cats. MCT oil has been shown to be unpalatable in normal cats, leading to decreased feed intake and weight loss

(MacDonald et al 1985). However, a recent report suggested that MCT palatability in cats may depend on the type, amount, and diet composition (Trevizan et al 2008).

Based on these and other reports concerning dietary DAG and hypertriglyceridemia, a study was conducted to evaluate the effects of DAG oil in LPL-deficient cats. The research hypothesis was that a short-term feeding trial with DAG oil as the fat source in a semipurified diet would result in lower serum triglyceride concentrations compared with TAG oil. Serum cholesterol and non-esterified fatty acids were also measured, and feed intakes, body weights, and overall health were monitored. A pilot study in healthy colony cats was performed first to determine acceptance of DAG oil when added to a commercial dry-type diet.

This research project was designed to yield useful information in the management of both cats and humans with similar lipid disorders, and help establish homozygous LPL^{-/-} cats as a valid research model in future studies of familial hypertriglyceridemia syndromes. In addition, the palatability and safety of DAG oil in cats would be evaluated for potential usefulness in home-prepared and commercial feline diets.

CHAPTER 3. PALATABILITY OF DIETARY DAG OIL IN HEALTHY CATS

1. Experimental Methods

Animals

Eight specific pathogen-free domestic shorthair cats aged $39 \pm 5.0^*$ months, body weight 3.73 ± 0.322 kg were obtained from the Feline Nutrition and Pet Care Center, University of California, Davis, and individually housed. Daily exercise and socialization were provided in a group setting. Cats were given fresh food and water each morning for *ad libitum* consumption. General health observations by trained personnel were recorded daily, and cages and litter boxes were carefully examined for evidence of vomiting or diarrhea. Fecal quality was assessed daily on a 7-point scoring system (1 = hard and dry, 2 = firm, 3 = formed, 4 = formed and moist, 5 = very moist, 6 = unformed, 7 = watery; Nestlé Purina Fecal Scoring System). The protocol allowed for removal from the study if any cat consumed 50% or less of daily energy requirements on 3 consecutive days or if any medical problems occurred that needed veterinary treatment.

* All statistical results are reported as mean \pm the standard error of the mean (SEM)

Test oils

The DAG-rich oil was a commercially available product (Enova[®] oil, ADM-Kao LLC). The TAG-rich oil was also a commercially available product (Crisco[®] Pure Vegetable oil (100% soybean), J. M. Smucker Company). Both oils were purchased locally at a grocery store.

Diets

A commercially available dry kibbled feline diet was used in this study (Royal Canin Veterinary Diet[™] feline Diabetic DS 44[™]). This diet was formulated to meet the nutritional levels established by the Association of American Feed Control Officials (AAFCO) cat food nutrient profiles for adult maintenance (Appendix 1). The test diet was formulated by adding 15 grams of DAG oil per 100 grams of dry diet. The control diet was formulated by adding 15 grams of TAG oil per 100 grams of dry diet (Appendix 1). The amount of oil to add was limited by both the ability of the dry diet to absorb the liquid and the desire to limit dietary fat to less than 50% of total energy. Each diet was prepared with a stand-type mixer (Hobart, Troy, OH) and stored at 2° C until use.

Design

Each cat was offered two food bowls (marked “A” and “B”) and one bowl for water. Fresh food was added to the bowls each morning and the weight of the bowl and diet was

recorded. After each 24-hour period, the bowls were removed, weighed, emptied, cleaned, and refilled with fresh food. The differences in bowl weights were recorded as the daily food intake.

A five-day acclimation period was performed by mixing the two diets together in equal amounts by weight. Each cat was offered approximately one-half cup (~ 37 grams) of the diet mixture in each of two separate bowls from Day -5 to Day -1. The experimental trial started on Day 0 and continued through Day 13 (total of 14 days). Each cat was offered approximately one cup (~ 75 grams) of each diet (DAG and TAG) in separate bowls. The placement of the bowls was randomized by assigning the left-right order based on a chart generated by coin flips.

Observations and measurements were recorded on datasheets (Appendix 2). The amount of food intake of each diet, fecal quality, and general health notes were recorded daily. Cats were weighed weekly starting on Day 0 (0, 7, and 14 days of trial).

Statistical Analysis

The data on food intake passed normality and equal variance tests. Body weights were normalized to metabolic body weights using the formula ($BW_{\text{kg}}^{0.75}$). The effect of diet on food intake was analyzed with paired t-tests. Changes in body weight over time was evaluated by one way analysis of variance. Differences were considered significant at P

< 0.05. Statistical analysis was performed using SigmaStat version 3.5 (Systat, Chicago, IL), and Microsoft Excel 2003 (Microsoft, Redmond, WA).

2. Results

General health observations

All cats completed the trial with no clinical signs of illness, and the diets were accepted.

All fecal scores were recorded as “1” (hard and dry) or “2” (firm) with two exceptions.

One cat had a score of “3” (formed) on Day 5 and a different cat had a score of “4” (formed and moist) on Day 0.

Body weights

Body weights of cats did not significantly change at Days 7 and 14 compared with baseline (Table 5, Figure 7). Cat # 01-307 lost approximately 5% BW from day 7 to day 14, but general health and fecal scores remained normal during this time.

Table 5. Changes in body weights (BW), mean \pm SEM

	Day 0	Day 7	Day 14	<i>P</i> value
BW (kg)	3.73 \pm 0.32	3.75 \pm 0.33	3.74 \pm 0.30	0.98

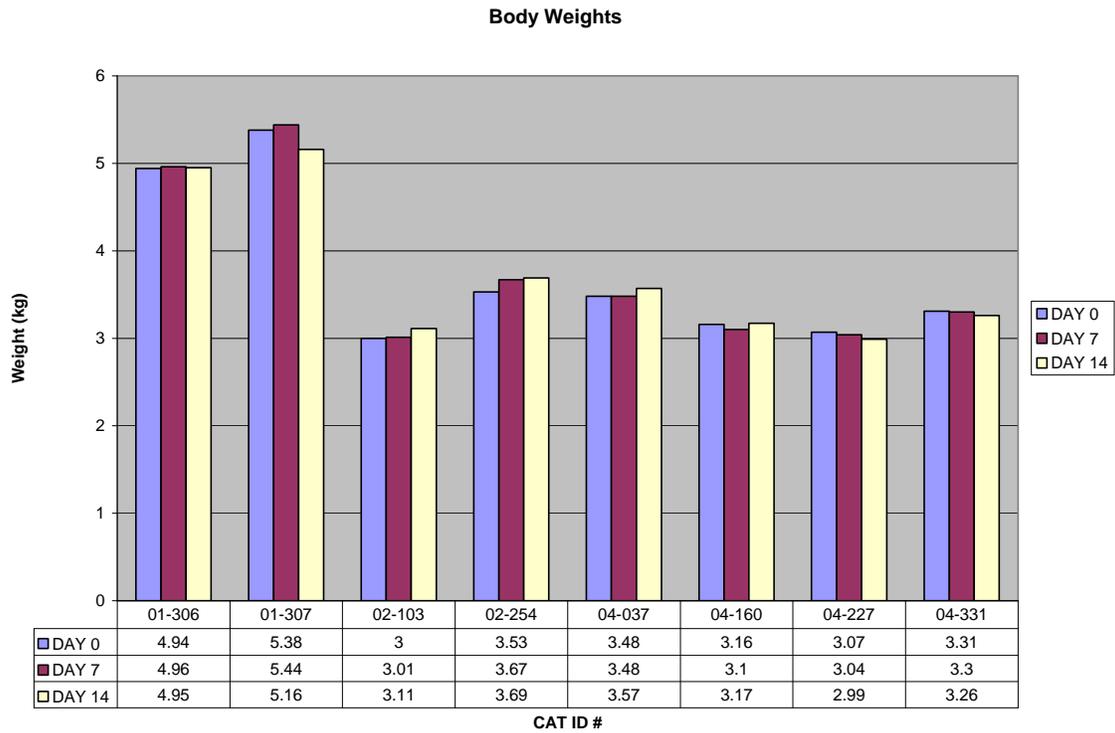


Figure 7. Weekly body weights (kg) by cat ID #.

Food intake

The daily intake was measured by subtracting the bowl plus food weight from the previous day's bowl plus food weight. The DAG and TAG diet weights were recorded separately. The total diet intake over the 14-day trial is shown in Figure 8.

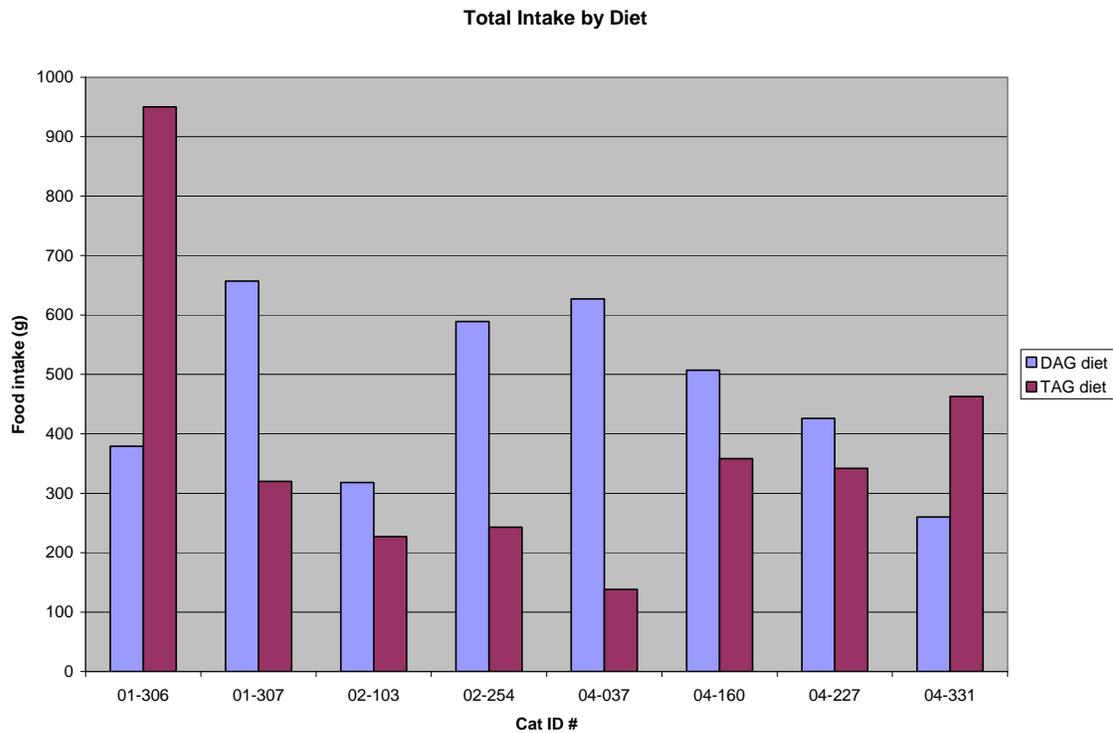


Figure 8. Total food intake during trial. First column - DAG diet, second column – TAG diet.

The mean intake of the DAG diet was higher than the TAG diet (Table 6). However, the difference was not statistically significant ($P = 0.394$). The total intake per cat was normalized by metabolic body weight (MBW) by dividing the total of each diet (g) by the MBW (kg) measured on Day 14 (Figure 9). The mean intake on this basis was higher with the DAG diet than the TAG diet (Table 7), but the difference was not statistically significant ($P = 0.258$).

Table 6. Statistical analysis of total food intake by type of diet.

t-test raw data (total intake per cat)

Normality Test: Passed (P = 0.257)

Equal Variance Test: Passed (P = 0.757)

Group Name	N	Missing	Mean	Std Dev	SEM
DAG	8	0	470.375	147.633	52.196
TAG	8	0	380.125	250.160	88.445

Difference 90.250

t = 0.879 with 14 degrees of freedom. (P = 0.394)

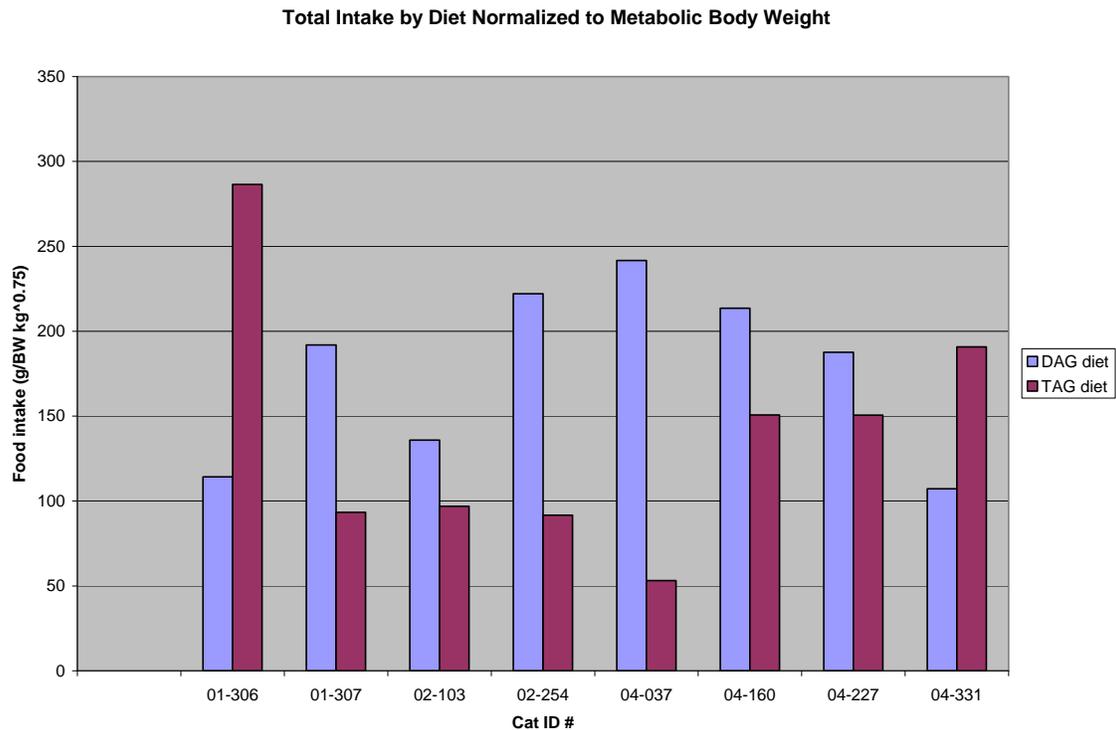


Figure 9. Total food intake during trial divided by ending metabolic BW (kg^{0.75}).

First column - DAG diet, second column – TAG diet.

Table 7. Statistical analysis of total food intake normalized to MBW by type of diet.

t-test raw data (total intake per cat normalized to MBW)

Normality Test: Passed (P = 0.191)

Equal Variance Test: Passed (P = 0.465)

Group Name	N	Missing	Mean	Std Dev	SEM
DAG	8	0	176.737	51.232	18.113
TAG	8	0	139.233	73.839	26.106

Difference 37.504

t = 1.180 with 14 degrees of freedom. (P = 0.258)

Individual daily food intakes ranged from 21 g to 116 g, and all cats ate from one or both bowls every day. One cat (ID # 04-037) consumed the highest amount of the DAG diet (MBW basis) and the least amount of TAG diet compared to the other cats, most likely indicating a palatability preference (Figure 9). Individual data also showed that there were four occasions in which zero food intake was recorded (ID # 04-037, TAG diet, 2 days; ID # 04-331, DAG diet, 2 days). Individual cat data also revealed that in some cases the amount of intake of each diet changed over time (Appendix 3). This may indicate that some cats developed a preference for one of the other diets during the study.

3. Discussion

The main purpose of this pilot study was to determine if DAG oil would be palatable to cats when added to a commercial diet. Studies have shown that cats do not accept fats and oils equally (Kane et al 1981, MacDonald et al 1985), so it was important to establish that DAG oil would not negatively influence palatability before performing further research.

The DAG and TAG vegetable oils were added to a dry-type commercial diet that was formulated to be a high-protein, low-carbohydrate diet mildly restricted in fat and appropriate for the management of diabetes mellitus in cats. The diet met the nutritional requirements for maintenance of adult cats. After the addition of the oils, the diet was approximately twice as high in fat, and moderately lower in protein and carbohydrate (Appendix 1). The energy density increased 18% from 372 to 439 kcal/100g. On a dry matter basis (DMB), the fat content of the diets after oil addition was 25%. This level has been reported in a study using purified diets, and was found to be more palatable than diets containing either 10% or 50% fat (Kane et al 1981). The safe upper limit of total dietary fat for adult cats is 33% DMB (NRC 2006).

In the study, cats were offered a choice of DAG- and TAG-containing diets in equal quantities with the position of the bowls changed randomly to minimize any effects of placement in determining food intake. Domestic lean adult cats at maintenance have a

metabolizable energy requirement of $100 \text{ kcal} \times \text{kg BW}^{0.67}$ (NRC 2006). The cats were offered a sufficient quantity of each diet so that they could meet energy needs with either diet alone. Cat #01-307 had the highest body weight (5.44 kg) and the highest requirement (311 kcal/day). The diets were supplied at a minimum of 75 g each, so with an energy density of 4.39 kcal/g, the total for each diet was 329 kcal which exceeded the requirements of each cat. Cats that ate most or all of the diet were given additional amounts on subsequent days to minimize the confounding effect of food disappearance forcing consumption of the alternate diet.

The results indicated that there was no significant difference in total food intake when the two diets were compared. The data showed that 6/8 cats ate more DAG diet while 2/8 cats ate more TAG diet (Figures 8 and 9). However, the difference was not statistically significant.

Another purpose of this study was to determine if the addition of either oil had any clinically apparent negative effects. The general health of the cats was observed and recorded daily by an experienced caretaker, and no problems were noted. Body weights did not significantly change during the trial except for a 5% weight loss in one cat (ID # 01-307). Examination of total daily food intakes in this cat showed a decrease in the second week of the study compared with the first week (234 g vs 423 g). There was no obvious reason for this reduction in intake. Fecal quality was also observed as an indicator of problems with digestibility or gastrointestinal tract function. On two occasions, the feces were scored as “3” or “4” in two cats, but subsequent scores were

“1” or “2”, which are considered normal. Based on these observations, DAG oil was considered to be safe when fed to cats for a short time period.

4. Conclusions

A pilot study was performed with eight healthy cats to determine acceptance and tolerance of dietary DAG oil as measured by food intake and general health monitoring prior to undertaking further research. A commercial diet was mixed with either DAG or TAG oil and both diets were offered to cats during a two-week feeding trial. The majority of cats preferred the DAG diet as measured by higher food intake compared with the TAG diet, but the difference was not statistically significant. All cats accepted both diets with no adverse effects noted on general health and fecal quality. One cat had an unexplained reduction in food intake and body weight in the second week of the study, but all other cats maintained healthy weights and normal diet consumption. Therefore, DAG oil was shown to be palatable and safe for use in other dietary trials.

CHAPTER 4. EFFECT OF DIETARY DIACYLGLYCEROL OIL ON HYPERTRIGLYCERIDEMIA IN LIPOPROTEIN LIPASE-DEFICIENT CATS

1. Experimental Methods

Animals

Twelve specific pathogen-free domestic shorthair male cats aged $1.5 \pm 0.1^*$ years, body weight (BW) 4.6 ± 0.2 kg were obtained from and individually housed at the Feline Nutrition and Pet Care Center, University of California, Davis. Daily exercise and socialization were provided in a group setting. Each cat was determined to be homozygous for the Gly412Arg LPL mutation by polymerase chain reaction-based mismatch analysis (Ginzinger et al 1996). Cats were given fresh food and water each morning, and remaining food from the previous day was collected and frozen for later dry matter determination. Diets and water were offered for *ad libitum* consumption. Food intakes, BW, fecal quality, and general health observations were recorded daily. Body condition scores were assigned weekly according to a 9-point integer system in which 5 is ideal and 1 is leanest and 9 is the heaviest possible body condition (Laflamme 1997). The care and housing of the cats and the experimental protocol were approved by the Institutional Animal Care and Use Committee of the University of California, Davis.

* All statistical results are reported as mean \pm the standard error of the mean (SEM)

Test oils

The evaluated DAG-rich oil was a commercially available product (Enova[®] oil, ADM-Kao LLC). A TAG oil was prepared by mixing canola, soybean, and safflower oils (Crisco[®] Pure Rapeseed and Crisco[®] Pure Vegetable Oil, J. M. Smucker Company, LouAna Pure Safflower Oil, Ventura Foods) so that the fatty acid profile was similar to that of the DAG oil (Table 8). The fatty acid compositions of the TAG and DAG oils were analyzed by extraction-methylation and gas chromatography (Sukhija, Palmquist 1988).

Diets

Two semipurified diets were formulated to meet or exceed the recommended nutrient allowances for maintenance of adult cats (NRC 2006). The diets differed only in oil source (Table 9). Diets were mixed and extruded through a meat grinder die (Hobart M-802, Hobart 4812, 1-cm die, Troy, OH, USA) to form pellets. The diets were stored frozen and thawed immediately before use.

Table 8. Acylglycerol and fatty acid compositions of the test oils.

	DAG oil	TAG oil
Acylglycerol species ¹	<i>g/100 g</i>	
Monoacylglycerol	0.6	0
Diacylglycerol	87.4	0.1
Triacylglycerol	11.0	>98.5
Fatty acid composition ²		
16:0	3.3	6.6
18:0	0.5	1.5
18:1	40.4	40.5
18:2	47.1	43.5
18:3	7.9	6.5

¹ Analyzed at Agricultural Experiment Station Chemical Laboratories, University of Missouri

² As measured from lipid extracts followed by methylation and gas chromatographic analyses as described in Experimental Methods ($n = 3$)

Table 9. Ingredient composition and macronutrient contribution to ME of treatment diets¹

	Treatment diet	
	DAG	TAG
Ingredients, g/kg (<i>as-fed basis</i>)		
Casein, High Nitrogen ²	300	300
Soy Protein Isolate ³	250	250
Corn Starch ²	200	200
Sucrose ²	91	91
DAG oil ⁴	100	0
TAG oil ⁵	0	100
Mineral mix ⁶	40	40
Vitamin mix ⁷	10	10
Choline ⁸	4	4
Arachidonic acid ⁹	3	3
Taurine ¹⁰	2	2
Water added, g/kg diet	400	400
Protein, % of ME	47	47
Fat, % of ME	25	25
Carbohydrate, % of ME	28	28
ME, MJ·kg DM ⁻¹	17.1	17.1

¹ Calculated assuming protein, carbohydrate, and fat contain 16.7, 16.7, and 37.7 MJ/kg, respectively.

² Dyets, Inc. (Bethlehem, PA)

³ Supro 661, Dyets, Inc. (Bethlehem, PA)

⁴ Enova[®] oil, ADM-Kao LLC (Decatur, IL, USA)

⁵ Crisco[®] Pure Canola and Crisco[®] Pure Vegetable Oil, J. M. Smucker Co. (Orrville, OH, USA), LouAna Pure Safflower Oil, Ventura Foods LLC (Brea, CA, USA)

⁶ NRC Cat Salt Mix, Dyets, Inc. (Bethlehem, PA, USA) Provided (g/kg diet): calcium phosphate tribasic 570, potassium phosphate 250, sodium chloride 35, potassium chloride 80, magnesium oxide 19, manganous carbonate 0.35, ferric citrate 13, zinc carbonate 2.8, cupric carbonate 0.35, potassium iodate 0.02, sodium selenite 0.01, chromium potassium sulfate 0.55, sucrose 28.92

⁷ NRC Cat Vitamin Mixture, Dyets, Inc. (Bethlehem, PA, USA) Provided (g/kg diet): thiamin HCl 0.7, riboflavin 0.5, pyridoxine HCl 0.6, niacin 4.5, calcium pantothenate 0.7, folic acid 0.09, biotin 0.01, vitamin B12 (0.1%) 2.2, vitamin A palmitate (500,000 U/g) 1.3, vitamin D3 (400,000 U/g) 0.15, vitamin E acetate (500 U/g) 10.0, menadione sodium bisulfite 0.02, myo-inositol 20, sucrose 959.23

⁸ Choline chloride, Dyets, Inc. (Bethlehem, PA, USA)

⁹ VEVDAR Crude Arachidonic Oil, DSM Food Specialties (Delft, the Netherlands)

¹⁰ Sigma Chemical Co. (St. Louis, MO, USA)

Design

Two identical dietary crossover studies were conducted approximately 6 months apart.

For each study, 6 cats were adapted to the TAG diet from a commercial dry-type

extruded diet (34% metabolizable energy [ME] fat, Whiskas® for kittens, Mars, McLean, VA, USA) for 21 d. Two days before the start of the study, a nonfasting 1-ml blood sample was collected from each cat by jugular venipuncture and submitted to a commercial laboratory (IDEXX, West Sacramento, CA, USA) for determination of serum TAG concentration. Cats were pair-matched based on serum TAG concentrations (range, 540 - 2796 mg/dl) and assigned to 2 groups of 3 cats each so that the range in serum TAG concentrations was similar between the groups. One group continued to receive the TAG diet after the adaptation period while the other group was switched to the DAG diet. After 8 days, the diets were crossed-over and presented for 8 more days with no washout period.

Samples and analyses

Nonfasting blood samples were collected by jugular venipuncture from each cat on days 6, 7, and 8 and again on days 14, 15, and 16. The samples were allowed to clot, centrifuged at $\sim 1200 \times g$ for 10 minutes, and serum separated and frozen at $-20 \text{ }^{\circ}\text{C}$ for later analysis.

Serum TAG. A commercial enzymatic-colorimetric kit (Infinity™, Thermo Electron, Pittsburgh, PA, USA) that measures glycerol after hydrolysis of acylglycerol was used to determine serum TAG concentrations. Due to the unusually high triglyceridemia, serum was diluted from 1:5 to 1:15 with normal saline (0.9% NaCl) so that assayed TAG concentrations were in the linear range of the test kit.

Serum cholesterol. Serum turbidity even after serial dilutions precluded use of colorimetric kits for cholesterol determinations. Cholesterol was determined in organic phase extract of serum by HPLC (Webb et al 1982) with minor modifications. For each assay, 50 µl of serum was mixed with 2 mL of alcoholic potassium hydroxide solution (56.1 g potassium hydroxide in 1 L ethanol) in a loosely-capped glass tube and incubated in a 75°C water bath for 30 min. After cooling, 2 mL of deionized water was added and mixed. The tube was agitated with 5 mL of hexanes for 15 min in a horizontal position then centrifuged at 200 x g for 5 minutes. A 3 mL aliquot of hexanes (upper layer) was dried under nitrogen gas at 40°C. The residue was dissolved in 0.85 mL isopropanol and 50 µl of reconstitute was injected onto an HPLC column (Microsorb 100-5 C18, 250 x 4.6 mm, Varian, Lake Forest, CA, USA). Cholesterol was eluted with an isocratic mobile phase (1:1 acetonitrile:isopropanol, 1.0 mL/min) in a peak monitored at 205 nm approximately 8.5 min after injection.

Serum NEFA. A commercial enzymatic-colorimetric kit (Wako Diagnostics, Richmond, VA, USA) was used to determine serum NEFA concentration. Prior to analysis, samples were centrifuged at 13,000 x g for 10 minutes at 4 °C. The infranatant (serum separated from the lipid layer) was used in the assay to avoid interference from sample turbidity.

Diet samples. Food intake of each cat was determined from the daily difference in dry matter mass of food offered and food remaining. For this, frozen (-15°C) samples of presented diet and uneaten diet samples were collected each day. Samples were dried in a convection oven at 110°C for 48 hours and weighed to determine the dry matter. Each

batch of diet was assayed for fatty acid composition by extraction-methylation and gas chromatography (Sukhija, Palmquist 1988).

Statistical analysis

Results are expressed as means and their standard errors. Paired *t*-tests and one-way repeated-measures ANOVA with Bonferroni adjustment for multiple comparisons were used to evaluate the effect of diet type and diet presentation sequence on mean serum concentrations of TAG, cholesterol, and NEFA. The relationship between food intake and serum biochemical variables was evaluated by calculating Pearson correlation coefficients. Differences were considered significant at $P < 0.05$. Statistical analysis was performed with SPSS version 16.0 (SPSS Inc., Chicago, IL, USA) and SigmaStat version 3.5 (Systat Inc., San Jose, CA, USA).

2. Results

One cat was found to have normal serum TAG concentrations (pooled mean, 186 ± 15 mg/dl). Repeat analysis for occurrence of the Gly412Arg mutation in this cat revealed normal LPL alleles. Therefore, all observations from this cat were excluded from further analysis.

Body weights and general health

All cats accepted the semipurified diet during the acclimation period and the study periods. Body weights and body condition scores were maintained throughout the trial. Soft stool but not diarrhea was noted in 3 cats on 9 occasions; 6 while eating the DAG diet and 3 while eating the TAG diet.

Serum TAG, Cholesterol, and NEFA

Serum TAG concentrations varied by more than 400% among the cats (Figure 10). In contrast, within each cat, serum TAG concentrations were substantially less variable. The mean coefficient of variation (standard deviation/mean X 100) of TAG concentrations within cats during the TAG diet periods was only $23 \pm 20\%$ and during the DAG diet periods was only $19 \pm 13\%$.

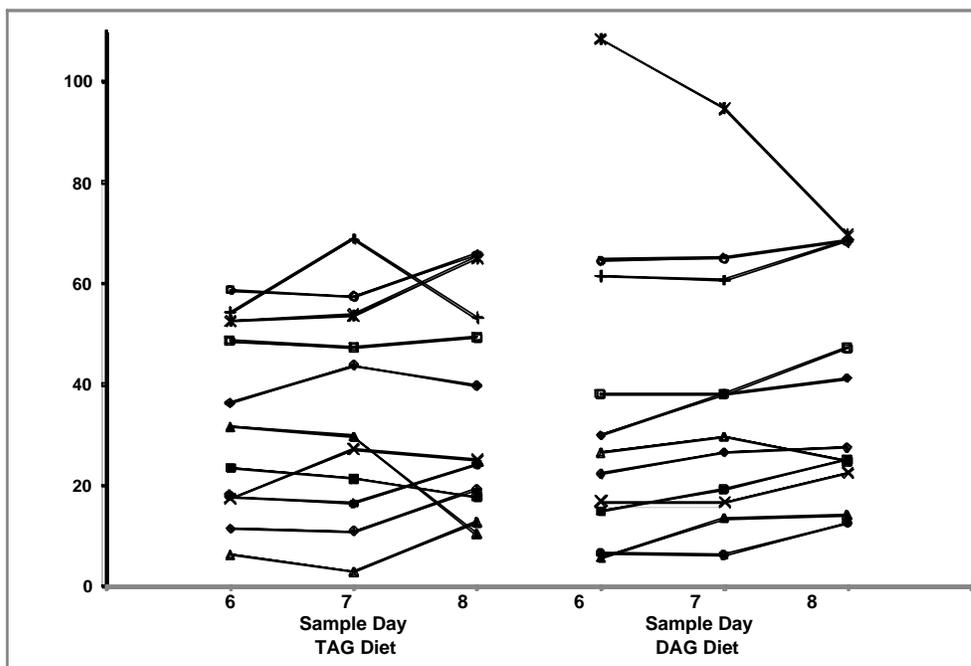


Figure 10. Serum TAG concentration in LPL-deficient cats given diet with DAG and TAG vegetable oils as fat sources. Marker and connecting lines indicate observations common to each cat.

There was no significant effect of sampling day on serum TAG, cholesterol, and NEFA concentrations. Therefore, mean concentrations were determined for each dietary period for each cat and these means were used for evaluation of the effect of diet.

Serum TAG concentrations were reduced when cats received the TAG diet compared with the DAG diet but the difference was not significant ($P = 0.47$) (Table 10). The diets had no significant effect on serum cholesterol and NEFA concentrations ($P = 0.81, 0.62$). The order of diet presentation had no significant effect on serum TAG, cholesterol, and NEFA concentrations (Table 11).

Table 10. Serum TAG, cholesterol, and NEFA concentrations in LPL-deficient cats when given diets with TAG or DAG vegetable oils as fat sources (eleven cats)

(Mean values with their standard errors)

	DAG	TAG	<i>P</i> -VALUE
TAG (mg/dl)	3282 ± 400	3001 ± 302	0.47
Cholesterol (mg/dl)	186 ± 11.2	184 ± 9.3	0.81
NEFA (mmol/L)	1.36 ± 0.18	1.39 ± 0.18	0.62

Table 11. Serum concentrations of TAG, cholesterol, and NEFA by diet sequence (six cats for DAG/TAG column, five cats for TAG/DAG column)

(Mean values with their standard errors)

	DAG/TAG	TAG/DAG	<i>P</i> -VALUE
TAG (mmol/L)	3165 ± 291	3121 ± 391	0.53
Cholesterol (mmol/L)	186 ± 8.9	184 ± 10.8	0.16
NEFA (mmol/L)	1.42 ± 0.18	1.33 ± 0.17	0.67

To evaluate the effect of amount of food intake on the serum measurements, the significance of correlations between food intake and serum concentrations of TAG, cholesterol, and NEFA were determined. For this analysis, food intake was calculated as the mean daily DM intake over the 8-day period of diet presentation and corresponding serum concentrations were calculated as the means of TAG, cholesterol, and NEFA from the 3 sampling days of each diet period. No significant correlations were found between food intake and serum concentrations of TAG, cholesterol, and NEFA when either diet was fed ($P > 0.33$).

3. Discussion

The semipurified diets presently used contained either TAG or DAG oil as the sole fat source. The diets were well-accepted by all cats as indicated by food intake observations. Intake of the diets on an ME basis (Table 12) was higher than the reported requirement for lean cats at maintenance, $100 \text{ kcal} \times \text{kg BW}^{0.67}$ (NRC 2006). The DAG oil appeared well tolerated because BW, fecal quality, and overall health when the DAG oil diet was presented were not different from observations when the TAG oil diet was presented. Based on these findings, we conclude that DAG oil is palatable for cats and is suitable for inclusion in a complete and balanced feline diet. Long-term feeding studies of DAG-enriched diets are needed to verify nutritional adequacy.

Table 12. Daily food intakes by diet and intakes normalized to metabolic BW (eleven cats)

(Mean values with their standard errors)

	DAG	TAG	P-VALUE
Food intake (g) ¹	79.8 ± 2.5	78.5 ± 2.4	0.71
Food intake (kcal/kg BW ^{0.67}) ²	117 ± 3.8	116 ± 3.4	0.82

¹ Dry matter basis, per day

² ME, metabolic body weight basis, per day

There is normally a wide variation in circulating TAG concentrations among homozygous LPL-deficient cats (Ginzinger et al 1999, Kanchuk et al 2003, Veltri et al 2006). This was confirmed by a more than 400% range in serum TAG concentrations observed in the present study (Figure 10). Because of the great between-individual variance, we elected to evaluate dietary treatment effects with a crossover design and balance grouping for order of diet presentation by preliminary serum TAG concentrations. We observed that TAG concentrations were relatively stable within individuals even with sampling during *ad libitum* food intake. The stability in serum TAG concentrations probably reflects inconsequential impact of meals. Serum TAG is very slowly cleared in LPL-deficient cats (Ginzinger et al 1999), and TAG formed from the 11-20 meals/d typically consumed by cats (Kane et al 1987) probably contributes only a small fraction to the large pool of circulating TAG in LPL-deficient cats.

The cause for the large and consistent between individual differences in serum TAG concentrations was not apparent. Serum TAG concentrations did not appear to reflect the amount of dietary fat consumed because the TAG concentrations were not significantly correlated with food intake. Activity of secondary mechanisms of TAG removal, perhaps involving hepatic lipase (Demacker et al 1988), endothelial lipase (Jaye, Krawiec 2004), or receptor-mediated transport (Goudriaan et al 2004) might underlie individual differences in serum TAG concentrations. These secondary mechanisms would appear especially effective in cats. Normalization of triglyceridemia in LPL deficiency after an oral fat challenge occurs more rapidly in cats (~24 h) (Ginzinger et al 1999) than in humans (> 40 h) (Sprecher et al 1991).

We did not observe lower mean serum TAG concentrations in cats receiving the DAG diet compared with the TAG diet (Table 3). Therefore, our observations do not support the hypothesis that substitution of DAG oil as the sole source of dietary fat reduces serum TAG concentrations in this animal model. Although dietary DAG oil did not appear to be harmful in LPL-deficient cats, we did not find evidence of a benefit. It is noteworthy that our findings may not reflect responses of humans with LPL deficiency. Metabolism of DAG oil in cats may importantly deviate from that in humans.

A simple explanation for a lack of effect of DAG oil is that the ability of the oil to lower triglycerides may depend on the presence of functional LPL. Chylomicrons generated by the metabolism and absorption of DAG are reported to be more efficiently hydrolyzed compared with those generated by dietary TAG oil (Yasunaga et al 2007, Reyes et al 2008). The LPL-deficient cats studied are devoid of LPL catalytic activity and do not produce an immunoreactive mutant protein (Ginzinger et al 1996). Other enzymes such as hepatic lipase and endothelial lipase may be principally responsible for chylomicron hydrolysis in LPL-deficient cats (Veltri et al 2006). Activities of these enzymes in removal of chylomicrons may be little affected by dietary fat source. A non-catalytic function of LPL may mediate the beneficial effect of dietary DAG oil. Dietary fat substitution with DAG oil was recently reported to reduce triglyceridemia in a human patient with apolipoprotein C-II deficiency (Yanai et al 2007a). Though not catalytically active, LPL was present in the patient.

Cats have many similarities to humans with respect to lipid metabolism including abundant and separable HDL2 and HDL3 subfractions (Chapman 1980, Demacker et al 1987). Serum cholesterol was presently measured as indicator of potential effects of DAG oil on cholesterol-rich lipoproteins. Serum cholesterol concentrations were not significantly affected by the dietary fat source (Table 3). This observation is consistent with other human and animal studies in that total cholesterol concentrations remain unchanged by dietary DAG oil, with few exceptions in which serum cholesterol was lowered (Taguchi et al 2000, Murase et al 2001, Umeda et al 2006, Fujii et al 2007).

Although DAG oil fatty acids are reputedly absorbed principally as NEFA (Rudkowska et al 2005), the jugular venous serum NEFA concentrations presently observed were unaffected by dietary DAG (Table 3). This observation is also consistent with previous reports (Taguchi et al 2000, Yasunaga et al 2004, Tada et al 2005). However, in some studies serum NEFA concentrations were higher with DAG oil compared with TAG oil (Kamphuis et al 2003, Sugimoto et al 2003). LPL-deficient compared to normal cats tend to have higher NEFA concentrations when food is continuously present, while in normal cats NEFA levels are higher when food is withheld (Veltri et al 2006). In the present study, diets were not withheld at any time and NEFA fluctuated within a narrow range of concentrations.

The study was designed to evaluate short-term effects of DAG oil on serum TAG concentrations. Food was continuously presented, and there was no attempt to collect fasting or postprandial blood samples. In a previous report of LPL-deficient cats, plasma

TAG concentrations after an oral fat load increased 10-fold (from 86 mg/dl to 828 mg/dl) and peaked at 7 hours compared with a 2-fold increase and 3-hour peak in normal cats (Ginzinger et al 1999). Further studies are needed to determine if DAG oil has the potential to reduce postprandial TAG concentrations or increase the rate of clearance in LPL-deficient cats.

4. Conclusions

In summary, our results show that cats voluntarily consume and tolerate diets prepared with DAG oil at 10% dry matter weight and 25% metabolizable energy for short time periods. Our results also show that the marked hypertriglyceridemia seen with LPL deficiency is unchanged by substitution of TAG with DAG oil. Our finding of a lack of effect of DAG oil on triglyceridemia is not without precedent. Lowering of triglyceridemia in normal animals is not consistently reported. Nevertheless, the lack of effect on triglyceridemia that we observed may be unique to the LPL deficiency model studied, or it may be a consequence of a unique attribute of the fatty acid metabolism of cats. Future studies of dietary applications of DAG oil in LPL-deficient and normal cats are warranted. These should include evaluation of postprandial effects on lipid profiles and long-term studies on DAG effects on energy metabolism, obesity prevention and treatment, and disorders such as insulin resistance and diabetes mellitus, which are observed in cats.

APPENDIX 1

Nutrient composition of test diets

Base diet: Royal Canin Veterinary Diet™ feline Diabetic DS 44™

	<u>Typical Analysis</u>	<u>Dry Matter Analysis</u>	<u>Energy Basis Analysis</u>
Protein	46.0%	49.5%	46.5%
Fat	12.0%	12.9%	29.4%
Carbohydrate	23.8%	25.6%	24.1%

Base diet with added DAG or TAG oil (15 g oil added per 100 g diet)

	<u>Typical Analysis</u>	<u>Dry Matter Analysis</u>	<u>Energy Basis Analysis</u>
Protein	40.0%	42.6%	34.0%
Fat	23.5%	25.0%	48.4%
Carbohydrate	20.7%	22.0%	17.6%

Energy density: Base diet, 372 kcal/100 g. Base diet with added oil, 439 kcal/100 g.

APPENDIX 2. Palatability study datasheet

CAT # _____

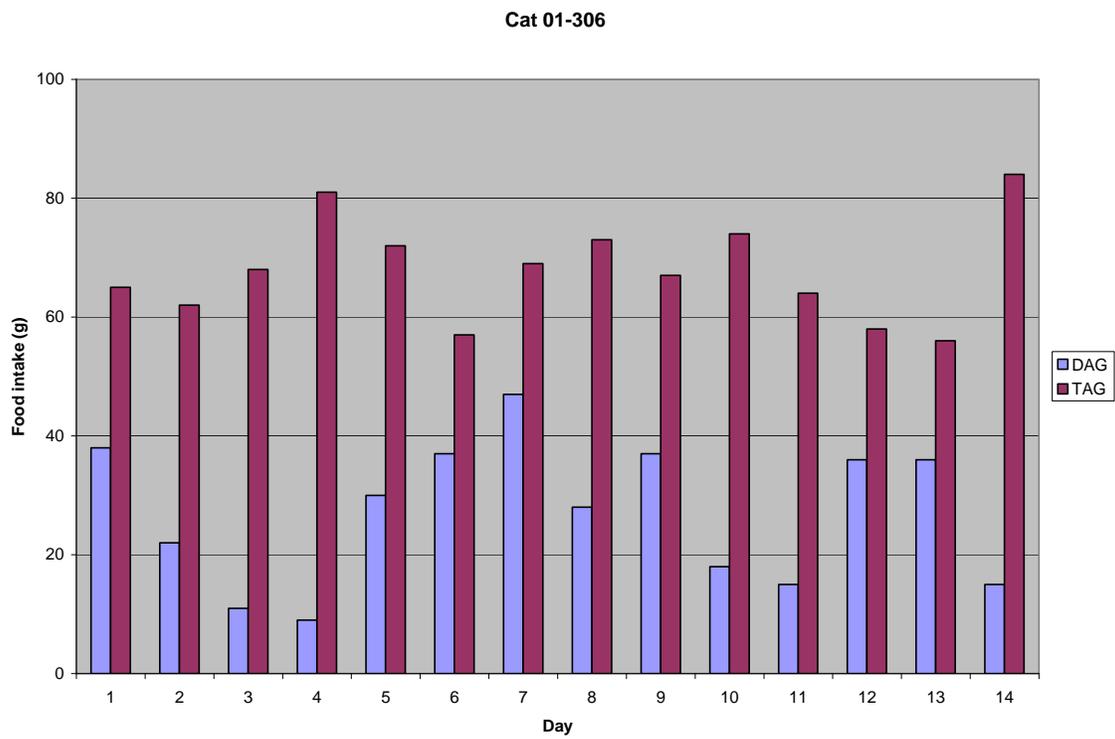
Body weight (kg) morning: Day 0 _____ Day 7 _____ Day 14 _____

Days -5 to -1: 50:50 mixture

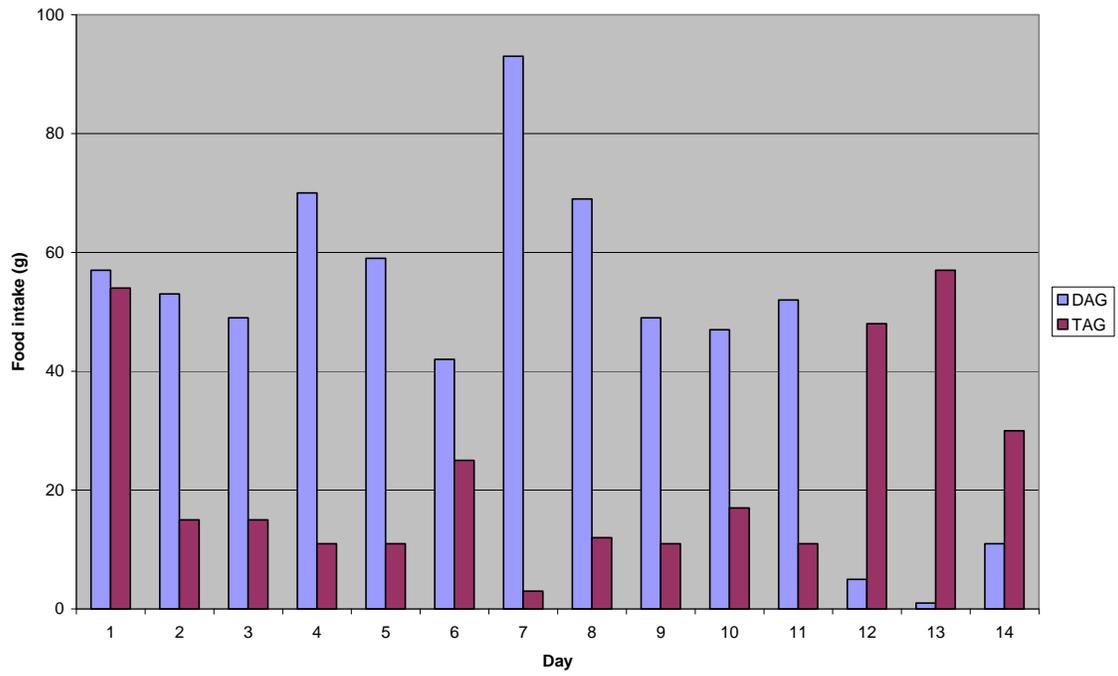
DAY	BOWL ORDER	BOWL A WT IN (g)	BOWL A WT OUT (g)	BOWL B WT IN (g)	BOWL B WT OUT (g)	NOTES (fecal score)
-5	N/A		xxx		xxx	
-4	N/A					
-3	N/A					
-2	N/A					
-1	N/A					
0	B-A					
1	A-B					
2	A-B					
3	A-B					
4	B-A					
5	B-A					
6	A-B					
7	B-A					
8	A-B					
9	A-B					
10	B-A					
11	B-A					
12	B-A					
13	A-B					
14	xxx	xxx		xxx		

Days 0 to 13: Diet A and Diet B

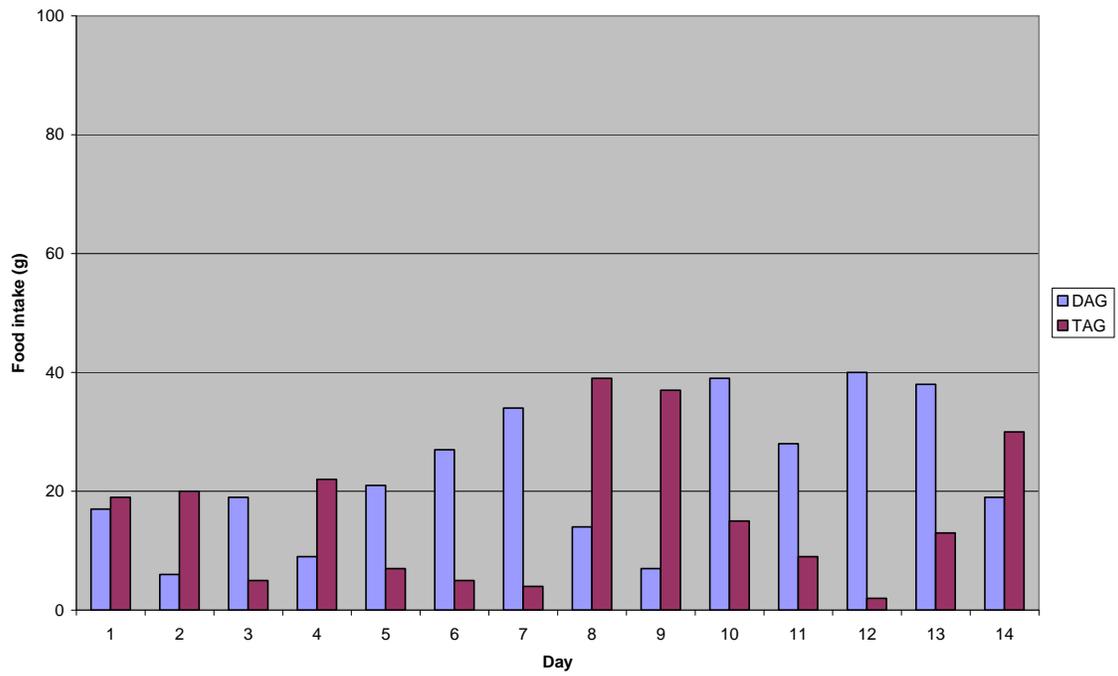
APPENDIX 3. Daily food intakes for individual cats. First column – DAG diet, second column – TAG diet.



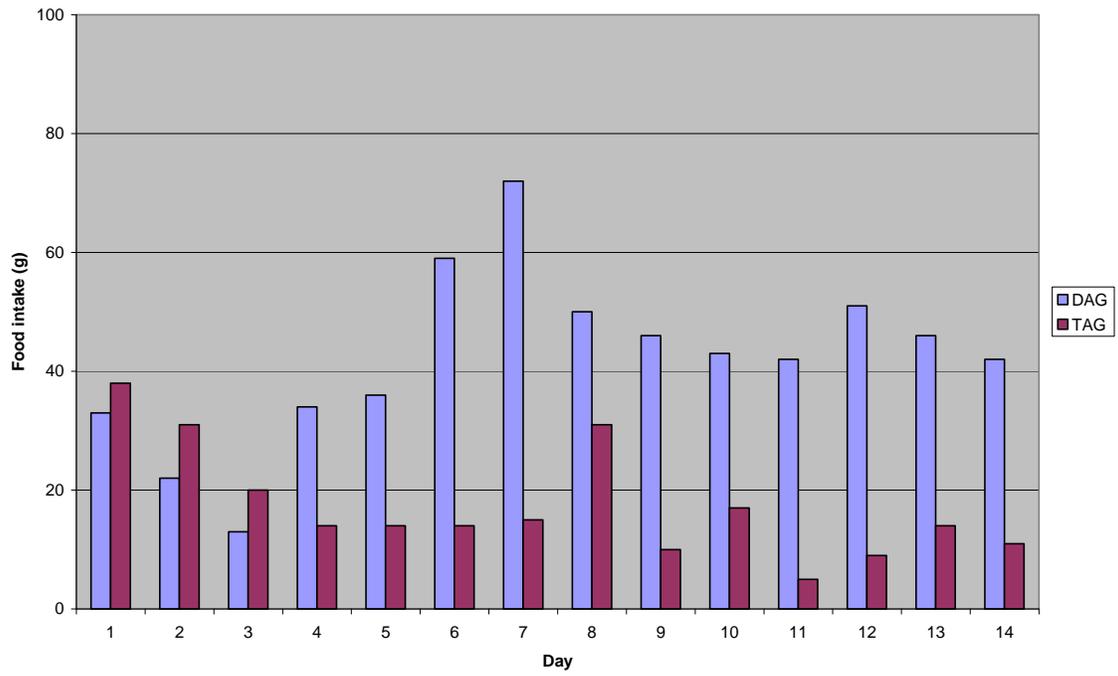
Cat 01-307



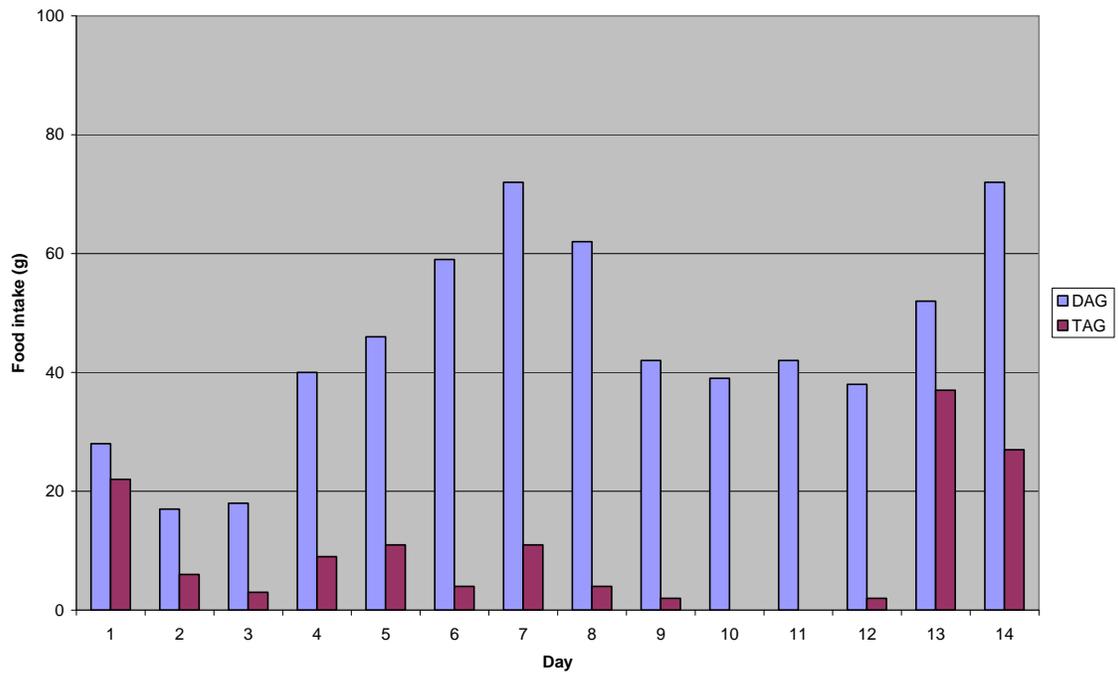
Cat 02-103



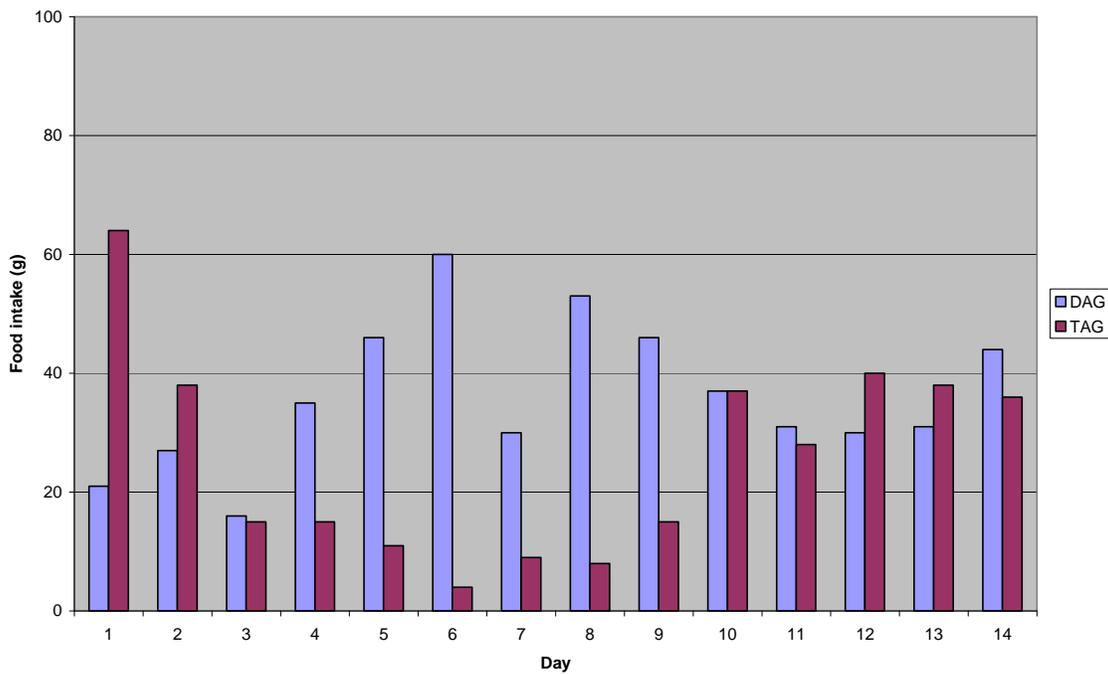
Cat 02-254



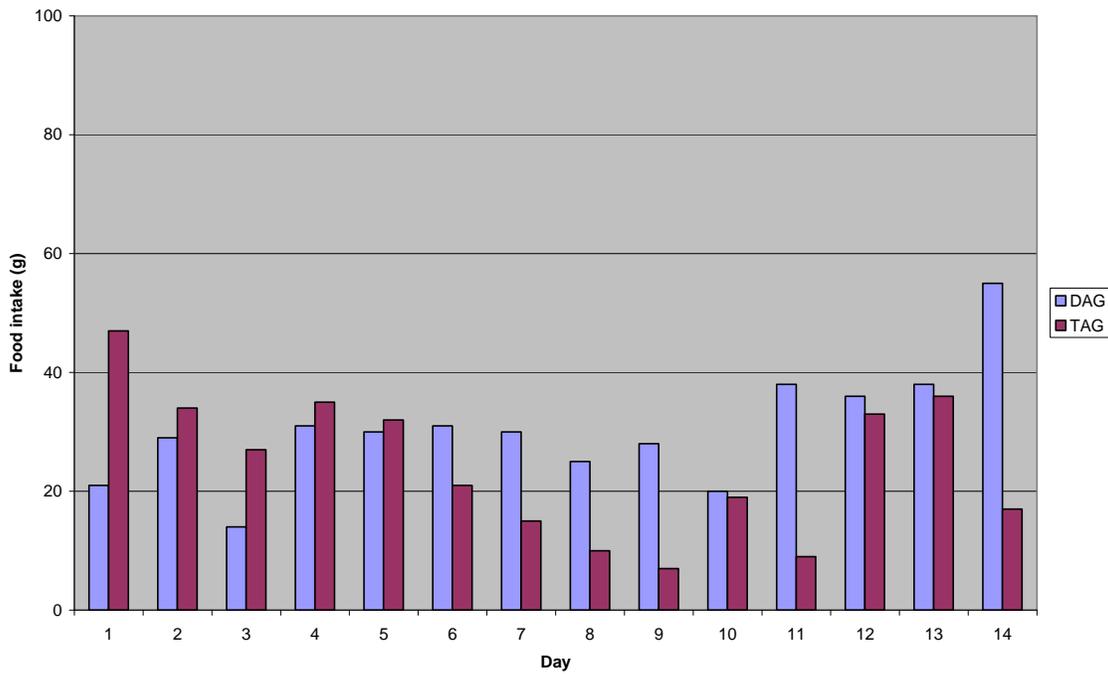
Cat 04-037



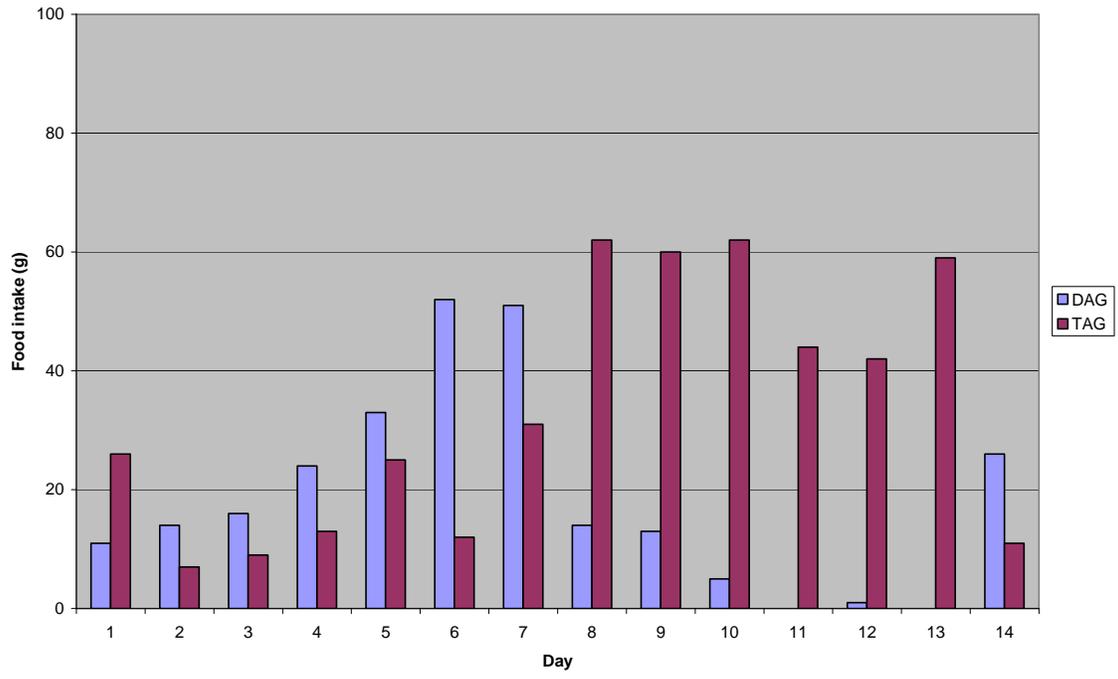
Cat 04-160



Cat 04-227



Cat 04-331



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