

## Mizzou Weekly

July 12, 2012 Volume 33, No. 34

### **Awards honor two retirees for their work since leaving the university**



**HONOR** The Retiree of the Year awards offers the opportunity for retirees to celebrate the achievements of two of their own. On June 14, Robert "Robin" Blake Jr., left, a professor emeritus in the family and community medicine department, and Judy Olson, a former executive assistant in the department, were honored. Chancellor Brady J. Deaton was on hand for the awards. Rob Hill photo

#### **STILL SERVING**

Judy Olson, Robert Blake are retirees of the year

Nearly 300 university retirees and friends gathered June 14 at the Reynolds Alumni Center for the Retiree of the Year awards. The event offers the opportunity for retirees to celebrate the achievements of two of their own.

Each year, a retired staff member and retired faculty member are selected to receive awards that honor their accomplishments during retirement that help the community or advance the university. This year's staff award winner was Judy Olson, and the faculty award winner was Robert "Robin" Blake Jr.

Olson retired in 2002 from the family and community medicine department, where she was an executive staff assistant. Since retirement, she has been involved in community theater by acting in and directing productions at the Maplewood Barn Theatre and Columbia Entertainment Center (CEC).

Olson has also served as president of the Columbia Entertainment Co., where she conducted monthly board meetings and made decisions affecting theater productions. She fostered community relationships through events such as Art in the Park and the Fall Festival.

“Judy’s efforts and contributions will be recognized as a driving force behind the success of CEC, both in the past and in years to come,” a nominator wrote.

Olson also volunteers at the McCambridge Center, a substance abuse treatment center for women. Many clients say that her smile and caring personality put them at ease.

At the June 14 event, Olson said she was “surprised, grateful and honored to receive the award.”

Blake, a professor emeritus of the family and community medicine department, retired in 2000.

He has continued to serve the School of Medicine as a teacher, mentor and member of the medical school admissions committee. Students have recognized his contributions with five post-retirement teaching awards. In 2009, they chose him to serve as investiture marshal at the school’s graduation ceremony.

Blake is director of the Boone County Council on Aging, a member of the medical advisory board of the Missouri chapter of the National Abortion Rights Action League, and volunteers at two Planned Parenthoods, one in Kansas and one in central Missouri.

He spends several hours each week as a volunteer at Shepard Elementary School, working one-on-one with students needing help in their studies or on special projects. He coordinates an after-school chess club of about 15 students.

JoNetta Weaver, principal at Shepard, said that Blake “teaches our children by modeling every day his love for learning and providing the wisdom that gives purpose for their learning.”

Blake told the retirees at the event that volunteering at the elementary school has been rewarding and satisfying. “There is a big need in the public schools system for people like us to be involved in educating students,” Blake said.

He encouraged retirees to contact a local school to ask how they can help. “The schools have many wonderful teachers, but they can’t do it all,” Blake said.

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### **UM System budget allows for \$26 million for strategic priorities**

#### BOARD OF CURATORS

System budget complicated by state's changing agenda in recent months

It's been a topsy-turvy six months for the state's higher education funding. For the University of Missouri System and Mizzou, that's resulted in a sort of bad news-good news scenario.

The bad news is that the UM System is making fiscal cuts based on higher education state-funding estimates made in March.

The good news is that in June the state adjusted the March numbers to give more money to Missouri higher education. The system is using the funds to bolster priorities on the four campuses.

Last January, Gov. Jay Nixon, BA '78, JD'81, unveiled his \$23 billion state agenda for fiscal 2013 that included a 12.5 percent cut to Missouri's higher education compared to the previous fiscal year. In March, Nixon reduced it to 7.8 percent.

Even though on June 22 Nixon accepted the General Assembly's recommendation of a flat budget for higher education and a 1 percent withholding, it was too late. The UM System had balanced its numbers based on the proposed March state budget.

"Balancing a budget is about making difficult choices," said David Bradley, chair of the UM Board of Curators, which met June 26–27 in Columbia to, among other things, approve the new system budget.

It will result in "position eliminations, program consolidations and eliminations, and reductions in planned investments," Bradley said.

Mizzou's budget shortfall was \$14 million, based on Nixon's March agenda. According to the MU Budget Office, among the university cuts for fiscal 2013 were,

- eliminating or leaving vacant staff and faculty positions, \$2 million;
- eliminating the transfer to Athletics for debt service, \$750,000;
- reducing support of the Office of Research, \$200,000;
- cutting the insurance budget, \$500,000;
- cutting the Chancellor's Academic Fund, \$500,000;
- cutting Mizzou Advantage allocation, \$350,000.

Other ways to stanch the MU budget gap were through drawing on \$7 million from tuition revenue related to enrollment growth in recent years, and the revenue enhancement of \$2 million from Mizzou Online, Budget Director Tim Rooney said.

Now the good news.

Because Nixon's June 22 revision of the budget sliced state funds by only 1 percent rather than 7.8 percent, the UM System ended up with \$26 million to use for strategic priorities, UM System President Timothy Wolfe said in a statement June 26. Mizzou's share of that money is \$11 million.

The MU priorities are likely to include

- merit-based raises for faculty and staff;
- building maintenance and repair;
- and student priorities, such as financial aid, student success programs, and student research and entrepreneurship.

“Enhancing the student experience, rewarding faculty and staff based on merit, and fixing our buildings are wonderful uses of these funds,” Rooney said.

EXTRA LINK:

To read a story in this issue about the record-breaking freshman enrollment for fall, click here:

[http://mizzouweekly.missouri.edu/archive/2012/33-34/enrollment/index.php\(..enrollment/index.php.html\)](http://mizzouweekly.missouri.edu/archive/2012/33-34/enrollment/index.php(..enrollment/index.php.html))

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### Hot weather means taking precautions to avoid heat-related illness



**COOLING OFF** To help beat the triple-digit temperatures, MU graduate student Meredith Dorneker purchased a cup of ice cream from a Buck's cart on June 28 from senior Jamill Teter. Buck's Ice Cream Place has two carts operating across campus this summer. Nicholas Benner photo

#### SUMMERTIME BLUES

Cramps, dizziness, rapid pulse are signs of heat sickness

During the recent triple-digit heat spell, the campus community sought relief mostly by staying indoors. Some people braved the outdoors using umbrellas as a sun shield, or by grabbing a cold treat from a Buck's Ice Cream Place cart.

It's not over yet. July and August are expected to be hotter than normal, weather forecasters say.

As a result, Columbians need to take precautions when outside in the heat, said Steve Ball, MU associate professor of nutrition and exercise physiology.

"Heat illness is the result of the body's inability to adjust to the increase in body temperature," Ball said. "When it's especially hot or humid, bodies sweat more than usual, and people become dehydrated and suffer other symptoms of heat illness."

Ball identified the stages of heat illness:

- Heat cramps, the first sign of heat illness, are involuntary muscle spasms that can occur during or following physical exertion and generally result from an electrolyte imbalance due to perspiration and excessive loss of salts.
- Heat exhaustion is a more serious state of heat illness. Its symptoms can be excessive sweating; cold, clammy skin; normal or slightly elevated body temperature; paleness; dizziness; weak yet rapid pulse; shallow breathing; nausea; and headache.
- Heat stroke, the most advanced stage of heat illness, occurs when the body is unable to cool itself. Symptoms of heat stroke can include cessation of sweating, skin that appears dry and hot, rapid pulse, and difficulty breathing.

People with heat cramps and heat exhaustion should drink a lot of water, reduce the level of intensity of their activity and seek shade.

Those suffering from heat stroke need immediate medical attention. They can be cooled by raising the feet, removing clothing, being submerged in cold water, being wrapped in wet sheets or having ice packs applied.

Adults also need to keep an eye on children during the dog days of summer.

“Kids are more at risk for overheating because they don’t sweat as much and produce more body heat than adults while exercising,” Ball said. “Kids also don’t recognize the early warning signs of heat illness, so it’s especially important that adults remain vigilant about watching for and reacting to symptoms early on.”

Ball said the most effective way to manage heat illness is to prevent it.

He offers these suggestions:

- Drink water and other fluids before, during and after activities.
- Eat water-rich foods such as fruits and vegetables.
- Be aware of the temperature and humidity so your expenditure is weather appropriate.
- Take frequent breaks to cool off the body.

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### **CAFNR professor inducted into the Cooperative Hall of Fame**



Mike Cook

#### **INTERNATIONAL YEAR OF THE COOPERATIVE**

Induction is reserved to those who've made community contributions

**Mike Cook** has earned the title hero — a cooperative hero.

On May 2, he was inducted into the Cooperative Hall of Fame at Washington D.C.'s National Press Club. Induction to the hall is reserved for those who have contributed to the cooperative community.

Cook, the Robert D. Partridge Endowed Professor in Cooperative Leadership and executive director of CAFNR's Graduate Institute of Cooperative Leadership (GICL), has had a varied career. He has been a CEO and a mentor to CEOs of national and global cooperatives, counseled cooperative leaders in more than 40 countries, and inspired students who have gone on to be leaders and award-winning professors. He continues to try to help solve the global hunger problem, something he's pursued since serving as a Peace Corps volunteer in Uruguay in the mid-1960s.

“The roster of the Cooperative Hall of Fame tells the story of the U.S. cooperative community through the lives and accomplishments of extraordinary individuals,” said Gasper Kovach, Jr., board chair of the Cooperative Development Foundation (CDF), which administers the Hall of Fame.

Cook is one of only six educators who have been inducted into the prestigious group since 1976. Dick Vilstrup, Cook’s mentor during his graduate studies at the University of Wisconsin, is one of the others. “I was inspired by his brilliant mind,” Cook said. “Every time I went to see him, he had 10 new ideas and he was working on them all.”

Of his successes, Cook is most proud of his students and the global network they’re creating through research, outreach and education.

“One of the reasons he has such a passion for coops is that deep inside he’s a Peace Corps Volunteer who wants to serve the world,” said Juanamaria Cordones-Cook, his wife and a professor of Spanish at MU.

“That’s one of the things I admire in him — the desire to give to his fellow human beings, to make life better for other people.”

— *Mike Burden*

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### **Largest ever freshman class expected for fall semester**



FRESHMAN ORIENTATION Summer Welcome is an orientation program for freshman. Its headquartered on campus this summer in the Rollins Commons. About 6,450 freshmen are projected to attend Mizzou for the fall semester. Rachel Coward photo

#### ENROLLMENT

Freshman deposits are up compared to last year's

Mizzou's freshman class just keeps getting bigger. The campus expects a record-breaking enrollment of roughly 6,450 students, said Ann Korschgen, vice provost of enrollment management.

Last year, MU received 17,904 applications for fall; as of July 1, freshman applications were 20,295 for the fall semester, enrollment records show. Of those, 557 applications were from students from other countries.

Freshman deposits (an enrollment fee of \$150) have increased by 380 from fall 2011 to total 6,702, as of July 1, records show. Deposits from African-American students are up by nearly 400.

Residential Life is working hard to accommodate the large freshman class.

Possibilities include converting study rooms back to residence rooms, placing freshmen temporarily with student staff members and continuing the use of the "extended campus option," in which students live in apartments while following Residential Life guidelines, said Residential Life Director Frankie D. Minor.

In July and August, MU may lose some students due to housing demand on campus, Korschgen said. But the attrition rate isn't expected to be higher than past years.

"We have a terrific incoming class and many people from across campus are working hard to ensure that these students are accommodated when they arrive on opening day," Korschgen said.

EXTRA LINK:

Money from enrollment from past years helped balance the UM System budget. Read about the system's fiscal 2013 budget in this week's issue here:

<http://mizzouweekly.missouri.edu/archive/2012/33-34/budget/index.php> (../budget/index.php.html)

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### **Athletics receives \$30 million donation**

MU Athletics received a gift of \$30 million from the Kansas City Sports Trust to help toward the \$200 million master plan renovation of Mizzou sports facilities, including upgrades to Memorial Stadium, officials announced June 26.

The gift is the second largest single donation in Mizzou history, Athletic Director Mike Alden said at a news conference. The first phase of construction will include an increase in Memorial Stadium's seating capacity and add more restrooms, concessions and lounge areas.

"This historic gift is putting into motion a series of improvements that will impact Mizzou Athletics for generations to come," Alden said.

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### Summer Yoga

Yoga classes are coming to the gym at the Missouri Psychiatric Hospital, 3 Hospital Drive.

Classes are 12:10–12:50 p.m. Mondays, July 16, 23 and 30, and Aug. 6 and 13; and Fridays, July 20 and 27, and Aug. 3, 10 and 17.

Cost is \$15 for five classes. To register or for more information, email yoga instructor Kate Walker at [integrallife1976@yahoo.com](mailto:integrallife1976@yahoo.com).

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### **New residence hall coming**

The UM Board of Curators approved June 26 a 330-bed residence hall between College and Virginia avenues south of Hospital Drive. Construction is expected to cost \$28.5 million and be completed April 2015.

The building will accommodate freshmen, officials say.

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