

HOT DOG AND POTATO SOUP

This recipe makes enough for 8 people.



WHAT YOU USE:

- | | |
|-----------------------|-----------------------|
| 7 cups of water | 1 large onion |
| 2 teaspoons of salt | 5 hot dogs |
| 3 or 4 Irish potatoes | 1 cup dry milk powder |

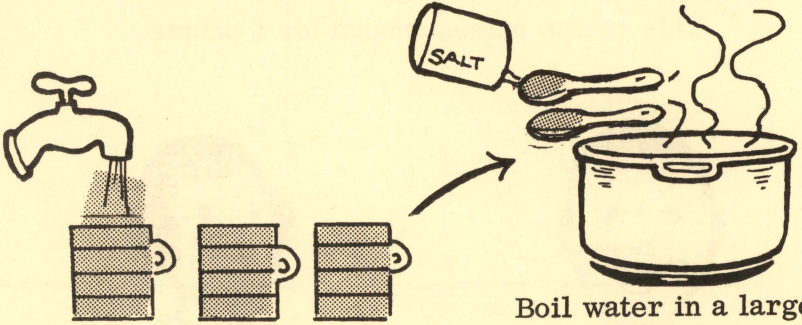
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HOT DOG AND POTATO SOUP

Wash all fresh vegetables before you eat or cook them.

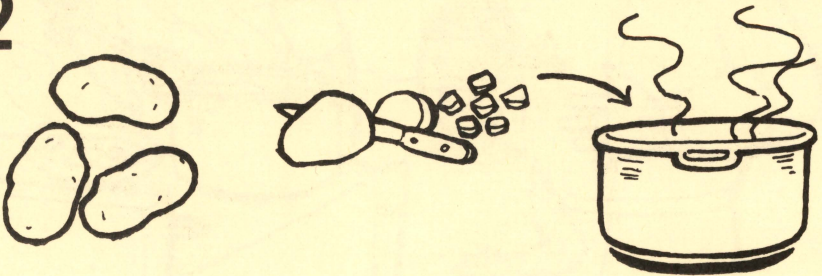
1



Water - about 3 cups.

Boil water in a large pot. Add 2 teaspoons of salt.

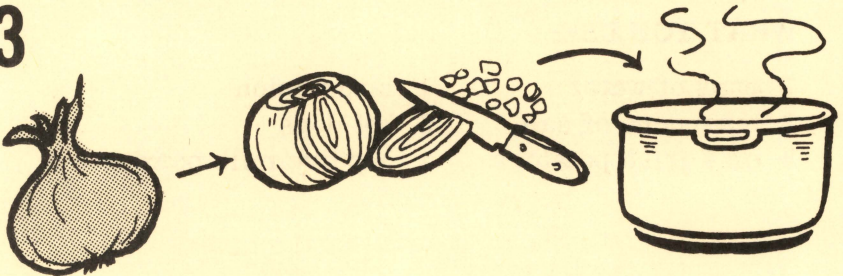
2



3 or 4 large Irish potatoes - peeled and chopped.

Add potatoes to the boiling water.

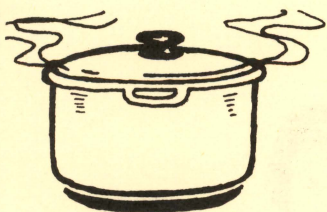
3



1 large onion - peeled and chopped.

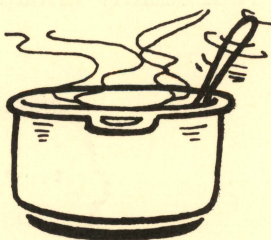
Add onion to the potatoes.

4



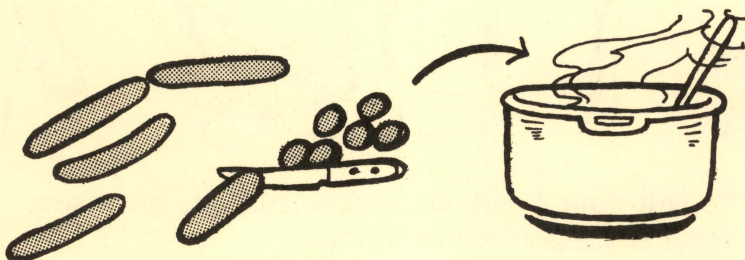
Cover pot. Reduce heat. Cook until potatoes are soft.

5



Stir and mash potatoes in very small pieces.

6

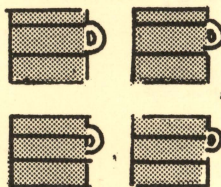


5 hot dogs - cut thin.

Add to the potatoes and onion.

7

Water - 4 cups



Nonfat dry milk

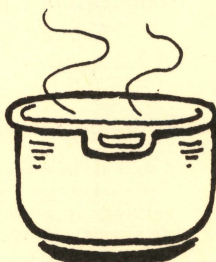


1 cup

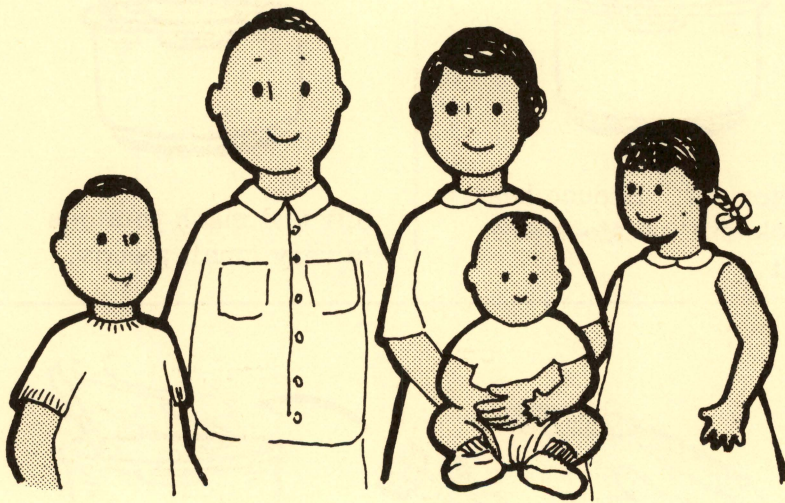


Mix well.

Add milk to pot and onion. Heat. Do not boil.



Your family is happier when you cook good food.



To help your family be well nourished, give them some of these foods every day:

Meat, eggs, cheese, dry beans, or peas

Fruits

Vegetables

Milk

Bread, rice, spaghetti, noodles, cereals

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