

You need: 1-1/2 pounds ground beef

1 medium onion 1/2 teaspoon salt

1 can condensed tomato soup

2 cups canned green beans

1/4 teaspoon pepper

1-1/2 cups prepared mashed potatoes

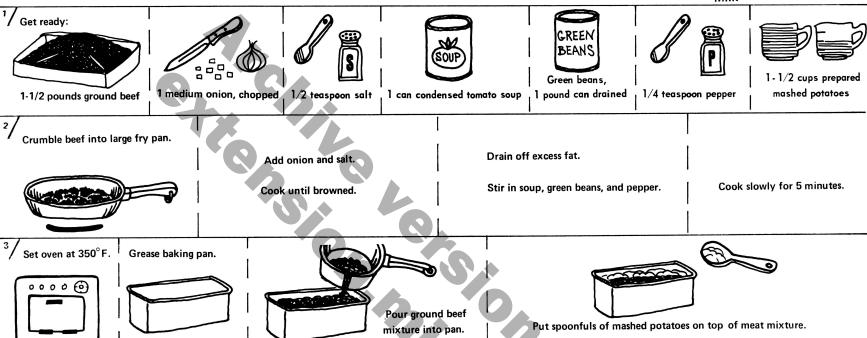
Serve with: Stewed Tomatoes

Mixed Salad Greens with Salad Dressing

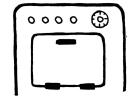
Rolls Margarine or Butter

Baked Custard

Milk



Bake at 350° F. for 20 minutes.





Makes 6 servings, about 1 cup each.



SMART SHOPPER RECIPE

U.S.D.A. CONSUMER AND MARKETING SERVICE

PF 482E



Issued in furtherance of cooperative extension work, acts of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture. Carl N. Scheneman, Acting Vice-President for Extension, Cooperative Extension Service, University of Missouri, Columbia, Mo. 65201.

MP 166 University of Missouri-Columbia Extension Division