

Feb. 13, 2014 Volume 35, No. 19

Sunset seminar

A seminar for employees planning to retire within 10 years is happening 3–5 p.m. today in Jesse Wrench Auditorium in Memorial Union. The seminar is part of the University of Missouri System's Total Rewards myRetirement programs.

Participants will learn about disability, benefit plans, insurance options available after retirement and how to start the retirement process. Prepare and bring with you an online retirement estimate using the retirement calculator at www.edu/totalrewards). Register at surveymonkey.com/s/c7p7thp (http://www.edu/totalrewards).







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Winter cleaning

Does your office have a lot of paper waiting for the dump?

Tell the <u>Sustainability Office (http://sustainability.missouri.edu/)</u> and representatives will bring a recycling bin to your department or office.

Not only will your workplace be more tidy; the cleaning will help the Sustainability Office in RecyleMania, a recycling contest.

To reach the office, call 884-9319, or email mucfsustainability@missouri.edu.





Need help with the GMAT or GRE?

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Journalism school leader announces retirement



MU News Bureau

Dean Mills, dean of the School of Journalism for 25 years, will retire Aug. 31.

"We will greatly miss Dean Mills' leadership," Interim Provost Ken Dean said in a statement. "He has guided the School of Journalism through a rapidly changing landscape in the profession."

During Mills' time as dean, the School of Journalism made a number of advances. Among them were the addition of eight endowed chairs; the launching of online versions of its media properties, including the *Columbia Missourian*, KOMU-TV, KBIA-FM, *Vox* and the Global Journalist, a teaching laboratory for students; and the launching of the school's first online master's degree program.

"I couldn't believe my good fortune when I was offered this job," Mills said. "Twenty-five years later, I can still barely believe it. Working with our amazing students, faculty, staff and alumni has been not just an honor but great fun."

Following his retirement as dean, Mills will work part time as director of the Reynolds Fellows program at the school's Donald W. Reynolds Journalism Institute.







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5.2 percent funding proposal increase might be a challenge, lawmakers say

Legislators praise importance of a college degree in today's job market

Five local legislators discussed the state higher education budget at the 12th annual Mizzou Alumni Association Boone County Legislative Forum Jan. 30 at Harpo's.

Sen. Kurt Schaefer, R-Columbia, opened the discussion by saying that Gov. Jay Nixon's proposal of a 5.2 percent increase in higher education state funding will be difficult to fund. He said the appropriation would have to be trimmed. "A lot of things were promised in that budget that can't be funded," Schaefer said.

The four representatives shared Schaefer's view, but also spoke of the value of higher education.

Rep. Stephen Webber, D-Columbia, and Rep. John Wright, D-Columbia, agreed that a proper budget plan could be a solution for students' success in higher education and beyond.

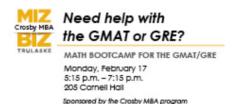
"Young people graduating college are 50 percent less likely to go to jail than those who dropped out," Wright said.

Webber added, "Investment in education is a choice for people who try to better themselves."

But both were skeptical about where the money would come from. Rep. Caleb Rowden, R-Columbia, said that higher education is important for future job seekers. He asked for community support on the education budget.

"The budget issue doesn't mean we can't have a solid year," Rowden said. "I'm very excited about it."

— JeongAn Choi







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\$6.7 million endowment to J-School



Documentary filmmaker Jon Murray talks about his \$6.7 million endowment, as journalism school leader Dean Mills looks on. Photo by Rob Hill.

Alongside television news, documentaries have profoundly influenced Jon Murray's career producing TV programs and feature films.

Now, a \$6.7 million endowment from the creator of MTV's *The Real World* will establish a documentary filmmaking program at the <u>Missouri School of Journalism (http://journalism.missouri.edu)</u>. Murray's gift is the single largest outright gift by an individual in J-School history and the only one that endows an entire program. The program will offer undergraduate and graduate degrees, and it is scheduled to launch in fall 2015.

"A documentary can be a wonderful way of elevating a conversation about a subject," said Murray, who announced the gift Tuesday at the Reynolds Journalism Institute. "A doc doesn't necessarily have to tell you how to think, but hopefully it can get you to re-examine something and come to a more educated opinion."

Murray, BJ '77, established Bunim/Murray Productions in 1987 with his late business partner Mary-Ellis Bunim. In addition to hit programs such as *Road Rules* and *Keeping Up With the Kardashians*, Bunim/Murray has produced powerful documentary films, including *Valentine Road* and *Autism: The Musical*.

The program, which will be the first of its kind housed in a U.S. journalism school, will include new courses outlining the history of documentary journalism, business models for the craft and a broadcast lab. It also will employ three new faculty members.

"We have a mission to extend good journalism — with all the best practices, ethics and storytelling techniques — into new worlds," says Kent Collins, associate professor of broadcast journalism. "We have a mission to see to it that important issues get the best possible explanations."

Although the curriculum is still being developed, administrators plan to work with the True/False Film Fest to provide summer workshop opportunities for students. The local festival kicks off its 11th installment Feb. 27, and founders David Wilson and Paul Sturtz have participated in the J-School program's planning.

"The J-School can add a lot to the discussion about what constitutes good docs but also add a lot to the pedagogy of it," said Dean Mills, the journalism school dean who steps down Aug. 31 and will direct part time the Reynolds Fellows program at the Reynolds Journalism Institute. "Every faculty group in the school helping to plan [the program] shows that there are no silos in journalism anymore."

— Marcus Wilkins







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MU offers wide-ranging assistance to students with mental health issues



Danica Wolf is coordinator of MU's Relationship and Sexual Violence Prevention Center, which seeks to decrease sexual assaults and other inappropriate sexual behavior on campus. Photo by Rob Hill.

Campus programs train faculty and staff to identify at-risk students

On Jan. 22, a federal report was released on sexual assaults at universities. The report emphasized the need for bystander programs, in which a student or employee steps in to stop a situation that could lead to someone's harm. "Bystanders must be taught and emboldened to step in and stop it," President Barack Obama said at the White House announcement of the report.

The University of Missouri has two bystander programs. It also has <u>MU Police (http://mupolice.missouri.edu/)</u>. But that isn't all the campus does to help ensure the safety and well-being of students. MU has programs that aid students challenged by mental health issues, including those related to sexual assault. Programs also educate staff and faculty on student intervention.

"Our efforts strive to increase mental health literacy, decrease stigma and empower the campus community to respond in effective ways," said Christy Hutton, programming and communications coordinator of the MU Counseling Center.

Mental Health Help

<u>The Counseling Center (http://counseling.missouri.edu)</u> in Parker Hall assists students in learning how to cope with emotional challenges that impact social and academic success. Among the programs, all of which are offered at no additional cost to MU students, are individual and group therapy, couple counseling, crisis intervention, and outreach programming.

Information shared by students to MU counselors remains confidential unless students give written permission. Exceptions are if there is immediate risk of serious injury or death to the student or others. In instances when students are hesitant to disclose something such as suicidal thoughts or inappropriate sexual behavior directed toward them, counselors are trained how to gently keep the conversation going.

"They would work with the client until he or she was ready to talk with someone about it," said Cathy Scroggs, vice chancellor for student affairs.

Three Counseling Center workshops being held regularly address suicide prevention and how to respond to mental health problems.

Question Persuade Refer: The national program trains the university community to recognize warning signs of students who might be seriously thinking about suicide. Students and Residential Life staff typically attend the program. Nearly 500 students and staff members have participated since August 2012.

Mental Health 101, or How to Help a Friend: Workshops are offered in a variety of forms that help people recognize basic signs and symptoms of mental illness. More than 2,500 faculty, staff and students have been trained since August 2012.

Mental Health First Aid (../../2012/33-27/first-aid/index.php.html): The eight-hour course trains employees who are on the frontlines. Participants are taught to spot and handle basic needs of people in mental distress, and support the person until the situation is resolved or a professional takes over. Faculty, office leaders, advisers and Residential Life staff are among the 642 people who have taken the course since it began in summer 2011. Interest in the course is growing; in January, 105 were certified, Hutton said.



Christy Hutton is programming and communications coordinator of the MU Counseling Center. Photo by Rob Hill.

Jess Soete, a former academic adviser at the School of Nursing, completed Mental Health First Aid in 2012. She said the training enabled her to handle students' concerns better. Sometimes she walked students from her office to the Counseling Center for further help.

Counseling Center staff clinicians are also available during major crisis situations, such as in a student death, Hutton said. Clinicians go on-site to residence halls, Greek houses and various campus locations.

Another resource is the <u>Wellness Resource Center (http://wellness.missouri.edu)</u> in the Student Center. It has a variety of programs to help students make informed, responsible decisions to lead healthy lives. Among them is <u>Ask, Listen, Refer (http://wellness.missouri.edu/Suicide/)</u>, a 20-minute online course that aids students, faculty and staff in recognizing people who are suicide risks and getting them help. An Urgent Need tab links to MU and outside agencies.

"Life is full of ups and downs for students, and when downs happen, we as a campus are ready to help," said Kim Dude, director of the Wellness Resource Center.

Student Advocacy

Another important service is the Relationship and Sexual Violence Prevention Center (http://rsvp.missouri.edu) (RSVP) in the Student Center. RSVP's purpose is to decrease "the number of MU students who are raped, sexually assaulted, stalked or abused

in a relationship," according to its website.

The center has about 60 workers: three graduate assistants; 20 work-study and volunteer student staff; 27 educators; five members of STARS (Stronger Together Against Relationship and Sexual Violence); and a few other informal volunteer students. Danica Wolf is the center's coordinator.

RSVP is comprehensive in its offerings and referrals.

Medical advocacy: Students can be referred to University Hospital's ER for a free appointment with a nurse trained in sexual assault examinations.

Legal advocacy: Representatives can advise students of legal options, such as filing a police report or restraining order.

Mental health advocacy: Representatives can refer students to professionals at the Counseling Center or, if preferred by student, an outside agency.

Housing advocacy: Residential Life or off-campus housing authorities can be contacted to ensure a student's home safety.

Academic advocacy: Representatives can work with school and college leaders to help the student succeed academically during a challenging period.

With a student's approval, family and friends might be part of counseling sessions. "We help friends and family who are struggling with how to help their loved one through this difficult time," Wolf said.

RSVP, along with the Counseling Center, the Wellness Resource Center and other campus programs, is part of MU's <u>Suicide</u>

<u>Prevention Task Force (http://www.sprc.org/grantees/university-missouri-columbia)</u>, which provides training and events throughout the year on suicide prevention.

RSVP, moreover, supports MU's <u>Social Justice Symposium (http://leadership.missouri.edu/sjs/)</u>, which examines activism and fairness in society. This year's event, titled "Beyond Words: A Focus on Understanding and Activism," is 11 a.m.–5 p.m. Feb. 22 in the Student Center's Leadership Auditorium. There is no cost to students, staff and faculty to attend.

Green Dot Campus

Bystander programs are becoming more common on college campuses. The programs ask observers of a potentially dangerous situation to step in. It might be as simple as steering a female student whose had too much to drink away from going home with someone she just met. The idea is similar to the designated driver program (called STRIPES on campus), introduced in the 1980s and credited with reducing drunk-driving deaths across the nation.

RSVP offers Green Dot (http://rsvp.missouri.edu/green-dot/), a bystander outreach program to students, staff and faculty.

Representatives give talks at Summer Welcome and ROTC meetings, in residence halls and Greek houses, and to faculty and athletic teams. The program's name comes from the speckle of green dots on a campus map hanging in the RSVP office. MU students and employees can report their bystander act on RSVP's website or an office form. Representatives then place a green dot on the map where the act took place. The goal is a sea of green.

Meanwhile, the Wellness Resource Center offers LINSS, or <u>Life Is Not a Spectator Sport</u> (http://wellness.missouri.edu/bystander.html). LINSS and RSVP often collaborate on bystander outreach events.

"No one has to do everything, but everyone can do something" is the motto of the MU bystander programs.

Additional reporting by JeongAn Choi.

Help for Students

The Counseling Center

119 Parker Hall

counseling.missouri.edu (http://counseling.missouri.edu)

RSVP Center

G210 Student Center

882-6638

rsvp.missouri.edu (http://rsvp.missouri.edu)

The Wellness Resource Center

G202 Student Center 882-4634

wellness.missouri.edu (http://wellness.missouri.edu)

Student Health Center

Fourth Floor University Physicians Medical Bldg. 1101 Hospital Drive 882-7481

studenthealth.missouri.edu (http://studenthealth.missouri.edu)

Student Legal Services

2500 Student Center 882-9700

sls.missouri.edu (http://sls.missouri.edu)

Provides free legal consultation for students, including information on restraining orders

MU Equity Office

S303 Memorial Union

882-9069

equity.missouri.edu (http://equity.missouri.edu)

Works with faculty, staff and students who believe they might have been subjected to unfair or inequitable treatment. Information on Title IX.

Office of Student Conduct

G206 Student Center

882-5543

conduct.missouri.edu (http://conduct.missouri.edu)

Students can contact this office to begin an investigation of an alleged assault before or instead of contacting police.

After Hours Emergencies

MU Police Department

901 Virginia Ave.

882-7201

mupolice.missouri.edu (http://mupolice.missouri.edu)

National Suicide Prevention Lifeline

800-273-8255





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University of Missouri celebrates its 175th birthday

Community gathered at MU Student Center on Founders Day Tuesday



Speaking at the celebration were, from left, Chancellor R. Bowen Loftin; Cindy Mustard, a founding family member; Gary Link, special assistant to the athletic director; Jake Wright, Graduate Professional Council president; and Mason Schara, Missouri Students Association president. Staffers distributed cake, ice cream and T-shirts at event's end. Photo by Nicholas Benner.

Mizzou students, faculty, staff and Columbia community members celebrated Tuesday the https://mizzoumag.missouri.edu/2013/11/the-making-of-a-university/). The Student Center was festooned with black-and-gold banners, and party attendees were decked in black-and-gold scarves, knit caps, sweaters, skirts, and long and bow ties.

The party included a brief program featuring Chancellor R. Bowen Loftin; Gary Link, special assistant to the MU athletic director; Mason Schara, Missouri Students Association president; Jake Wright, Graduate Professional Council president; Mini Mizzou; the Golden Girls; and Truman the Tiger.

Link, who served as the master of ceremonies, introduced Loftin in his first public appearance on campus since starting as chancellor Feb. 1.

"We hit it out of the park," Link said of Loftin's hiring. "He is brilliant with a capital B, but more important than that, he brings energy, he brings passion and he brings vision."

Donning his trademark bow tie, Loftin briefly recounted MU's history as a public land-grant research institution.

"Today marks the 175th anniversary of the founding in 1839 of this institution when 900 residents of Boone County gave land and cash to establish the first public institution west of the Mississippi River and the very first state university founded in [Thomas] Jefferson's Louisiana Purchase Territory," Loftin said. "Universities endure. They have permanence. They have impact. And I'm so proud to be a part of this institution, especially proud to be here today for this celebration."



Truman the Tiger, Chancellor Loftin and Cindy Mustard blow out the candles, but not 175 of them. Photo by Nicholas Benner.

Mizzou Forte, the premier co-ed a cappella group, led the audience in singing happy birthday to Mizzou while Cindy Mustard, one of the founding family representatives, lit the candles on a large cake of Jesse Hall and the Columns.

Before the song was over, Truman the Tiger burst through a large paper banner and assisted Loftin and Mustard in blowing out the candles. Streamers rained down from the ceiling as Mini Mizzou and the Golden Girls closed the ceremony.

After the ceremony, MU senior and 2014 Mizzou '39 award recipient Marnae Chavers hung around for cake, tiger stripe ice cream and a free T-shirt.

"It's an amazing feeling," said Chavers, a senior human development and family studies major. "To be a part of history, and to be here in this moment, feels good. Fifty years from now I'm going to be able to tell my kids I was at the 175th birthday of Mizzou. Hopefully, they'll go here, too."

- Kelsey Allen



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