

SELF CONCEPT SCREENING:
A PREDICTOR OF DEPRESSION

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Abstract

Low self-concept is commonly identified as a symptom of depression. Research has found a high level of comorbidity between low self-concept and depression. However, which precedes the other? Research demonstrates that low self-concept acts as a filter in judging a situation, precipitating feelings of depression. Thus, low self-concept can be utilized as an early indicator of depressive symptoms. This research analyzes a model that examines low self-concept as a predictor of later depressive symptoms in school-aged children.