One Health: A Guiding Imperative

Rebecca A. Johnson, PhD, RN, FAAN
Director, ReCHAI
University of Missouri
College of Veterinary Medicine

Millsap Professor of Gerontological Nursing
MU Sinclair School of Nursing
ReCHAI’s Mission:

“Studying & promoting the health benefits of human-animal interaction (HAI)”

Established 2005
Dog Walking Study Series

**Dog Walk Study** - Studied effect on weight loss and exercise compliance in adults who regularly walked with “loaner” dogs and a handler.

**Walk-A-Hound, Lose a Pound** - A community dog walking study to increase citizens’ physical activity by walking shelter dogs.
Dog Walking Study Series 2

Walk a Hound for Seniors- Showed benefits of older adults walking shelter dogs.

Adoptability of Walk a Hound Shelter Dogs- Participant dogs were more likely to be adopted.
Goals

- Develop and test goods and services to facilitate health for both ends of the leash.

- Collaboration with Animal Health Corridor
Sponsor Acknowledgement

Dr. Joe & Mrs. Judy Roetheli

Skeeter Foundation
Dr. Jack & Mrs. Vicki Stephens

American Association of Human-Animal Bond Veterinarians

WALTHAM®
THE WORLD’S LEADING AUTHORITY ON PET CARE AND NUTRITION

“We share our success with others; join us”
I welcome your questions.....