

# MIZZOUNURSING

NEWS FROM THE UNIVERSITY OF MISSOURI SINCLAIR SCHOOL OF NURSING

SPRING 2015

## Helping a Country One Village at a Time

A group of students travel to Ghana to help those most in need of health care. | 08

## Dispelling the Myths of Men in Nursing

Men in the Sinclair School of Nursing talk about what it is like to be in a classroom full of women. | 06

## The Importance of Family History

Associate Professor Maithe Enriquez finds out she is related to one of the biggest names in nursing. | 17



# From the Dean



The Jonas Center for Nursing and Veteran Health Care is well known to the nation's nursing schools. Donald and Barbara Jonas have invested considerable resources to support the preparation of PhD and DNP nurse leaders. Doctoral students at the Sinclair School of Nursing (SSON) have benefitted from this support. In addition to this very important relationship between the Jonas Center and the SSON, we discovered an incredible story about the husband of our associate professor, Maithe Enriquez. Her husband, David McKinsey, has a special relationship with Donald Jonas. Donald's grandfather, Sam Jonas, is David's great uncle. Sam rescued David's mother and her family from a refugee camp in Cuba during World War II and transported them to America. Read the story about how Dr. Enriquez and her husband discovered the Jonases at the American Academy of Nursing ceremony, where the Jonases were inducted as honorary Academy

Fellows at the same ceremony where Maithe was inducted.

We are so appreciative of our generous alumni, donors and friends. Janet Crosby made the highest bid for "Bow Tiger" and donated this artist-designed, one-of-a-kind tiger to the SSON. This past year, Karen Ehlmann, BSN '74, member of the executive campaign steering committee, generously established an endowment for faculty support. Gina Lanham, BSN '86, featured in this issue's "Tigers in the Field" with her husband Steve, has also recently established an endowment to support students. Barbara Gill MacArthur, BSN '74, and her husband Richard MacArthur, MD, set up an endowment to support students in our Nursing Leadership and Innovations in Health Care graduate focus area. Sandra Shelley, BSN '74, has an endowment to support entrepreneurship in nursing. She honors her parents with the Ben and Gloria Gambaro Fund. In addition, faculty, administrators and staff provide financial contributions, serving as role models in this giving back effort. We depend on this type of generosity to support our school as we strive to reach new heights.

It is very important for us to honor our alumni and friends of the school. Those gifted award winners for 2015 are featured in this issue. We look forward to our awards banquet May 1, 2015. Watch for your mailed invitation.

Continue to witness our progress as we shape the discipline of nursing. Please consider the Sinclair School of Nursing in your ongoing charitable giving.

**Judith Fitzgerald Miller**  
Dean, Sinclair School of Nursing

**Executive Editor**

Dean Judith Fitzgerald Miller, PhD, RN, FAAN

**Editor/Writer/****Photographer/Designer**

Brad Johnson

**Nursing Alumni****Organization President**

Mary Margaret Bayer, BSN '64

*Mizzou Nursing* is published twice a year for the alumni, students, parents, faculty, staff and friends of the University of Missouri Sinclair School of Nursing.

**FEEDBACK WELCOME**

Please let us know what you think about this issue or if you have any suggestions for articles in *Mizzou Nursing*. You can write to us at [mizzounursing@missouri.edu](mailto:mizzounursing@missouri.edu), or mail to the address below.

*Mizzou Nursing*

S218 School of Nursing  
Columbia, MO 65211

The University of Missouri does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age, disability or status as a protected veteran. For more information, call Human Resource Services at 573-882-4256, the Director of MU Equity/Title IX Coordinator at 573-882-9069 or the U.S. Department of Education, Office of Civil Rights.



**Sinclair School of Nursing**  
University of Missouri

## Grant Productivity

Between August and November, Sinclair School of Nursing faculty and students received \$706,421 in funding for research, public service, and scholarship support. The school's grant money almost totals \$25 million.

### Faculty

**\$398,311**

**Tina Bloom**

Effectiveness of a safety app to respond to dating violence with college women

**\$220,000**

**Shirley Farrah**

Enhanced Leadership Development Academy

**\$55,000**

**Shirley Farrah**

Preventing Healthcare-Associated Infections

**\$20,000**

**Judith Fitzgerald Miller**

Jonas Nurse Leader Scholars Program (2014-2016)

**\$10,000**

**Judith Fitzgerald Miller**

Missouri Community Health Foundation

### Students

**\$2,500**

**Whitney Beaton (PhD)**

Shake Up Missouri: Documenting Non-Fatal Abusive Head Trauma Incidence and Evaluating the Effectiveness of a Hospital-based Prevention Effort

**\$610**

**Briana Snyder (PhD)**

Views of Women with Dissociative Identity Disorder on Intimate Partner Violence



On the Cover: Associate Professor Maithe Enriquez and husband David McKinsey hold a photo of David's mother as a child and her family.





## The Importance of Family History

Sinclair School of Nursing Associate Professor Maithe Enriquez always knew her husband wanted to know more about his family's past. She did not expect this outcome.

# 17



# 06

## Dispelling the Myths of Men in Nursing

The nursing field contains a preponderance of women. Two men in the Sinclair School of Nursing think that should change.

## 08 | Helping a Country One Village at a Time

A group of Sinclair School of Nursing students traveled to Ghana to help individuals who desperately need health care. They not only discovered a group of people who loved them, but also discovered the importance of their work.



## 04 Events

## 05 Tigers in the Field

Nursing alumni are doing great things around the world. Meet two individuals with stellar careers.

## 12 Golf Tournament

## 13 2015 Nursing Alumni Awards

The Annual Nursing Banquet and Awards Ceremony celebrates 25 years. This is your first look at the Nursing Alumni Organization award winners.

## 16 Preschool Handwashing

The Student Nurses Association started a program that reaches out into the community. Sharing Health Hand by Hand teaches preschool children the importance of handwashing and how to do it properly.

## 20 Class Notes

Have you wondered what has been going on at the Sinclair School of Nursing? Catch up on the accomplishments of alumni, faculty, staff and students from this past semester.

## 22 Letters

# Contacts

## Admissions

### Office of Academic Affairs

Roxanne McDaniel  
573-882-0228  
mcdanielr@missouri.edu

### Undergraduate & Master's Programs

573-882-0277  
nursing@missouri.edu

### PhD Program

Deidre Wipke-Tevis  
573-884-8441  
wipke-tevisd@missouri.edu

### DNP Program

Robin Harris  
573-882-7969  
harrisrc@missouri.edu

## Dean's Office

### Dean Judith

### Fitzgerald Miller

Linda Huether  
573-882-0278  
huetherl@missouri.edu

### Alumni Relations

Donna Otto  
573-884-7293  
ottod@missouri.edu

### Communications

Brad Johnson  
573-884-2690  
johnsonbrad@missouri.edu

## Office of Advancement

### Natalie Lewis

573-884-3775  
lewisnb@missouri.edu

## Office of Research

### Vicki Conn

573-882-0231  
conn@missouri.edu

## Office of Outreach

### Shirley Farrah

573-882-0215  
farras@missouri.edu

## Chancellor R. Bowen Loftin's Inauguration

University of Missouri  
Chancellor R. Bowen Loftin was inaugurated as MU's 22nd chief executive officer Sept. 18, 2014. Faculty gathered in their regalia to honor Loftin. Eighth semester student Aaron Davis was chosen to lead the Sinclair School of Nursing. Faculty followed him and Chancellor Loftin across campus to the Missouri Theatre in downtown Columbia where he was officially sworn in.



## Tigers on the Prowl

The University of Missouri Sinclair School of Nursing now has a tiger in the halls. "Bow Tiger" is the name of the school's tiger statue for Tigers on the Prowl. The auction was held on Oct. 3, 2014, with a winning bid of nearly \$1,000. He sits at the west entrance of the school.

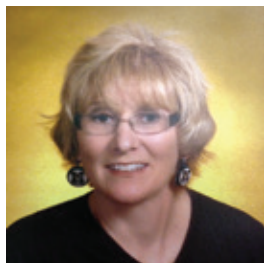
The nursing school was named by the organizer of this event, Chuck Crews, to be one of 12 beneficiaries of 12 uniquely designed tigers. The corporate sponsor is Miller's Professional Imaging and MPIX. The tiger, designed by the artist Ambiaka Maupin, is covered with bow ties in honor of Chancellor R. Bowen Loftin. Proceeds from bids of the 12 tigers were given back to the beneficiaries of each of the tigers. Janet Crosby bid on the tiger and won it.

Crosby is a community leader, supporter of MU, former cheerleader, sorority member and board member of the MU Jefferson Club. She not only gave the money for Bow Tiger, but also donated the tiger to the SSON.



## Spotlight on Outstanding Alumni

### Gina Lanham



Gina Lanham, BSN '86, knew she had all the education she needed once she graduated from the Sinclair School of Nursing (SSON). The only thing she was not sure of is if she wanted her career to be in the labor and delivery unit or in rehabilitation. After several years bouncing around hospitals in both fields, she decided labor and delivery was for her.

Lanham said she fell in love with the unit because it is fast-paced and functions as the emergency room, operating room, recovery room and a space for overall patient care. She believes one must have extremely good assessment skills to work in all of those areas. It was one of the most important tasks she learned at the SSON. But the best part of her job is being able to deliver a patient. For the past two decades, she did this at Mercy Hospital in St. Louis before recently retiring.

"When I'm finished, I feel like I've accomplished my job," Lanham said. "The mother is happy, I'm happy and everybody involved is happy."

Lanham believes the reason she has been so successful is because of the education she received at the SSON. She came up with a way to thank the school that prepared her for a lifetime of employment, pledging \$600,000 for an endowed professorship to enhance research.

"People can take away your house, they can take away your money, and they can take a lot of things, but once you're educated no one can take that away from you," Lanham said.

Lanham wants students to be confident working in a hospital after graduation. She also wants students to continue to be critical thinkers just as she was taught years ago.

### Justin Duckworth



One day Justin Duckworth, BSN '10, noticed everyone in the Medical Intensive Care Unit at University Hospital in Columbia was acting strangely. He knew something was going on, but did not know what. Then, Duckworth was paged to the front desk. Everyone gathered around and started to clap as his parents, brother and sister came walking out to see him accept the DAISY Award.

"That was just wild," Duckworth said. "I asked 'Why are my parents and brother and sister here at my work?'"

The DAISY Award is a nationwide program that celebrates the extraordinary clinical skill and compassionate care nurses give every day. University Hospital awards the accolade to only one employee each month. It is based on nominations from patients and their families.

Duckworth said the award is proof he loves his job. He believes getting people out of some of their hardest moments in life is the most rewarding. However, it can be tough because there are a lot of patients who do not make it out.

Keeping that in mind, Duckworth approaches his job as if he were the patient or a family member of a patient. He said an upfront approach and showing that he cares is the least he can do.

"If that was my father or if I were the patient, I would want to know what's going on and I would want to know whoever is taking care of me cares about me," Duckworth said.

Duckworth believes giving extra effort will pay off in the long run. It has already paid off with the DAISY Award. But he is not doing his job for himself, he is doing it for his patients.



***“WE’RE JUST CLASSMATES AND IN IT TOGETHER” —DOMINIC CHAMBERS***



# Dispelling the Myths of Men in Nursing

Some people get into nursing by accident. Others feel a calling. Every student at the Sinclair School of Nursing has a story about how they came to the nursing field.

Fifth-semester students Dominic Chambers and Justin McNeeley land on opposite ends of the spectrum when it comes to their motivation to pursue nursing.

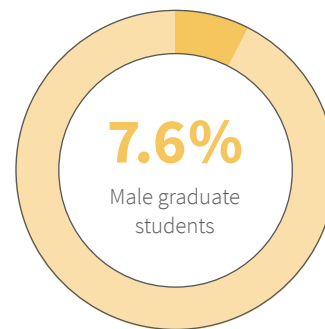
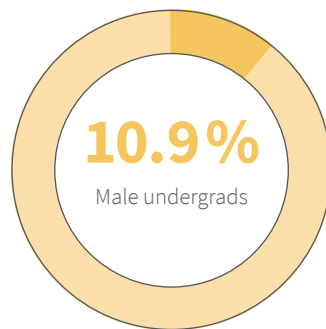
Chambers came to the Sinclair School of Nursing (SSON) from Kansas City, Missouri. He was 15 when he found his calling while volunteering at a local hospital. He noticed the nurses with their patients, and it was easy to envision doing their job. That vision has grown through the years, and now he wants to be a nurse more than ever.

“What really drew me to it was the human aspect,” Chambers said. “It is really hands on. You are talking to the patient. You’re listening to them. You’re the patients’ representative.”

But not everyone has a clear calling. McNeeley was not sure what he wanted to do for a living, but he wanted a profession people admired. Nursing was the perfect choice.

“I wanted a profession people trusted, and nursing is definitely one of those professions,” McNeeley said. “It’s a selfless act being there for that person.”

Chambers and McNeeley are but two men to discover nursing, a workforce in which men are underrepresented. Although the number in the field has been rising since the 1990s, there is still a significant gender gap. According to statistics from the Department of Professional Employees,



The Sinclair School of Nursing is on par with the national average of men in the nursing field. According to the Department of Professional Employees, men account for 8.9 percent of the nursing workforce.

men in the nursing workforce make up less than 10 percent of registered nurses.

Male enrollment in the SSON is almost on par with the national average. At the beginning of the 2014–15 academic year, 117 out of 1,069 students (10.94 percent) who declared nursing as their major are men. Also, there are 22 graduate students out of 287 (7.66 percent) that are men. Men in the school believe stereotypes of the profession need to continue to change. This belief is also a national belief. Men in nursing have become so prominent that there is now a national organization to support their professional growth, called the American Assembly for Men in Nursing.

“There needs to be more of us in here because it’s such a great career. A lot of men are missing out on it,” Chambers said.

According to *Minority Nurse*, the top four reasons why men do not pursue nursing involve gender. The article states men do not pursue the profession because they feel they might have to work harder to level the playing field, they will be outnumbered, they will be treated differently or be

ridiculed because they are a man. Chambers and McNeeley have not experienced those fears in the SSON. They go into classes knowing they are outnumbered, but it is only a factor for a short while during their pre-nursing classes.

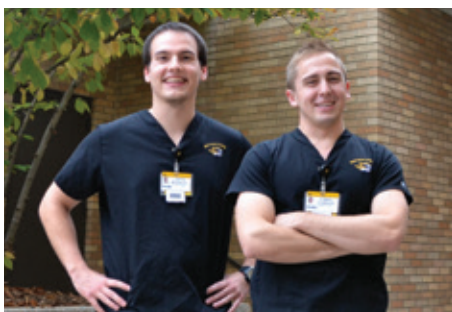
“By the time the semester is over, gender isn’t even a consideration,” Chambers said. “We’re all just classmates and in it together.”

McNeeley agrees that gender has no affect on his ability to do his work. He said pre-nursing classes prepared him for the ratio of women to men, but his ability to do his work and learn has never been compromised. The SSON is a place where he feels he belongs.

“It’s an encouraging environment for men and women,” McNeeley said.

Chambers and McNeeley are not sure why more men do not lose the gender goggles. With each completed class, they say, gender matters less and the focus on helping patients grows.

The two students hope more men have epiphanies as they did. Chambers and McNeeley want their stories to help set trends in the nursing world and convince more men that nursing is a cutting-edge, scientific and highly advanced career path for either gender. ■



Justin McNeeley (left) and Dominic Chambers (right) wish more men would look past the misconceptions of being a man in nursing and see it for being a great career.









# HELPING A COUNTRY ONE VILLAGE AT A TIME

---

PHOTOS BY ERICA MANLEY AND CLAIRE SCHIMWEG

A group of Sinclair School of Nursing students take a trip to Ghana and learn their work is more important than they originally thought.

Erica Manley takes a woman's blood pressure during a screening and education session on tuberculosis and family planning.



**1** “I found that using posters to engage the audience while educating about tuberculosis (TB), family planning and water sanitation was the most effective method to teach. Educating the community on the real causes of TB will hopefully increase the amount of people who seek treatment.” —*Claire Schimweg*.

(FROM LEFT TO RIGHT ANNE REHOR, CLAIRE SCHIMWEG, MAVIS (GHANAIAN NURSE))

**2** “Mavis went on our community visits translating for the people about our presentations on tuberculosis and family planning. Seeing how thankful everyone was for imparting our wisdom to them empowered me. I felt like I could change the world.” —*Erica Manley*

“I had never before given a presentation and felt like people were very interested in what we had to say. However, the [Ghanaians] took it very seriously.” —*Claire Schimweg*





3



4



**3** “The bus ride to Cape Coast was an eye opener for us. It was our first time seeing how crowded the living conditions are in some of the cities. Homes and businesses were all on top of each other.” —*Erica Manley*

**4** “We performed blood pressure screenings on every citizen of each community we visited! People were very eager to learn from us about their blood pressure and how to correct it if there was a high reading.” —*Claire Schimweg*

(PICTURED CLAIRE SCHIMWEG)

**5** “The children were all so mesmerized by the ‘Obrunis’ (white people) that they would just crowd around and stare at us. A common phrase among the children when they saw us was ‘Obruni, Obruni, how are you? I’m fine, thank you.’ That was some of the English they knew from other Obrunis visiting them.” —*Erica Manley*

5







## SCHOLARSHIPS RECEIVE A BOOST

Golf Tournament Brings in Thousands of Dollars

The Country Club of Missouri golf course was filled all day with about 100 participants and volunteers supporting the Sinclair School of Nursing.

The University of Missouri Sinclair School of Nursing raised about \$18,000 for student scholarships through the 14th Annual Fund the Drive for Nurses Golf Tournament Sept. 15 at the Country Club of Missouri in Columbia.

“I remember back when this tournament first started years ago and it has grown. It encourages me that more people are beginning to understand the importance of the school of nursing,” sponsor Gary Evans said.

Tournament proceeds benefit Fund the Drive for Nurses Scholarships and the Dean’s Fund for Excellence. Since the tournament’s inception, it has brought in about \$200,000. All that money goes back to the school in the form of scholarships. So far, there have been 135 students who have benefited from this tournament.

“There’s a shortage of nurses in the country, so it’s important for an organization like the University of Missouri Sinclair School of Nursing to follow through with the education of quality nurses,” said doctor and Columbia Mayor Bob McDavid.

McDavid said the nursing school is a “gem” for the city of Columbia. Others like Evans believe it’s a gem for the state. However, he said there should be a larger nursing school because there are so many qualified students who are not able to be admitted. He hopes tournaments such as this will help get attention about the importance of the school.

Miller’s Professional Imaging/Mpix was the title sponsor for the tournament. It drew more than 100 participants and volunteers. ■



# 2015

NURSING ALUMNI ORGANIZATION

# AWARDS

Each year, the MU Sinclair School of Nursing and the Nursing Alumni Organization co-host a banquet and awards program to recognize graduates and friends for their commitment to the profession of nursing, their accomplishments and their service. These are the 2015 recipients of the award.

**FRIDAY MAY 1, 2015**

DONALD W. REYNOLDS ALUMNI CENTER

RECEPTION AT 5:30 P.M.

CEREMONY BEGINS AT 6:30 P.M.



## Cheryl Bausler

Honorary Alumni Award

---

From the moment Cheryl Bausler, PhD '92, stepped into the classroom to teach at the Sinclair School of Nursing (SSON) in 1988 to the time she retired 26 years later, she changed the lives of thousands of students and faculty members. Bausler was the one many went to for advice. She mentored hundreds of students and new faculty members and was considered to be the anchor and voice of reason for many undergraduate faculty members. Many say she has a wealth of knowledge and was always willing to help. Bausler not only had a hand in

academics in the SSON, but also in academic committees across the campus. Her efforts did not go unnoticed. She received about two dozen teaching awards including some of the most prestigious — the William T. Kemper Fellowship for Teaching Excellence and the Governor's Award for Excellence in Teaching. Many of her students said Bausler prepared them more for the real world than any other teacher. Most of all, almost any person you ask will say she is a person of integrity that treats everyone with dignity and respect.



## Jan Beckett

Humanitarian Award

---

For more than three decades, Jan Beckett, BSN '70, has been an advocate for children. She has served in many roles to ensure that women and children have proper healthcare, clothing and education. Beckett has experience and insight into the healthcare field in the hospital and community setting. She currently is on the Boone Hospital Center Board of Trustees, the BJC HealthCare Board of Directors, the

Columbia Chamber of Commerce, and she is a charter member of Assistance League of Mid-Missouri. Her leadership and experience have opened eyes for many others to look into health related issues. Beckett has been described as one of the most dedicated volunteers. Others say her ability to organize, communicate and offer a caring ear helps get ideas off the ground and into motion.



## Wanona (Winnie) Fritz

Citation of Merit

---

Worldwide settings and innovation mark the healthcare career for Dr. Winnie Fritz, BSN '68. She left Mizzou as a U.S. Army nurse and served in Vietnam. Back in the U.S., Fritz managed the Presidential Suite at Walter Reed where she cared for U.S. and foreign leaders, including King Hussein of Jordan. She worked for 17 years in Jordan's health-care system, first as dean of a nursing school, then as chief operating officer of a 28-hospital network. For her service, she received the U.S. Army bronze star and His Majesty's Medal of Honor from the Jordanian monarchy.

She has excelled as a "turn-around" CEO or chief

clinical officer in five U.S. hospitals, and she has been a passionate assistant professor at four U.S. universities, including "Training While Training" on Amtrack. She continues to work internationally in Asia and the Middle East to improve environments of care; healthcare delivery; leader/staff competencies and population health (e.g. assessing the health status of Jordan's Bedouin nomads). Winnie currently serves as the Vice President of Operations and Clinical Services at Health Care Corporation of America Management Company. All the while, she works remembering her parents' guidance: "Go where there is no path and leave a trail."





## Priscilla Koeplin

Distinguished Friend of the School

---

Priscilla Koeplin and her husband Oz have long been involved with the Sinclair School of Nursing (SSON). Priscilla was a faculty member and director of the undergraduate program before retiring as an associate professor emeritus. Dr. Koeplin shaped the discipline of nursing through her publications and influenced the SSON by her work on curriculum and program standards. She has also contributed financially to the school through scholarships and building improvements. The generous gifts from the Koeplins have improved the overall learning environment of the school. Priscilla has been the co-author of seven editions of textbooks

on nursing fundamentals and medical-surgical nursing, and she has authored several book chapters and journal articles. During her tenure at the SSON, graduate and undergraduate students and Sigma Theta Tau honored her for her teaching excellence. She also received the provost's Undergraduate Teaching Award, the William T. Kemper Fellowship for Teaching Excellence and the Honorary Alumni Award from the SSON in 2007. The Koeplins reside in Columbus, Ohio and are great friends to the school. Priscilla has always said, "My heart belongs to Mizzou."



## Yaowarat Matchim

Alumna of the Year

---

Several of Yaowarat Matchim's, PhD '10, colleagues say she is one of the kindest and most energetic people you will ever meet. Her discipline for her work is something not many can rival. For years, Matchim has been interested in the concerns of others. She wanted to find ways to help her patients face the possibility of death. Her research focuses on stress reduction. Matchim has brought a rich and deep background of the Thai Buddhist practice to western world researchers and patients. She has researched intervention of prayer and meditation for cancer survivors

and family members. Recently, her research has linked emerging Westernized contemplative meditation practices with their origins in Eastern philosophy and religious practice. It demonstrates a skillful and keen understanding of spirituality's role in patient and family support across different cultures. Matchim has demonstrated time and again an expansive and culturally appropriate use of those skills. She continues her research and teaching as a nursing instructor at Faculty of Nursing, Prince of Songkla University in Hat Yai, Thailand.



## Ausanee Wanchai

Alumni Achievement Award

---

Completing a doctorate degree is a challenging task by itself. Moving halfway across the world to do it is nothing less than daunting. That is exactly what Ausanee Wanchai, PhD '12, did. Wanchai came to the Sinclair School of Nursing from Boromarajonani College of Nursing, Buddhachinaraj, Phitsanulok, Thailand. She spent the majority of her time with her advisor, Jane Armer. Wanchai completed four presentations and published four peer-reviewed publications during her time as a student. Since graduation,

she has continued with more than two dozen publications. She has also received several awards including the International Orem Society (IOS) New Scholar Award. She is now deputy director for research and academic services at the Boromarajonani College of Nursing, Buddhachinaraj, Thailand. Wanchai is an excellent role model for faculty and students. She is also instilling her work ethic in future nurses by mentoring new investigators as well as graduate students.



## TEACHING GOOD PRACTICES AT AN EARLY AGE

Students reach out to preschool children to teach about the importance of hand washing

Pre-nursing students Joely Milazzo (left) and Katie Farotto (right) sing “Wash, wash, wash your hands, thumbs and fingers, too. Rub a dub, rub a dub, that’s the thing to do,” while showing the children the proper way to wash their hands.

A group of Columbia preschool children with developmental needs learned the importance of washing their hands during the Sharing Health Hand by Hand program. According to the Centers for Disease Control (CDC), about 2.2 million children around the world under the age of 5 die each year from diseases that could be prevented by washing their hands. A group of 11 students from the University of Missouri Sinclair School of Nursing Student Nurses Association went to Field School in Columbia to teach Title I preschool students the proper way to wash their hands. Title I Preschool is a federally funded program that provides services to children with developmental needs, ages 3 to 5 (non-kindergarten) years.

“We hope that by teaching these children in a fun and exciting way these skills will carry on throughout their childhood and adult life. This program also benefits my fellow nursing students to promote com-

munity wellness,” said Joely Milazzo, Sharing Health Hand by Hand organizer.

About 15 preschoolers participated in events such as putting together sanitizer puzzles, singing songs about washing hands and playing games that show how easily germs are spread.

“One of the goals of preschool is to help children develop healthy living habits,” Title I school principal Mary Rook said. “This project with student nurses helps highlight the importance of hand washing as part of healthy habits.”

University of Missouri Sinclair School of Nursing students engaged about 140 preschool students during nine total sessions. The CDC says proper hand washing can prevent one out of every three children from getting sick with diarrhea, one out of six from getting respiratory infections including pneumonia, and it can help improve child development overall. ■





COURTESY OF THE MCKINSEY FAMILY

# THE IMPORTANCE OF FAMILY HISTORY

**Above:** Families were doing whatever they could to get out of Europe during WWII. Associate Professor Maithe Enriquez's mother-in-law Jacqueline (pictured on the left) and her family were among those trying to get to America.

“WE GET AN AWFUL LOT OF JOY OUT OF FINDING OUT WHAT HAPPENED TO THIS VOID IN OUR LIVES.”

— DONALD JONAS

It was a special night for Sinclair School of Nursing (SSON) Associate Professor Maithe Enriquez. She was being inducted into one of the most prestigious nursing societies, the American Academy of Nursing (AAN). She and husband David McKinsey were excited to go to the AAN ceremony in Washington, D.C. Thousands of people attended the event with some of the biggest names in nursing. David met SSON faculty member and AAN fellow, Marilyn Rantz, while Maithe was being escorted around the venue. It was when David was waiting to hear his wife’s name called as one of the newest members of AAN that he made the discovery of a lifetime.

Before Maithe was recognized, Donald and Barbara Jonas were inducted as honorary fellows. The couple, founders of the Jonas Center for Nursing and Veterans Health Care, award Jonas Scholarships to hundreds of doctoral nursing students across the country. As Donald and Barbara came up onto the stage to be honored, David immediately recognized Donald even though they had never met.

“I turned to Dr. Rantz and exclaimed, ‘That’s my mother’s cousin,’” David said.

The last name Jonas had been well known and revered in David’s family, but he never expected to have the opportunity to meet them. David learned of the Jonas family as a child when his mother told him that if not for the actions of Donald’s grandfather and David’s great-great uncle, Sam Jonas, life would have played out differently.

The story begins in Paris during World War II, before David’s mother Jacqueline was even a teen. As Adolph Hitler and the Nazis were devastating Europe, Jacqueline’s family members fled France to Morocco with the goal of immigrating to the United States. However, visas were limited and the family could only get as far as Cuba. At the same time, Sam Jonas was trying everything he could to help Jacqueline’s family get to America.

Sam immigrated to America many years earlier in pursuit of the American dream. He started a retail business selling stylish hats for women, and he eventually estab-

lished a national chain of women’s clothing stores. But it was not enough for Sam.

“His lifelong ambition was to get all of his family to America because they were very good business people,” Donald said about his grandfather. “He knew they would find something for themselves. He used every trick to get them to America, but they couldn’t get the proper papers.”

Sam’s bag of tricks had to turn into a shipload of tricks. At the time, hundreds of thousands of refugees were trying to escape Europe to any nation that would take them, but the mass influx of people caused some countries to limit how many they would let in. Although only a few hundred might have been let into a country, thousands were turned away at the borders. David’s mother, and her brother, sister, and father spent several months in a refugee in a camp in Cuba waiting for another chance.

Fortunately, David’s grandfather was able to maintain correspondence with his uncle Sam. Sam obtained the crucial immigration visas and paid for his family’s passage on a ship to America. Sam’s timing and actions always seemed to be a sign from above. Not only did he get the family to America, but he was also able to get David’s mother and her family on the right ship. The next ship that departed from Morocco — after the one they were on — was torpedoed, and all refugees aboard were killed. “David’s mother has been telling him, if not for Sam Jonas, who knows what would have happened,” Maithe said.

David has always been curious about his relatives and ancestors. He had heard about Donald’s successful business career in New York. Years later, when Maithe mentioned the Jonas Scholarships, David realized that the foundation had been established by Donald and Barbara. Because they lived across the country, David thought their paths would never cross, until fate brought them together in the same room.

“David is sitting in the audience and there are the Jonases. There were thousands of people blocking his way, so of course he couldn’t just run up and talk to them,” Maithe said.

David and Maithe left the venue that night extremely happy and proud, but disappointed because they did not talk with Donald and Barbara. Shortly after they returned home to Kansas City, David drafted



a letter to Donald Jonas in New York City.

In a few days, Jonas was intrigued when he picked up his mail. For starters, the letter came from the state of Kansas, and he had no connections with anybody in the state. After reading the letter, he immediately picked up the phone.

"I saw the caller ID light up 'Donald Jonas,' handed the phone to David and said 'this call's for you,'" Maithe said. "He couldn't believe it because it had been only three days since he put the letter in the mail."

David thought he might never hear from Donald, but once the two started talking, they connected on a family level. They discussed relatives, family stories and mutual interests.

"It was an amazing conversation," David said. "We learned we had so much in common."

There were many little coincidences. Not only were they family members who have a strong relationship with nursing, but they also shared international connections. Donald and Barbara own a home in the Dominican Republic where David travels for a medical mission once a year.

"I was very excited to meet him [in person]," Mr. Jonas said. "The first time we met was when he was in the Dominican Republic with his wife."

David has enjoyed catching up on all of his family's history. His ancestors, who had difficult lives, made a lot of sacrifices and made life much better for everyone in the family. David knows he owes a lot to his ancestors.

Maithe has also enjoyed seeing her husband connect with his past. "He's having the time of his life connecting with people," Maithe said, smiling. "It's really been great for him."

Donald and David talk as often as they can despite their busy schedules. They are not sure what the future will bring, but they know it has been an exhilarating ride since they connected.

"We get an awful lot of joy out of finding out what happened to this void in our lives," Donald said.

In his spare time, David has been busy researching more of his family's history.

The Jonases spend most of their time with the Jonas foundation and the scholarships. To date, four SSON doctoral students have



Top: Donald Jonas (left) and his wife Barbara (center) sit with Maithe Enriquez.

Bottom left: Sam Jonas was a businessman in New York City. His goal was to get all of his family members from Europe to America.

Bottom Right: Maithe and David look at Sam Jonas's name on the ship log.



received Jonas Funding with Briana Snyder and Kristina Ennis being current recipients.

Both families are looking forward to seeing each other again soon in the Dominican Republic. Good-hearted people enjoy each other's company — and not just because they are family.

"The Jonases are not only famous people

in the nursing world, they are also two of the nicest and most caring people you could meet," David said.

The night of the AAN induction ceremony changed David and Maithe's lives forever. Now David knows a little more about his background. ■

## Alumni

### 2010

**Justin Duckworth, BSN '10**, received the DAISY Award for exceptional patient care. He works in the MICU at University Hospital.

**Sue Scott, BSN '88, MSN '94, PHD '14**, was selected as the September Sinclair Scientist for her research on understanding the second victim phenomenon in an attempt to develop effective institutional support networks to meet interdisciplinary professionals' needs in the aftermath of unanticipated clinical outcomes and events. Sue also received the 2014 Infection Control and Quality Risk Management Nurse of the Year award from the March of Dimes.

**Charles Watson, MSN '11, DNP '14**, published his DNP project "Mild Traumatic Brain Injury in the Military: Improving the Referral/Consultation Process" in the October–December 2014 issue of the *Army Medical Department Journal*.

### 2000

**Emily Barnett-Doyle, BSN '08**, was promoted to quality outcomes coordinator on the quality, safety, and regulatory team in the Department of Nursing at the University of Kansas Hospital. She married Christopher 'Kit' Doyle, BJ '06, BA '06, Jan. 4, 2014 in Cancun, Mexico.

**Cheryle Kelly, MSN '00**, was appointed associate director for patient services/nurse executive at Harry S. Truman Memorial Veterans' Hospital.

**Michelle (Lutz) Sarli, BSN '05**, received an MSN in pediatric nurse practice and is a PNP in the emergency room at Cardinal Glennon in St. Louis.

**Judith "Ellen" Price, BSN '07**, retired from University Hospital after 28 years of service.

### 1990

**Debra Deeken, BSN '92, MSN '10**, is the new director of ambulatory patient care services for University of Missouri Health Care clinics.

**JoAnn Franklin, MSN '94**, was selected to receive the 2015 AANP Nurse Practitioner State Award for Excellence from Missouri. She will be honored at the Salute to the States event at the 2015 AANP National Conference in June 2015 in New Orleans.

### 1980

**Mary Beck, MSN '84**, achieved Magnet® designation at Boone Hospital for the third consecutive year for meeting a variety of standards for patient care and innovative nursing practices.

### 1970

**Alice Eigel, BSN '73**, received the DAISY award for exceptional patient care. She works in the orthopaedics unit as a staff nurse at University Hospital in Columbia.

### 1960

**Judy Probst Collier, BSN '69**, retired after 45 years in the nursing field. She spent the past 30 years working for Kaiser Permanente - Southern California.

**Wanona "Winnie" Fritz, BSN '68**, received the Mizzou Alumni Association Alumni Award.

## Faculty

**Greg Alexander**, associate professor, was invited to serve as a member of the National Quality Forum's HIT Patient Safety Expert Panel for the Prioritization and Identification of Health IT and Patient Safety Measures project.

**Jane Armer**, professor, visited Congress with Lymphedema Advocacy Group members to lobby for increased coverage for LE garments and bandages. She is now a mentor in the Programs to Increase Diversity among Individuals Engaged in Health-Related Research (PRIDE) program at Washington University.

**Maithe Enriquez**, associate professor, started enrollment at three HIV clinical sites in Kansas City for the "Peers Keep It Real" study. This study targets individuals who have repeatedly failed HIV treatment due to non-adherence to receive a peer-facilitat-

ed behavioral intervention. Enriquez was also nominated to the President's advisory council for HIV/AIDS.

**Gina Oliver and Lila Pennington**, assistant teaching professors, **Sara Revelle**, adjunct teaching instructor, and **Marilyn Rantz**, curators professor, released a study that shows how restrictions on APRN's jobs reduce overall health outcomes.

**Todd Rupp**, assistant professor, received the European Society of Cardiology's (ESC) Council on Cardiovascular Nursing and Allied Professions Investigator Award in Barcelona. He was also elected a fellow of the American Heart Association by the Council on Cardiovascular and Stroke Nursing.

**Shirley Farrah**, assistant dean of nursing outreach, received the Carl N. Scheneman Excellence in Teaching Award from MU Extension.

**Deborah Finfgeld-Connett**, professor, was selected as the Sinclair Scientist for October for her research in intimate partner violence.

**Laura Kuensting**, assistant teaching professor, was a guest speaker at the Emergency Nurses Association 2014 Annual Conference in Indianapolis on "Chest, Abdomen, and Skeletal Plain Film Interpretation" and "Comparing Subcutaneous Fluid Infusion to Intravenous Fluid Infusion in Children." She also presented a poster, "Doctor of Nursing Practice Curriculum Quality Improvement Project" at the Annual Midwest Regional Nursing Educators Conference in Columbia.

**Gina Oliver and Lila Pennington**, assistant teaching professors, presented a poster "Teaching Online Graduate Health Assessment & Promotion" at the Annual Midwest Regional Nursing Educators Conference in Columbia.

**Lorraine Phillips**, associate professor and **Kari Lane**, assistant professor, gave a presentation on "activities people can do in their homes" to the Activity Directors of Missouri.

**Lorraine Phillips**, associate professor, presented "Smart Environments: Sensor Technology that Signals Change in Function



or Health” for the Founders Address at the Association of Rehabilitation Nursing’s Annual Educational Conference in Anaheim, CA.

**Lori Popejoy**, associate professor, was inducted as a fellow in the American Academy of Nursing. She was also selected to join the Technical Expert Panel for the CMS-funded Electronic Clinical Quality Measures Development and Maintenance for Eligible Professionals project and appointed as a core faculty for the MU Informatics Institute.

**Patricia Schnitzer**, associate professor, was selected as the Sinclair Scientist for November for defining and measuring child abuse and neglect and developing strategies for implementing public health surveillance of child maltreatment. She presented a summary of her research and specific recommendations to the Commission to Eliminate Child Abuse and Neglect Fatalities in Washington, DC.

**Jan Sherman**, associate teaching professor, was featured as one of the 10 Top Neonatal Nursing Professors on NursePractitionerSchools.com. She also had several presentations internationally.

**Marilyn Rantz**, curators professor, received the Mizzou Alumni Association Distinguished Faculty Award.

**Donna Otto**, nursing instructor emerita, received the Mizzou Alumni Association Faculty Award.

**Rebecca Johnson**, professor, was made an honorary member of the 101st Airborne “Screaming Eagles” when she handed off Whiskey, a service dog she had trained.

**Lila Pennington**, assistant teaching professor, was accepted into the American Association of Nurse Practitioners Fellowship Mentoring Program.

**Deidre Wipke-Tevis**, associate professor and **Carolyn Crumley**, adjunct instructor, were keynote speakers for an advanced practice registered nurse conference in St. Louis.

## Staff

**Sherry Cass**, **Donna Connot**, and **Todd**

**Winterbower** formed a team for the Work Together Walk Together competition. The average daily steps per person was 18,931.

**Kristen Clark** joined the Sinclair School of Nursing as staff assistant to the faculty.

**Natalie Lewis** joined the Sinclair School of Nursing as an executive staff assistant in the Advancement Office.

**Jessica Mueller** received the July 2014 MU Service Champion award from the MU Staff Advisory Council.

**Laura Streeter**, simulation specialist, traveled to Wuhan, China, to teach nursing simulations at the Tongji Medical College, Huazhong University of Science and Technology.

**Todd Winterbower** received the August 2014 MU Service Champion award from the MU Staff Advisory Council.

## Students

**Colleen Becker, PhD**, received the Dean’s Award at the 2014 Health Sciences Day. Her poster was titled, “Meta-Analysis of Risk Factors Contributing to Surgical Patient Hospital Acquired Pressure Ulcers.”

**Ellen Chiocca, PhD**, wrote a new edition of *Advanced Pediatric Assessment*.

**Jenny Dine, PhD**, was listed and pictured in a presentation from the Scientific Director at the National Institute of Nursing Research for her work on “Sensitivity to TRAIL, a protein that potently induces cell death in breast cancer cells.”

**Caleb Heiney (pre-nursing)**, **Joely Milazzo (pre-nursing)**, and **Marina Steinhauer (sixth semester)**, are leaders of the program Sharing Health Hand by Hand that go to preschool classes to teach the importance of washing hands and how to do it properly.

**Gina Koch, PhD**, published “Barriers and facilitators to managing multiple chronic conditions: A systematic literature review,” in the *Western Journal of Nursing Research*.

**Kristen Medley, DNP**, received the DAISY award for exceptional patient care. Parents

of a 3-year cancer survivor nominated her.

**Debbie Mercier, PhD**, has been asked to serve on the Hepatology Associates Committee by the Governing Board of the American Association for the Study of Liver Diseases.

**Leslie Neal, DNP**, was recognized with the Surgical Specialties Unit at University Hospital and awarded the traveling banner “CAUTION: Zero Infections Ahead.”

**Pam Otsby, PhD**, presented two posters, “Impact of a Prospective Surveillance Program for Breast Cancer-Related Lymphedema” and “Impact on Adherence to Breast Cancer-Related Lymphedema Self Management Using Interactive Theatre” at the National Lymphedema Conference.

**James Parsons, RN-BSN**, won the DAISY award for exceptional patient care. He works in the Oncology Unit at Ellis Fischel Cancer Center.

**Rachel Solomon, DNP**, was recognized with the DAISY Award for exceptional patient care and the Healthcare Professional Lifesaver Award. She works as a cardiothoracic nurse at Barnes-Jewish Hospital.

**Briana Snyder, PhD**, received funding for her research project from the David Caul Graduate Research Grant Committee of the International Society for the Study of Trauma and Dissociation.

**Marina Steinhauer, sixth semester**, wrote an article about the Sharing Health Hand by Hand program for the November 23–24 edition of the *Columbia Missourian*.

**Mindy Thompson, DNP**, was selected to serve on the Advisory Committee for the ANA Professional Issues Panel on Workplace Violence and Incivility.

**Dorit Tidhar, PhD**, published the article, “A Lymphedema Self-Management Programme: Report on 30 Cases,” *Physiotherapy Canada*.

## From the Office of Advancement

Financial help can be the difference between having a dream and achieving a dream. Private giving has a profound impact on the work we do as a small school with lofty goals. With state funding dwindling, we continue to rely heavily on private financial support. We are grateful for the wonderful alumni and friends of the Sinclair School of Nursing who continue to invest in us.

One of many options for giving back is through your estate. If you are planning your estate, we would very much like you to consider making a charitable gift to the school. In doing so, you create a lasting legacy and help secure the future success of the MU Sinclair School of Nursing.

If you have already included the Sinclair School of Nursing in your estate plans, we invite you to share this information with us so we can appropriately document and recognize your gift.

If you would like to learn more about how to make a planned gift to the MU Sinclair School of Nursing, please feel free to call 573-884-3775.

Thank you for your ongoing support and continued trust in the Sinclair School of Nursing.

**Office of Advancement**

## From the Alumni President



As I write this, we have just completed the celebration of the 103rd anniversary of Mizzou's first Homecoming. This was an especially significant year. As I mentioned in my last letter, I am among many descendants of the original founding families who contributed money or property to establish the University of Missouri in Columbia. Founding families were introduced at the dedication of Traditions Plaza on Oct. 24, 2014, and were honored at a breakfast on Homecoming morning. Then we were acknowledged as grand marshals of the Homecoming parade. It was a wonderful weekend.

Our annual nursing banquet and awards ceremony is fast approaching on May 1. As usual, we will recognize outstanding graduates as well as an honorary alumnus. It is a great time to come back to the school and learn about all that is happening and our outstanding achievements. Saturday, May 2, is our annual reunion. This year we will honor our graduates from the years ending in '5, but everyone is welcome.

Finally, I would like to encourage you to join the Nursing Alumni Organization (NAO). Your membership dues, as well as donations, support the work of NAO and create traditions for our students.

Sincerely,

A handwritten signature in black ink that reads "Mary Margaret Bayer". The signature is written in a cursive, flowing style.

**Mary Margaret Bayer, BSN '64**  
Sinclair School of Nursing Alumni President





# KAREN EHLMANN

## Enhancement Fund

---

Karen Ehlmann, BSN '74, spent the first 10 years of her nursing career teaching, training, counseling and consulting. Then she moved into the corporate world and spent the next 25 years at McDonnell Douglas/Boeing in various management and leadership positions. Retiring in 2011, Karen is now an active volunteer nurse and board member of a free clinic, Volunteers in Medicine – St. Charles County, Missouri.

Ehlmann has always been black and gold through and through. She reconnected with the Sinclair School of Nursing about 10 years ago when she was asked to serve on the school's steering committee for the Mizzou Capital Campaign. Ehlmann always wanted to give back to the school that prepared her for a lifetime of success. Before she retired, she wanted to give a portion of her estate to the school because it had the largest impact on her, so she established the Karen Ehlmann Faculty Enhancement Fund. Ehlmann's financial support will be used to help fund faculty salaries.

"Excellent faculty is at the heart of the school," Ehlmann said. "There is a tremendous shortage in nursing faculty due in part to salaries. This gift will provide a little supplement to those salaries."

Ehlmann says the school gave her an excellent educational foundation as well as problem-solving skills. It also provided her the groundwork to expand and be successful in other disciplines. She hopes her gift will help other students be successful in their career endeavors.

You, too, can establish an endowment that fits your financial needs and helps meet your philanthropic goals. For more information on giving within the MU Sinclair School of Nursing, visit [nursing.missouri.edu/giving](https://nursing.missouri.edu/giving), or call 573-884-3775.

**University of Missouri | MU Sinclair School of Nursing  
S249 School of Nursing | Columbia, MO 65211**



# Sinclair School of Nursing

*University of Missouri Health System*

S218 School of Nursing  
Columbia, MO 65211-4120

## A Peek at the Past

### 1959: Mindful Measuring

Nurses are dressed in their uniforms for a laboratory class in 1959. They are measuring liquid drugs in a pharmacology course.

