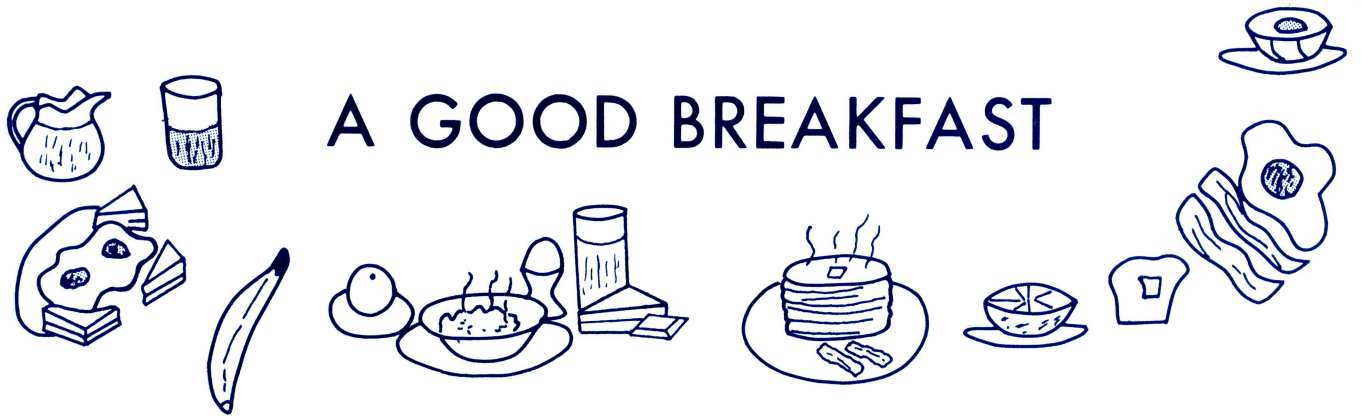

A GOOD BREAKFAST

EVERY DAY FOR MY CHILDREN HELPS THEM

FEEL BETTER
THINK BETTER
LEARN QUICKER
RUN FASTER
WORK EASIER

GET UP AND GO TIL LUNCH TIME

Archive version - check for updates

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