

Mizzou Weekly

Sept. 11, 2014 Volume 36, No. 3

Business and university leaders celebrate the 175-year relationship between MU and Columbia



Joining Chancellor Loftin on stage were Mini Mizzou, cheerleaders and Truman the Tiger. The group led the crowd in the Missouri fight song at the end of the event. Photo by Rob Hill.

Chancellor Loftin thanks Columbians and friends at Chamber of Commerce breakfast

Town and Gown

The membership breakfast of the Columbia Chamber of Commerce on Sept. 4 roared to order with a truck, a tiger and a squeal.

Heather Hargrove, chair of the commerce's board of directors, arrived on stage with help from Truman the Tiger and Truman's Taxi, a 1954 fire truck painted black and gold that awoke the sleepy-eyed breakfast crowd as it rolled by, siren blasting.

As the event's gold sponsor, the University of Missouri held a prominent spot in the proceedings. This included the audacious start to the popular networking event, held in the airplane-hangar-sized Expo Center of the Holiday Inn Executive Center in Columbia. Draped along walls were reminders of MU's four key values (respect, responsibility, discovery, excellence) and its 175th anniversary this year.

Hargrove gave chamber updates and prize giveaways, and introduced chamber membership committees and Rep. Caleb Rowden (R-Columbia), who spoke briefly about Missouri infrastructure problems.

Next, Chancellor R. Bowen Loftin, sporting his signature black-and-gold bow tie, talked about the donations given by Boone County residents in 1839 that laid the financial groundwork for the University of Missouri. Among the donors was Mary Kirtley Rogers. The family also donated funds after Academic Hall burned in 1892.

Seven generations of Rogers have studied at MU. Genie Rogers, who was in attendance, earned a bachelor's at MU in 1967. Other descendants of founding families in attendance were Cindy Mustard, Ray Beck and Charlie Digges, who is 95 years old and also took part in MU's 100th, 125th and 150th anniversary celebrations.

During its history, MU has been tested with the Academic Hall fire, the divisions and skirmishes during the Civil War, and more recently with reduced state funding, Loftin said. But the university has endured because of alumni and friends who have invested in higher education over the years.

Loftin also reiterated the university's commitment to Columbia. "Mizzou would not be here without 175 years of enduring community support," he said. "We are in this together. Mizzou and Columbia are inseparable."

Joining Loftin and Hargrove on stage were Mini Mizzou, cheerleaders and Truman the Tiger. The group led the hundreds standing at their roundtables in the Missouri fight song. Singing, clapping, hand waving and the sharp sounds of brass capped off the event.

Below is the "Mizzou Legacy" video shown at the Chamber of Commerce breakfast.

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Campus Dining Services renovates facilities



Over the summer, Sabai underwent renovations to add two private dining rooms, community-style tables, a culinary development kitchen and more woks. It reopened Wednesday. Courtesy of Campus Dining Services.

Students see big changes to Plaza 900, Sabai and Emporium Café

Campus Dining Services took advantage of the summer break to make significant changes to two dining facilities. Plaza 900 and Sabai underwent approximately \$8 million in renovations to accommodate more customers, emerging trends in college food service and rising student expectations.

When the tentatively titled Virginia Avenue South residence hall opens in August 2015, [Campus Dining Services](http://dining.missouri.edu) ([http://dining.missouri.edu/](http://dining.missouri.edu)) (CDS) will need to serve the students living in the five-story, 331-bed hall. Plaza 900 added 5,000 square feet; 250 seats to the approximately 450 already available; expanded production and food service capabilities; and increased its storage space.

Students are more likely to notice the addition of thin-crust pizza in dining options. Also, there is the reimagining of On Stage, where staff members prepare orders individually. In previous years, On Stage offered something new every day of the week, from fajitas and burritos to pasta and risotto. When Plaza 900 reopened in August, On Stage condensed its menu to focus on made-to-order stir-fried dishes.

“What we’re hearing from students is, ‘Give me more of what I want,’ ” said CDS director Julaine Kiehn. “Not *more*, but more of what I want.” And what the students wanted were more stir-fried options. But it’s not just for the students’ benefit, Kiehn said. It helps the staff, too. Instead of making fajitas once a month, by cooking the same dish over and over they gain expertise. In the end, it’s more effective, and CDS won’t have to stock as many products.

The Emporium, the take-out option available at Plaza 900, is being converted to a salad and sandwich concept. The renovated Emporium Café opens in January 2015.

In recent years, many colleges, including Mizzou, have shifted away from offering national brands, such as McDonald's and Taco Bell, and toward proprietary brands.

"The good thing about doing a brand in-house is that with a national brand, you have royalties and franchise fees," said CDS marketing manager Michael Wuest. "If you have self-branded operations, and the talent to build great culinary programs, why not keep that money on campus?"

At the MU Student Center, CDS staff smoke the meats and blend rubs for Do Mundo's churrascaria. They make the donuts from scratch for infusion, cook the turkey for the chowder at Kate & Emma's, and develop the recipe for the pizza sauce at Pomodoro.

When Sabai, another in-house dining facility inside Johnston Residence Hall, opened in August 2011, it wasn't as popular as CDS had hoped; the Southeast Asian cuisine might have been a little ahead of its time. But now, students are asking for more authentic options. Over the summer, Sabai underwent renovations to add two private dining rooms, community-style tables, a culinary development kitchen and more woks. It reopened Wednesday.

Wuest hopes that CDS will soon be able to submit Sabai to the National Association of College and University Food Services' dining awards contest. In July 2013, Mort's won the grand prize for a university retail concept (the Emmy Award of university food service concepts).

As CDS looks to the future, including building a dining facility opening in August 2017 to replace the Pavilion at Dobbs dining facility, Kiehn foresees a move away from the all-you-care-to-eat facilities toward à la carte service.

"It's getting to I want what I want when I want and where I want," Kiehn said. "The à la carte, the handheld and takeout, really tie together with the on-the-go student."

— Kelsey Allen

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Improve your health through campus yoga and strengthening classes

Points earned from class attendance can be applied toward wellness incentive



Nani Fudge, office supervisor of the ID Office, is teaching a lunchtime strengthening course in Townsend Hall this semester. Photo by Rachel Coward.

As part of 2015 [health benefit changes \(http://www.umsystem.edu/totalrewards/benefits\)](http://www.umsystem.edu/totalrewards/benefits), the University of Missouri System is adding greater financial incentive to employees to get or stay active.

The system's Healthy for Life wellness program is dedicated to educating employees about the importance of maintaining good health and providing resources for health improvement. As a wellness incentive, the system is offering up to \$450 in a [two-tiered program \(http://www.umsystem.edu/curators/wellness/2015_wellness_incentive\)](http://www.umsystem.edu/curators/wellness/2015_wellness_incentive):

- Tier 1 "Educate Yourself": Earn \$150 for completing a wellness pledge, a personal health assessment and health screening.

• Tier 2: “Invest in Yourself”: Earn an additional \$300 by participating in healthful activities and behaviors and documenting your completion. Activities include getting a flu shot, walking, biking, remaining tobacco-free or completing tobacco cessation program, and taking an online wellness workshop. For more, click [here](https://uminfopoint.umsystem.edu/sites/hr/Benefits/Wellness/wellnessincentive-tier2activities.pdf) (<https://uminfopoint.umsystem.edu/sites/hr/Benefits/Wellness/wellnessincentive-tier2activities.pdf>).

MU has a number of yoga and mindfulness programs that can count toward generating points for “Invest in Yourself.” Email Healthy for Life at wellness@umsystem.edu, or contact the instructor of the class you are interested in for details. Starting Sept. 30, employees can count their class efforts toward tier points.

Dalton Research Center:

- *Gentle Yoga*. Class meets 12:10-12:50 p.m. Tuesdays and Thursdays through Dec. 11. \$3 per class. Taught by Sandy Matsuda. Email matsudas@missouri.edu.

Ellis Library:

- *Yoga*. State Historical Society of Missouri Art Gallery, Room 5. Class meets 12:15- 12:45 p.m. Thursdays through Dec. 11. \$1 per class. Taught by Glenda Moum. Email moumg@missouri.edu.

Townsend Hall:

- *Lunchtime Me-Time Strength Conditioning*. Room 107. Class meets 12:15-12:45 p.m. Mondays and Wednesdays through Dec. 10. \$1 for each class. Taught by Nani Fudge. Email fudgek@missouri.edu.
- *Yoga*. Room 223. Class meets 12:15-12:45 p.m. Tuesdays through Dec. 9. \$1 for each class. Taught by Glenda Moum. Email moumg@missouri.edu.
- *Pilates*. Room 222. Class meets 12:10-12:50 p.m. Mondays and Wednesdays through Dec. 10. \$3 per class. Taught by Tina Price. Email pricet@missouri.edu.

Missouri Psychiatric Gym/Basement:

- *Yoga*. Class meets 12:10-12:50 p.m. Fridays through Nov. 7. \$24 for eight-week series. Registration required. Email yogateacher530@gmail.com.
- *Yoga*. Class meets 12:10-12:50 p.m. Mondays. \$24 for 8-week series. Registration required. Email yogateacher530@gmail.com.
- *Zumba Gold* (similar to Zumba but for older adults with less physical flexibility). Class meets 5:15-6:15 p.m. Mondays through Oct. 20. Registration required. \$20 for entire series, or \$4 drop-in fee per class. Taught by Susan Tharp. Email tharps@missouri.edu, or call (573) 268-6568.

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MU professor designs signature Mizzou paisley for 175th anniversary



Art Professor Deborah Huelsbergen is always doodling — at conferences, during her daughter’s piano lessons, while waiting in line at a store. The margins of her notebooks are full of crazy tangled drawings. So, in early 2014, when MU commissioned a signature Mizzou paisley in honor of its 175th anniversary, Huelsbergen jumped at the chance to design it.

Paisley’s distinctive characteristic is its colorful, curved, abstract pattern.

“There are icons associated with Mizzou — Jesse Hall, the Columns, tiger stripes — that lend themselves well to repetition,” Huelsbergen says. “The idea is that when you look at it, you see paisley, but when you get up close, you would notice that it’s the Jesse Hall dome.”



Deborah Huelsbergen designed a Mizzou paisley in honor of the university's 175th anniversary in 2014. Two patterns went public this fall. Photo by Nicholas Benner.

Like the Mizzou plaid created by Lauren Drufke-Mahe while a student in the [College of Human Environmental Sciences \(http://hes.missouri.edu/\)](http://hes.missouri.edu/), the paisley could decorate neckties, bow ties and scarves, as well ID holders, coasters and pajamas.

Huelsbergen spent the summer researching the history of paisley, sketching patterns, and playing with how the capitals of the Columns and the Jesse Hall dome repeat. She designed two patterns, one predominately black and another gold. The final designs were unveiled this month.

This story first appeared at [MIZZOU \(http://mizzomag.missouri.edu/2014/08/mizzou-paisley/\)](http://mizzomag.missouri.edu/2014/08/mizzou-paisley/) magazine online (http://mizzomag.missouri.edu/2014/08/mizzou-paisley/).

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Receive funding to help bring a scholar to MU

The Chancellor's Distinguished Visitors Program helps academic units across campus bring prominent scholars to the university. The program provides partial support for the cost of hosting outstanding scholars. Requests up to \$5,000 will be considered.

Limited funding might be available for support of symposia focused on one or more of the [Mizzou Advantage](http://mizzouadvantage.missouri.edu/) (<http://mizzouadvantage.missouri.edu/>) initiatives.

Applications are accepted on a rolling basis.

Learn more and how to apply at <http://distinguishedvisitors.missouri.edu/guidelines/> (<http://distinguishedvisitors.missouri.edu/guidelines/>).

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Title IX website and employee training coming soon

Employees who want to keep their 2014 health benefit plan must actively choose it Oct. 20-31

Title IX coordination, 2015 benefits changes and Thursday night football were discussed at Faculty Council's Sept. 4 meeting in Memorial Union.

Title IX

Linda Bennett, interim campus Title IX coordinator, and Marsha Fischer, a lawyer in the general counsel's office of the University of Missouri System, gave an update on Title IX.

In coming weeks, Title IX reporting training will be available for MU employees, Bennett said. A website devoted to Title IX issues will also be rolled out.

"We are taking into consideration how we are handling all discrimination," said Fischer, who was hired in May. "We are stepping up and meeting our responsibility."

Besides Bennett, MU's Title IX team consists of Noel English, director of MU Equity; Cathy Scroggs, vice chancellor for student affairs; Salama Gallimore, hired in May as Title IX investigator; and Sarah Reesman, Title IX deputy coordinator and executive associate athletic director for Intercollegiate Athletics.

Earlier this year, all four system campuses assessed their Title IX reporting procedures and made changes where needed. In April, UM System President Tim Wolfe made an executive order that all employees — other than those who have a legal obligation to maintain confidentiality — are required to report claims of sexual harassment toward students to the appropriate Title IX coordinator.

Health Benefit Changes

Kelley Stuck, system associate vice president for human resources, talked about 2015 health benefit changes.

Three plans will be available:

- **The Healthy Savings Plan, formerly known as the myOptions Plan.** This plan offers a low premium, system contribution to a Health Savings Account and a lower combined out-of-pocket limit for both medical and prescription drugs. There are no changes to the deductibles, co-insurance and out-of-pocket maximum. However, the system is changing its contribution to the plan's Health Savings Account. Contributions will now be more closely tied to coverage level (self; self plus children; self plus spouse; self plus family).
- **The PPO Plan, formerly the myChoice Health Plan.** This plan has the highest premium, a midlevel deductible and the same nationwide network of providers as the Healthy Savings Plan. The 2015 PPO Plan will have a deductible increase, among other changes.
- **The Custom Network Plan, new for 2015.** This plan will offer a midlevel premium (between the Healthy Savings and PPO plans), \$0 deductible and reduced co-payments. The plan is available only to benefit-eligible MU employees who live or work in one of nine counties of greater Columbia, and the health network is mostly limited to MU Health Care providers and facilities.

More information on the plans, including premiums, will be released soon.

	Healthy Savings Plan (formerly myOptions)		Custom Network Plan	PPO Plan (formerly myChoice)
Deductible	\$1,500 Self	\$3,000 Family	\$0	\$350 Person \$1,050 Family
Primary Care Office Visit	10% After deductible		\$5 Copay	\$15 Copay
Specialist Office Visit			\$25 Copay	\$25 Copay
Urgent Care			\$50 Copay	\$50 Copay
Lab and X-ray			\$0	\$0 after deductible
Emergency Room			\$100 Copay	\$100 Copay after deductible
Premium			Lowest	Medium

Above is a comparative sampling of some of the coverage offered in the three benefit plans. Premium specifics are coming soon. *Source: University of Missouri System.*

Employees who want to keep their 2014 plan must actively choose it during the week of Oct. 20-31, Stuck said. Employees who want to continue to opt out of a health plan will have to actively opt out. If no action is taken, employees will automatically enroll in the Healthy Savings Plan and pay taxes on the premiums.

Stuck encouraged managers and department chairs to learn as much as they can about the 2015 benefit options so they can answer questions from their direct reports. "You don't need to be an expert, but you do need to know where to send others to get information," Stuck said.

There are plenty of resources for more information on the plans, including [one-on-one sessions](http://www.umsystem.edu/totalrewards/2015_annual_enrollment_one-on-one_sessions) (http://www.umsystem.edu/totalrewards/2015_annual_enrollment_one-on-one_sessions) and [town hall meetings](http://www.umsystem.edu/totalrewards/2015_annual_enrollment_town_halls) (http://www.umsystem.edu/totalrewards/2015_annual_enrollment_town_halls). For more information, contact [Campus Benefits Representative](http://www.umsystem.edu/totalrewards/benefits/benefits_representative/) (http://www.umsystem.edu/totalrewards/benefits/benefits_representative/), the HR Service Center at (573) 882-2146 or HRServiceCenter@umsystem.edu.

Thursday Night Football

Being part of the Southeastern Conference comes with the possibility of Thursday night football for the Missouri Tigers. Intercollegiate Athletics is trying to limit participation to one home and one away game every four years. The first proposed home date is Nov. 5, 2015.

Lori Franz, a member of the Intercollegiate Athletics Committee, said faculty who teach a Thursday night class would have to decide whether to hold or cancel a class on Thursday football night.

Council members were concerned about the disruption a Thursday game would have on classes on game day and, as Faculty Chair Craig Roberts put it, on “hangover Friday.” There will also be weekday parking logistics to work out.

Faculty Council’s next meeting is Sept. 16.

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