

CLEAN FOOD

WHAT IS CLEAN FOOD?

- . NO DIRT OR TRASH IN IT
- . NO BUGS OR MICE IN IT
- . IT IS NOT SPOILED

WHY HAVE CLEAN FOOD?

- . HELPS KEEP YOU FROM GETTING SICK
- . HELPS KEEP FOOD FROM SPOILING OR WASTING
- . IT LOOKS BETTER
- . IT TASTES BETTER

HOW TO HAVE CLEAN FOOD

- . START WITH CLEAN FOOD
- . WASH FRESH FRUITS AND VEGETABLES
- . FIX IT ON A CLEAN TABLE
- . COOK IT IN A CLEAN PAN
- . SERVE IT IN CLEAN DISHES
- . IMMEDIATELY PUT AWAY FOOD THAT IS LEFT OVER
- . STORE LEFT OVERS WITH A COVER ON THEM



Containers keep food clean.



SOME FOODS KEEP BETTER IN A COOL PLACE.

SOME FOODS KEEP BETTER IN A DRY PLACE.

