

TABLE OF CONTENTS

Thank You	2
Letter from the Dean	3
Faculty and Staff	4
Student Groups	18
Step Program	30
Legacy Teachers	32
Health Sciences Day	34
Med Prom	36
Tailgating	38
St. Baldrick's	40
Weddings	44
Babies	46
Pets	48
M1 Life	50
White Coat Ceremony	52
M1 PBL Labs	54
Terrortoma	56
M1/M2 Test Week	58
The Floors	62
M3 Life	64
M2 Life	66
Class of 2018	72
Class of 2017	74
Class of 2016	76
Class of 2015	78
M4 Life	104
Match Day	108
Senior Banquet	110
Pub Crawl	112
Senior Photo Booth	114
White Coat Burning	116
Commencement	118
Student Speeches	122
Advertisements	128

Thank You!

On behalf of the MUtation Yearbook staff, we would like to thank our 2015 faculty and departmental supporters. Publication of the MUtation yearbook would not be possible without their generous contributions.

A special thanks to the OME staff Suzanne Neff, Shawn Owens, and Anita Berry for assisting our staff and helping make the yearbook possible.

Sincerely,

The MUtation Staff

*Michelle Kenney, Sarah Kapala, Sakshi Mathur,
and James Hart*



Letter From the Dean

Class of 2015,

Congratulations to each of you for completing a momentous step in your medical career. You now face the challenges of residencies, fellowships and the continuous education required by our profession. As you proceed on your professional journey, I encourage you to remember your formative years at the University of Missouri School of Medicine.

Remember the dedicated teachers who guided you through patient-based learning, lectures and clinical rotations. Their timeless lessons will help you overcome many obstacles.

Remember the fellow students who shared your curiosity, excitement and anxiety. They, along with your teachers, will remain some of your most cherished friends.

And remember your first patients. By learning to care for them, you gained the ability and the confidence to care for others. The well-being of patients will always be your greatest reward.

Medicine has never had so much to offer patients, and the best is yet to come. The opportunity to help and to heal is unsurpassed in human history. As doctors of medicine, it is your privilege and responsibility to embrace this opportunity and lead others in health care to do the same.

On behalf of the faculty and your fellow alumni, I offer you the never-ending support of the MU School of Medicine. We wish you the very best both personally and professionally.

Patrick Delafontaine, MD
Hugh E. and Sarah D. Stephenson Dean
University of Missouri School of Medicine



University of Missouri Health Care Faculty

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Michael Acuff
Balkozar Adam
Ajay Agarwal
Ajay Aggarwal
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Susan Ailor
Thomas Aleto



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Parvin Behrouzi
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Nathan Beucke
David Beversdorf
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Prasad Bichu
Alexander Bien
Ibrahim 2 Binalsheikh



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Randy Blue
Ravi Bobba
Marc Borenstein
Betsy Borsheski
Rob Borsheski



Joshua Botdorf
Jack Bragg
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Jay Bridgeman
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Michael Brown

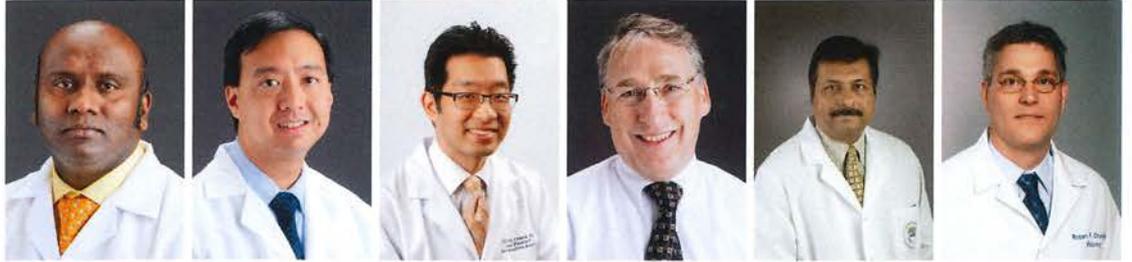


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 Megan Clary
 Steven Colbert
 Jonathan Collins



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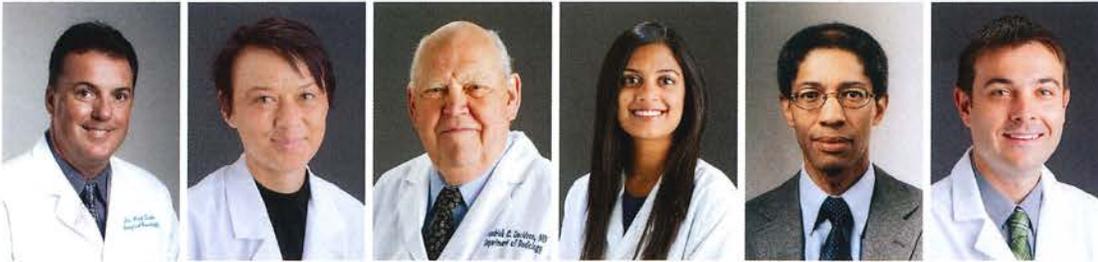


Jeff Coughenour
 John Cowden
 Jimmie Coy
 Kevin Craig
 Benjamin 2 Crenshaw
 Julia Crim





Brett Crist
Allison Critchlow
Nikole Cronk
James Cummings
Mary Cunningham
Abdallah Dalabih



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Cristina Danila
Kendrick Davidson
Geetha Davis
Neville Davis
Ryan Davis



William Davis
Margaret Day
Roger Delatorre
Gregory Dellarocca
Kevin Dellsperger
James Denney



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Sonal Dhuper
Alberto Diazarias
Trevor Dixon
Mary Dohrmann
Donald Doll



Paul Doskey
Carrie Doss
Craig Downs
Erma Drobnis
Mark Drymalski
Catherine Dunn



Carla Dyer
Jon Dyer
Peter Dyke
Karen Edison
Chip Edwards
Katherine Edwards

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 Abigail Emerson
 Jane Anne Emerson
 Magda Esebua
 Bernard Eskridge
 Andrea Evenski



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 William Fay
 Kristen Fernandez
 Timothy Fete
 Kyle Fiala
 Michael 2 Fish



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 Greg Flaker
 Jessica Fleagle
 David Fleming
 David Flood
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 Esperanza Font-Montgomery
 Holly Ford
 Lindy Ford
 Raymond Foster



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 Lisa Gard
 David Gardner
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 Elizabeth Garrett





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Raja Gopaldas



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Munish Goyal
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Steve 2 Griffith
Ted Groshong
Eric Gross
Barbara Gruner



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Vamsi Guntur
Divya Gupta
Sumit Gupta
Vikas Gupta
Kathy Gysbers



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Ghassan Hammoud



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Gina Harris
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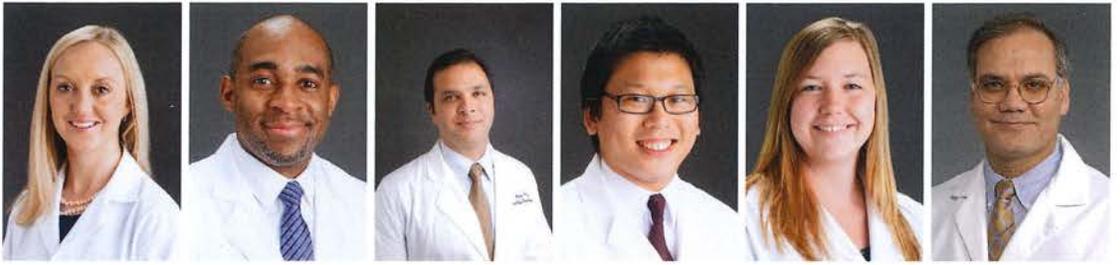
Linda Headrick
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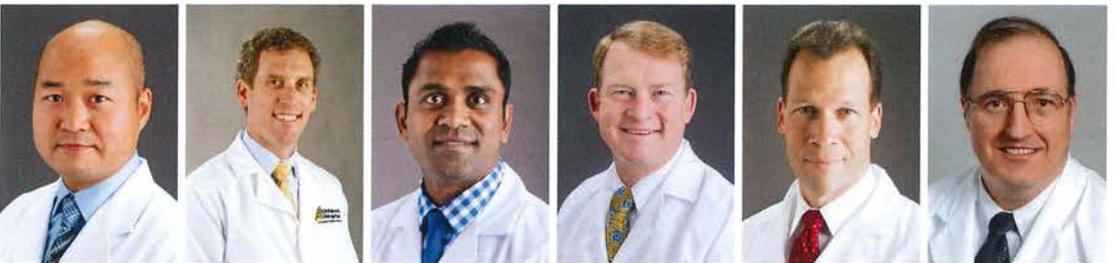
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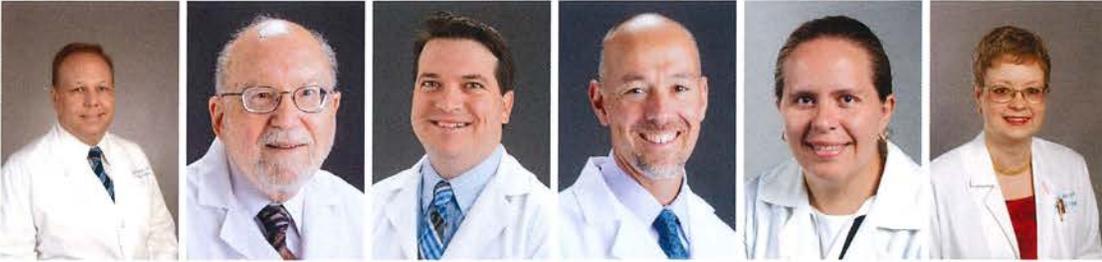


Bokkwan 2 Jun
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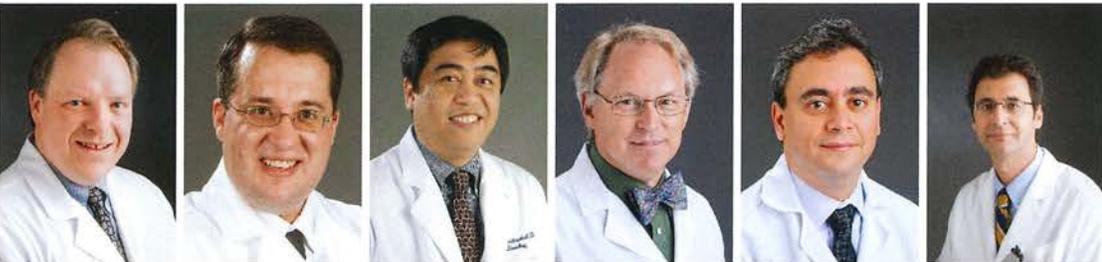
Scott Kinkade
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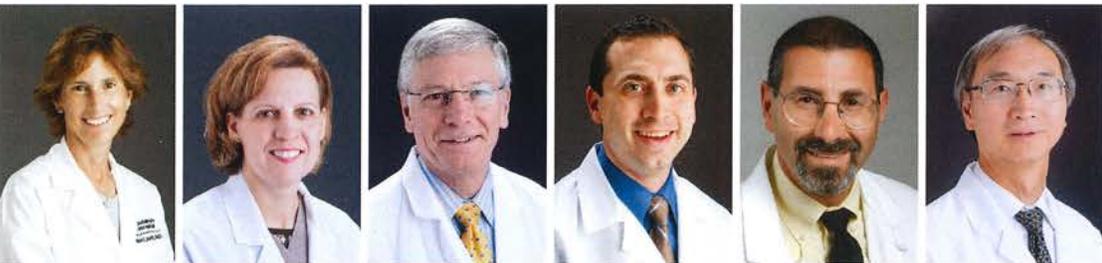
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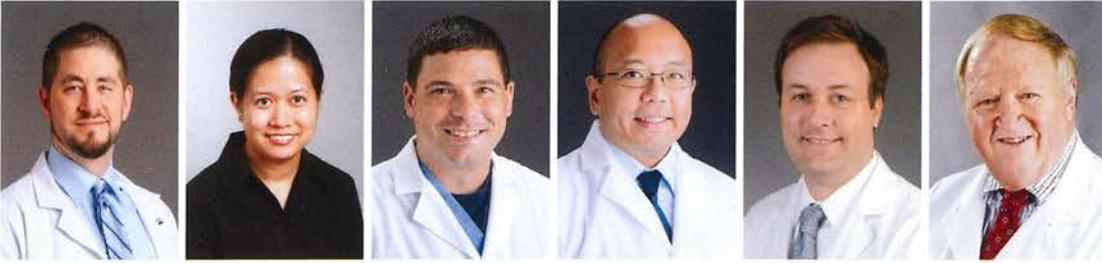


Mayank Mittal
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Gwendolyn 2 Neel



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Hilton Ngo
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Kirt Nichols



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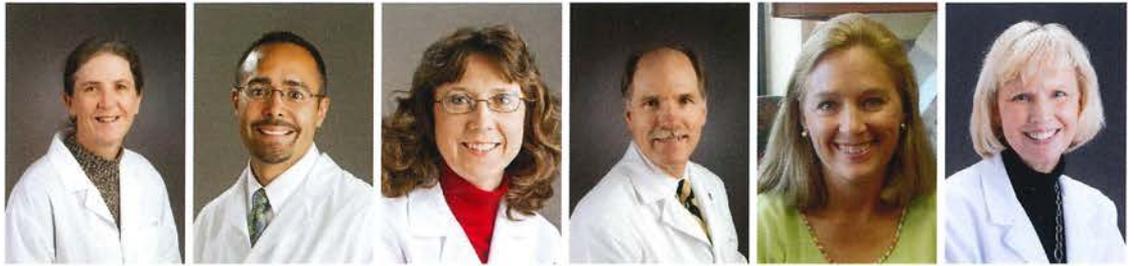
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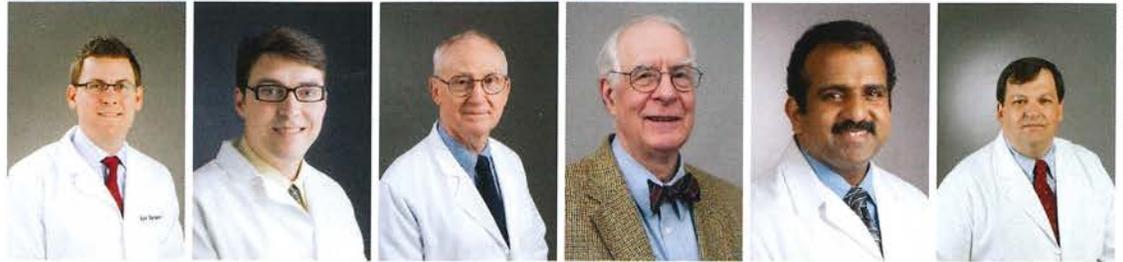


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Casey Williams
Larry Williams
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Ted Wills
Susan Winkelmann



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Christopher Wolf
Gregory Worsowicz
Abby Wright
Yuhsin Victoria Wu
Zihao Wu



Dong Xiang
Gong-Yuan Xie
Prethi Yerram
Yordanas Yohannes
Laine Young-Walker
Dirk Younker



Alan Zaggy
Amy Zguta
Robert Zitsch
Susan Zurowski
Steven Zweig

Student Organizations

Alpha Omega Alpha

Alpha Omega Alpha Honor Medical Society is a professional honors medical organization founded in 1902 that recognizes and advocates for excellence in scholarship and the highest ideals in the profession of medicine. Students are elected into AOA based on academic excellence, leadership, character, community service, and professionalism. The Gamma chapter of AOA at Mizzou has been active this year, including planning AOA Day & the AOA Recognition Banquet this past spring, hosting a visiting professor from the ACGME, holding fall and spring elections, organizing advice panels for M2's and M3's, and heading a service project with the local Columbia public schools.



American Medical Association

Mizzou Medical society is the Tiger's chapter of the American Medical Association. Over 3/4 of the school are members of the AMA and MSMA. This year was the last Terrortoma with DJ Dr. Beard. Additionally, AMA leaders Dr. Barbe came and spoke to our members, they supported tort reform at the Missouri capitol, and Mizzou Med was well represented at the annual State convention.

President: Lauren Stephenson
President Elect- Dan Lovinger
VP: Dan Grant

Treasurer: Marcia Mains, Lila Wahidi

Secretary: Adam Grumke

Recruitment Chair/BCMS Liaison: Nick Arnold,

Community Service Chair: Jen Haslag-Minoff,

Legislative Chair: Lucas Blount, and **Region II**

Delegate: Nathan Nolan

Club
Officers

American Medical Woman's Association

The American Women's Association is an organization dedicated to advancing women in medicine and improving women's health. Founded in 1915, AMWA continues to be the vision and voice for women physicians and functions at a local, national, and international level. Over the past year, the Mizzou AMWA chapter has held numerous meetings with topics such as female leadership in academic medicine, domestic violence, and motherhood in medicine. AMWA has also held several events, including happy hours and the annual mentor dinner, which allow medical students to network and seek advice from female physicians. In addition, AMWA puts together exam week care packages for fellow medical students each block, and this year sent 4 members to AMWA's 100th Anniversary Centennial National Conference in Chicago, Illinois!

Club Officers

President: Courtney Champagne, Deepika Parmar
VP: Mollie Wasserman
Treasurer: Stephanie Tosh
Secretary: Kayla Matzek

Association of Student Internists

The Association of Student Internists (A.S.I.) is the University of Missouri School of Medicine's Internal Medicine Interest Group (I.M.I.G.). A.S.I. is a student group that meets regularly to learn about the specialty of internal medicine. A.S.I. holds an event each block of the academic year and includes meetings such as an introductory "What is internal medicine?" meeting at Shakespeare's Pizza, a private practice panel discussion and social event featuring non-UMHC physicians from Columbia and surrounding communities, an internal medicine sub-specialty dinner and panel at Shakespeare's Pizza and an internal medicine match panel featuring M4s. A.S.I. also sponsors Simulation Center events twice a year which includes intubation, central line placement and chest tube placement.

Club Officers

President: Jarrod Dye
VP: Nathan Moulton
Treasurer: Jeff Swarz
Secretary: Nila Manandhar
MSAC rep: Adam Grumke

Christian Medical and Dental Association

Christian Medical Dental Association (CMDA) is an organization that works to proclaim the gospel of Jesus Christ and build His kingdom through lives transformed within and through medicine. We unite students and physicians alike in worship, prayer, fellowship and community service. We promote the development and maturation of Christian physicians through Bible studies, volunteer opportunities, lectures, and discussions.

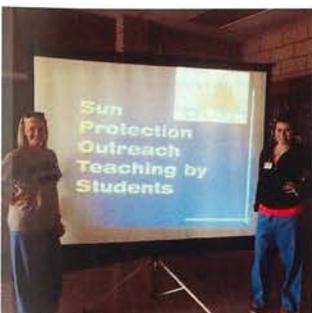
Club Officers

President: Natalie Hughes, Sara McElroy
VP: Kristen Allcorn, Simon Martin
Treasurer: Kellyn Smith
Secretary: Kayla Matzek

Dermatology Student Interest Group

The Dermatology Interest Group (DIG) is an organization for those interested in dermatology as a specialty and those interested in exploring aspects of dermatology across multiple specialties. One of the main goals of DIG is to educate others about sun protection and skin cancer prevention. Through our community outreach programs, Sun Protection Outreach

Teaching by Students (SPOTS) and Skin Sense, we are able to reach Columbia middle school students as well as Mizzou sorority women to educate them on the dangers of tanning and the best ways to keep their skin healthy. Both programs were very successful this year and we're excited to continue our community involvement next year!



Club Officers

President: Allison Williams, Yazan Alghalith
VP: Marlana McDowell
Treasurer: Chris Cunningham
Secretary: Max Vale
MSAC rep: Frank Chan

Emergency Medicine Student Interest Group

The purpose of EMIG is to promote interest in Emergency Medicine as a career, provide an avenue of educational outreach and experience in Emergency Medicine and Healthcare in general, foster professional growth among members and assist students interested in Emergency Medicine in their pursuit of a residency position.

Club Officers

President: Lisa Brown
VP: Rylee Duckworth, Aaron McLaughlin
Treasurer: Erik Delaney
Secretary: Erik Delaney

Family Medicine Student Interest Group

FMIG is an active student run organization that strives to get students involved in various service projects that benefit our community. Some of our activities include: organizing community health screenings at Salvation Army Harbor House, planning and hosting dinners for families at the Ronald McDonald House, promoting "Tar Wars" and "Ready Set Fit" to local elementary school children and fostering interest in Family and Community Medicine by organizing skills labs and lectures pertaining to primary care.

Club Officers

President: Sarah Kapala, Krystal Foster, Kristen Allcorn
Treasurer: Arshan Dehbozorgi
Secretary: Sarah Williams



Greatest Gift

The mission of the Greatest Gift at Mizzou is to educate individuals about the process of organ and tissue donation so that they can make an informed decision about whether to enroll in the donor registry. We accomplish this through a variety of education outreach projects in the community.

Club Officers

President: Martin Gregory
VP: Patrick Probst

Geriatric Student Interest Group

The U.S. Administration on Aging reports that in 2009 the older population of those 65 and older was 39.5 million, representing 12.9% of the U.S. population or about one in every eight Americans. by 2030, there will be around 721 million older persons, more than twice their number in 2000. The Geriatric Interest Group provides medical students the opportunity to learn how to better care for the elderly generation, regardless of their future specialty. Topics discussed at GIG meetings includes the medical interview and building relationships with elder patients.

Club Officers

President: Jack Campbell
VP: Ian Newberry
Treasurer: Jeffrey Swarz
Secretary: Matt Rendo
MSAC rep: Stephen Probst

Heme/Onc Student Interest Group

This group provides an avenue for medical students interested in hematology and oncology to learn more about career paths in this field by providing information about away rotations, residency and fellowship options, and practice options. We hope to create opportunities for interaction between medical students and hematology/oncology faculty members and to foster mentoring relationships.

Club Officers

President: Nila Manandhar
VP: Robert Cristel
Treasurer: Kelsea Schreiber
Secretary: Theresa Long

Infectious Disease Interest Group

This was the Infectious Disease Interest Groups first full academic year in existence, and it was pretty busy. We ended up putting on 3 journal club meetings at 44 Stone, where we discussed clinical and basic science papers over fermented beverages with students and faculty. We also put on a round of microbiology lectures and a lab covering basic microbiologic principles for the M1s and M2s to help supplement the infallible process that is PBL. We are also working to establish a researcher database that would catalog every faculty member currently engaged in research at the school of medicine to help medical students find potential projects and mentors. Throughout the year, we had a couple of lectures on the most interesting ID cases at Mizzou by the ever interesting ID fellows, as well as a tropical medicine lecture about Dr. Christensen's time abroad. Finally, we brought in a guest speaker from the Mayo Clinic's Infectious Disease Department, Dr. Pritish Tosh, who gave a lecture on his time working up epidemics in the Epidemic Intelligence Service with the CDC. I also baked a lot of cookies for each meeting. They were very well received.

Leadership & Management Development Group

The purpose of Leadership & Management Development Group (LMDG) is to expose medical students, students of the allied health professions, and even law students to principles of leadership, business, and management in healthcare. The group consists of medical students, nursing students, and students in the other health professions.

Club Officers

Co Directors:

Woodson Smelser, Josh Geltman, Jesse Hirner, and Theresa Long

Med-Peds Student Interest Group

Med-Peds is one of the most interesting fields in medicine! Every year students seem to struggle between kids and adults, and we say...why not both! Our student interest group is active in promoting this field and we hope to see interest remain high.

Club Officers

President: Katelyn Smelser

VP: James Rudloff

Treasurer: Marcin Zuberek

Secretary: Jamie Hadley

MSAC rep: Louis Zhang

MedZou

MedZou is a student-run free health clinic created in 2008 that seeks to serve the estimated 20,000 uninsured residents of central Missouri. The clinic holds regular clinic nights each Thursday as well as three specialty nights (MSK, Diabetes, Derm) (each month and functions through volunteers including nursing students, pharmacy students, social work masters students, undergraduate students, MHA and MPH students, and physician volunteers. We provide free radiology, lab work, and medications for many of our patients.

Club Officers

Directors: Alison Huber, Julie Duncan, Matt cook, Jason Frizzell

Military Medical Association

The Military Medical Association is a group of students who are also military officers committed to serving in the Armed Forces upon completion of medical school. We guide one another through the unique path toward active duty, as well as assisting undergraduates interest in military medicine.

Club Officers

President: Maggie Winkler

VP: Desi Raygor

Medical Student Affairs Council

The Medical Student Affairs Council (MSAC) advocates for our students in a variety of ways. We represent the student body in discussions about important medical school decisions and changes, we guide individual students and groups through issues that they encounter, and we help student groups find funding for activities they want to perform. We serve as a liaison between the student body and our faculty and administrators. We also facilitate several social and academic events throughout the year.

Club Officers

President: Jesse Hirner
Treasurer: Maggie Winkler
Secretary: Zach Berg

Mizzou Med Pride

MizzouMed Pride, a group for LGBTQ (lesbian, gay, bisexual, transgender, queer) and ally medical students. We organize both social and educational events, and help facilitate collaboration with the medical community regarding the unique healthcare issues facing LGBTQ patients and providers.

Club Officers

President: Robby Jones
VP: Alan Keller



OB/GYN Student Interest Group

The OB/GYN Student Interest Group serves to increase awareness and networking for students interested in Obstetrics and Gynecology. The club holds meetings each year that provide opportunities for medical students to meet physicians and residents in the field.

Club Officers

President: Bertram Drury
VP: Elizabeth Tidwell
Treasurer: Jackie Herzberg
Secretary: Stacey Sudholt
MSAC rep: Marcia Mains

Otolaryngology Head and Neck Surgery

The ENT Interest Group has a goal of exposing medical students to the field of otolaryngology. This involves meetings with current otolaryngologists and otolaryngology residents. Otolaryngology is a relatively hidden specialty in medical student training, so early exposure is a key goal of the interest group. This year, members of the interest group participated in a meet-and-greet with attendings and residents, head and neck anatomy review on a cadaver, and skills lab (e.g. laryngoscopy).

Club Officers

President: Ryan Neff
Secretary: Jack Campbell
MSAC rep: Jack Campbell

Ophthalmology Student Interest Group

The purpose of the Ophthalmology Interest Group is to bring the field of ophthalmology to the medical students at the University of Missouri through meetings and lectures between ophthalmology faculty, residents, and students.

Club Officers

President: Lindsey McDaniel, Merryl Terry

Orthopaedic Surgery Student Interest Group

The goal of the Orthopaedics Interest Group is to foster medical student interest in orthopedics by providing opportunities to participate in clinical, research, and educational activities in orthopedics.

Club Officers

President: Samuel Thompson
VP: Patrick Probst
Treasurer: Dominic Zanaboni
Secretary: John Clohisy
MSAC rep: Mitch Tarka

Pathology Student Interest Group

The purpose of the pathology interest group is to expand awareness and interest among students about the field of pathology and encourage more students to consider pathology as a career. The group also allows students to make contact with faculty and residents and raises awareness among students about the crucial role pathology plays in modern medical practice.

Club Officers

President: Jason Denney, Robby Jones
VP: Merryl Terry
Treasurer: Todd Williams
Secretary: Tom Andrews
MSAC rep: Brea Lombardo

PM&R Student Interest Group

The PM&R Interest Group holds many events each year exploring the vastness of the field. These include medical support at Mizzou Wheelchair Basketball games, helping with Adapted Gymnastics, collaborating with MedZou's MSK night to learn about musculoskeletal needs of the uninsured in Columbia, having hands-on clinics such as practicing ultrasound skills in the Sim Center, working with EMGs, and attending residents' workshops at Rusk Rehab Center.

Club Officers

President: Sydney Young
VP: Gary Stover
Treasurer:
Secretary: Drennen Mertsching
MSAC rep: Alex Scott

Pediatric Student Interest Group

The group for all things pediatrics! Our year included reverse trick-or-treating at Women's and Children's hospital, great lectures, a month-long fundraiser for the Children's Miracle Network, and helping fundraise for Reach Out and Read. We also had some members attend the annual Child Advocacy Day at the Capitol Building in Jefferson City. Another great year for those going into Pediatrics!



Club Officers

President: Jacob Jones, Michelle Kenney
VP: Heather Deisher, Stephen Johnson
Treasurer: Lauren Eversmeyer
Secretary: Ashley Davidson
MSAC rep: Marlana McDowell



Public Health Interest Group

The purpose of PHIG will be the following: a. To provide information about the field of Public Health to the student body at the University of Missouri – Columbia School of Medicine. b. To foster a community of individuals who show interest in Public Health by facilitating relationship and networking. c. To build connections with all fields relating to Public Health. d. To inform students about academic and career opportunities in Public Health. e. To provide events or activities to the university about various topics involving Public Health. f. To maintain a resource list on Public Health opportunities for medical students. g. To expand upon topics of Public Health already included within the School of Medicine curriculum and identify further areas that can be addressed by this group. h. To help the School of Medicine pursue creating a MD/MPH program and serve in the future as a tool for this program; whether in the setting of a networking opportunity or a source for further discussion and topic exploration.

Club Officers

President: Erik Delaney
VP: Patty Yang, Derek Benham
Treasurer: Jesse Day
Secretary: Arshan Dehbozorgi

Radiology Student Interest Group

The Radiology Student Interest Group aims to reach out to students who are considering Radiology as a career and provide opportunities to network with faculty and residents.

Club Officers

President: Gregg Werner
VP: Patrick Probst
Treasurer: Joe Frye
Secretary: Matt Breite
MSAC rep: Viet Le

Rural Medicine Student Interest Group

RMIG- promotes awareness of opportunities, issues and challenges regarding rural medicine, serves the community, and encourages interprofessional communication. This year we had meetings regarding the art of practicing rural medicine and with various physicians who practice in surrounding rural areas.

Club Officers

President: Sarah Williams
VP: Kayla Matzek
Treasurer: Sarah Kapala
Secretary: Allison Williams
MSAC rep: Misty Todd, Murphy Mastin

Sports Medicine Interest Group

Sports Medicine Interest Group is a new medical student group with the purpose of making students aware of common sports-related injuries and management and making students cognizant of the vast number of career fields available for those interested in sports medicine. Events we held this year included teaching proper physical examination of the knee, learning about musculoskeletal injections, learning how to wrap ankles and splints, and volunteering at MOI for Sports Physicals Day. Our last event of the year was a Sports Medicine Social, which included 5 physicians in family medicine, PM&R and Orthopedic Surgery who answered many questions students had about their jobs and sports medicine.

Club Officers

President: Brady Fleshman
VP: Sam Galloway
Treasurer: Yelena Levina
Secretary: Kristen Wymore

Students Interested in Anesthesiology

The purpose of SIA is to, in collaboration with a designated faculty mentor from the Department of Anesthesiology, strive to collect and disseminate information regarding practical topics pertinent to medical students interested in gaining experiences or pursuing a career in Anesthesiology. We arrange informational sessions and organize activities for medical students interested in obtaining skills required by physicians in general, but those interested in Anesthesiology in particular. We also serve to facilitate useful contacts among current students, alumni, faculty, the Department of Anesthesiology.

Club Officers

President: Jen Kim, Zeke Tarrant
VP: Lucas Blount
Treasurer: Antonio Spates
Secretary: Rob Cristel
MSAC rep: Angela Berger

Student Interested in Global Health Tomorrow

The student-run global health group at the School of Medicine which aims to prepare future physicians at Missouri in the best practices of international health work. S.I.G.H.T. has continued its efforts this year with a 5-part lecture series, a medical Spanish class for students, and increased support for M4's traveling abroad. S.I.G.H.T. also began a brand new M1 trip to a medical school in Nicaragua.

Club Officers

Co-Directors: Kelsie Coe, Alyssa Ovatt
Logistics: Ashley Sweeney
Fundraising: Jesse Day, John Schneider

Student Interest Group in Neurology

SIGN is a network of more than 150 chapters in medical schools across the United States and Canada. SIGN fosters medical student interest in neurology by providing opportunities to participate in clinical, research, and service activities in neurology, increasing the student's neurologic knowledge, and creating an interest in the AAN.

Club Officers

President: Stephen Johnson
Treasurer: Frank Chan
Secretary: Jennifer Haslag-Minoff

Stethotones

The Stethotones is a service-oriented music interest group that was created for medical students. The group was created in the Spring of 2012, officially approved by ORG and MSAC in Spring of 2013, and is continuing to grow. The musicians and music-enthusiasts of the group enjoy community service through outreach programs, as well as the fellowship and creative outlet of producing music with their medical student peers. Stethotones has performed for Women's and Children's Hospital, Lenoir Nursing Home, TRYPS Community Theatre, fundraised for MedZou with Singing Valentines, and provided "inter-shave" entertainment at St. Baldrick's. The group is consistently growing to meet the needs of their audience, and to fit the talents of its members!

Club Officers

President: Patrick Probst
VP: Ashley Sweeney
Treasurer: Ryan Rader
Secretary: Nick Hopkins
MSAC rep: Katie Hocker

Student National Medical Association

Student National Medical Association has been hard at work this year! We are striving toward improving diversity in medicine and the cultural climate of our medical school and providing mentorship, education, and service to underserved people here and abroad.

Club Officers

President: Threshia Malcolm,
Samait Agunbiade
VP: Arwa Mohammad
Treasurer: Sakshi Mathur
Secretary: Stephen Johnson
MSAC rep: Josiane Tossa

Surgery Club

The purpose of the Surgery Club is to acquaint medical students with all aspects of modern day surgery. Some of the goals are to provide information concerning: surgical procedure and technique; surgical specialties, residencies, and fellowships; preparation for students pursuing a surgical residency; the current state of surgical practice and trends, especially with respect to academic vs. private practice, technological development and incorporation into surgery, and work hours, lifestyle, and compensation.

Club Officers

President: Patrick Probst
VP: Meghan Kelly
Treasurer: Max Newby
Secretary: Simon Martin
MSAC rep: Steven Probst

Urology Student Interest Group

The Urology Interest Group is focused on exposing students to the field of urology and providing advice for students who choose to pursue the specialty of urology so that they can be completely prepared for fourth years schedules, away rotations, and the early match. We believe urology offers a unique blend of clinic and operating time, with the option to become a general urologist or pursue the many subspecialties including urologic oncology, stones treatment, infertility, incontinence and pelvic floor, reconstruction, and pediatric urology, to name a few. It is our goal that students will gain an interest in urology and be competitive to match into the field.

Club Officers

President: Woodson Smelser
VP: Majdee Islam
Secretary: Derek Benham
MSAC rep: Jack Campbell

Wilderness Medical Society

Wilderness Medical Society offers a unique way for students to combine their love of outdoor activities with their passion for medicine. Meetings cover a wide variety of topics ranging from mountain medicine to orthopedic wilderness emergencies. Activities include camping trips with wilderness first responder scenarios and volunteering at local outdoor events.

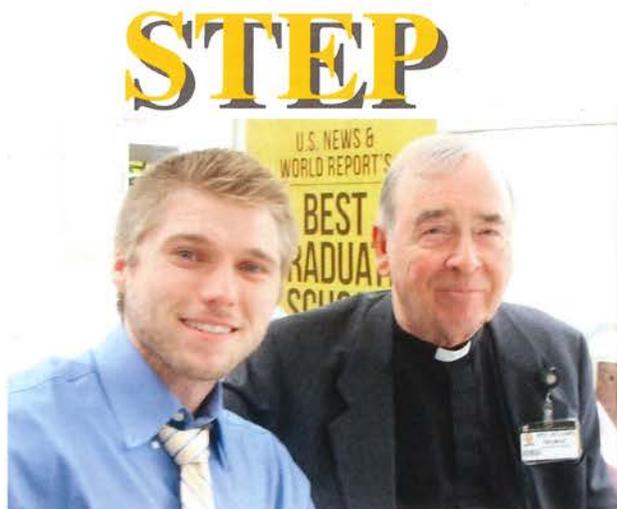
Club Officers

President: Damon Coyle
VP: Adam Maxwell
Treasurer: Derek Benham
MSAC rep: Matt Rendo

Senior Teacher Education Partnership



Aaron Carson, M1



Caleb Smith, M1



Above: Roshni Rawlani, M1

Below: Elizabeth Worsowicz



The Heyssel Senior Teacher Educator Partnership (STEP) is a voluntary program linking M1s with older adults in our community, and while there are other senior mentor programs across the United States, MU's is unique for its duration and success. Started in 2001, STEP has affected 638 medical students, and, in 2014, 77 percent of the first-year medical school class signed up for the program. STEP has created countless friendships while students learn to communicate and collaborate with their elders, and, in the process, have a great time.



Laura Pilgrim, M1

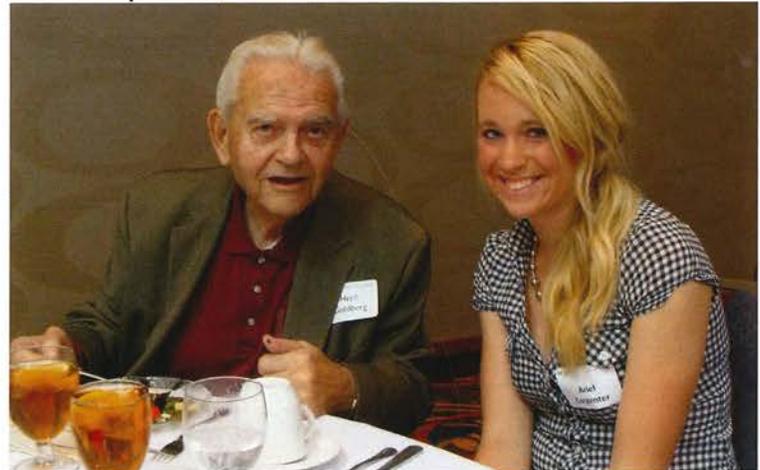
Program

The STEP program was and continues to be one of the highlights of my first year in medical school. My partner has been great! We go out on lunch and dinner dates together and she has taken me around Columbia and some of the neighboring cities, and shown me a great time. I'm very happy that she has signed up to do this program, as I have learned so much from her, and she has been a great support throughout my time here at the SOM.
- Josie Arissie



Emily Prunty, M1 and Claire Spradling, M1

Ariel Carpenter, M1



Alex Fink, M1

Kristen Scheitler, M1



Legacy Teachers

Legacy Teachers is an original MU School of Medicine program that provides third-year medical students an opportunity to celebrate and thank a patient who has made a difference in their lives. We call these patients Legacy Teachers. The Legacy Teachers and their families provide important lessons to medical students that can influence the medical student for a lifetime and improve the care they provide to future patients.

The Legacy Teachers Luncheon is a wonderful, moving celebration honoring Legacy Teachers and the thousands of other patients they represent who contribute so much to the MU School of Medicine and our medical students' understanding of patient-centered care. The faculty, staff and students at the medical school are forever grateful to the patients and their families who serve a vital role in shaping and teaching the next generation of physicians, creating a true legacy of care. Students who submit essays, artwork or poetry describing their Legacy Teachers' contributions to their lifelong development will be recognized at the luncheon with their Legacy Teachers.

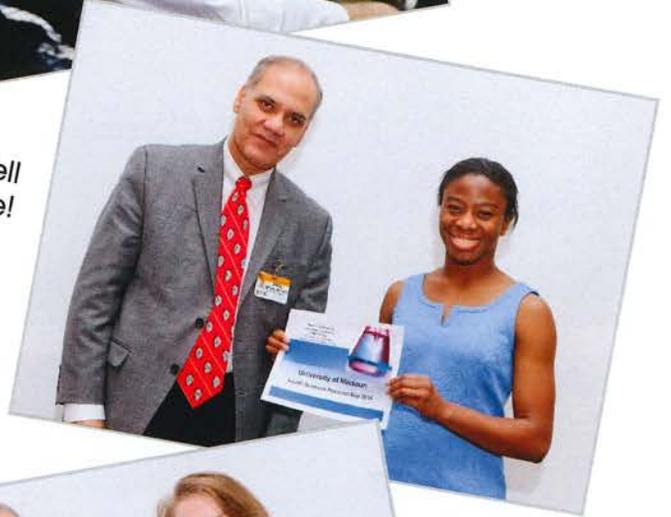
The Legacy Teachers program helps remind students they must never stop learning from patients for they will always have much to teach about courage, dignity, the importance of listening, and the values of patient-centered care.







Brandon and Martin at the awards ceremony.



A job well done!



Meryl accepting an award



Health Sciences Research Day



University of Missouri Health Sciences Research Day

The University of Missouri's Health Sciences Research Day, held Thursday, November 13, 2014, provides a forum for original research and educational innovations by undergraduate, medical, nursing, and health professions students, as well as predoctoral and postdoctoral trainees working with faculty in the schools of medicine, nursing, and health professions. Students are encouraged to present the results of their research at Health Sciences Research Day, held each fall at MU's medical school. This day-long symposium is filled with poster presentations by undergraduate, graduate and professional students, with prizes awarded to the three best presentations in each student category. In addition, special Deans' Awards will be presented for the most outstanding research conducted by trainees from the schools of nursing, health professions and medicine. Health Sciences Research Day is organized and sponsored by the MU Institute for Clinical and Translational Science in partnership with the MU School of Medicine, MU Sinclair School of Nursing, MU School of Health Professions and Truman Veterans Hospital.



Medical students presenting posters to faculty judges.





Caduceus Ball

The Caduceus Ball, also known as med school prom is hosted by students each Spring. It is always a great time that gives students the opportunity to show off their sweet moves.



Caduceus Ball AKA Med School Prom



M-I-Z...



...Z-O-U!



Tailgating 2014





Dr. Martin Post-Shave!



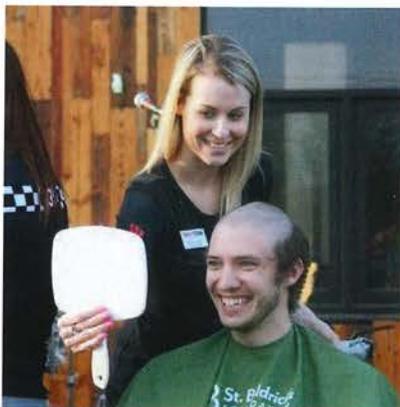
Stethetones



Stethetones



Woody and Jack



D. J. Brady

St. Baldrick's

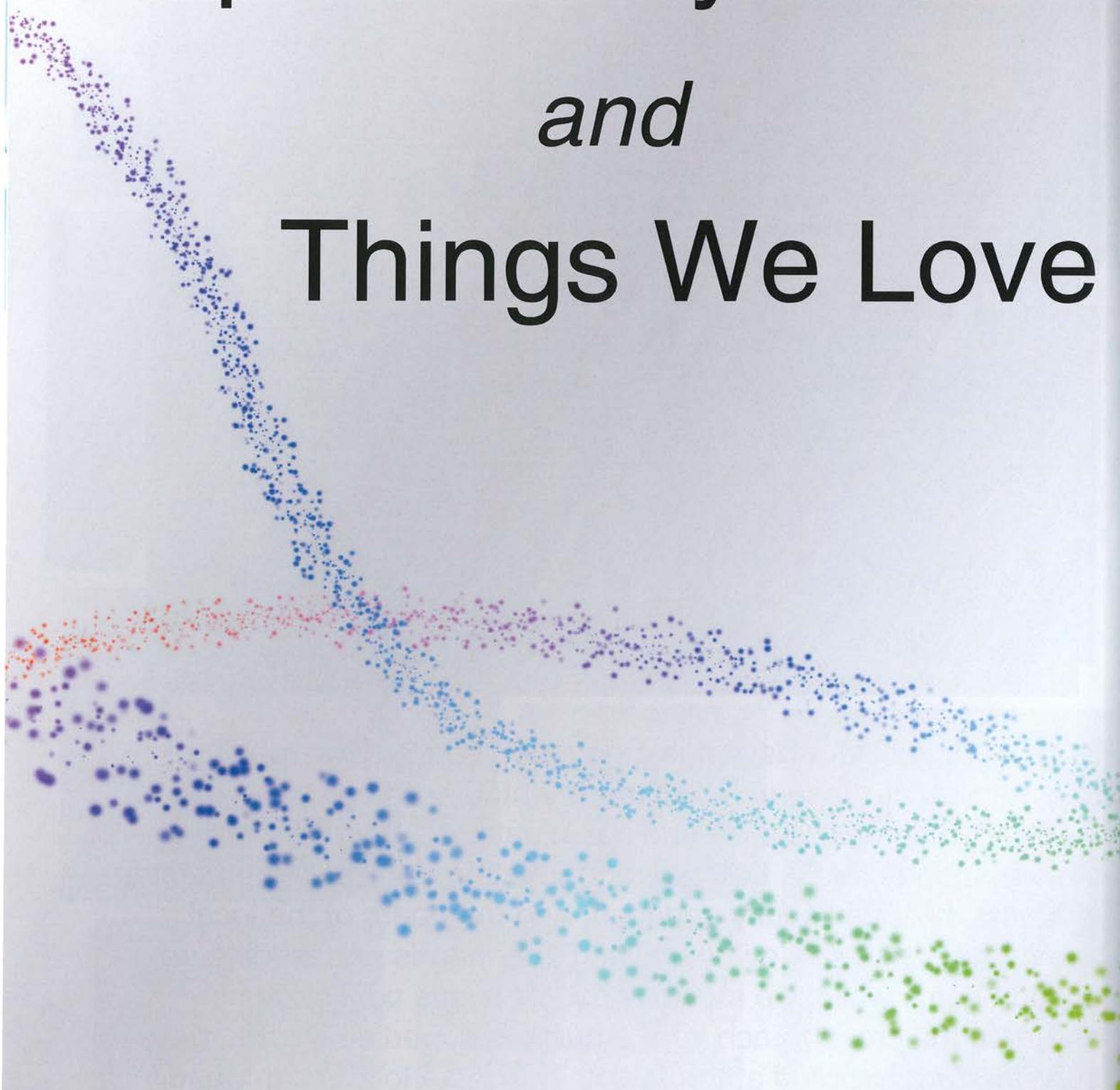


St. Baldrick's Foundation is a national organization funding pediatric cancer research and treatment. Each year Mizzou medical students organize and participate in a head shaving event to raise money for St. Baldrick's Foundation. At the event medical students, hospital faculty and staff, and members of the local community raise money by shaving their heads and bidding on auction items while live music and inter-shave competitions entertain the crowd. Each year a number of pediatric cancer survivors are honored at the event. There are lots of kid-friendly activities to keep everybody happy and having fun.

Special Days

and

Things We Love



Weddings

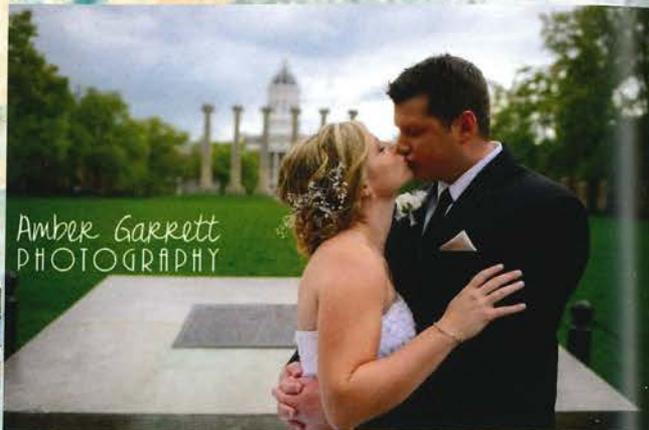
Engagements

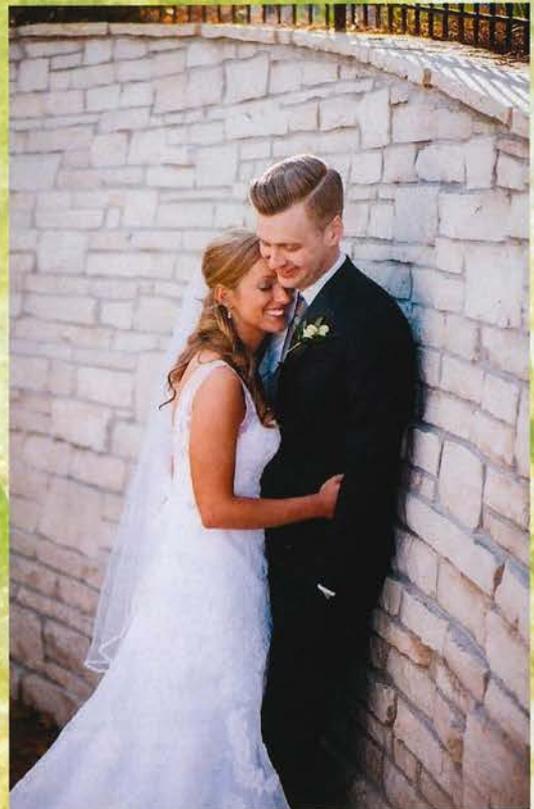
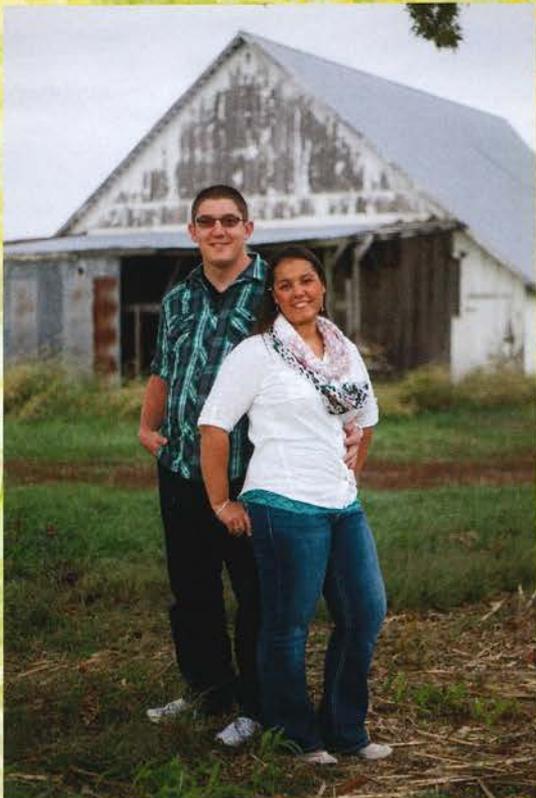
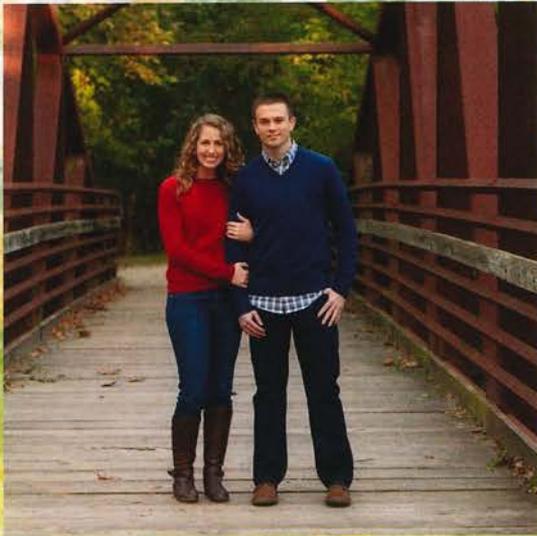
Babies

Pets



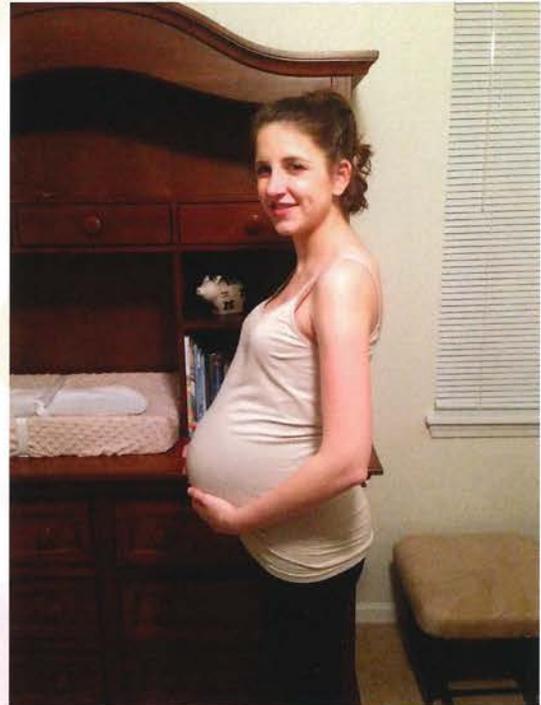
WEDDINGS & ENGAGEMENTS





*Sometimes the
smallest things...*





*...take the most
room in your heart*

PETS!

Stella



Stacy Schneider's dog, Stella, is a cutie!

Ransom



Kara Moh's dog, Ransom, is a great study buddy!

Titan and Sammy



Michelle Kenney's dogs are happy to be graduating!



Lauren with her fur babies!

Oscar



Jason Denney's cat, Oscar, enjoying 4th year!

Colby and Hazel



Elizabeth Tidwell's pup Colby loves his new sister Hazel.

Amos and Fitz



Marlana McDowell's pups!

Sprinkles



Sprinkles enjoying some play time!

Henry and Miles



Woody and Katie Smelser's pups Henry and Miles!

Lombardi



Blake Bodendorfer's pup, Lombardi, is one of the cutest pups around!

Milo and Abby



Bethany Crawford's pups, Milo and Abby, enjoying a sunny day!

It often happens that a man is more humanely related to a cat or dog than to any human being.
~Henry David Thoreau



Two Craaaazy Guys!

Off to anatomy!



"We're Practically Brothers.."

Life as

an M1!



Fun times in the Sim Center!



Sneaking in Some Outdoors!



Preparing to ride the tide...



Winning!!!



Hold on Sean...

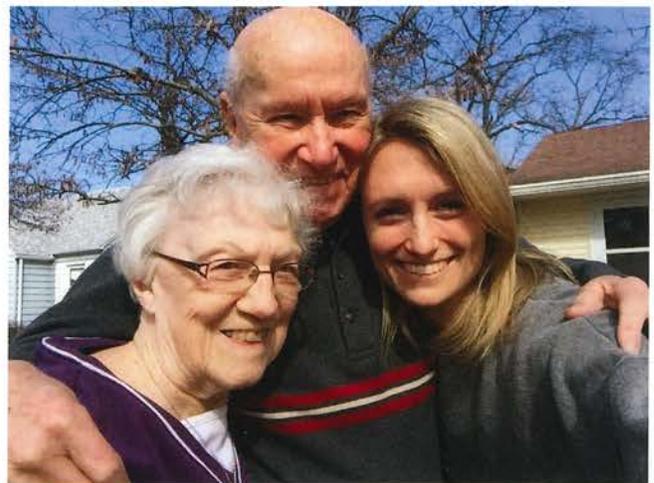


Derek and Truman



Wait...where's the lub-dub?!

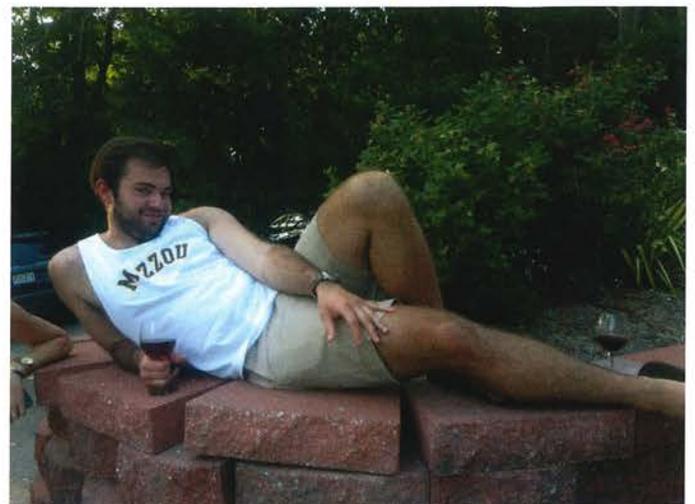
Lauren and her grandparents

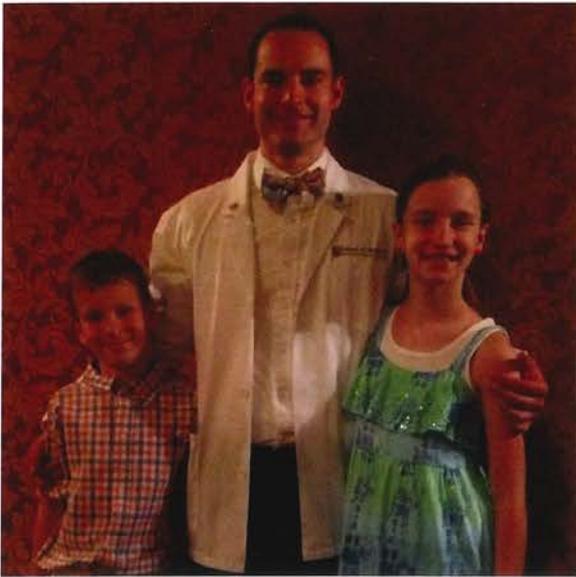


Cale being Cale...



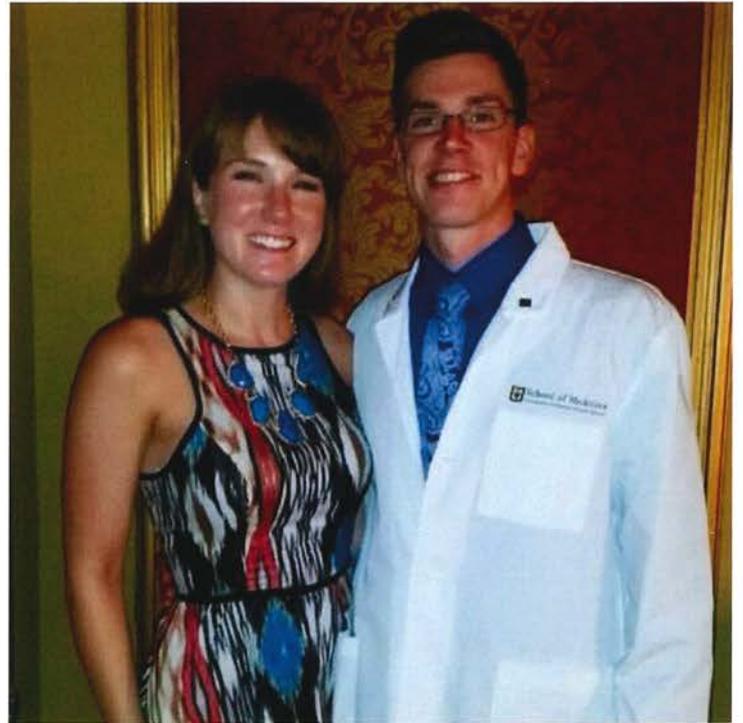
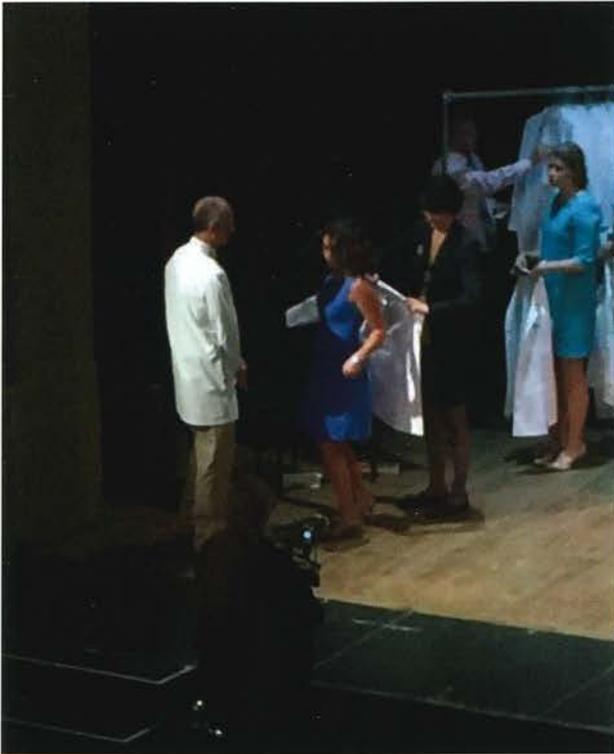
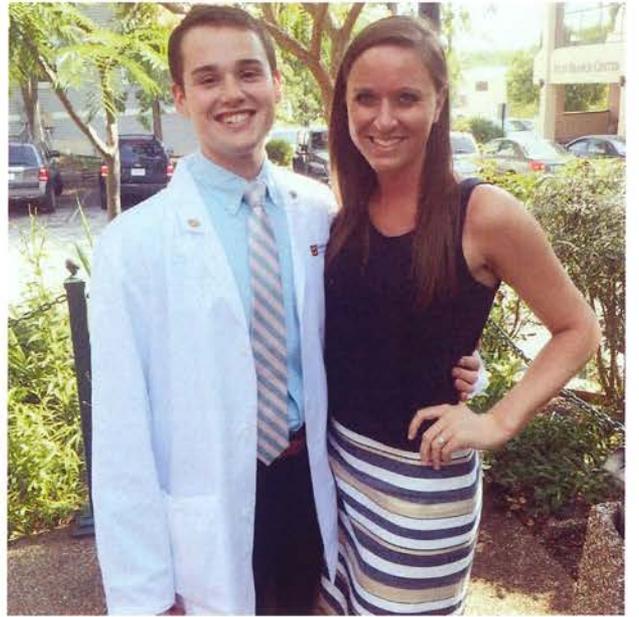
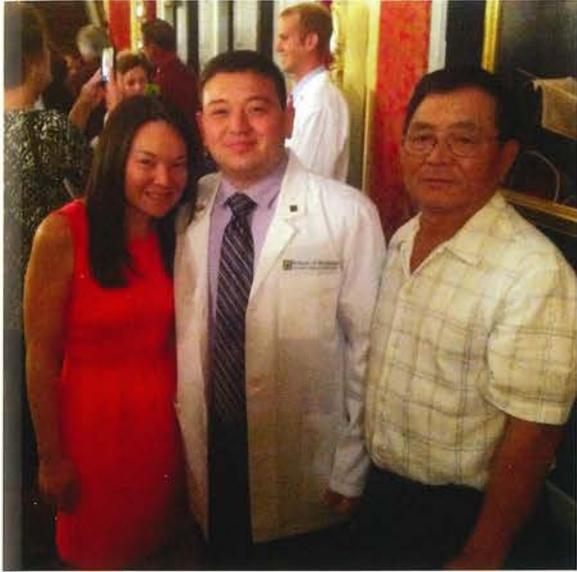
Takin' it easy...





White Coat Ceremony 2014



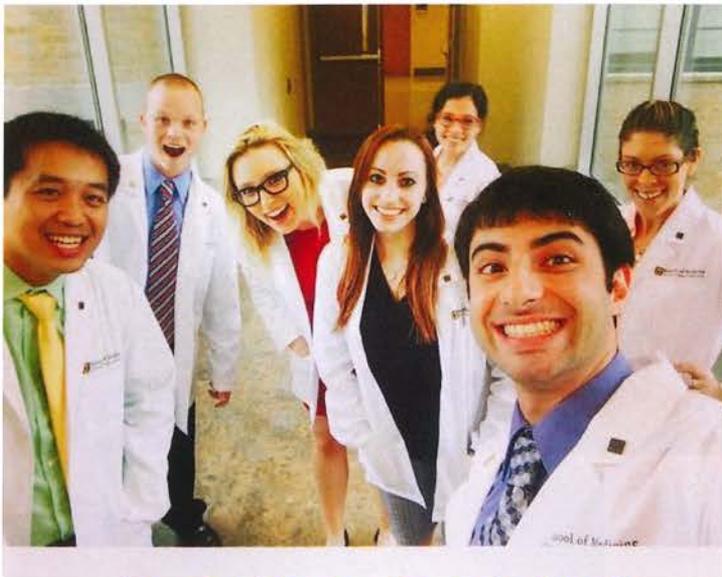




All Business...



Jakob Layin' Down Some



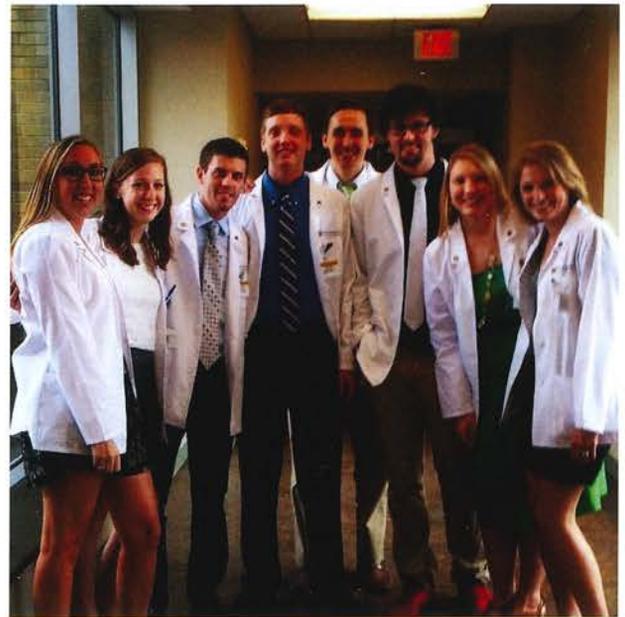
Ready for the Simulations!



Seven Story Crosswalk? Great Spot for a Pic!



Hey, are you guys listening?



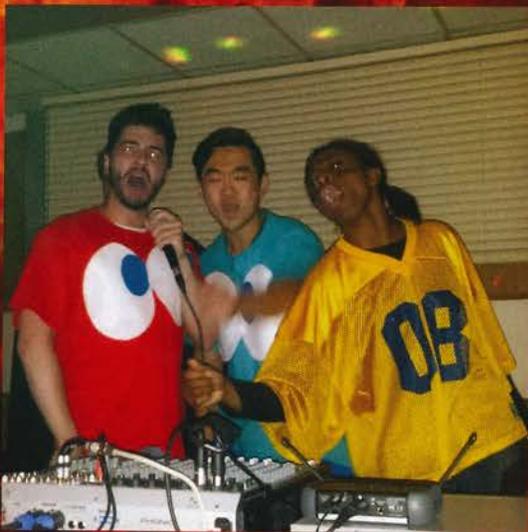
Keepin' it Classy...



We Are The Greatest!!!



All Smiles!



TERRORTOMA

Each year medical students host a Halloween ball. This awesome event includes a costume contest, live music, and of course dancing. Proceeds from this event help support our student led free health center, MedZou.

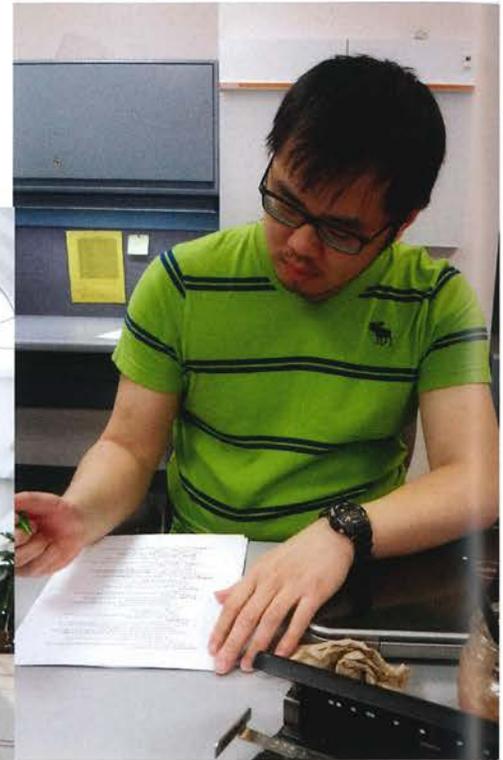


M1-M2 Test Week!



Ashly Ruf celebrates as Shelby Emmett turns in her LAST exam as an 2nd year medical student!

Meryl Brune turns in her LAST Knowledge Based Exam EVER.

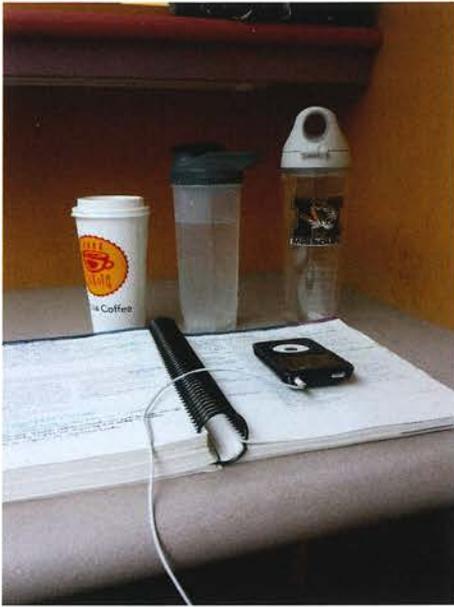


David Lee reads the LAST page of the LAST case of M2 year!



Exam Day Set-Up in J Otto Lottes Health Sciences Library. Clinical Reasoning Exam time.





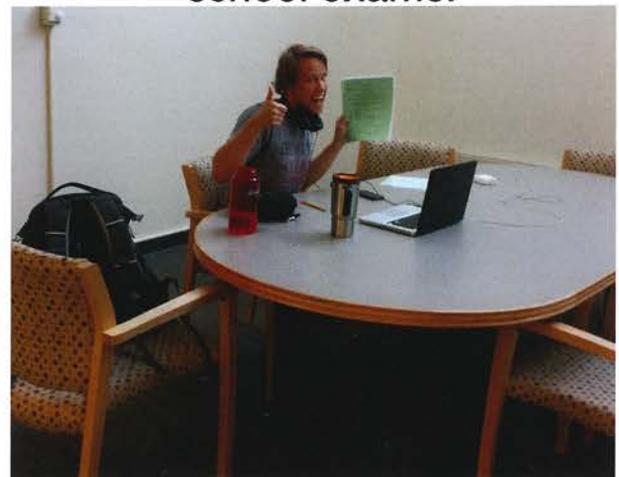
Sakshi Mathur, David Lesko, Jay Patel, Max Newby, David Rosenfeld rest a for a moment during their grueling 8-hour exam day.



Max Vale and Kristen Wymore experience true joy as they turn in their LAST Knowledge Based Exams EVER!

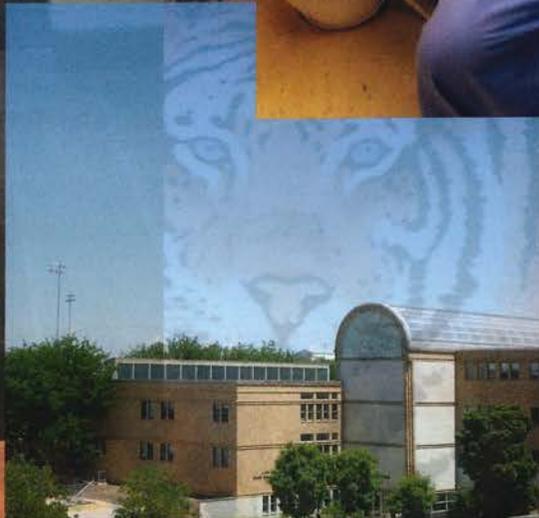


Kelsea Schreiber and Marcin Zuberek, cool as cucumbers, as they work diligently on their last 2nd year medical school exams.





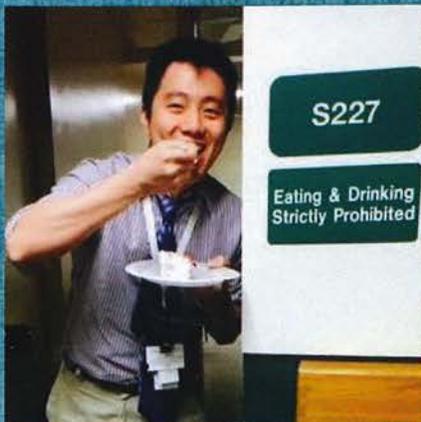
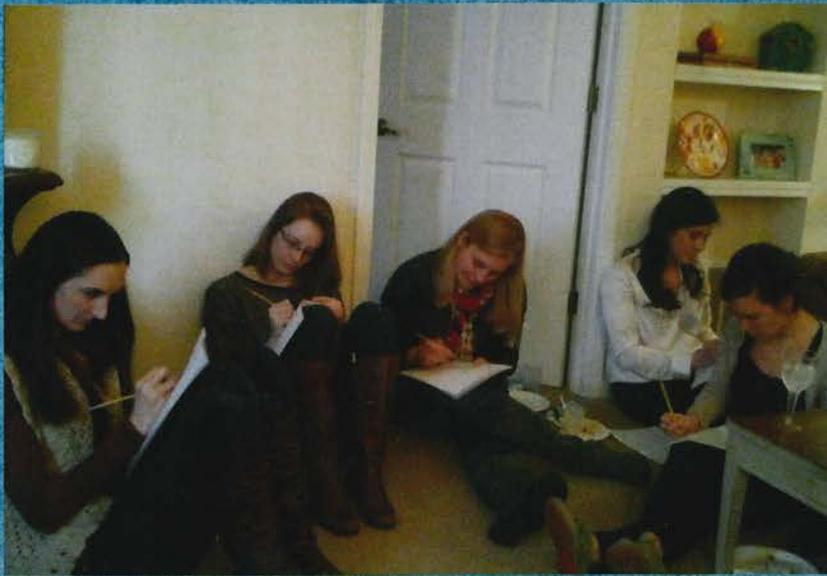


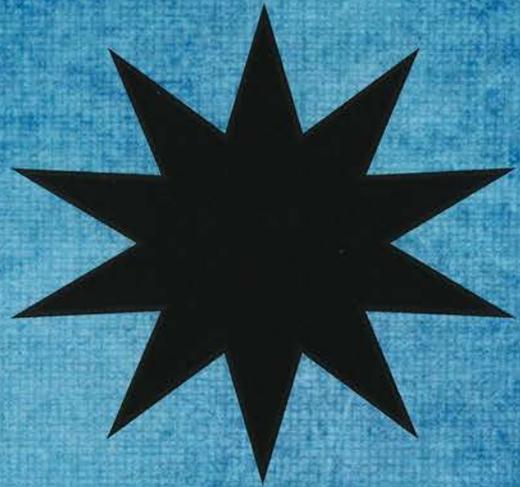


Keep calm and call Doty....

Life on the Floors







Class of 2016: M3 Life



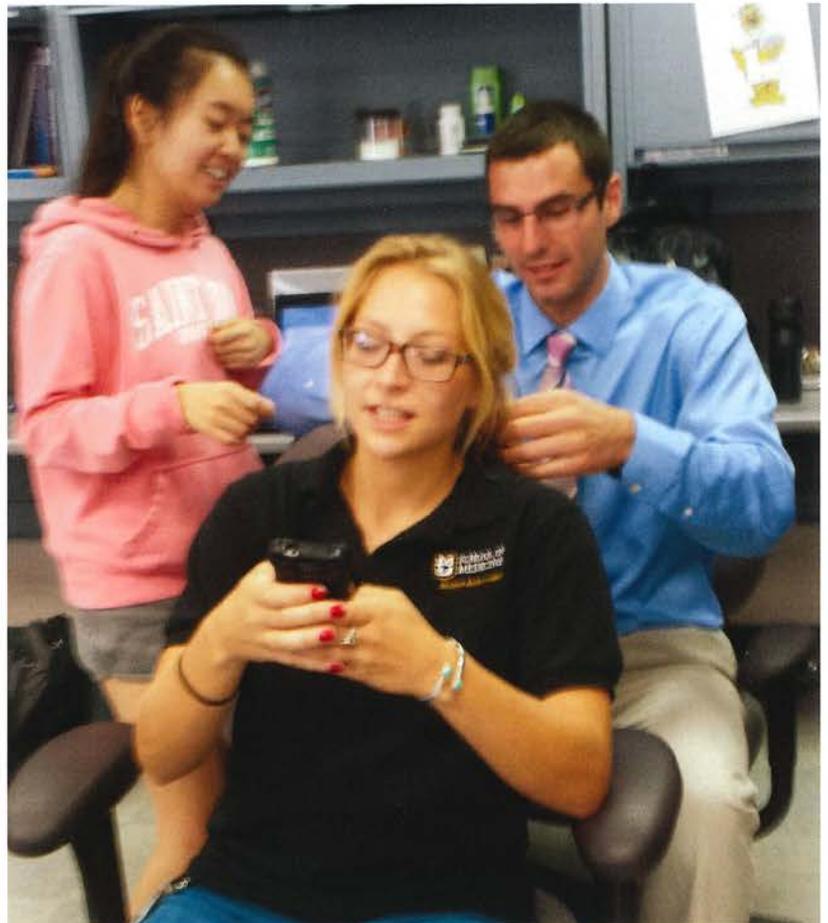
M2 LIFE!

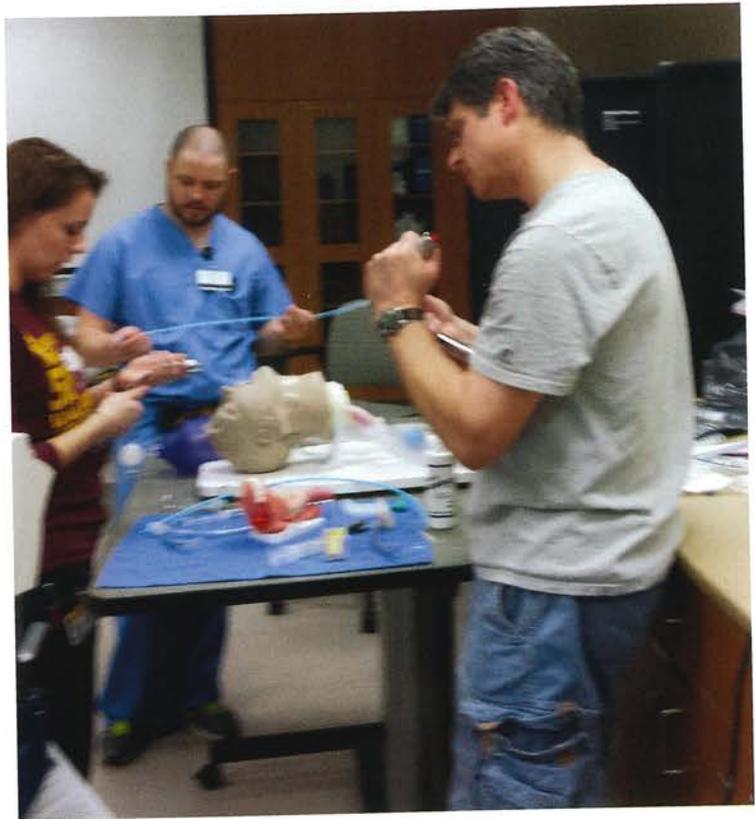


Marlana McDowell, M2

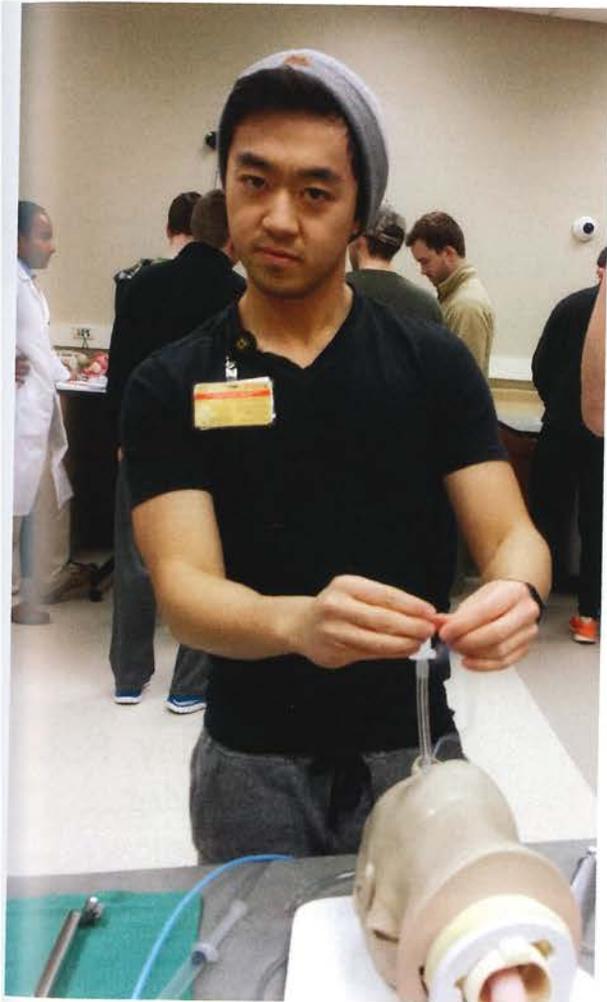


David Rosenfield, Luke Andreas, David Lesko (above) Shizuka Tomatsu, Marlena Szewczyk, Simon Martin (below)





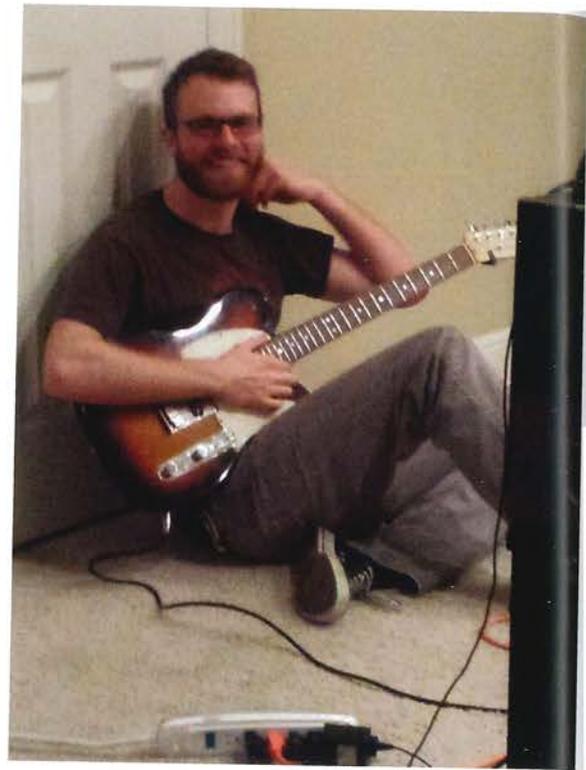
Jeff Swarz (above), Sakshi Mathur (below) and Katie Kwedar (below)



Jiang Li, M2



M2 LIFE!



Jeff Berry (above); Rob Cristel, Marlena Sweczyk, Matt Mooberry, Marcin Zuberek (below)

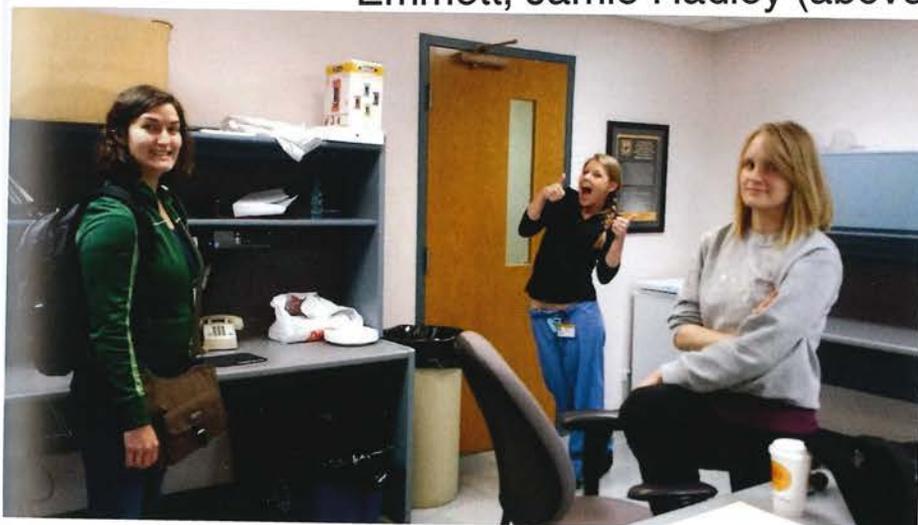


Seungh Ah Lee, David Gilley, Rob Cristel, Tyler Gouge (below)





Sakshi Mathur, Shelby Emmett, Jamie Hadley (above)



Drennen Mirschting, Ashly Ruf, Jamie Hadley, Sakshi Mathur (above) Jackie Ross, Paige Kuhlmann, Patty Yang, Allison Williams, Misty Todd (below)



University of
Missouri School
of Medicine

Medical School Class of 2018



Ashley Albertson



Jakob Allen



Mel Al-Lozi



Nathan Applegren



Emily Bamberger



Nathan Beckett



Sean Bennett



Mike Birkhead



Randall Brown



Melanie Bryan



Alyssa Bujnak



Morgan Carlile



Ariel Carpenter



Aaron Carson



Jonathan Chang



Evan Clark



Kelsey Clary



James Clevenger



Jimmy Cole



Matt Cook



Emilee Dailey



Erin Dalton



Ashley Daniel



Matthew Darrough



Trieu Do



Jeffrey Dorhauer



Julie Duncan



Steven Ebers



Justin Ehrhardt



Liz Ellis



Nick Epstein



Alex Finck



Philip Fish



Emma Frank



Julia Garza



Trevor Gulbrandsen



Julia Hagan



Doug Hanner



Zach Hanson



James Hart



Alex Heck



Bri Herriott



Katie Hocker



Donald Hong



Sara Howe



Alison Huber



Molly Johnson



Amy Johnson



Tyler Johnson



Marty Kamper



Cody Kern



Elan Krojanker



Kelly Lacey



Jared Lammert



Farrah Malik



Lauren Massey

Medical School Class of 2018



Murphy Mastin



John Maurer



Alex McDonald



Colin McDonald



Scott Miller



Ellen Murray



Emily Naclerio



Chelsea Nichols



Stephanie Nill



Meredith Norfleet



Andrew Osborn



Mitch Padkins



Joseph Pauly



Laura Pilgram



David Poole



Megan Prunty



Roshni Rawlani



Angie Richmond



Rebecca Ringling



Cale Roberts



Brigid Rojas



Rene Romig



Kristen Scheitler



Colin Schuster



Jeff Shuler



Nathan Siesener



Jared Sinclair



Joseph Sinnott



Caleb Smith



Ross Smith



Travis Smoot



Jessica Snyder



Antonio Spates



Brad Spence



Claire Spradling



Devin St. Clair



Audra Stallard



Derek Su



Andrea Sweet



Marwa Taranissi



Jacob Taylor



Josiane Tossa



Zachary Treat



Lauren Tucker



Chris Weil



Emily Wein



Christopher Wilson



Elizabeth Worsowicz

Class of 2018



Amiat Agunbiade



Luke Andrea



Nick Arnold



Ryan Bailey



Angela Berger



Jeffrey Berry



Kevin Boehm



Benjamin Breazile



Meryl Brune



Gregory Cejas



Frank Chan



John Clohisy



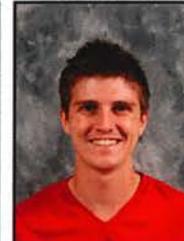
Kelsie Coe



Robert Cristel



Chris Cunningham



Jesse Day



Shan Dehbozorgi



Rylee Duckworth



Shelby Emmett



Whitney Ficker



Michael Ford



David Gilley



Taylor Goldammer



Cory Gooch



Tyler Gouge



Emory Gray



Venkata Gupta



Jamie Hadley



Mamdouh Hanna



Landon Hendricks



Cameron Hinkel



Bryce Hoelscher



Kate July



Stephen Kalkhoff



Alan Keller



Paige Kuhlmann



Katie Kwedar



David Lee



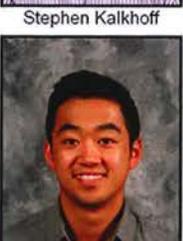
Seung Ah Lee



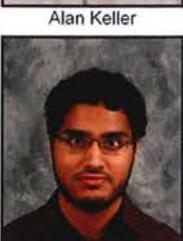
David Lesko



Hal Lewis



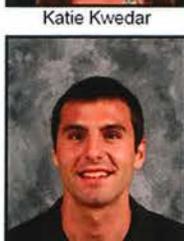
Jiang Li



Shafi Lodhi



Brea Lombardo



Simon Martin



Sakshi Mathur



Kayla Matzek



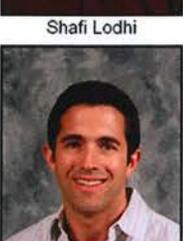
Marlane McDowell



Joe McGreevy



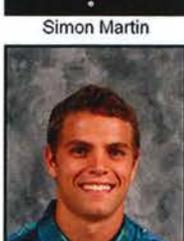
Drennen Mirtsching



Matthew Mooberry



Ryan Morrow



Brett Neill



Jay Nelson



Marina Nemetalla



Maxwell Newby



Class of 2017

Medical School Class of 2016



Owais Abdul-Kafi



Cecilia Albers



Yazan Alghalith



Kristen Allcorn



Matthew Bartley



Lindsey Bauer



Phil Beck



Tony Bell



Matthew Benage



Derek Benham



Darrah Berck



Aaron Borgmeyer



Krystal Brady



Matthew Breite



Brandon Brewer



Lisa Brown



Kaitlin Bruegenhemke



Jack Campbell



Cynthia Chapman



Dennis Chuang



Damon Coyle



Lauren Crawford



Ethan Crider



Ashley Davidson



Heather Deisher



Erik DeLaney



James Dent



Jenna Diaz



Alyssa Easter



Lauren Eversmeyer



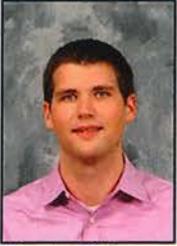
Brady Fleshman



Hannah Freeland



Joseph Frye



Brandon Gallemore



Joshua Geltman



Daniel Grant



Adam Grumke



Jennifer Haslag-Minoff



Allison Haungs



Jackie Herzberg



Nicholas Hopkins



Kassie Hyde



Stephen Johnson



Meghan Kelly



Phillip King



Betsy Koehne



Benjamin Ladner



Joseph Lammert



Victoria Levasseur



Yelena Levina



Benjamin Levinson



Megan Loehr



Ann Lottes



Daniel Lovinger



Threshia Malcolm



Minha Maturana

Medical School Class of 2016



Adam Maxwell



Patrick Mazi



Sara McElroy



Lauren Miles



Emily Milford



Daniel Miller



Arwa Mohammad



Joseph Moore



Michael Moore



Nathaniel Moulton



Ian Newberry



Nathan Nolan



Christopher Norris



Andreas Plackis



Patrick Probst



Steven Propst



Matthew Rendo



James Rudloff



Richard Sargent



Leslie Shock



Kellyn Smith



T J Smolik



Samuel Thompson



Andrew Tran



Lila Wahidi



Alicia Webb



Gregg Werner



Robert Wiggin



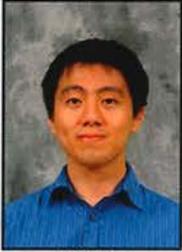
Todd Williams



Samuel Windham



Sydney Young



Yajie Yu



Dominic Zanaboni

Class of 2016

Class of 2015



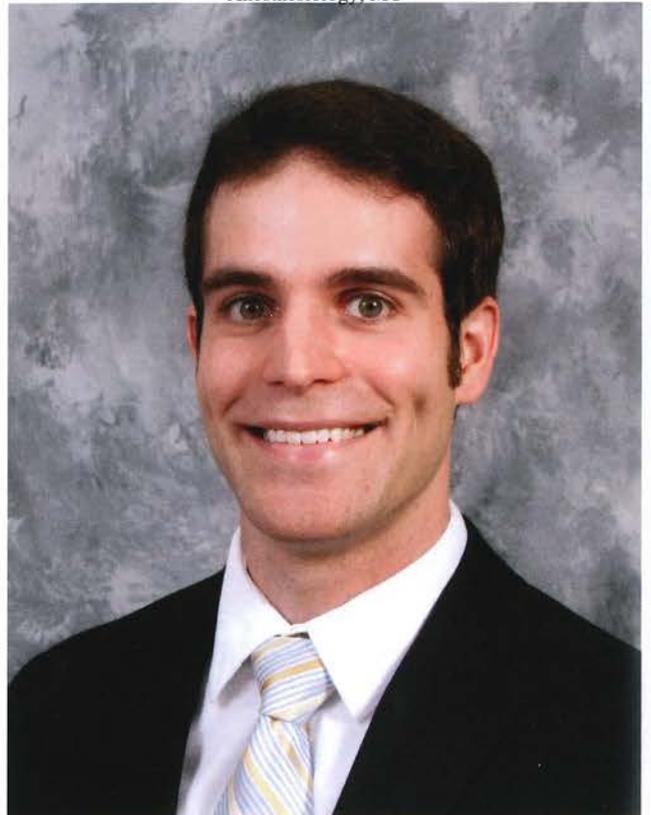
Christopher Bell
General Surgery, Central Iowa Health System



Lucas Blount
Medicine - Preliminary, MU
Anesthesiology, MU



Blake Bodendorfer
Orthopaedic Surgery, Georgetown University



Zachary Bowles
Emergency Medicine, University of Arkansas



Amy Boxer
Internal Medicine, University of Nebraska



Annabel Bradford
Psychiatry, Maine Medical Center



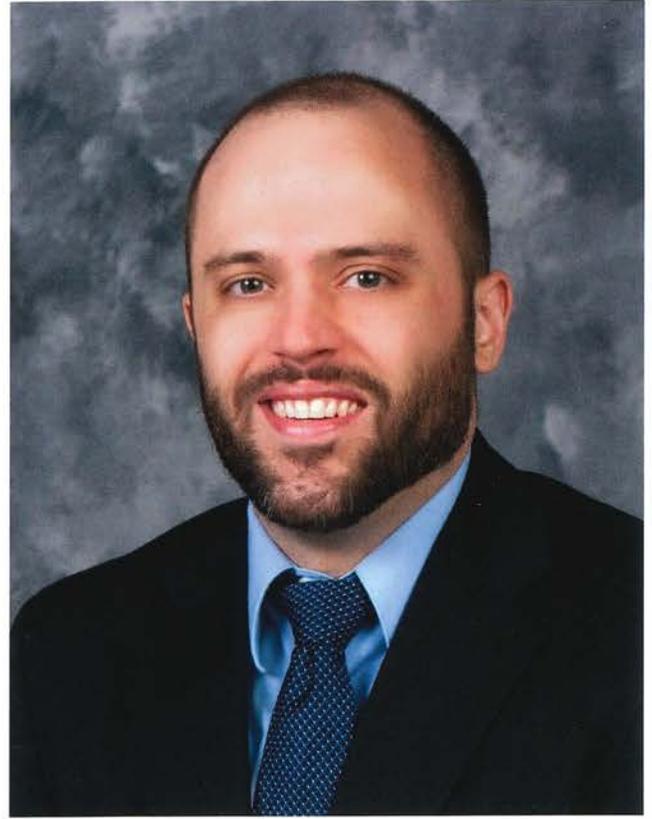
Timothy Buff
Emergency Medicine, University of North Carolina



Chad Byle
Family Medicine, UMKC



Grace Carlson
Internal Medicine, MU



Brett Chamberlain
Psychiatry, MU



Courtney Champagne Crider
Transitional Year, Mercy Hospital
Dermatology, SLU



Shari Chang
Family Medicine, MU



Julie Chase
Pediatrics, Vanderbilt University



Hannah Christiansen
Family Medicine, University of Nebraska Medical Center



Emily Cole
Medicine - Preliminary, MU
Dermatology, Emory University



Douglas Crase
Family Medicine, Univ. of Kansas School of Medicine



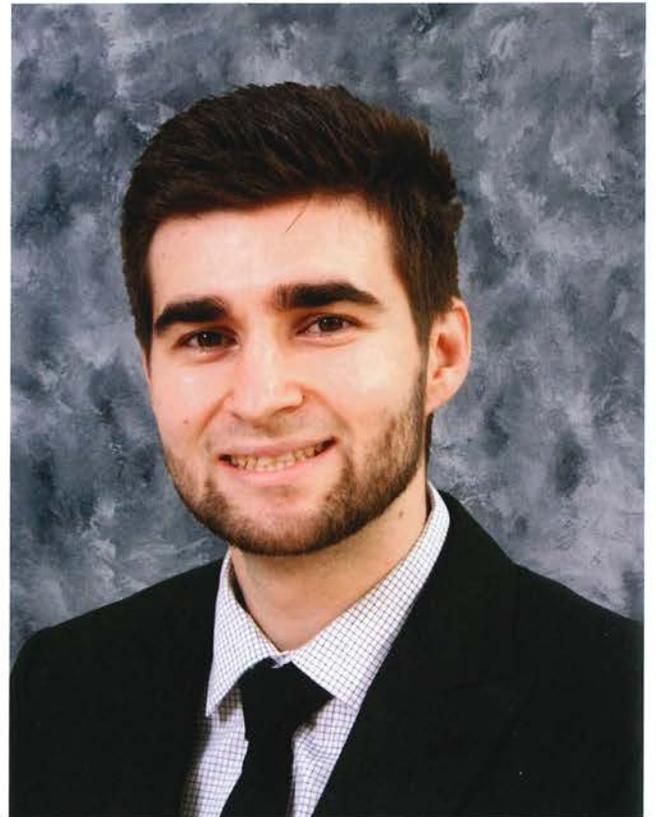
Craigin Currence
General Surgery, Spartanburg Regional Healthcare



Jason Denney
Pathology, Johns Hopkins



Bertram Drury
OB/GYN, Southern Illinois University



Eldin Duderija
Internal Medicine, SLU



Vinh Duong
Internal Medicine, University of Tennessee



Ila Durkin
Psychiatry, MU



Jarrod Dye
Internal Medicine, University of Nebraska Medical Center



Erin Engelhardt
Pediatrics, St. Louis Children's Hospital



Krystal Foster
Family Medicine, MU



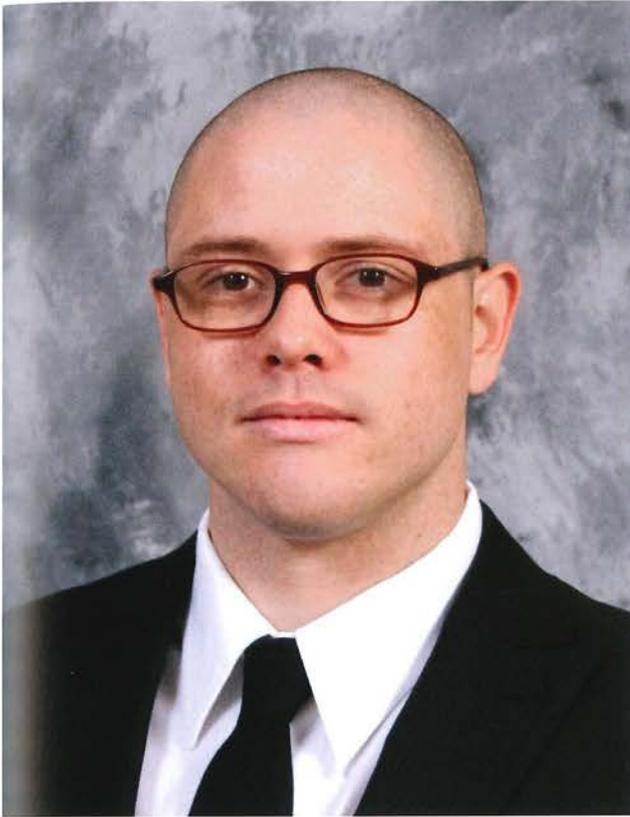
Rachel Frische
Psychiatry, University of North Carolina



Samuel Galloway
Family Medicine, University of California - San Diego



Cameron Gilbert



Jordan Gipson
Emergency Medicine, San Antonio Military Medical Center



Frazer Grant
Emergency Medicine, University of Tennessee



Martin Gregory
Internal Medicine, Barnes-Jewish Hospital



Paul Hampel
Internal Medicine, Mayo



Robert Harper
Orthopaedic Surgery, University of California - Davis



David Hayes
Internal Medicine, SLU



Alex Henderson
Surgery - Preliminary, MU
Urology, MU



Jesse Hirner
Transitional - Mercy Hospital Saint Louis
Dermatology, MU



Lucas Hockman
Surgery - Preliminary, MU
Urology, MU



Brandon Huffman
Internal Medicine, Mayo



Natalie Hughes
Internal Medicine, University of Florida



Majdee Islam
Surgery - Preliminary, University of Colorado
Urology, University of Colorado



Samuel Jersak
Internal Medicine, Ohio State University Medical Center



Megan Johnson
OBGYN, MU



Jacob Jones
Pediatrics, Univ. of Texas Southwestern Medical School



Robert Jones
Pathology, Johns Hopkins Hospital



Sarah Kapala
Family Medicine, MU



Allek Kelm
Pediatrics, Univ. of Kansas School of Medicine



Michelle Kenney (Pickens)
Pediatrics, MU



Mohammed Khan
Medicine Preliminary, MU



Joanna Kimball
Internal Medicine, Univ. of Kansas School of Medicine



Jennifer Kim
Anesthesiology, University of Texas



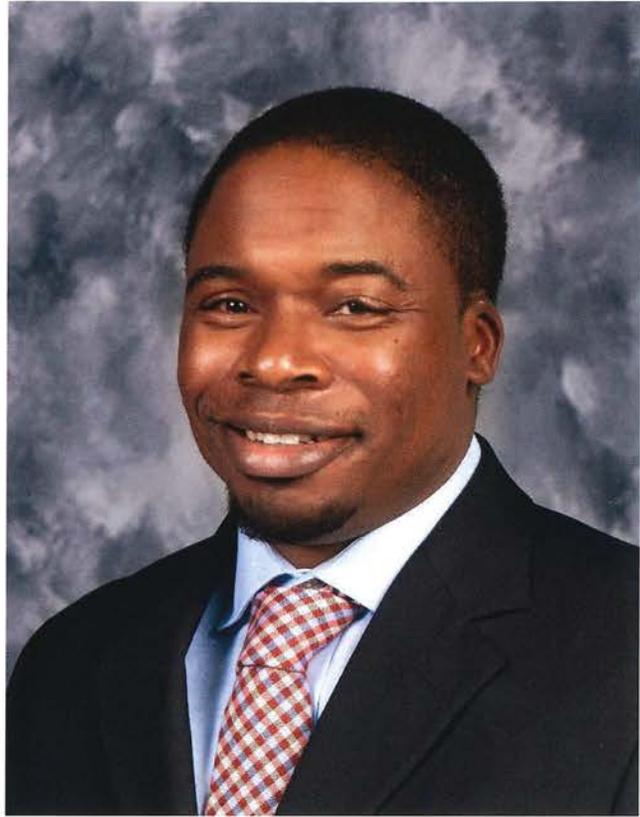
Robert Kirkland
Transitional, Resurrection Medical Center
Radiation - Oncology, University of Alabama



Kelsey Klostermeyer McDill
Pediatrics, Palmetto Health



Elsa Kracke
Pediatrics, Phoenix Children's Hospital



Ontario Lacey
Internal Medicine, Naval Medical Center San Diego



Viet Le
Medicine - Preliminary, University of Colorado
Radiology, Baylor



Troy Loethen
Internal Medicine, MU



Kaleen Long
Pediatrics, MU



Kathleen Long
Medicine - Preliminary, MU
Dermatology, MU



Marcia Mains
OB/GYN, University of Tennessee



Nila Manandhar
Internal Medicine, University of South Carolina



Ravinder Mankoo
Internal Medicine, MU



Jeffery Marks
Surgery - Preliminary, University of Colorado
Urology, University of Colorado



Shannon Marsden
Family Medicine, Cox



John Matera
Internal Medicine, University of Chicago



Lindsey McDaniel
Transitional, Mount Carmel
Ophthalmology, MU



Aaron McLaughlin
Pediatrics, SLU



Lynn Mercer
Pediatrics, Naval Medical Center San Diego



Rachel Meyen
Psychiatry, Harvard South Shore



Kathryn Mohr
Med/Peds, MU



Kristin Morrison
Pediatrics, Children's Mercy Hospital



Ryan Neff
Otolaryngology, University of Kentucky



Austin Ostermeier
Pediatrics, Cincinnati Children's Hospital



Taylor Jersak (Pancoast)
Med/Peds, Ohio State University



Deepika Parmar
Pediatrics, Kaiser Permanente



Garret Powell
Transitional, Gundersen Lutheran Medical Foundation
Radiology, Mayo



Nandan Prasad
Emergency Medicine, Thomas Jefferson University



Angela Pullen
OB/GYN, Crozer-Chester Medical Center



Desiree Raygor
General Surgery, University of Florida



Mark Reed
Internal Medicine, MU



Kyle Riggs
Thoracic Surgery, North Shore-Long Island Jewish Health System



Jonathan Shirshekan
Med/Peds, MU



Katelyn Smelser
Med/Peds, Univ. of Missouri- Kansas City



Woodson Smelser
Surgery - Preliminary, Univ. of Missouri- Kansas City
Urology, University of Kansas Medical Center



Adam Smith
Emergency Medicine, Maricopa Medical Center



Michelle Spiegel
Internal Medicine, Medical University of South Carolina



Lauren Umstatt
Otolaryngology, MU



Christopher Streiler
Internal Medicine, Univ. of Kansas School of Medicine



Stacey Sudholt
OB/GYN, Rush University Medical Center



Dave Tapscott
Orthopaedic Surgery, Southern Illinois University



Ezekial Tarrant
Anesthesiology, University of Alabama



Merryl Terry
Medicine - Preliminary, MU
Ophthalmology, University of Kansas School of Medicine



Elizabeth Tidwell
OB/GYN, Texas A&M



Lauren Tran
Psychiatry, MU



Erin Twellman Stroud
Pediatrics, St. Louis Children's Hospital



Rindi Uhlich
General Surgery, Univ. of Alabama Medical Center



Abby Warren
Plastic Surgery, University of Texas Southwestern



Bethany Wicker Crawford
Pediatrics, MU



Sarah Williams
Family Medicine, Cox



Marguerite Winkler
General Surgery, David Grant Medical Center



Xizheng Xu



Louis Zhang
Vascular Surgery, University of Southern California



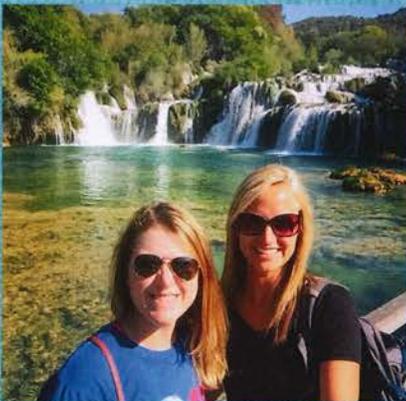


M4 Life



Class of 2015!







Katie & Woody



Match Day 2015

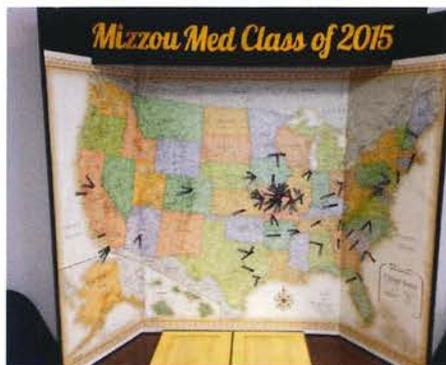
The Class of 2015 had a 99% match rate!

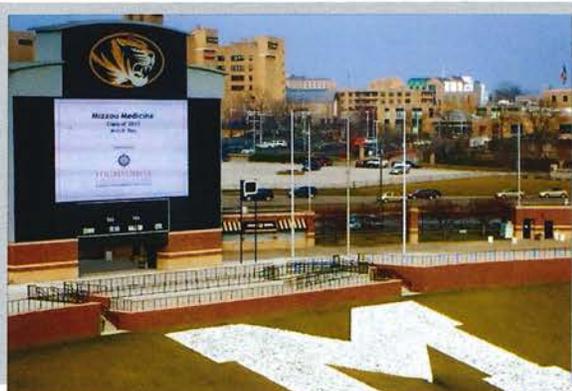
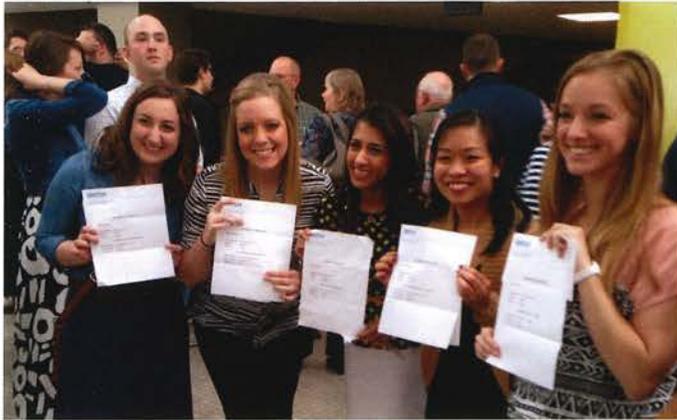


Christ & Kristen

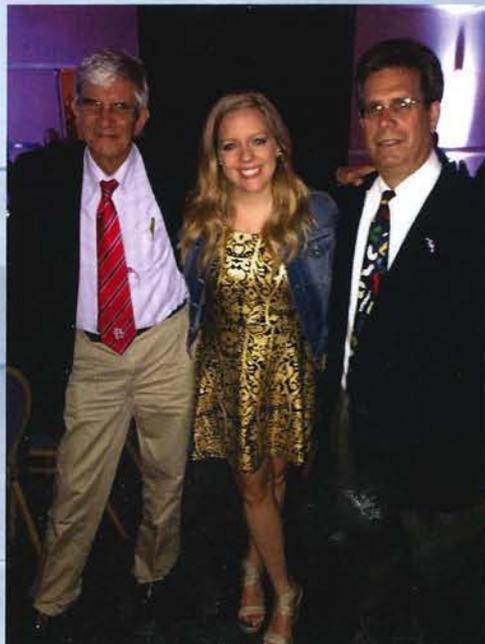


TJ, Elizabeth, and Steven





Senior Banquet









SENIOR PHOTO BOOTH





White Coat Burning!

Out with the old and in with the new. Transitioning from med school to residency not only means going from student to doctor. It also marks the long awaited transition from short coat to long! A traditional right of passage is the burning of the less than flattering short white coat. Goodbye short coat!





GRADUATION Class of 2015



Declaration of Geneva

At the time of being admitted as a member of the medical profession;

I solemnly pledge to consecrate my life to the service of humanity;

I will give to my teacher the respect and gratitude that is their due;

I will practice my profession with conscience and dignity;

The health of my patient will be my first consideration;

I will respect the secrets that are confided in me, even after the patient had died;

I will maintain by all the means in my power, the honor and the noble traditions of the medical profession;

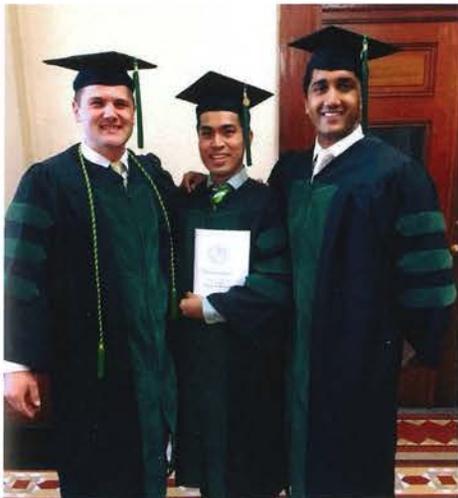
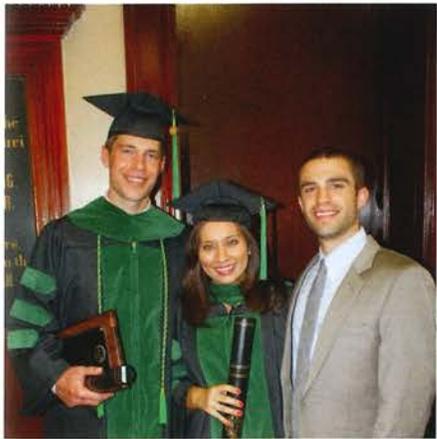
My colleagues will be my sisters and brothers;

I will not permit consideration of age, disease or disability, creed, ethnic origin, gender, nationality, political affiliation, race, sexual orientation, social standing or any other factor to intervene between my duty and my patient;

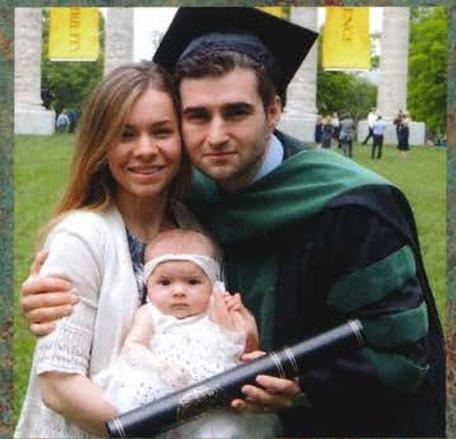
I will maintain the utmost respect for human life;

I will not use my medical knowledge to violate human rights and civil liberties, even under threat;

I make these promises solemnly, freely, and upon my honor.



Class of 2015





Class Speaker: Rachel Frische

Good Afternoon!

School of Medicine Deans, Faculty, Families, Friends, and Honored Graduates...

I don't have enough words to express my gratitude for the chance to speak with you on this tremendous day- a day we've been waiting for for at least 1,391 days, but who's counting, right? Today is a day of achievement, the culmination of all of our hard work to obtain this piece of paper worth even more than its weight in gold.

We share in this achievement, as well as the responsibilities that it brings. And responsibilities- there are many. The obvious one is that I hope we, as superb doctors, will practice superior medicine. But I also hope that we have the courage to follow our intuition when something makes us feel uneasy. In memory of the late Maya Angelou, I quote: "Without courage, we cannot practice any other virtue with consistency." Medicine is a noble practice, but it is not perfect. It can be good, but it is not always fair. We must remind ourselves of this as we labor to improve our shared practice. And as we continue to grow and learn as physicians, we will confront situations that force us to think of the world in terms that aren't simply black or white, right or wrong. We thus must strive to find beauty in the gray area, and revel in the nuances and complexities that make medicine a form of art. It is never simple, but simple is not what we signed up for.

While in medical school they've taught us to think like doctors, but I hope we also don't forget to think like human beings. Because in the end, the practice of medicine is a deeply personal and human experience. It is a delicate and demanding art where the end result of medicine practiced well is a renewed life for our patients- free from the pain, suffering, fear, and anxiety that illnesses may burden us with. I also hope we will feel it incumbent upon ourselves to treat even the non-biological issues of this world- identifying ourselves not only as doctors after today, but also as activists, peacemakers, statesmen, ambassadors, innovators, philosophers, and engineers. And above all, that we become artists, always pushing the limits and our dreams of what medicine can accomplish.

At the end of this long journey we've erred countless times, but more importantly with the help of our mentors, faculty, residents, and fellow classmates- we have persevered. We've gone from sweaty-handed, shaky-voiced students into compassionate, confident physicians. We've delivered life into this world, and we've had life taken from us. We have learned to perform the most invasive of exams, and asked very personal questions with the utmost respect and dignity. The next chapter in our education begins now. Residency will push us harder and further than we ever thought possible, and I know each and every one of us is ready to embrace that challenge. Hippocrates himself would accept nothing less than a continuous desire to expand, deepen, and transmit our knowledge as healers, and we will do just that.

A leader in healthcare, Dr. Don Berwick, states that “those who suffer need you to be something more than a doctor; they need you to be a healer. And, to become a healer, you must do something even more difficult than putting your white coat ON. You must take your white coat OFF. You must recover, embrace, and treasure the memory of your shared, frail humanity – of the dignity in each and every soul. When you take off that white coat in the sacred presence of those for whom you will care – in the sacred presence of people just like you – when you take off that white coat you become a healer in a world of fear and fragmentation.” I have great faith in each of you that you can accomplish this, and am so incredibly proud to call you all my colleagues.

Finally, I thought I would share some encouraging words from a doctor that I have become all too familiar with as of late:

Congratulations!
Today is your day.
You're off to Great Places!
You're off and away!

You have brains in your head.
You have feet in your shoes.
You can steer yourself in any direction you choose.

You'll be on your way up! You'll be seeing great sights!
You'll join the high fliers who soar to high heights.

You won't lag behind, because you'll have the speed.
You'll pass the whole gang, and you'll soon take the lead.
Wherever you fly, you'll be best of the best.
Wherever you go, you will top all the rest.

With banner flip-flapping, you'll ride high!
Ready for anything under the sky.

Be sure when you step. Step with care and great tact, and remember that life's a great balancing act. Just never forget to be dexterous and deft. And never mix up your right foot with your left.

And will you succeed? Yes! You will, indeed! (98 and 3/4 percent guaranteed.)
You'll move mountains.

Congratulations! Today is your day.
Your mountain is waiting. So...get on your way! (Dr. Seuss)

Thank you and congratulations, doctors!

Rachel Frische M.D.



Class Speaker: Robby Jones

Class of 2015. Thank you for choosing me to speak today. It is a huge honor...and also slightly terrifying.

But I think a lot of us are slightly terrified right now. We're moving to new cities. We'll be making new friends. And as residents, we'll have lots of new responsibilities, where patients will literally be trusting us with their lives. This is the day we've been dreaming about for years. But now that it's here, all of this "new-ness" feels kind of overwhelming.

As most of you already know, I've spent the last five years living and working at St. Francis House, which is a homeless shelter for men who struggle with mental illness. My favorite resident there is a very sweet, very schizophrenic 70-year-old named William.

And I know we're not technically supposed to have favorites, but William is my exception to that rule, because he's the first person I've ever really taken care of. I shave him and help him shower. I make him bologna sandwiches. Multiple times each day, I empty the urine catheter bag that Velcro's around his leg. And most nights around 10 o'clock, I even tuck him into bed.

Sometimes I wonder if William is regressing in his old age, or if I'm enabling that regression. When you work with people who have special needs, there's such a fine line between caretaking and codependency. And I think our relationship is maybe a little of both.

Because there are times when I resent William, for the constant interruptions and inconveniences, for being clingy and stubborn and often demanding. But there are also moments, like when I'm tucking him into bed at night, where I see the best version of myself reflected back. Caring for people changes us. And as doctors, we'll have lots of opportunities to care.

As I'm leaning over William's bed at 10 o'clock every night and pulling the blankets up to his chin, we have the same, recurring conversation. I always ask him how is day was. And he always replies: "Pretty good...so far."

And this very concise and almost ominous response has always struck me as enigmatic. How can his day be "pretty good...so far" when he's getting tucked into bed? His day is over. He is five minutes from falling asleep.

I've never actually asked William to clarify what he means, for two major reasons. One, I kind of like the mystery. And two, I think I prefer my own interpretation to the probable reality.

Because in all likelihood, William is just being fatalistic and curmudgeonly, thinking "Things have been pretty good, but at any moment, they could drastically turn for the worse." And I get it, because I'm a lot like William in that regard. I don't know why my brain works the way it does but, even in my happiest moments, I often find myself rehearsing all the ways that things could go wrong. And I don't want that for any of us, especially on a day as momentous as this one.

So if there's one thing that I hope you remember from my speech today, it's this theme of choice. We get to choose what we believe and why we believe it. We get to choose how we interpret the world around us.

Because there's also the possibility, though it's a very small one, that William could mean just the opposite—that "Things have been pretty good, but...who knows? They might get even better." Even in those last five minutes of wakefulness.

And that's the interpretation I'm choosing to believe, not even because it's necessarily accurate, but because it's meaningful to me. Because starting over, in a new city with new friends and a new job scares me. And because it's the perfect nightly reminder of something that I often forget: that things might actually turn out really, really good.

The last four years haven't been easy. We've struggled and doubted ourselves and thought about quitting at times. There have been many moments where we've been slightly terrified. But today, we're leaving Jesse Hall as physicians. And I think that means we've done "pretty good...so far."

But as we go out into the world, and hopefully change the world in our own small ways, let's always remember the choice that we have. We can choose learn from people like William, from our patients, from those who never even intended to teach us. And sometimes, these unintended lessons are the most important ones.

Robby Jones M.D.



Closing Remarks: Mark Reed

I don't know what to say. In the next 5 minutes or so I'm supposed to congratulate all of you and give you some kind of wisdom or inspire you. I've been given some pretty difficult tasks in the last 4 years, thanks mostly to the faculty sitting behind me. But I really didn't think the hardest thing I would have to do would come from my fellow classmates, so thank you so much for that. But here we are.

So, I don't know what kind of advice a career student like me can give all of you who have had wonderful life experiences that are honestly deflating to my personal ego. Because the truth is, a lot of you are going into things that I really don't like. Just being honest. The fact is that the strategies that worked for me when I was doing your chosen discipline, are probably not good things to do for your career. For instance, counting down the days gets awful long when you've chosen to do this for the next 30 years. And when that doesn't work you can't always sit in your shower and make a pro and con list about whether or not to get up and go to work today. However, you may borrow my personal power mantra which is, "If Britney Spears can make it through 2007, I can get through today."

So to figure out what I should say, I did what any guy who has been in school for 75% of his life does when he found out he was supposed to do the impossible, I asked for help. And I asked for help from a lot of you. I asked you guys, what am I supposed to do up there? I got some really great advice. From the concrete ideas like inspiration quotes by Maya Angelou. Then I got the very philosophical, "I don't know, just keep it funny." Well I'm trying. But I also got the same response from most of you, "I'm not worried, you'll do great." Which sounds nice, but I'm worried enough for all of us about this. And despite all of your great advice and words of wisdom, I was still nowhere fast.

So I decided to hit the books. I've done it for the past 8 years and it worked before, I don't see why it wouldn't work again. And no, it wasn't First Aid. It was a book that is pretty famous around our circles called the House of God by Samuel Shem. For those of you who are not aware, it's a satire about the first year at a teaching hospital for someone's intern year. As this naïve intern goes through, he learns some pretty quick and hard rules about surviving. And while some of these are not great advice (for instance $BUN + Age = Lasix \text{ dose}$) there are some pretty nice things to pick up from this. So I thought I would keep it high yield.

The one that I think I like the most goes a little something like this. The patient is the one with the disease. And I thought, at the time, I never really understood what that meant because I interpreted it in a totally different manner. And I think the point of the book and what he's trying to get to is to say, you're going to see some bad things. That's the hard truth of what you've decided to do. And it's not going to get any easier. But the point is, you've gotta wake up every day and face the day. Whether you sit in the shower or you've got a power mantra, you have to face the day. But I didn't see it that way. I missed a big part of the book because I thought it meant that it's not the disease that is in your waiting room. It's not the disease sitting in a hospital bed. It's the patient who has just been saddled with that disease.

So, I had an epiphany. I realized very quickly in medical school that I probably wasn't going to have Robbins memorized, or even the first chapter of First Aid 80% down. But I was nervous, as I think a lot of you are going forward and walking out that door. You have to realize that you're no longer provided the safety net of hiding in the background. At some point you're going to have to do something. Unfortunately, right? But what I learned was, you may not know everything there is to know. And you probably shouldn't know everything... even though some of you did a pretty darn good job. What I found out was that it's ok to not have all the answers. I can't name the 4 types of thyroid cancer, and it's good enough that I know that there are 4! But what I did learn is that's not really the important part, is it? I missed an important part of medical satire because from day one I had been taught that the most important thing is the patient. They are without a doubt the most unique and hardest working individuals that you will have the pleasure to meet. And I think it's really important to remember when you feel tired, it's not the problem walking through your door, it is somebody with that problem. That's when I realized the medical school had instilled so many good values in me. That I'm ok with not knowing everything, but I will sure be darned if I don't treat every person the same way and with the same compassion that I expect all of you will do as well.

So, that being said, what do I tell a bunch of people who I've had the absolute pleasure of playing second fiddle to throughout my medical school career? Not really anything. As long as you go forward with the same values that the medical school has taught us since day one. Sure, you may not get every joke in a piece of fiction, but you'll be darn good doctors. It's been my pleasure to get to know all of you as competent physicians and compassionate doctors. Thank you so much for letting me be here.

Congratulations Class of 2015, you deserve it!

Mark Reed, M.D.



Congratulations Dr. Kara,
*We are so proud of you! You have always
 been a blessing to us and will be a
 blessing to your patients too !*



We Love You !
**Mom, Dad, Bryan
 & Abbiqail**

Congratulations,
Dr. VINH QUANG DUONG
 Wishing you much success,
 healthy, I am so proud of you!
HAPPY BIRTHDAY 5/25 !
 Love, Mom.

Calling Dr. Marcia, Dr. Mains,
 Dr. Marcia,

You're needed at the UT
 Medical Center in Knoxville,
 STAT

Congrats to you on your
 educational achievements and
 your continuing medical
 journey, Love, Mom, Dad,
 Family and Friends



Congratulations Kristin and Chris!

Missouri Orthopaedic Institute



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BEST WISHES AND BEST OF LUCK GRADUATES!



Department of
Internal Medicine

Congratulations Class of 2015!



The Hugh E. Stephenson Jr.
MD. Department of
Surgery

- Congratulations -
Dr. Luke Hockman, M.D.



Luke,
 You did it! We finally have a real doctor in the "house." We are so proud of you and all of your hard work toward accomplishing your dreams!



We love you!
 Dad, Mom, Kasey & Jake

Krystal,



We are so proud of you! You set your goal, worked hard and now you are an MD!



Love, Mom, Dad, Amanda & Sierra



Congrats Dr. Tony! *Whoops!* Dr. Frazer we meant to say.

Congratulations Class of 2015! Best Wishes!



Department of
Emergency
Medicine



Congratulations
2015 Graduates!



Department of
Psychiatry

CONGRATULATIONS!
MEDICAL SCHOOL
CLASS 
OF
2015

All the best to you ...
personally and professionally

DEPARTMENT OF
**Family &
Community**
MEDICINE

Dr. Paul J. Hampel



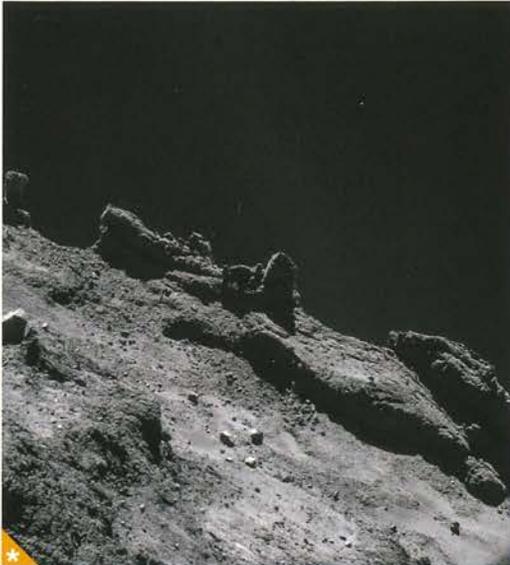
Congratulations Paul! So proud of your accomplishments and of who you are! God bless your path-it suits you well. Love, Dad, Mom, and your Family



Best Wishes, Class of 2015!



AUTOGRAPHS



★ A spacecraft launched by the European Space Agency 10 years ago successfully landed a robotic probe on the surface of a comet. The probe, named the Philae, immediately sent back pictures and was expected to monitor the comet for four to five months.

★ SpaceShipTwo, one of the planes for Virgin Galactic's new space tourism company, crashed in the Mojave Desert during a test flight. One of the plane's two pilots was killed, and the company's test flight program was set back several months.

★ After 20 seasons, New York Yankees shortstop Derek Jeter retired. The 14-time All Star finished his career as the Yankees' leader in hits and games played. His final total of 3,465 hits was the most ever by a shortstop.



★ Lava from the Kilauea volcano on the big island of Hawaii destroyed a house in November, five months after the lava flow began. No one was injured. Residents had been on alert to evacuate since June, and were moving possessions out of their homes to protect them.

★ The National Football League began working with NO MORE, a national anti-domestic violence awareness campaign, after some incidents involving players came to light. One of those involved Baltimore Ravens running back Ray Rice, who was suspended by the NFL.

key

- ★ News
- ★ International news
- ★ Trends
- ★ Entertainment
- ★ Sports
- ★ Science and Tech

year*in review



most popular video games

- "Titanfall"
- "Call of Duty: Advanced Warfare"
- "Madden NFL 2015"
- "Destiny"
- "Grand Theft Auto V"
- "Minecraft"
- "NBA 2K14"
- "The Lego Movie Videogame"
- "Battlefield 4"

Sources: CNBC, playstationlifestyle.net



★ Fans flocked to see "The Hunger Games: Mockingjay – Part 1" around the holidays. The first of two movies scheduled to be made based on the final book in "The Hunger Games" series drew rave reviews.

★ Devoted Harry Potter fans received a special treat when author J.K. Rowling published six new short stories on the Pottermore website that provided a whole new round of backstory on the Potter world.



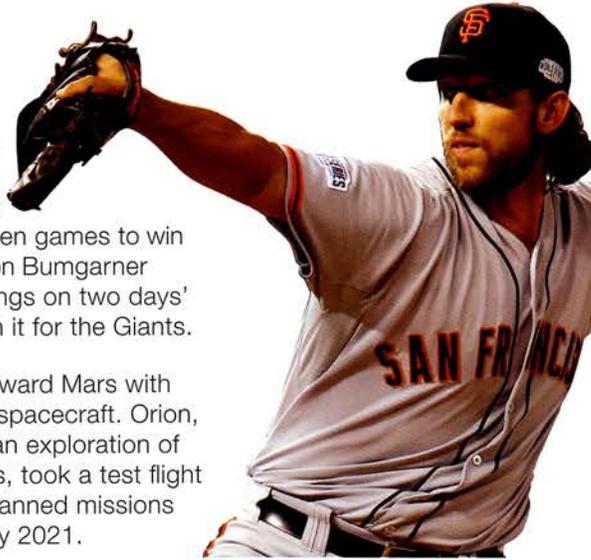
★ iPhone sales surpassed 500 million devices as Apple released the iPhone 6 and 6 Plus. The newest iPhones came with the largest screen size to date and an improved camera.



★ On the strength of her 70-mph fastball, 13-year old Mo'ne Davis became the first girl to pitch a shutout and get a win in the Little League World Series. The Associated Press named Davis, who also plays basketball and soccer for her school in Philadelphia, the Female Athlete of the Year.

★ In an unexpected matchup of two wild card teams, the San Francisco Giants defeated the Kansas City Royals in seven games to win the 2014 World Series. Madison Bumgarner pitched five shutout relief innings on two days' rest in the final game to clinch it for the Giants.

★ NASA took its first steps toward Mars with the initial launch of the Orion spacecraft. Orion, which was designed for human exploration of the moon, asteroids and Mars, took a test flight in December. It was hoped manned missions with Orion could take place by 2021.



★ The latest hit movie from the Marvel universe, "Guardians of the Galaxy," earned more than \$330 million at the box office and introduced a new group of misfit superhero space characters out to save the world.

★ Malala Yousafzai, 17, of Pakistan, received the Nobel Peace Prize for her work supporting the education of women in her country. Kailash Satyarthi of India also received the Peace Prize for his work in freeing children from forced labor. Both went about their work at great risk to their lives.



★ Teen girls were wearing dresses inches above the knee, jeans, leggings and jeggings with baby doll tops and even laced combat boots. Scarves and fringe were among the accents. Layered looks remained in style for both guys and girls. Guys were sporting jogger pants with elastic cuffs and jeans with or without rolled cuffs.

★ The Ohio State Buckeyes won the first ever College Football Playoff, defeating the Oregon Ducks, 42-20, in the national championship game. Third-string quarterback Cardale Jones led the way for the Buckeyes in the final three games, after Ohio State's top two quarterbacks went out with injuries.



year*in review



★ Taylor Swift released her newest album, "1989," and it sold more than a million copies in the first week, which made Swift the first artist to ever have three straight albums accomplish that feat. The first single, "Shake It Off," was the number one pop song for more than a month.

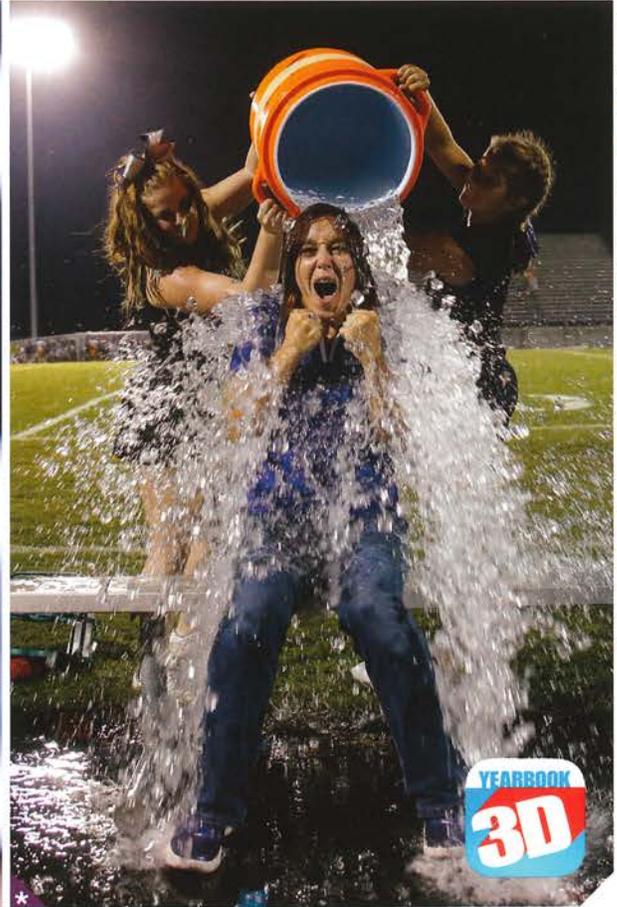


Photo by Mike Carlson, River Ridge High School, New Port Richey, Fla.

★ A campaign to raise awareness for ALS called the Ice Bucket Challenge went viral across social media, with participants filming buckets of ice water being dumped over their heads, pledging donations, and then challenging others to do the same. The ALS Association estimated more than \$100 million was donated to its cause.

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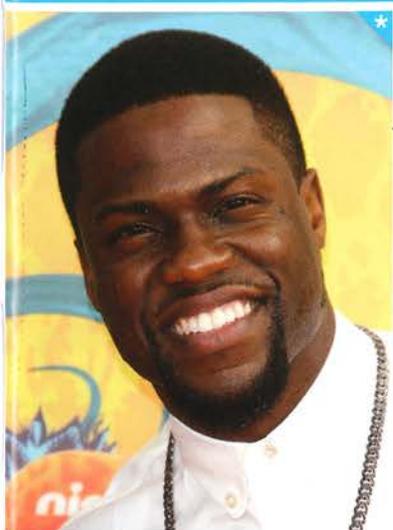
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Photo Credits: Newscom

teen choice awards winners

- ★ Choice Comedian: Kevin Hart
- Choice Reality Show: "The Voice"
- Choice Rock Group: Imagine Dragons
- Choice R&b/Hip-Hop Artist: Iggy Azalea
- Choice Drama TV Show: "Pretty Little Liars"
- Choice Movie (Drama): "The Fault in our Stars"



★ President Barack Obama issued an executive order offering millions of illegal immigrants the chance to apply to stay in the U.S. temporarily if they have lived in the U.S. more than five years, have children and pass a criminal background check. Questions were raised about Obama's use of executive action versus working to get an immigration bill through Congress.

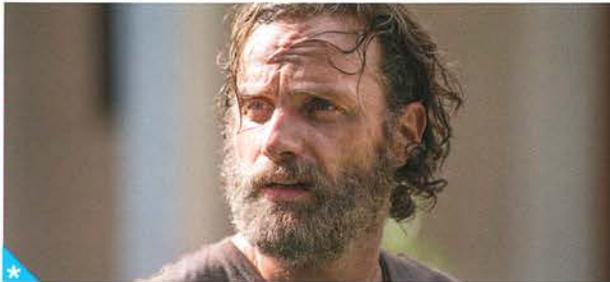
★ The nominees for Best Picture at the Oscars included "Boyhood," a coming-of-age film that was shot over the course of 12 years and showed a young boy and his sister growing up through their school years. Other nominees included "American Sniper," "Birdman," "The Imitation Game," and "Selma."

★ Ridesharing service Uber expanded to more than 200 cities. Smartphone users were able to arrange rides via the Uber app. However in many cities taxi drivers protested Uber, claiming they were avoiding the fees and restrictions taxi companies face.

★ In his first year as host, comedian Jimmy Fallon helped boost the ratings of "The Tonight Show" for the first time in years. Fallon introduced the traditional late-night show to younger viewers with comedy bits that quickly became viral video sensations.



Photo from AMC Networks



★ AMC's zombie drama "The Walking Dead" continued to gain viewers. The show's season 5 premiere was watched by more than 17 million people, making it the most-watched episode in cable TV history.

★ Not many had a better year than Pharrell Williams. The singer, songwriter and producer earned six Grammy nominations, including Album of the Year for his latest album, *Girl*. Plus, Williams' song "Happy" was a number one hit.

most popular songs

1. "Happy" - Pharrell Williams
2. "All of Me" - John Legend
3. "Stay With Me" - Sam Smith
4. "Turn Down For What" - DJ Snake and Lil Jon
5. "Let It Go" - Idina Menzel

Source: Facebook

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year*in review

athletes with most twitter followers (U.S.)

1. LeBron James
16.6 million
2. Shaquille O'Neal
9 million
3. John Cena
6.6 million
4. Kobe Bryant
5.8 million
5. Carmelo Anthony
5.7 million

Source: Twitter

★ NBA superstar LeBron James shocked many by choosing to return to his hometown team, the Cleveland Cavaliers, after becoming a free agent. James began his career with seven seasons in Cleveland, before leaving to lead the Miami Heat to two NBA titles in four years.

★ California architect Greg Henderson invented a prototype hoverboard. The "Hendo" hoverboard glides just a few inches above metal surfaces using four engines that emit magnetic fields and push against each other.

★ Republicans gained control of the House and Senate in the midterm elections. Issues before Congress could include the Keystone XL pipeline, immigration and health care.

*midterm congressional election results

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Democrats 
 Republicans 
 Independents 

members before

house of representatives

198  232

senate

54  45

members after

house of representatives

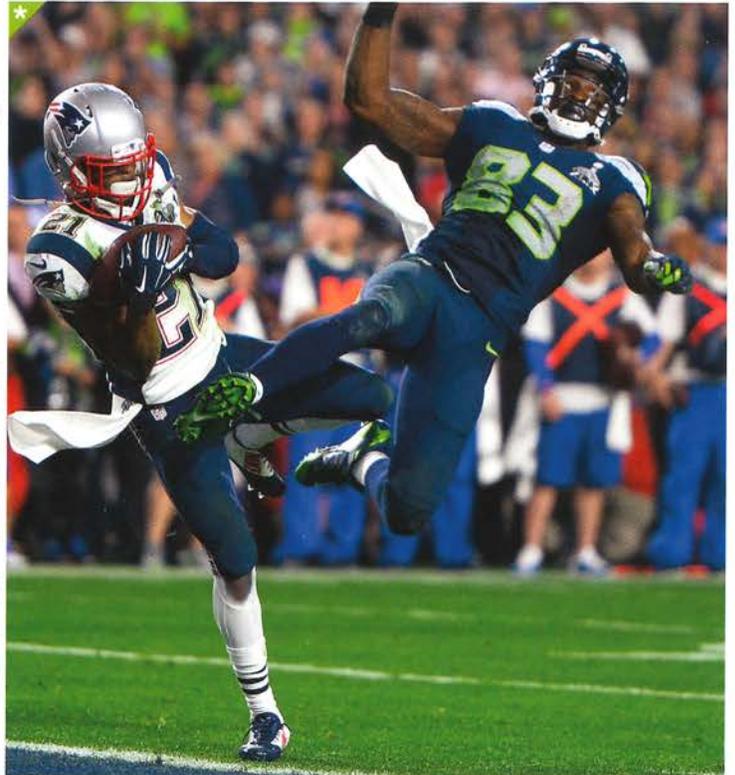
186  244

senate

46  53

★ The New England Patriots won Super Bowl XLIX, 28-24, over the Seattle Seahawks in dramatic fashion when rookie Malcolm Butler intercepted a pass in the end zone with 26 seconds left. Seattle's decision to call for a pass rather than run with the ball on the 1-yard line was questioned by many.

★ Health officials struggled to contain the Ebola epidemic, which began in West Africa. A few cases were treated in the U.S. Of those, two people died, but among the survivors was Nina Pham, a nurse who caught Ebola while treating a patient with the disease.



★ The NBA's San Antonio Spurs hired retired WNBA player Becky Hammon as an assistant coach, making her the first full-time female coach in NBA history. During her playing days, Hammon was a 6-time WNBA All Star and a college All-American.



★ NASCAR driver Kevin Harvick won the first Sprint Cup championship of his career at the final race of the season in Homestead, Fla. Harvick clinched it by holding off Ryan Newman in a three-lap dash to the finish.

★ In November, areas of Buffalo, N.Y., received up to seven feet of lake-effect snow in four days in November. People were trapped in their houses and vehicles, and roofs collapsed. In a two-week period in January and February, Boston received more than 75 inches of snow, with more on the way.

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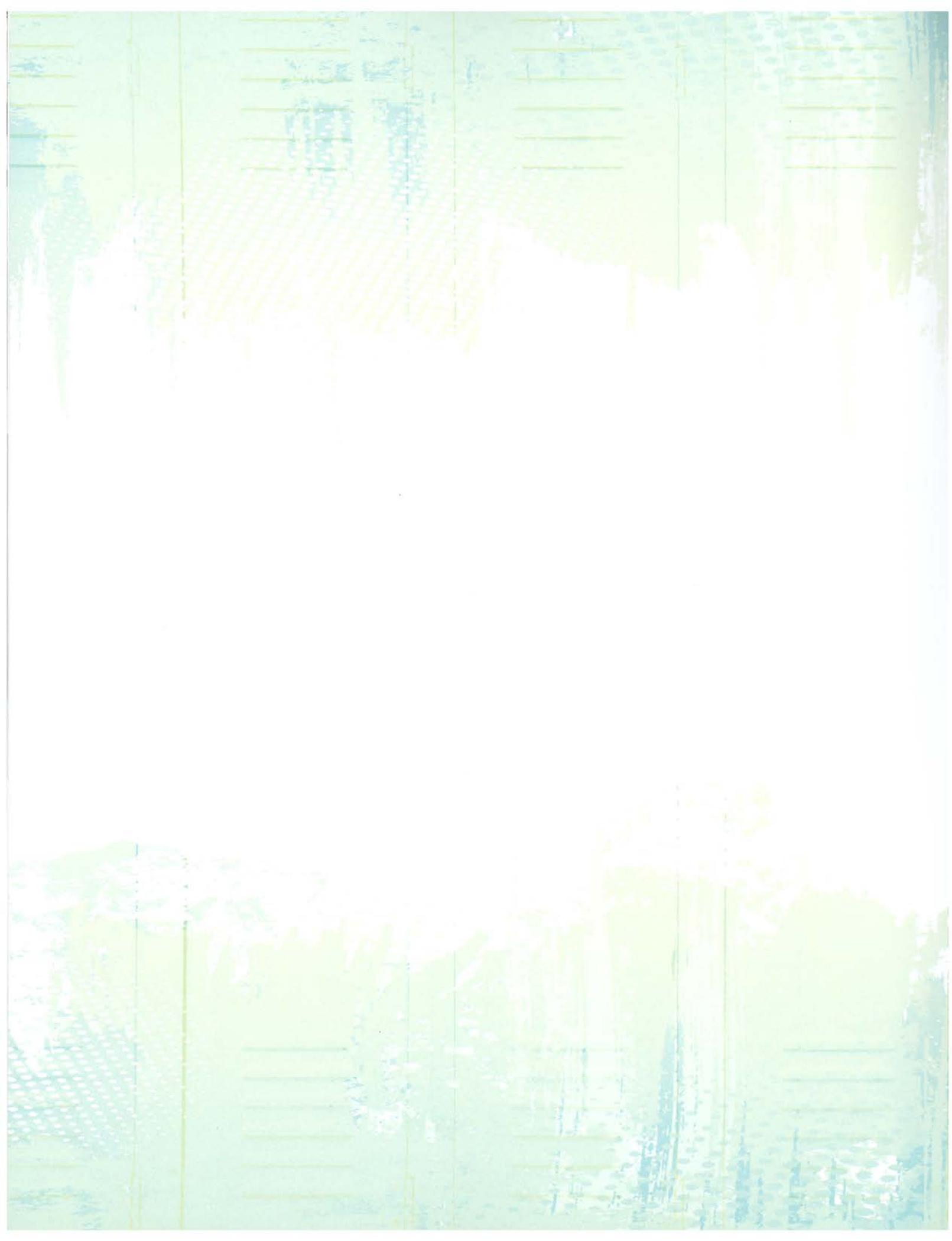
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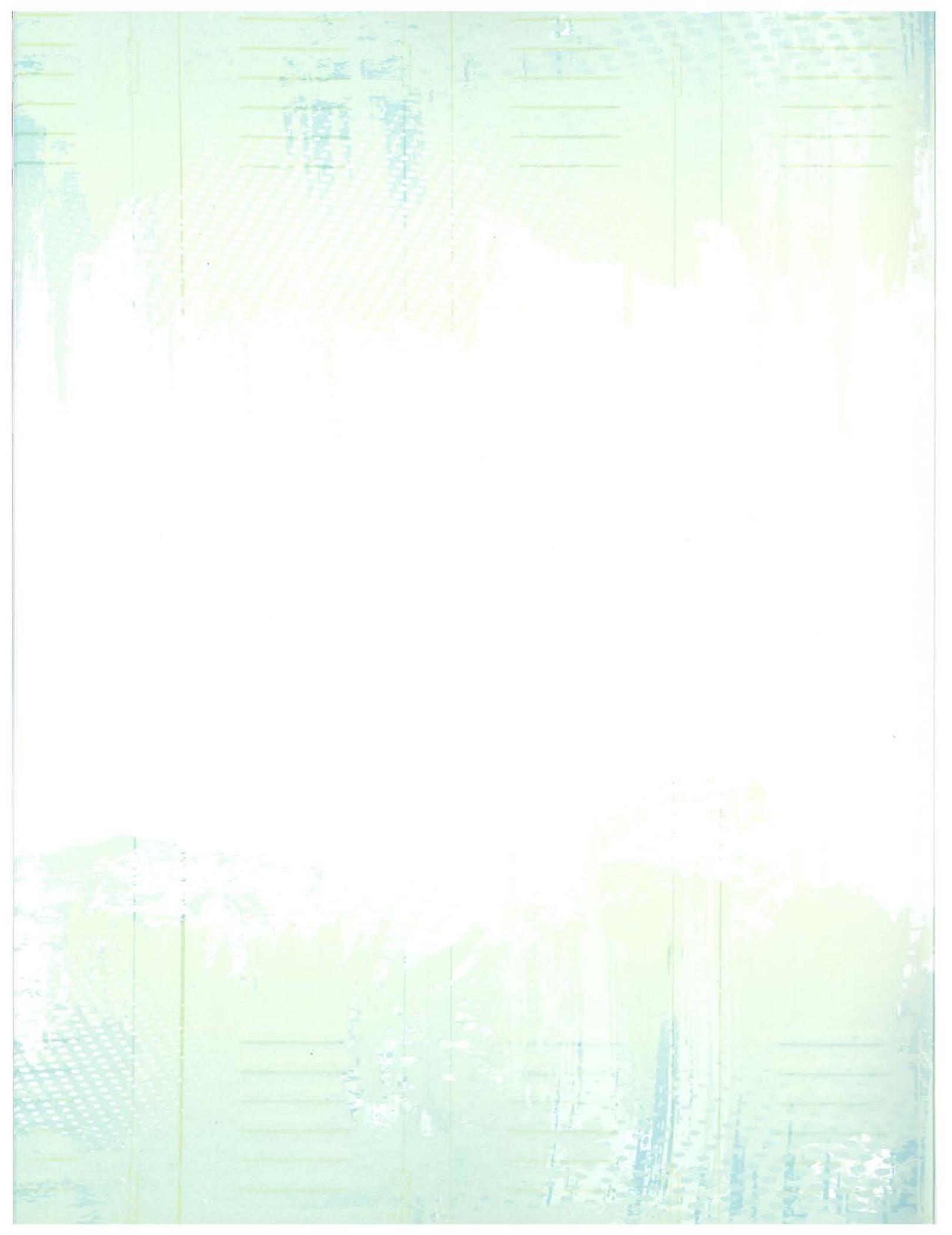


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