

References

- Alzheimer's Association. (2019). *Alzheimer's disease facts and figures* [Fact sheet].
<https://www.alz.org/alzheimers-dementia/facts-figures>
- Antonovsky, A. (1987). *Unraveling the mystery of health: How people manage stress to stay well*. Jossey-Bass.
- Bekhet, A. K., Johnson, N. L., & Zauszniewski, J. A. (2012). Resilience in family members of persons with autism spectrum disorder: A review of the literature. *Issues in Mental Health Nursing, 33*(10), 650-656. <https://doi.org/10.3109/01612840.2012.671441>
- Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology, 3*(2), 77-101. <https://doi.org/10.1191/1478088706qp063oa>
- Cachia, R. L., Anderson, A., & Moore, D. W. (2015). Mindfulness, stress, and well-being in parents of children with Autism Spectrum Disorder: A systematic review. *Journal of Child and Family Studies, 25*, 1-14. <https://doi.org/10.1007/s10826-015-0193-8>
- Cassel, J. (1976). The contribution of the social environment to host resistance. *American Journal of Epidemiology, 104*(2), 107-123.
<https://doi.org/10.1093/oxfordjournals.aje.a112281>
- Guba, E., & Lincoln, Y. (1994). Competing paradigms in qualitative research. In N. Denzin & Y. Lincoln (eds.), *Handbook of Qualitative Research* (pp. 105-117). Sage.
- Huberman, A. M., & Miles, M. B. (2007). Data management and analysis methods. In N. Denzin & Y. Lincoln (Eds.) *Collecting and interpreting qualitative materials*. (p. 179-210). Sage.
- Lopez-Espuela, F., Gonzalez-Gill, T., Amarilla-Donoso, J., Cordovilla-Guardia, S., Portilla-Cuenca, & Casado-Naranjo, I. (2018). Critical points in the experience of spouse caregivers of patients who have suffered a stroke: A phenomenological interpretive study. *PLOS One, 13*(4), e0195190. <https://doi.org/10.1371/journal.pone.0195190>
- Marsack, C. N., & Church, H. L. (2019). Impact of caregiver burden on quality of life for parents

of adult children with autism spectrum disorder. *American Journal on Intellectual and Developmental Disabilities*, 124(2), 145-156. <https://doi.org/10.1352/1944-7558-124.2.145>

Merriam, S. B., & Tisdell, E. J. (2016). *Qualitative research: A guide to design and implementation* (4th ed.). Jossey-Bass.

National Institute of Mental Health. (2018). *Autism spectrum disorder* (NIH publication no. 19-MN-8084). U. S. Department of Health and Human Services, National Institutes of Health. <https://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd>

Otter.ai. (2020). *Otter voice transcription* [Mobile application software]. App store. <https://otter.ai/login>

Polit, D. F., & Beck, C. T. (2017). *Nursing research: Generating and assessing evidence for nursing practice* (10th ed.). Wolters Kluwer.

Seidman, I. (2006). *Interviewing as qualitative research: A guide for researchers in education and the social sciences* (3rd ed.). Teacher's College Press.

Volanen, S. M., Lahelma, E., Silventoinen, K., & Suominen, S. (2004). Factors contributing to sense of coherence among men and women. *European Journal of Public Health*, 14(3), 322-330. <https://doi.org/10.1093/eurpub/14.3.322.cy>

Woodgate, R. L., & Ateah, C. (2008). Living in a world of our own: The experience of parents who have a child with autism. *Qualitative Health Research*, 18(8), 1075-1083. <https://doi.org/10.1177/1049732308320112>

World Medical Association. (2013). Declaration of Helsinki ethical principles for medical research involving human subjects. *Journal of the American Medical Association*, 310(20), 2191-2194. <https://doi.org/10.1001/jama.2013.281053>