Monday, October 24, 2016

Say hello to the sun and a high of 67 degrees! If you have a morning class, pack a jacket: This Monday will start out a little chilly at 46 degrees.

**Daily Roundup**

**MSA looks into Tiger Plan**

Campus Dining Services introduced the Tiger Plan this year, but it was met with criticism about how little of a discount it actually gives students. In a meeting Tuesday, MSA discussed the association’s response to complaints about the plan. Also during the meeting, senators decided upon a main course of action: meet with CDS to talk about the problems, including meeting with CDS to discuss how the plan is advertised. MSA also hopes to educate students about the true cost breakdown of the plan through advertisements on KCOU, MUTV and social media.

“I think we can all agree that the advertising on the Tiger Plan is misleading at best and deceptive at worst,” Senate Speaker Mark McDaniel said.

**Mizzou volleyball holds perfect SEC record**

The Mizzou Tigers beat the Kentucky Wildcats on Sunday in a nail-biting, five-game match. Mizzou’s win against the Wildcats extended their streak to 13 consecutive wins, and they remain undefeated in the Southeastern Conference. Four different Tiger volleyball players ended the game with over 10 kills, four had double-digit digs, and five had more than 10 points. Sophomore Emily Thater, middle blocker for the Tigers, earned a career high of 14 kills.

“We really want to show we are one of those great teams,” Thater said. “We are no longer the underdogs, and we want other people to respect that.”
**Column: Don’t pass up the present by worrying about the future**

“Living in today’s society, we tend to want to rush everything we do. At the start of every semester, we count down the days until winter or summer break. We wake up on Monday morning and immediately can’t wait for it to be Friday.

“We need to begin to slow things down and appreciate the present. The present only happens once, and if we are continuously looking to the future, we are going to miss the awesome things right in front of our face.”

Read full Column [here](#).

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**What MOVE recommends...**

For a [quick and easy](#) breakfast recipe that will actually fill you up, try:

Coconut Chocolate Overnight Oats

Ingredients for one serving in a Mason jar:

- 1/4 cup unsweetened coconut flakes
- 1/2 cup unsweetened vanilla almond milk
- Handful of chia seeds
- 1/2 cup rolled oats
- Small handful of dark chocolate chips
- 1 tablespoon of vanilla extract
- 2 tablespoons of honey

*all ingredients can be adjusted based on desired consistency

Directions:
Add all of the ingredients into a Mason jar and mix together. Store in the fridge overnight, eat in the morning and enjoy!

**#FoodwithMOVE:** T-Ravs will be served in two separate locations this week on the same day. Check out either Rollins or The Mark on 5th Street for a T-Rav lunch Wednesday.
Recap: The Cubs beat the Dodgers 5-0 in Game 6 and are heading to the World Series for the first time in 71 years! It’s been 108 years since the Cubbies have won a Series, so this is a long time coming for the “most loyal fans in baseball.”

What to Watch: No baseball tonight, but prepare for tomorrow! Watch the Cubs and the Indians in Game 1 on Tuesday night at 7:08 p.m. on Fox.

What to Do Today

- Pumpkin Pick-up for Spooktacular, 11 a.m. to 1 p.m. @ Lloyd’s Pumpkin Patch
- Student Health Center’s Noon Meditation, 12:15-12:45 p.m. @ Contemplative Practice Center

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Tuesday, October 25, 2016

It’s hard to believe that it’s almost November with this weather! Today will be relatively warm with a high of 70 degrees and a low of 58.

Daily Roundup

New bathroom signs for single-occupancy bathrooms face delays due to limited staffing

Last January, MSA resolved to change gendered and “unisex” signs on all single-occupancy bathrooms to signs that read “bathroom.” According to Campus Operations spokeswoman Karlan Seville, Campus Facilities will be putting the signs up as the funds come in to make and install them. Seville said that designated priority buildings will have installed all of their signs by the end of the week.

Student council provide leadership opportunities to students in all MU colleges

All 15 schools and colleges within MU have either a student council or advisory organization. The councils create events that focus on helping students reach goals within their specific programs and receive funding from the Student Activities Fee. While there are some advisers who are faculty or staff at the college, the council functions mainly outside of MSA, according to Chrysa Cousley, president of the Trulaske College of Business student council.

In music today...
Two music stars hit big milestones yesterday: Drake turned 30 and Taylor Swift celebrated the 10th anniversary of her debut album’s release.

As a gift to his fans, Drake released three new songs and announced a new project called “More Life,” which is set to drop in December. One of the songs, "Two Birds, One Stone," takes shots at Kid Cudi, who called Drake out earlier in the year on Twitter. As for “More Life,” Drake describes the project as “a collection of songs that become the soundtrack to your life.”

Taylor Swift, on the other hand, is staying true to her statement about taking a break after the 1989 World Tour. Despite speculation, Swift has not released any surprise singles or albums after her only performance of the year on Saturday in Austin, Texas. Here’s hoping she doesn’t pull a Frank Ocean.

**Sports**

**Recap:** The Broncos won 27-9 against the Texans last night. The Blackhawks lost 3-2 against the Flames in a shootout.

**What to Watch:** Game 1 of the World Series is tonight at 7:08 p.m., and the stakes are high. This is the first time for the Cubs at the World Series since 1945. The Indians haven’t won a World Series since 1948, and the Cubs haven’t won since 1908.

**Feature of the Day**

*Missouri volleyball coaches bring family atmosphere from home to court*
Wayne and Susan Kreklow don’t call going to work “a job.” They don’t even call it an obligation, or something they necessarily have to do.

Being Missouri volleyball coaches is just their life, and they’re perfectly fine with it.

“It’s just something we’ve always done,” Wayne, the head coach, said. “It’s become so intertwined with who we are and who our family is. You get to a point where you don’t even know anything else. I wouldn’t have it any other way.”

Read more here.

What to Do Today

- **Makerspace Nights**, 3-5 p.m. @ the Craft Studio, N12 Memorial Union
- **MU Improv: Spooky-prov**, 9-10 p.m. @ The Shack
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Wednesday, October 26, 2016

Thunderstorms will be hanging around in the morning but should clear up by 1 p.m. Temperatures will reach a high of 70 degrees and a low of 48.

Daily Roundup

Cubs lose 6-0 against the Indians in Game 1 of the World Series

The Indians started the game by securing two runs in the first inning, and their scoring streak continued throughout the night. With a solo home run in the fourth and a three-run homer in the eighth, both from catcher Roberto Perez, the Indians secured their shutout. Starting pitcher Corey Kluber was a key defensive player for Cleveland, pitching six scoreless innings, striking out nine Cubs and walking none.

Column: This is what Cubs fans have been waiting for

Columnist Adam Reckamp talks about his experience as a lifelong Cubs fan and what their NLCS win means to him:

“Being a Cubs fan is an entirely unique fan experience. Not only is their institutional history of losing more rich than any other, but there is also a surprising amount of optimism in the fan base, epitomized by the mantra, ‘Wait ‘til next year.’ Unlike many fans of horrible teams, Cubs fans, for whatever reason, manage to stay positive. But this isn't always a positive trait.”

Read more here.
To Do Today

Stephens College sorority preps for 11th annual Haunted Tour

Most sororities host mac and cheese dinners and midnight breakfasts to raise money for their philanthropy. A sorority at Stephens College does something a bit spookier.

The Sigma Sigma Sigma sorority at Stephens College hosts their Haunted Tour every October, taking anyone willing to face their fears to spots on campus where hauntings supposedly occurred. The college is one of the oldest places in Columbia, and its history includes a psychiatric ward and interactions with Civil War soldiers, so there is a strong foundation for spooky stories.

Stephens junior Alexa Ochoa has been a tour guide for all three years she’s attended the school.

“Even having to go through it for two years, I still get scared,” Ochoa said. “It’s still scary, I still jump. So it’s definitely worth going to. We actually had last year a couple people who were almost in tears and we had to walk them back to the beginning.”

The Haunted Tour is the sorority’s philanthropy event, so all proceeds raised go to Tri Sigma’s two philanthropies, the Robbie Paige Memorial Fund and March of Dimes. Tickets can be bought in advance on the Stephens campus, from a member of Tri Sigma for $5 or at the door for $7. The tour will run for today only.

Read the full story here.

Story by Katherine White

What MOVE recommends...

Yesterday, Netflix finally gave Gilmore Girls fans what they’ve been waiting for: a trailer for the upcoming
revival series, aptly named “A Year in the Life.” There are glimpses of Rory’s vagabond lifestyle, Lorelai and Luke’s (hopefully) happy ending, Emily’s life after the loss of Richard and even a famous town meeting. The trailer welcomes fans back to Stars Hollow and makes it feel like it hasn’t really been that long since we last saw the Gilmoses on our screens. Watch the trailer here.

Recap:

The Blues lost to the Flames 4-1 in NHL action last night.

The Cavaliers rolled over the Knicks 117-88 in the first game of the NBA season, in which they received their championship rings. The Spurs won 129-100 against the Warriors in Kevin Durant’s first game in a Golden State jersey.

What to Watch:

Game 2 of the World Series between the Cubs and the Indians will be at 6:08 p.m. The Indians lead the series 1-0.

In NBA action on ESPN, catch the new-look Thunder against the Sixers at 7 p.m. and the Rockets vs. Lakers at 9 p.m.

What to Do Today

- SPOOKTACULAR, 7-11 p.m. @ Student Center
- FREE Wednesday Film: The Infiltrator, 8-10 p.m. @ Wrench Auditorium, Memorial Union
Compiled by Regina Anderson

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Thursday, October 27, 2016

This Thursday starts out a little chilly with a low of 47, but it won’t get much warmer. Today’s temps peak at 66 degrees. So grab a hoodie, because it’s feeling more and more like fall.

Daily Roundup

New labor law will narrow schedules of hall coordinators

An update to the Fair Labor Standards Act is changing how employees are paid overtime. This will affect how and when residence hall coordinators can do their jobs, and it will move their job status from exempt to nonexempt. The change to nonexempt employees will keep the hall coordinators from working more than 40 hours a week without overtime. This means that only hall coordinators on duty after hours will be able to respond to emergencies. Along with hall coordinators, approximately 700 employees are transitioning to a nonexempt status.

Faculty Council suggests loosening free speech restrictions

Faculty Council wants to broaden free speech policies on campus, and the council proposed policy revisions to make that happen last week. One revision suggestion would allow distribution of written materials
without approval from the university's administrative services as long as they do not advertise alcohol or imply connection with MU. The next revision would be to remove a line from the manual that said, when approached by reporters, MU employees should contact the MU News Bureau. These changes still need to be approved by the Board of Curators to take effect, though.

Task force tackles downtown parking
With parking still being a major concern in downtown Columbia and the housing freeze set to end this December, Second Ward councilman and co-chairman of the city's parking task force Michael Trapp said the group aims to provide recommendations about improving parking infrastructure. The task force's main focus is the adequacy of downtown parking.

“What I think we need to do is separate out parking from housing,” Trapp said. “You shouldn’t have to buy them as a set.”

What MOVE recommends...

Host your own Halloween party with help from MOVE Magazine. MOVE tells us Halloween newbies how to throw the most ghoul-worthy party this spook-tacular time of year. Start off the night with some of your closest friends, and boogie down to the best beats of Halloween night. More importantly, make sure you have enough seats, enough plates and cups, and the right varieties of food.

Sports

Recap: The Cubs beat the Indians 5-1 in Game 2 of the World Series. The series is now tied at 1-1.

What to Watch: Game 3 of the World Series isn't until Friday, but catch Celtics and the Bulls on TNT at 7 p.m.

What to Do Today

- [Halloween Party](#) — Pumpkin Carving Festival, 4-6 p.m. @ N201 Memorial Union
- [Halloween Makeup Workshop](#), 3-5 p.m. @ N12 Memorial Union
- [Jazz Combos at the Shack](#), 7-8:30 p.m. @ The Shack
- [Leslie Jones](#), 7-9:30 p.m. @ Jesse Auditorium
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Friday, October 28, 2016

If you were a little cold yesterday, then you're in luck today. The heat is back with a high of 81 degrees and a low of 63. It's a great start to Halloween weekend.

Daily Roundup

**MSA is creating a committee to try and increase representation from different colleges in the Senate**

Fifty seats in the MSA Senate are elected by academic college and are allotted based on enrollment data of each college from the previous school year. This fall, 20 of these seats are open, many because no one decided to run for them. Legislative Chief of Staff Bridget Everson is creating a committee for recruitment and retention made up of people from all branches of MSA. The Sinclair School of Nursing, College of Education and College of Agriculture, Food and Natural Resources currently have no senators. Current senators will be tabling in Speakers Circle with senator applications during Food Truck Fridays in upcoming weeks.

**Mizzou volleyball loses its first SEC game of the season**

Mizzou volleyball’s 13-game SEC winning streak was broken in a 3-1 loss to Texas A&M. Mizzou won the first set, but struggled through the last three. Troubles with errors and consistency with both defense and offense lead to Texas A&M’s victory. Missouri will return to Hearnes Center this Sunday to play Mississippi State in another SEC matchup. The game will begin at 1:30 p.m.

Feature of the Day

*Inside the legends of Jesse Hall*
The history-filled Jesse Hall dome holds secrets even the oldest graduates are unaware of. Its arching form is visible from almost any point on campus, and Jesse Hall itself is MU's most recognizable building.

Jesse's building coordinator and self-professed “keeper of the dome,” John Murray, has monitored the hall and the dome for many years. While one of MU's seven unofficial traditions is to climb to the top of Jesse, Murray said he has never heard of anyone actually doing it. But he has seen evidence of people making their way up there.

“There is, on the north side of the dome right at the base — it’s been a year or more since I’ve been up there — but there used to be several pennies glued to the dome with years on them,” Murray said. “My take was that someone, the same someone or groups of someone … would glue the penny to the dome representing the year that they were up there.”

Read more here.

What MOVE recommends...

Another social media platform bites the dust. Twitter announced yesterday they were shutting down Vine, the short-form video app and website that launched stars like Shawn Mendes and King Bach. The announcement, of course, brought people all across the internet together to revisit some of the best vines of all time. Ironically, people are posting them on Twitter with the hashtag “#RIPvine.” Click here to scroll through and relive the best six-second memories from the past three years.
Recap: The Redwings won in a shootout against the Blues 2-1. The Jaguars lost to the Titans 36-22. The Bulls won against the Celtics 105-99 in their season opener.

What to Watch: Game 3 of the World Series is at Wrigley Field in Chicago at 7:08 p.m. The series is currently tied 1-1 between the Indians and the Cubs. Mizzou football plays against the University of Kentucky at 11 a.m. Saturday.

What to Do Today

- [Howl-O-Ween](#), 5-7 p.m. @ Kuhlman Court
- [$1 Weekend Film: Purge-Election Year](#), 7-9 p.m. @ Wrench Auditorium, Memorial Union
- [John Mellencamp](#), 7:30-10:30 p.m. @ Jesse Auditorium
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FedEx semi-truck crashes into Olive Garden (and on National Breadstick Day, no less)

By George Roberson
Say goodbye to the only Olive Garden in town, but only for a little while. The Garden on I-70 was hit Friday morning by a FedEx semi-truck that then caught fire. Fortunately, no one was hurt, and the Olive Garden should open within the next couple of days.

If you had a reservation at Olive Garden this weekend but decided to cancel it because you don’t want to get hit by a FedEx truck while eating dinner, here are two better chain options on the same road:

In the very next parking lot to the west, there’s **Cheddar’s Scratch Kitchen**. Cheddar’s calls itself “American comfort food with a Texas twist,” and if you don’t think everything deserves a little Texas twist, then you deserve to have to eat at Olive Garden. Anything there is better than Olive Garden. The cinnamon rolls and honey buns are miles ahead of the breadsticks, and I guarantee any of the chicken or pasta dishes will be less salty than the food at Olive Garden.

A bit down the block is **Red Lobster**, known for its cheddar bay biscuits. You think the mediocre salad at Olive Garden is good? You poor soul. Give Red Lobster a spin even if you don’t really like seafood. The endless shrimp is particularly useless, though, but the lobster pizza really hits the spot.

And if you insist on eating something as bad or worse than Olive Garden, there’s always Applebee’s and Denny’s on I-70 and Stadium Boulevard. Happy eating!

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**If you like books:** Tonight at 7, renowned comedy writer David Sedaris will be speaking at Missouri Theatre. Sedaris’s sharp wit provides a scathing look at society. He has penned popular books like *Me Talk Pretty One Day*, and *Let’s Explore Diabetes with Owls*. Tickets are $40 at Missouri Theatre Box Office.

**If you like dancing:** Rock your best 80s or 90s costume at The Blue Note’s Halloween costume ball tonight at 8 p.m. DJs Requiem and Jen Ha will play the best of the two decades, and a themed costume contest will take place at midnight.
with two categories: 80s/90s TV or movie character and 80s/90s music icon. However, any and all costumes are welcome. General admission is $5.

**If you like movies:** Carrie, the cult classic horror movie, is playing at Ragtag Cinema tonight at 7:30 p.m. and Sunday at 4:30 p.m. The film is about a friendless 17-year-old girl who is sheltered by her mother. After she is humiliated by her classmates on senior prom, she unleashes her telekinetic powers.

**If you like good movies:** To impress your friends, go for a deep cut instead of a tried-and-true Halloween flick. *The Invasion of the Body Snatchers* (1956) is the perfect mix of tension, campiness and somehow-terrifying pot-sticker-looking cocoons that might ruin our species. It’s definitely a metaphor for Communism, but it’s also perfect for Halloweekend.

Other great Halloween movies include *The Cellar Door, The Entity* and *Tideland*.

**If you like cooking:** Try [this mini baked apple pie recipe](#). Perfect for this 80-degree fall, its size will prevent the mess that comes with normal apple pie, and that mini lattice action going on on top is certainly worthy of a Food Network competition show.

**If you like wine:** Pair a sweet wine, probably a Sauternes or a Bordeaux, with your tiny apple pies. Nothing says relaxing Halloweekend like baking and a dessert wine, right?
This week, Sex Edna tackles pregnancy scares. She says that pregnancy scares are normal and common and that there are always resources behind you if the pregnancy scare happens to be a little more than a scare.

"If you have ever been sexually active, you might know the terrifying feeling that you could be pregnant when you were not expecting it — a pregnancy scare. Some are quite minor: You might have been having weird stomach aches or think your breasts have changed. Even if you haven’t had sex, you can still be convinced that you’re the next Virgin Mary.

But sometimes, it’s more real. You had a condom break. You messed up on your birth control pill. You know that there was a mistake and all you can do is wait in agony, wondering what fate is waiting for you when your period is supposed to come.

About a month ago, I had a big scare. I made a mistake with my birth control pill and had sex without a condom. According to my pill’s instructions, I would be fine. But, according to an article I read, it was possible I could be pregnant. I spent three weeks waiting."

To submit a question to Sex Edna, email sexedna@themaneater.com or tweet her @SexEdna.
The prize for the holiday with the most well-known music goes to Christmas, but ignoring the jams Halloween brings to the table is definitely a missed opportunity. Whether you’re looking for a proper soundtrack for your Halloween party, you want to channel your October spirit (pun intended), or you just like songs with spooky vibes, this playlist is for you. Pull up some dancing skeleton gifs and enjoy.
Cale Garret brings physicality to Mizzou defense

The freshman linebacker made a name for himself in high school as a hard-worker, and that reputation continues at Mizzou.

“The kid works hard,” senior linebacker Michael Scherer said. “He’s a lead-head, and he works hard. He likes running into stuff, which works out good when you’re a linebacker. He puts the time and effort in that is really necessary to learn and do things on Saturday.”

Cannon Crew is a booming game day success
Only a select group of Army ROTC members get to join Missouri Cannon Crew after an intensive tryout. The crew fires off the cannon after every touchdown or field goal on gameday and then four members run to the endzone to do one pushup for every Missouri point scored.

“The people that perform the best or don’t give up are the ones that get to do Cannon Crew,” sophomore member Kimberly Woods said.

Read more here.

**Scherer tears ACL and MCL in Midde Tennessee game**
The senior linebacker suffered the injury early in the first quarter against Middle Tennessee State.

Read more here.

**Column: Ellis closing its doors for the night is not outrageous**
Columnist Emmett Ferguson talks about the library’s new hours and its financial struggles over the past 15 years.

Read more here.

**Athletics and activism: Looking back on a historic football boycott**
Players from last years football team reflect on the team boycott that garnered national attention, one year later.

Read more here.

**Column: This is what Cubs fans have been waiting for**
Columnist Adam Reckamp reflects on his lifelong love of the Cubs and what being in the World Series means.

Read more here.
ResLife hall coordinator work schedules to be affected by labor law change

A new labor law affects the number of hours that hall coordinators can work, limiting it to 40 hours a week. 
[Read more here.]

Pedestrian hospitalized after hit-and-run on campus

The incident occurred on campus Tuesday afternoon, according to the MU Police Department. 
[Read more here.]

Inside the legends of Jesse Hall

MU's most recognizable building provides a space for many Mizzou traditions, including secret society ceremonies. 
[Read more here.]

Students struggle to find affordable, convenient housing options near campus

Rent for student apartments in Columbia can run anywhere from $300 to $1,800 per month, with prices going up for properties closer to campus. This problem isn't unique to Columbia, though. 
[Read more here.]

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