

## *Nurses honored on special day*



From left: Elizabeth Geden, associate dean for research; Toni Sullivan, dean; and Rosemary Porter, associate dean for students prepare to serve breakfast to students, faculty, and staff at MU's National Nurses' Day celebration.

National Nurses' Day was first proclaimed by President Reagan on May 6, 1982, as a day to recognize and honor nurses for their valuable contributions to society.

University Hospital and Clinics honored nursing faculty and staff with a luncheon on May 6, and the School of Nursing provided breakfast for students, faculty and staff May 7, in honor of National Nurses' Day.

Dean Toni Sullivan was the keynote speaker May 5 in Kansas City for the second Annual Metro-Wide National Nurses' Day celebration '90 an event that honors all nurses in the community. Her speech, "Nurses Make a Difference," was aimed at legislators, policy makers and corporate executives. She challenged nurses to demand visibility, to tell the public and the policy makers what it is nurses do — that nurses are not part of the problem of unresponsive and costly programs of health delivery but have always been part of the solution.

## *Student Loan Bill passes in Missouri*

The big success story is the passage of the Nursing Student Loan Bill providing funds to both nursing schools and individual students. This bill was initiated by the Missouri Nurses Association (MoNA) in response to the nursing shortage and should be in effect and monies available by fall of 1990.

The bill establishes a Professional and Practical Nursing Student Loan Program to be administered by the Department of Health. An annual licensure fee of \$5 for registered nurses and \$1 for licensed practical nurses will be collected. Proceeds will be deposited in a separate fund, along with loan repayments, penalties, and state,

federal and private funds.

Loans will be made from this fund until June 30, 1995. Recipients will be Missouri residents enrolled in an associate, diploma, baccalaureate, graduate or practical nursing program, with 95 percent of the amount going to those in professional nursing programs and 5 percent going to those in practical nursing programs. Financial assistance from the fund will not exceed \$5,000 a year for a student in a professional nursing program and \$2,500 a year for a practical nursing student.

Recipients will begin repaying their loans six months after completing their degree. Loan repayment rates and schedules have been established. However, 25 percent of the principal and interest will be forgiven for each year the nurse is employed by a public or nonprofit organi-

zation in the area of special need as defined by the Department of Health.

Rules on recruiting minorities into nursing schools will be issued by the health department. The bill creates an advisory panel, composed of representatives of the state board of nursing, consumers, various types of nurses, and practice sites, to make recommendations concerning department rules and loan allocations for these programs.

The bill also creates a "Nurse Training Incentive Fund," to be administered by the Coordinating Board of Higher Education. The board will use money appropriated from the fund to provide incentive grants to registered nurse training programs whose enrollment is at least 65 percent of the enrollment approved by the state board of nursing.



Dear Alumni,

1989-90 proved to be a time of dynamic new beginnings for the MU School of Nursing — new beginnings for our second 70 years and for the last decade of the 20th century. I am delighted to have this opportunity to update you on the happenings of your School.

I am happy to report that applications and enrollments in our baccalaureate program are soaring. I'm getting similar reports from other parts of the country, too. All indications are that the supply side crisis of the supply-demand crises in nursing has turned around. Our junior class this coming fall and winter will be full and we have a waiting list of qualified applicants. Also, a huge group of entering freshmen have declared nursing as their major. The faculty join me in a strong commitment to the education of new entrants into the field as a top priority.

Plans for our PhD program are moving along very rapidly. Our School is working with the Schools of Nursing in Kansas City and St. Louis to identify ways we can cooperate in offering the PhD to nurses. We hope to submit a proposal to the Board of Curators before the first of next year and to admit our first students in fall of 1992.

The School of Nursing has embarked upon an exciting planning process. Faculty, staff, students, clinical colleagues, and administrators are working together in a wide array of planning activities. What kind of school will the School of Nursing be in five years, in ten years? What are the steps the School needs to take to become the School we envision it to be? These questions are illustrative of the kinds of questions we are grappling with. The process is invigorating and is bringing the School of Nursing community together in a common cause as we all strive to position the School for future leadership and excellence.

The excellence of our School, of course, is largely due to the excellence of our faculty. 1989-90 was a most successful year for faculty recruitment. Five new faculty have joined our ranks. Recruited from California, New York, Wyoming, and Missouri, they bring expertise in critical care nursing, community health nursing, gerontological nursing and pediatric nursing. Also, this winter we had our first Potter-Brinton Distinguished Professor. Jo Eleanor Elliott, former executive director of nursing for Health and Human Services, spent three busy weeks with us giving formal and informal seminars and classes to faculty and students, and to university and community groups.

The beautiful School of Nursing building also is undergoing some new beginnings. A task force on space utilization and beautification, of which Carole Ann Bach, PhD, RN, was chairwoman, has stimulated several environmental projects. A Student Services Center is being conveniently located on the ground floor in the main lobby. The Faculty/Staff Lounge is undergoing a major redecoration in "sky" colors and informal table and chair groupings. All space projects are aimed at creating a warmer, more useable environment.

For the first time, the School of Nursing was highly visible at the American Nurses Association Convention. An exhibit booth hosted by the School of Nursing welcomed alumni, potential students, and friends from around the nation. We also celebrated our School at a breakfast gathering.

Next year we are planning another first. On April 13, 1991, the first School of Nursing Awards dinner will be held. Alumni, faculty, friends, staff and students will join together in celebrating Mizzou Nursing by honoring the outstanding achievements of some members of our School community.

Mary Berhost, past president of the Mizzou Nursing Alumni Organization; Cordelia Esry, president; and the board of directors have been very supportive of the School's activities over the past year, and wonderful representatives of the Alumni Organization. As we continue the work begun this year and move closer to our lofty goals, your continued support and participation are even more critical. Quite simply, the School of Nursing will not become all that it can be without the sustained support of Mizzou Nursing Alumni.

On a more personal note, may I share my joy at serving as dean of the School of Nursing. This past year has been one of the most satisfying of my professional life. The School of Nursing, thanks to the hard work and splendid support of faculty, students and staff, accomplished more this year than I dared to dream.

Keep in touch and come and visit your School.

Best regards,



Toni J. Sullivan, EdD, RN, FAAN  
Dean and Professor

## *First Potter-Brinton Distinguished Professor Appointed*

Jo Eleanor Elliott, former director of the division of nursing for the U.S. Department of Health and Human Services, was back in Missouri, her home state, from February 26-March 16 serving as the first distinguished professor at the School of Nursing.

Elliott retired in September 1989 as director of nursing after nine years with HHS. One of her major responsibilities was conducting studies of nurses at the national level. In the 1980s, the nursing shortage intensified to become one of the leading issues facing the entire health-care profession, and Elliott participated in the HHS studies on ways to attract more people into the field.

Elliott says many do not realize that there are more nurses working today than at any time in history. "We have about 2 million licensed nurses, and the profession continues to attract people," she says. "The profession is continuing to recruit, and nursing schools are beginning to market. But we need to bring more minorities, including blacks and Hispanics, into the field."

The possibilities offered to nurses today are endless, she says, especially given the continued advances in health care.

"Nursing has more to offer now than

ever before," Elliott says. "Today there is a greater variety of places to work, and there are always going to be jobs available in this health-care profession. Plus, nursing salaries are beginning to be more comparable to those of other professions. Nursing is truly a wonderful profession for those who join it."

On the national stage, Elliott says she sees a day when each American will have health insurance, probably covered by a national health plan.

"The first thing some people think of with national health insurance is socialism — but national health insurance is not socialized medicine," she says. "I think it is a topic that we now can talk about in public. People are now looking at Canada and seeing how well its system is working."

"The bottom line is that in America today there are 30 million people who do not have any type of health-care insurance. Plus we have many people who are underinsured, and business and industry are becoming increasingly concerned about the rapidly increasing costs of health insurance. I believe we will see a comprehensive insurance plan in place in three to five years."

Elliott spent 23 years at Western Interstate Commission for Higher Education as director of nursing programs and executive director of the Western Council on Higher Education for Nursing (WCHEN), a consortium of collegiate nursing schools in the 14 Western states. WCHEN projects and activities included research, research conference, curriculum development, leadership development and nurse manpower requirement models.

In her position as director of the nursing at HHS, Elliott was responsible for administering funds from Title Eight of the 1988 Public Health Service Act, that included support for nursing education and manpower analysis.

Elliott has received many awards, including a professional achievement award from the University of Chicago, where she received a master's degree in nursing education. She is the only nurse to receive the Athena award from the University of Michigan, where she earned her bachelor's degree.

Elliott has received five honorary doctoral degrees from St. Anselm's College, Boston University, University of Colorado, Eastern Kentucky University and Villanova University.

## *STT excellence in nursing award presented*

Dr. Rosemary Porter, Associate Dean of Students and Director of the Undergraduate Program, was the recipient of the 1990 Alpha Iota chapter of Sigma Theta Tau Excellence in Nursing Award. The award is given each year to recognize a nurse's contributions to research, education, nursing practice and leadership.

## *Cizmak speaks at Graduate Nurses Association*

At the organizations March 29 meeting, ANA Director of Communications, Cynthia Cizmak, reported that the ANA and similar organizations are collaborating in a response to the lack of access to health care experienced by a major portion of people in our country.

Cizmak stated that since the beginning of Medicare 26 years ago, hospitals and physicians have been the gatekeepers and profit-makers in health care.

Work is now being done to document the cost-effectiveness of nurses as case managers in distributing health care. Efforts to effect this change must be undertaken at the state level where it is most beneficial to implement nurse-managed care and demonstrate its effectiveness.

## *MIZZOU Nursing*

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### **Calendar reminder**

- April 13, 1991, is the date for the first School of Nursing Awards Banquet for alumni, faculty, students and staff.
- Mark your calendars now and make plans to attend the 50-year reunion of the class of 1941, which will be held May 2 through 4, 1991.

## Retirees' honored at luncheon



Former faculty and staff were honored at a luncheon April 17 in celebration of Retirees' Week. The value of their combined efforts on behalf of the School of Nursing is beyond measure, and we are extremely grateful for their contributions to the success of the School. Attending the luncheon were, front row, from left: Muriel Leach; Eleanor Baker, MSN, RN; Kathleen Kaiser, MSN, RN; Betty Crim, MSN, RN; and Gladys Wulff. Second row, Juanita Black-Morris; Dr. Virginia Hagemann; Ruth Ann Kroth, MSN, RN; and Ruth Benson, MSN, RN.

## Undergraduate faculty honored

The undergraduate Nursing Student Council has established awards for excellence in classroom and clinical teaching. Criteria, which must be met in order to receive both awards, were set by the council and are:

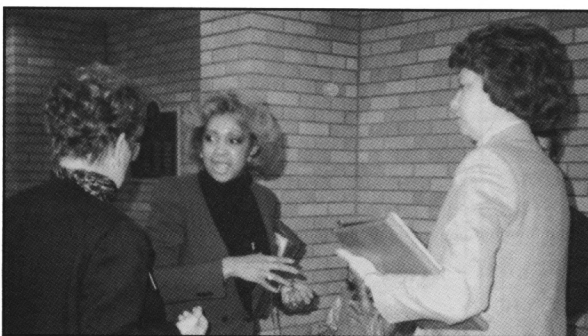
1. Is well-informed and able to communicate knowledge of subject to students
2. Is available and willing to work with students
3. Conveys respect for students
4. Demonstrates a sense of humor
5. Is realistic in expectations and understands needs of students
6. Is objective, fair and consistent in the evaluation of students
7. Offers stimulating presentation of course material to students (applies to classroom only)
8. Provides constructive feedback to students (applies to clinical only)

We are pleased to announce the first faculty whose teaching achievements were recognized and honored by the students:

**Classroom teaching** — Sherry Mustapha, PhD, MS, RN

**Clinical teaching** — Cheryl Bausler, MSN, RN

## Collaboration: a scholarly exchange of issues in nursing research



From left, Mary Margaret Bayer, Instructor, Dr. Liz Johnson, keynote speaker and Donna Otto, Associate Director of University Hospital and Clinics discuss nursing issues, in the school of nursing lobby.

Ninety-four nurse researchers attended the ninth annual Nursing Research Conference, held April 6 at the School of Nursing.

Dr. Liz Johnson, professor of nursing administration at the University of Texas, was the keynote speaker at the conference, which was designed to promote nursing research and research related activities.

A consultant to Ernst and Young in Dallas and former director of nursing at Brackridge Hospital in Austin, Texas, Johnson discussed "Redesigning the Future of Nursing." She has 23 years' experience as a nurse executive with a concentration on decision making, quality assurance, productivity and information systems.

## Faculty

**Larry Ganong**, professor, received funding from the National Institute for Health Center for Nursing Research for a study on the "Effects of Family Structure Stereotypes on Nurses."

**Verna Rhodes**, associate professor, has been asked to serve on the editorial advisory board of a new publication, *Oncology in Practice*, which will focus on new developments in professional issues and clinical information on patient care in oncology.

Rhodes presented her abstract "Clinical Assessment of Antineoplastic Postchemotherapy of Nausea and Vomiting" June 14 at the Department of Veterans Affairs National Nursing Research Conference in Boston. She gave a poster presentation "Antineoplastic Postchemotherapy Nausea and Vomiting" in August at the 15th International Cancer Congress in Hamburg, Germany.

**Mary Manderino** and **Virginia Bzdek** had their article "Mobilizing Depressed Clients" published in *Depression: Old Problems, New Perspectives in Nursing Care*.

Three faculty members presented papers or posters at the April 22-24 Midwest Nursing Research Society Conference in Indianapolis: **Verna Rhodes**, "Symptom Distress: The Concept and the Postchemotherapy Experience"; **Barbara Biehler**, "Assessment of Baccalaureate Nursing Majors' Ethical Decision-Making Skills"; **Eileen Hubsy** (with Jenean Sears of the University of Kansas) "Characteristics of Fatigue in Persons with Multiple Sclerosis."

**Beth Geden** had an article published in the *Journal of Obstetric, Gynecologic, and Neonatal Nursing*: LaFoy, J. and Geden, E.A. (1989). Episiotomy pain: warm vs. cold sitz bath. *JOGNN* 18(5), 399-403.

**Alice Kuehn** has been appointed to a three-year term on the editorial board of *Nurse Practitioner Forum*.

**Vicki Conn** received the Graduate Faculty Award. The Graduate Nurses Association honored her outstanding contributions to teaching.

**Susan Taylor** was elected vice chairwoman of the MU Faculty Council for 1990-91.



## Students

### Outstanding graduate students honored

Two School of Nursing students received recognition as outstanding graduate students April 4 at the Graduate Students Association awards assembly. **Wanda Marvel** of Columbia was designated a superior graduate student, and **Georgia Waggoner** of Columbia was cited as a superior graduate teaching assistant. Both students are candidates for a master's degree.

### Student awards

Congratulations to the following students who received scholarships/awards as a result of their outstanding scholastic achievements and contributions to the School and to nursing:

**Janet "Joy" Thompson Award**  
Monica Laird

**Missouri League for Nursing Award**  
Julianne Donnelly

**Nursing Alumni Organization Award**  
Senior — Julianne Donnelly  
Junior — Julie Ann Miller

**Nursing Student Council Award**  
Sharilyn Unterseher

The following students received School of Nursing Alumni Scholarships for fall 1990:

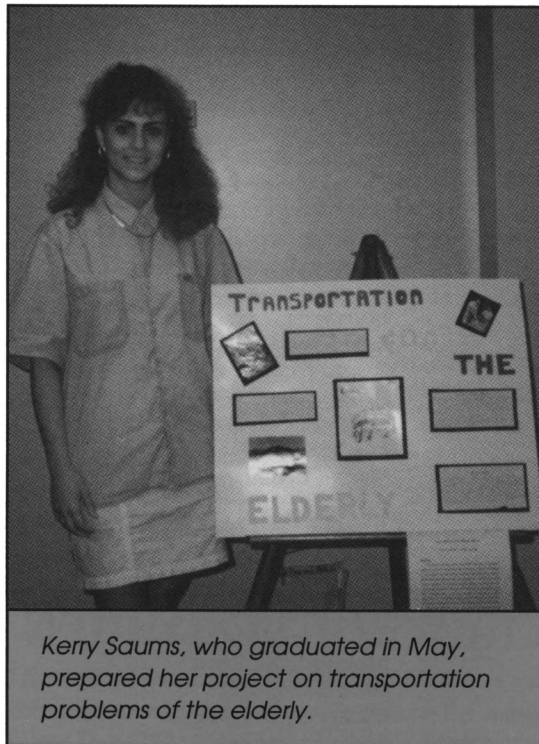
**Undergraduate:**

Cynthia Kline  
Maragret Wawryzniak  
Amy Chow

**Graduate:**

Suzanne Solari-Price

## Symposium focuses on preventive care



*Kerry Saums, who graduated in May, prepared her project on transportation problems of the elderly.*

An assessment of community health problems, centering on preventative care was the focus of the fourth annual Community Health Nursing Symposium April 27 at the School.

During the one-day symposium, 48 nursing students at MU presented papers and projects on community health-care issues they had researched.

Preventing teen age pregnancy, dealing with geriatric health-care issues and protecting the family against firearms in the home were some of the topics discussed. Since January, the students had worked with various health-care departments in Boone, Callaway, Cole, and Randolph counties, and presentations were tailored to the counties they studied.

The community-problem paper is, in a sense, a logical extension of the nursing process to the

community. Just as nurses assess and plan for the care of the individual client or the family, so, too, do they assess the community and make plans to meet its perceived needs.

Faculty asked that students assess the community and their own specific area of interest, and choose a problem to explore that could be approached through health-promotion efforts or with a disease/condition prevention approach. These could include projects on special population groups such as women, children or the elderly; a health protection program in a work place or in an educational setting; or a preventive risk reduction effort for a specific population or for an entire community, emphasizing primary, secondary or tertiary prevention.

Following these general guidelines, students examined a variety of actual or potential deficits. For example, several papers centered on children, including day-care needs for special children and the prevention of child abuse and neglect. Some papers highlighted environmental problems such as inadequate waste disposal and pesticide hazards, and others dealt with special needs of the adolescent and the elderly and preparing for natural or man-made disasters or preventing skin cancer.

The School of Nursing Proudly Announces the Publication of **Portrait of Success: A History of Mizzou Nursing** by Ruby Potter, Ruth Ann Kroth and Phyllis Drennan

The late Dean Emeritus Potter reviews the struggles and exemplary leadership of the School and its early directors. Assistant Professor Emeritus Kroth discusses the 1970s — the decade of change. The School of Nursing gains autonomy as a division of the University and the beginning of the master's program. Dean and Professor Emeritus Drennan critiques the 1980s — the decade of growth. The School of Nursing Building is dedicated and the School enhances its programs, research, and development.

Enclosed is my check for \$ \_\_\_\_\_  
for \_\_\_\_\_ copies @ \$12 per copy.

Name \_\_\_\_\_

Address \_\_\_\_\_

**Make checks payable to School of Nursing  
Mail to Jim Lay, S221 School of Nursing,  
University of Missouri-Columbia,  
Columbia, Mo. 65211**

# Celebration of graduation

## Twenty-nine students who graduated with a bachelor of science in nursing degree on December 16 were:

Angela Sue Augustine  
Kathleen Marie Brandt  
Lisa Ann Brengarth  
Linda P. Bryant  
Sharon Katherine Burnett  
Lindelynn Rebecca Church  
Michelle Ann Clark  
Sharon Lynn Derks  
Mahboubeh Eslami  
Joyce Ann Hollis  
Robert Dale Hudson  
Carol Ann Jameson  
Dana Marie Kitchen  
Elizabeth Ann Markway  
Dawn Marie Mason  
Glenda Kay McGrath  
Limberly Kay Monroe  
Michael Lynne Monroe  
Gail Margarita Nicholson  
Tracie Ann Reichen  
Margaret Glover Ruvalcaba  
Mary Ann Schaffer  
Amy Renee Scharf  
Donna King-Scott  
Kathryn Lynne Thompson  
Donna Rae Wagner  
Katherine Ann Walther  
Carla Ann Williams  
Rachel Louise Winn

## Graduating with honors were:

### Magna Cum Laude

Sharon Katherine Burnett  
Gail M. Nicholson

## Ten students who graduated with a master of science degree on December 16 were:

Judith I. Bildner  
Cynthia Lynne Brooks  
Rita M. Carney  
Janice Ward Darby  
Janet E. Edens  
Tina Suzanne Krieger  
Lori A. Ladd  
Melinda Madison  
Susan Wheeler Meinhardt  
Annetta Phillipi

## Forty-seven students who graduated with a bachelor of science in nursing degree on May 12 were:

Laura Kathryn Abraham  
Karen Lynn Beckey  
Mary Kay Beyer  
Christina Michelle Birke  
Tonja Lee Blankenship  
Carol Ann Bourque

Sheryl Ann Brinkmann  
Cynthia Eileen Brooks  
Tracey Cannon Callaway  
Jeffrey Scott Childers  
Suzanne Jacqueline Cuendet  
Julianne Donnelly  
Lisa Ann Evans  
Louanne C. Fay  
Kelli Lynn Gallop  
Joseph Andrew Genovese  
Kristen Marie Gergs  
Diane Kay Gollhofer  
Lisa Michelle Hadler  
Sharon Lyn Hark  
Brenda L. Hendren  
Jennifer Linn Hight  
Debbie Y. Horn  
Anne Elizabeth Houser  
Mary Ellen Kerr  
Stephanie Marie Kussman  
Monica Lynn Laird  
Ellen Kay Lanier  
Christy Lynn Lanigan  
Maria Lynn Lee  
Kathryn Anne Linsenmeyer  
Sherry Lynn Lober  
P.B. MacPherson  
Dena Marie McMichael  
Dianne S. Miller  
Karen Ann Montileone  
Mary E. Murphy  
Kerry Ann Saums  
Jennifer Anne Schmitz  
Kimberly Ann Schraeder  
Jacklyn Russetta Smith  
Heather D. Talley Stephens  
Jo Ann Stoner  
Theresa Marie Swenson  
Sharilyn F. Barnes Unterseher  
Mary Beth Whittington  
Laura Ann Wright

## Graduating with honors were:

### Summa Cum Laude

Laura Kathryn Abraham  
Louanne C. Fay  
Monica Lynn Laird

### Magna Cum Laude

Tonja Lee Blankenship  
Julianne Donnelly

### Cum Laude

Kristen Marie Gergs  
Christy Lynn Lanigan  
Maria Lynn Lee  
Theresa Marie Swenson

## Ten students who graduated with a master of science degree on May 12 were:

Frances D. Atkins  
Kim Brown

Patricia Alice Canfield Gazewood  
Gina L. Harris  
Barbara J. Hatfield  
John A. Hornick  
Helen M. Mason  
Sheri L. Mordt  
Rosa Petrik-Valdez  
Joan Bartels Wessel

## Sigma Theta Tau members graduating were:

### December 16

#### Bachelor's:

Angela S. Augustine  
Kathleen Marie Brandt  
Linda P. Bryant  
Sharon Katherine Burnett  
Donna King-Scott  
Dana Marie Kitchen  
Elizabeth Ann Markway  
Kimberly Kay Monroe  
Gail M. Nicholson  
Tracie Ann Reichen  
Katherine Ann Walther  
Carla Williams

#### Masters:

Judy Bildner  
Cynthia Lynne Brooks  
Rita M. Carney  
Janice Ward Darby  
Janet E. Edens  
Tina S. Krieger  
Melinda Madison  
Susan Wheeler Meinhardt

### May 12

#### Bachelor's:

Laura Kathryn Abraham  
Tonja Lee Blankenship  
Carol Ann Bourque  
Suzanne Jacqueline Cuendet  
Julianne Donnelly  
Louanne C. Fay  
Kristine Marie Gergs  
Anne Elizabeth Houser  
Mary Ellen Kerr  
Monica Lynn Laird  
Ellen Kay Lanier  
Maria Lynn Lee  
Kathryn Anne Linsenmeyer  
Sherry Ann Lober  
Dianne S. Miller  
Heather D. Talley Stephens  
Sharilyn F. Barnes Unterseher

#### Masters:

Patricia Alice Canfield Gazewood  
Gina L. Harris  
Barbara J. Hatfield  
Helen M. Manson  
Sheri L. Mordt  
Joan Bartels Wessel



## Continuing education update

If you were already on the continuing education mailing list, you received a notice to return to the CE office if you wished to continue to receive brochures of upcoming offerings. If you did not receive a notice, but wish to be on our mailing list, please write to request an update form or call (314)882-0215. We will be pleased to send you the form and see that you are added to the mailing list.

Three new independent study modules are now available, bringing the total number of modules to 25. Each module awards five or six contact hours and costs \$29 or \$35. This credit option is an accessible, convenient and affordable approach to enhancing your competence in the nursing profession. Some of the topics include content related to management, pharmacology, gerontology and chemotherapy/nutritional support. The new modules are:

1. Nutritional Needs of the Elderly
2. Modern Assessment and Management of Pain
3. Advances in the Recognition and Treatment of Depressive Illness

The Second International Self-Care Deficit Nursing Theory Conference will be October 13-16, 1991, at the Plaza Marriott in Kansas City. The deadline for receipt of abstracts is November 1. The conference will focus on clinical, educational, and theoretical dimensions of the theory. Case studies illustrating the use or development of the theory are particularly encouraged as are research and educational projects. Theoretical papers will be especially appropriate for this conference. Write or call the Continuing Education Program for additional information.

## Alumni meet with graduating seniors

Mary Ann Clark, Shirley Farrah, Brenda Harriman and Reng Winters, have been selected as alumni representatives to provide graduating students information on the benefits of joining the Alumni Association and, thereby, becoming a member of the Nursing Alumni Organization. Plans are in process for them to attend commencement receptions to talk to graduates and answer questions.

## Sigma Theta Tau notes

by Cindy Fischer

Alpha Iota chapter of Sigma Theta Tau had its spring induction meeting April 28 at the Country Club of Missouri, with 130 present.

Twenty-one new members were inducted. Several awards were presented, including:

- The Excellence in Nursing Award to Dr. Rose Porter, Associate Dean for Students and Director of the Undergraduate program
- The Excellence in Nursing Leadership Award to Nancy Bartmess, Vice President for Nursing Services, Boone Hospital Center, Columbia, Mo.
- The Dr. Ruby Potter Award to Angela Augustine, December 1989 bachelor of science graduate from Springfield, Mo.

New officers for 1990-1992 were installed and include: Cindy Fischer, president; Theresa Boley, secretary; Kay Libbus, counselor; and Susan Meinhardt, Chair of the Nominating Committee.

Alpha Iota Chapter will also be co-hosting the Region 2 Assembly in St. Louis on March 8-9, 1991.

## Winners of nursing awards

University Hospital and Clinics honored unit nurses for excellence in nursing. Among those honored were four graduates of the School: Lisa Crowder, BSN '87, 4 West; Carol Dye, BSN '82, 5 West; Melinda Madison, BSN '89, Perinatal Unit; and Margaret Yanics, BSN '89, Medical Intensive Care Unit.

## Nichols moves to state post

Sandra S. Nichols, BSN '60, MEd '85, former coordinator for the Columbia public school system, is a consultant with the Missouri Department of Elementary and Secondary Education.

Nichols considers one of the primary roles of nurses to be a health advocate for children. She has gone from bandaging children's wounds to a larger mission of teaching preventive health care on a holistic scale. As someone concerned with prevention on a holistic scale, she is happy about having such a wide impact.

Nichols has spent 20 years as a school nurse and has helped students get glasses, arranged for rides to the doctor's office, and assisted in securing bicycle helmets. She led the 1979 group that devised the first elementary health curriculum for the school district. The teaching of preventive health has always held top priority with her.

"She has been a tireless worker," says Stella Schauwecker, school nurse at Rock Bridge High School and three elementary schools. "She's been aggressive in a positive way for the good of the program."

## Books sent to Liberia

Cindy Kempe, BSN '81, was serving as a Peace Corps member in Liberia at the time, October 1989, she wrote to the School requesting assistance in securing health and medical science books in order to establish a reading room/resource library for the Liberian Government Hospital in Tubmanburg City, Liberia.

Books were collected from faculty from November through December. After the holiday break, the books were bagged for shipment to Liberia and mailed on January 10; a total of 311 pounds of books were sent. We received word in early spring notifying us that part of the shipment has been received. The hospital was extremely pleased to receive the books and sent heartfelt thanks to all those who participated in this project.

## Remembrances of a cadet nurse

by *Martha O. Gould Groves, BSN '48*

The Cadet Nurse Program was a five-calendar year education. Students worked for room, board and laundry, with the U.S. Government paying tuition, cost of books, uniforms and a stipend of \$15 per month. As students, we had two summer uniforms and one winter uniform, besides hospital student nurse uniforms.

Students were in class or on hospital duty 48 hours per week. Schedules were posted so late that it was almost impossible to plan study time; in fact, we were often too tired to study. Nursing students lived in a house apart from other University students; beds were old hospital cots. A maid was provided to clean our rooms.

All cadets had taken specific college courses that enabled them to transfer to the University. The dean registered for us. We took approximately 18 hours of courses per semester; it was said that we received four-years of college and three-years of nursing training in just five years.

Medical-surgical practice was held at Noyes Hospital, surgery was held in the Old Parker Hospital, clinic and communicable disease training was received in the adjoining University Health Center. We had a basement classroom for nursing classes and labs, other classes were taught in the medical building (McCallister Hall) by the staff who taught pre-med, dieticians and regular University professors. Nursing students might work in the hospital one hour, then take off their caps and go to a class or classes, come back to work on a hospital unit, then to class again or have a few hours off to study, then back to the hospital. The upper-classwomen worked whole evening or night shifts, then studied and attended classes during the day. Our dean and assistant dean were our nursing instructors and unit supervisors. We were often "in charge" after we had passed probation. "Grey Ladies" were a great help as there was a nursing shortage during World War II. Many RNs were on the professional register and were private nurses in homes.

After 1½ years at the University, the class was split. My affiliations were tuberculosis at Glen Lake, Minn. for one month; pediatrics at University of Minnesota Hospital for three months; obstetrics, labor and delivery at Miller Hospital in St. Paul, Minn., for three months; visiting nursing in Kansas City, for two months; psychiatric nursing at St. Louis Sanitarium for three months; and rural hospital nursing at Boone County Hospital in Columbia for six months. We took only the specialty course at each affiliation site.

Having finished the requirements to take the nursing exam, I passed the Missouri Licensing Exam and became an RN. I worked full time while I finished the two courses needed to meet degree requirements.

I graduated from high school at Winston in May 1943, attended Central Missouri State Teachers College in Warrensburg (now Central Missouri State University) one year (1943-44), entered MU fall of 1944, became a registered nurse fall, 1947, and graduated June 1948.

On August 15, 1945, the war ended. We had signed a statement that we would work in essential service as long as the war lasted. We were released from that contract and told to remove the insignia from our uniforms and wear them in any way that we desired. We had not been required to wear the cadet uniforms.

However, since we could get bus and train tickets at half the cost, we wore them at our convenience.

The class ahead of us had five enrolled, our class had seven. The government only issued one book for every two students and it was difficult to find time to use it when we were on the same schedule.

Our housemother was "Mother Dean." She had a life of her own as well as listening to her 12 charges. We signed out and in for everything except classes, told where we were going, and had to be back by an assigned time.

An advantage I gained from having so many affiliations, aside from travel and cultural experiences, was that we learned that there is often more than "one right" way of doing something. It made nursing practice by principle rather than by procedure. Adjustments to new work settings were much easier for me than for many I observed whose experience was only in one hospital.

## Alumni news

### 40s

**Edith Worstell Hayes, GN '40**, of Lexington, Ky., volunteers at an Alzheimer's Day-Care Center two to three days per week. She is interested in environmental, recycling, and peace issues. She has 10 grandchildren. This year, marks the 50th anniversary of her graduation from MU.

### 60s

**Janice West, BSN '60**, of Kansas City was one of five nurses at St. Luke's Hospital to be recognized for Excellence in Clinical Nursing. West was nominated and selected by her peers for demonstrating high standards and sensitivity to the needs of patients. She also was recognized for leadership and management abilities, as well as developing innovative approaches to the improvement of nursing care.

**Dr. A. Louise Hart, BSN '63**, of Indianapolis was elected president-elect of the Indiana State Nurses' Association. She received a certificate of appreciation for her work with Sigma Theta Tau at its 30th Biennial convention. Hart has been granted faculty time-out from DePauw University to do additional graduate work in the Indiana University Nursing Administration Department.

**Dr. Susan Cason Gille, BSN '64**, of Maryville, Mo., completed her MSN at the University of Missouri-Kansas City in December in the clinical specialist role in care of adults (emphasis on chronic illness). She is an assistant professor of nursing at Missouri Western State College in St. Joseph, Mo. Gille presented her research on how "Social support influences physical adaptation to chronic disease: diabetes" at UMKC Research Day in March and at the Midwest Nursing Research Society meeting in Indianapolis in April.

**Margaret (Peggy) E. Wilson, BSN '67**, of Gainesville, Flor., is currently an associate professor at the College of Nursing, University of Florida. She will be a visiting professor to the University of Akureyri, Iceland for three months in the fall of 1990.

**Rose Ward, BSN '69**, of Columbia, Mo., sent us a booklet of correspondence she received from the June 1969 graduating class. It was delightful to read about the members of the class (we are sorry that we cannot include all of the data in our news-



letter). Rose ended her booklet with the following, "Our lives have been brought together by nursing. Even though not all of us are still active in nursing, I've learned it takes a special type of person to be a nurse. May this little touch with the past remind us of each other and the time we spent learning and growing together."

### 70s

**Donna Hathaway**, BSN '71, MS '80, of Memphis, Tenn., is a member of a team from the University of Tennessee conducting research on renal transplant outcomes with low-dose steroid therapy. The study is made possible through a \$300,000 Clinical Investigator Award from the National Center for Nursing Research (NCNR). In addition to conducting the research, the award permits advanced study and experiences in transplantation and clinical research.

**Annette G. Lueckenotte**, BSN '72, of Ballwin, Mo., published *Pocket Guide to Gerontologic Assessment*, C.B. Mosby Co., St. Louis.

**Cathy Cartwright**, BSN '73, of Columbia is a member of University Hospital and Clinics' Management Council for 1990-91. Cartwright is an Assistant manager in pediatrics.

**Laura Altobeli**, BSN '74, of Lima, Peru, gave birth to Laura Alexander, her first child, on February 15. She is continuing her work in public health research, promoting exclusive breast feeding in Peru and other South and Central American countries.

**Linda Markt**, BSN '75, of Twin Falls, Idaho, is director of education and women's health at Magie Valley Regional Medical Center.

**Cheryl Tuggle**, BSN '75, of Centralia, Mo., flight nurse, staff nurse III, Emergency Services, at University Hospital and Clinics, was the March Divisional Achievement Award winner for the Professional Services Division. Her job involves providing assessment and treatment to acutely ill or injured patients; she helps care for them during transport in The Staff for Life helicopters.

**Cindy Luczak Allen**, BSN '76, MS '82, of Columbia passed ANA certification for family nurse practitioner and is practicing at Audrain City-County Health Unit's perinatal clinic and in Columbia at Dr. Trevor Watson's well-women's clinic.

**Kathy Hubele Hale**, BSN '77, of Little-

ton, Col., is employed in the Neonatal Clinical Research Center at University Hospital in Denver. The Center is a mobile unit that conducts neonatal and obstetrical research at several hospitals in Denver. She was a member of the team that recently completed and published the "Antenatal Phenobarbital Study." Kathy was married on March 16 on top of Eagles Nest at Vail, Colo. She and her husband love to ski.

### 80s

**Sandra Ray Moentmann**, BSN, '81, of Easton, Md., is director of the associate degree program in nursing at Wesley College in Dover, Del., where she serves as an assistant professor of nursing. She is a maternal-child clinical nurse specialist and has worked as a staff nurse, program director and nurse educator.

**Karen Marie Johnson**, BSN '83, education coordinator for Samaritan AirEvac, in Phoenix, Ariz., the largest, busiest air medical program in the nation with more than 600 flights a month. She coordinates and teaches for the Flight Training Program, which is affiliated with Grand Caynon University, and provides continuing education and skills maintenance programs for the entire flight staff of 100 employees. Karen has been elected to the board for the National Flight Nurses Association as board member-at-large.

**Jenny Scanlon**, BSN '83, of Silver Spring, Md., is developing and implementing an early intervention program for HIV infected infants and toddlers in Washington, DC.

**Ann Meredith Fetrow**, BSN '84, of Columbia is a member of host faculty for the 10th annual conference in peritoneal dialysis. This is her third year as a member of the host faculty. She attained certification in nephrology nursing in 1989.

**Barbara A. Dittberner Hunt**, BSN '85, of Eagan, Minn., received a master's of science degree in nurse anesthesia in June. She is an anesthetist in Minneapolis/St. Paul. Her husband, Ron, received a degree in veterinary medicine from MU in 1988 and has opened his own practice in Eagan.

**Theresa Boley**, BSN '86, of Columbia was chairwoman of the National Teaching Institute of the American Association of Critical Care Nurses May 20-24, in San Francisco. The conference was attended by more than 10,000 participants. She has written "Herpes Zoster: Etiology, Clini-

cal Course and Suggested Management," published in the April/June, 1990 issue of the Journal of the American Academy of Nurse Practitioners. Boley is a research associate in the division of thoracic surgery at Univeristy Hospital and Clinics.

### 90s

**Fran Atkins**, MS '90, of Higginsville, Mo., completed an administrative practicum with Jane Ann Humphrey, director of Northwest Health Services. Atkins specialized in rural community health and mental health. She has worked with patients and families there and has been a Higginsville resident for more than 20 years. Her husband is a practicing dentist in Higginsville, and she has two grown sons. Her special interests include stress management and health promotion. She says, "Helping people to make the most of what they have is something that really excites me."

### In remembrance

I. Patricia Honeycutt, BSN '58, died April 6 in Prairie Village, Kan., at age 57. She was born in Poplar Bluff, Mo., and was a registered public health nurse. Survivors include a brother, Frank A. Stewart of Westland, Mich., and a sister, Suzanne Stewart of the home.

### Were you there?

by **Deedie Cochran Esry**, President

Six thousand seven hundred plus registered nurses departed Boston after attending the American Nurses' Association Convention. Mizou also had an exhibit booth there and a breakfast on June 19 for alumni and friends. Were you there?

The alumni organization awarded Verna Rhodes the Distinguished Alumni Award in April at the annual meeting. To many of us, she is more a teacher than an alumna but as both, she has been very important to the School. Were you there?

Our next annual meeting is tentatively scheduled for April 13. Will you be there? Active participation of nursing alumni is important to the success of the group. Shared ideas may lead to fascinating and challenging programs. Plan now to gather your classmates and trek to Columbia for some great fun. Betty Crim, Associate Professor Emeritus, will do all the contact work, if you request it.

And the question, "Were you there?" will be inappropriate.

## Alumni highlight

Dr. Pauline E. Merry received a BSN from MU in 1959; a MS in counselor education in May 1969 from the University of Southern California (USC); and a PhD in counselor education in May 1974 from USC.

From 1959-62 she worked as a staff nurse in hematology, medical chest and the operating room at Wadsworth VA Hospital; from 1962-65 she was a staff nurse in neurology and adult psychiatry at the University of California at Los Angeles Neuropsychiatric Institute. She taught at Jordan High School, an inner-city senior high school in Los Angeles, from 1965-68. During 1968-69 she was an instructor in a two-year associate degree nursing program at Los Angeles Valley College and from 1969-74 she served as an academic, personal, and vocational counselor for nursing and general students. From 1974-76 she served as Coordinator of College Relations, Los Angeles Community College District Office and Chair of the Los Angeles Community College District Counseling and Guidance Committee. While on sabbatical leave from Los Angeles Community College in 1981-82, she served as Museum Education Director, The Experience Center (a science museum), Irvine, CA. As Assistant Dean of Student Services, 1976-82, Los Angeles Valley College, she was responsible for the planning, organization, and supervision of the offices of admission and

records and counseling. She supervised the admission of students to the college and other activities involved in student record keeping. She also supervised the placement office, health office, the women's center and the career guidance center. Further, she supervised the functions and tasks of the counseling staff and was directly responsible for the selection and workload assignments of the certificated and classified staff for both the counseling department and the admissions and records functions. She also assisted in evaluation of college and student services activities and budget. While in this position, she developed the faculty advising program.

Since 1982 she has been dean of student affairs at Los Angeles Valley College and is responsible for student activities, including the over-all operation of the Associated Student Union (ASU). She is adviser to elected student officers and clubs, works with faculty whose co-curricular programs are partially funded with ASU money. She assists students and faculty in planning the ASU budget, campus activities and programs and coordinates the production of commencement and other campus wide events. She is responsible for maintaining student discipline and conduct through enforcement of board adopted student behavior rules and regulations and is the campus grievance representative for the administration. Further, she develops, coordinates, and

leads development programs for faculty and staff, serves as the campus liaison with the district office on staff development matters and is the Affirmative Action Officer for Valley. She serves on the college wide budget planning committee and other committees as requested by the president. She has written two chapters for the proposed state-wide handbook on student services.

Merry recently began a new position as director of staff development at College Hospital, a private psychiatric hospital in Ceritos, Calif. She is responsible for the entire education program for all of the staff. "It is a wonderful challenge," she says. "I get to develop new programs and improve existing ones for the medical, nursing and auxiliary employees and quite possibly for patient's families and other selected community members. I get to make it up as I go along. It's a wonderful combination of my nursing background and education skills."

## Alumni thank you

The School of Nursing and Alumni Records thank all alumni who responded with missing addresses for our alumni. The response was tremendous. Data have been processed and records updated as swiftly as possible. Please keep us in mind when you have a change of address or know of alumni who move. The School of Nursing Alumni are terrific!

## Let Us Hear From You

The School of Nursing and nursing alumni want to know where you are and what you are doing. Please share with us special projects, research or publications in your area of expertise, promotions, position changes, honors received and data about your family.

Name \_\_\_\_\_ Class of \_\_\_\_\_

Address \_\_\_\_\_

City/state /ZIP \_\_\_\_\_

News \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send to Mary Ellen Metzen, S213 School of Nursing, Columbia, Mo. 65211.



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Check desired membership:  
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Send your completed form and your mailing label to Alumni Relations, P.O. Box 1553, Columbia, Mo. 65205. Make checks payable to: MU Alumni Association or charge it.

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# Honorary Alumni Award

The MU Nursing Alumni Organization will present the Honorary Alumni Award to an individual who is not a graduate of the MU School of Nursing and has made an outstanding contribution to the nursing profession and our School of Nursing.

### Criteria

1. Non-graduate from MU School of Nursing
2. Outstanding achievement in nursing or support for the nursing profession
3. Recipient must be approved by MU Alumni Association Board of Directors
4. Recipient must be present to receive the award

Support of and involvement in MU School of Nursing Alumni Organization is considered but not mandatory. Candidate cannot be a graduate of the MU School of Nursing. Award given odd numbered years. Alumni members are asked to recommend candidates to be considered for the award.

## Honorary Alumni Award Nomination Form

I would like to nominate the following individual for Honorary Alumni Award to be presented by the MU Nursing Alumni Organization

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone Numbers: Home (        ) \_\_\_\_\_

Work (        ) \_\_\_\_\_

Alumni Activities: \_\_\_\_\_

\_\_\_\_\_

Please include vita (if available).

Indicate your reasons for nominating this individual: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone Numbers: Home (        ) \_\_\_\_\_

Work (        ) \_\_\_\_\_

Please Return by November 30,1990

Reng Winters

544 Pear Tree Circle

Columbia, Mo. 65203

# Nursing alumni organization board for 1990-1992

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