

TTTCP Mission Statement

Mission Statement

The TTTCP mission is to provide a toolkit and resources for clinics to implement for patients or clients experiencing present or past trauma. TTTCP aims to cultivate a nonjudgmental, safe, and compassionate environment in clinics where patients have access to resources that cultivate choice-making and allow for healing, empowerment, and a regained sense of agency. TTTCP is modifiable to fit each clinic's needs to serve patients to the best of their ability. Training on TTTCP is available through the creator of TTTCP.

Values

TTTCP is committed to cultivating clinic Trauma Teams who provide a safe, compassionate, and choice-based environment where patients are able to access needed services and resources without judgement. TTTCP protocols are dedicated to narrowing health disparities and advancing equity within medicine and health. Ideally, these components will assist in creating a stable foundation on which individuals can build skills, develop coping mechanisms, and incorporate wellness and resiliency strategies that encourage healthier, safer, and more stable lives.

About

TTTCP RESOURCES

TTTCP offers individualized and comprehensive resources, which are patient-directed and include safety and follow-up plans, for current or past trauma. Holistic treatment plans are also an option for clinics to implement. Many of our resources are personalized, and include healthy-behavior and resiliency development, which incorporates patient intentions and goals for nutrition, mental health, exercise, sleep, mindfulness, healthy relationships, and more.

Acute crisis management may be available based on the clinic and respective resources.

TTTCP CLINIC TEAMS & RESOURCES

TTTCP is committed to work with clinics to offer a wide variety of referrals to in-clinic resources and teams. Clinic referrals for patients may include various in-clinic or out-of-clinic teams, such as Social Work, Psychiatry or Behavioral Health, Case Management, Medical Teams and more. In-clinic resources and team collaboration are developed in order to assist patients in securing necessities such as housing, transportation, medication, and food. Teams should be able to help with securing long-term mental health services, medical care, and social work, in addition to other resources and services.

TTTCP COMMUNITY PARTNERSHIPS

TTTCP provides and cultivates connections to community resources and agencies at the local, regional, and state levels. Community resources may include emergency shelter, crisis intervention, ongoing mental health services, and more, such as harm reduction resources for individuals experiencing substance abuse. Working with community partners, clinic are better able to offer patients a broader set of services and resources for healing.