



One Health: A Guiding Imperative

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ReCHAI's Mission:

**“Studying & promoting
the health benefits of
human-animal
interaction (HAI)”**

Established 2005



Dog Walking Study Series

Dog Walk Study- Studied effect on weight loss and exercise compliance in adults who regularly walked with “loaner” dogs and a handler.

Walk-A-Hound, Lose a Pound- A community dog walking study to increase citizens' physical activity by walking shelter dogs.

Dog Walking Study Series 2

Walk a Hound for Seniors- Showed benefits of older adults walking shelter dogs.

Adoptability of Walk a Hound Shelter Dogs- Participant dogs were more likely to be adopted.

Goals



Develop and test goods and services to facilitate health for both ends of the leash.



Collaboration with Animal Health Corridor

Sponsor Acknowledgement



*American Association of
Human-Animal Bond
Veterinarians*



Dr. Joe & Mrs. Judy Roetheli

Skeeter Foundation

Dr. Jack & Mrs. Vicki Stephens



I welcome your questions.....