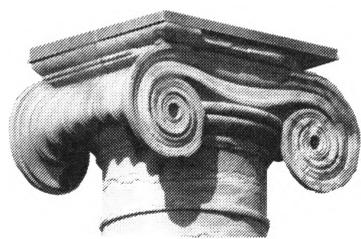


Mizzou Weekly

Healthy for Life

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Feb. 28, 2013
University of Missouri
mizzouweekly.missouri.edu

Professor's passion for Asian pottery informs his counseling instruction



WEST MEETS EAST
Curators Professor helped establish a student exchange program

Puncky Heppner's MU office is a calm space. A designated tea station hugs a corner showcasing mugs of different colors and shapes. Scenic photos of Rocky Mountain National Park hang on the wall. Asian-inspired art pieces are strategically placed.

Most interesting is the Asian-style wood-fired pottery resting on a bookshelf.

Heppner, Curators Professor in Education, School and Counseling Psychology, has been making pottery for more than 20 years. "Throwing" pottery is a passion for him.

ASIA AND POTTERY Puncky Heppner recently returned from Taiwan, where he escorted a group of Mizzou counseling psychology students and spoke to Taiwanese students about his research in cross-cultural understanding.

Photo by Rachel Coward

To some degree, Heppner's love of Asian pottery helped lead him to a deeper understanding of human psychology. In 2005, he created an MU exchange program for counseling psychology students. As recently as January, Heppner and students visited a Taiwan university as part of the exchange program, and Heppner gave lectures on cross-cultural understanding.

To develop the exchange program, Heppner first had to let go of some preconceived notions, he said, much like how he relinquishes control when creating Asian pottery.

Creating pottery

Heppner started making pottery in the early 1990s. Soon he was experimenting with various pottery types, and wood-fired pottery's organic appearance especially intrigued him.

Bede Clarke, an MU professor of art, taught Heppner the intricacies of wood-fired pottery. One day he said to Heppner, "Let's build a kiln." Heppner had never even fired one before.

Over a few months, the two men and some friends built a catenary arch wood-burning

kiln in Heppner's country back yard. When it's fired up, flames and black smoke spew above the 30-foot chimney. As a courtesy, he warns his neighbors beforehand.

Eventually, the ash that rushed across the kiln and stuck like a birthmark to each vessel began to look artistic. And each pot looked unique, even when fired in the same kiln at the same time.

As Heppner's pottery skills developed over the years, his interest in the psychology of Asian culture grew.

Asian psychology

As early as 1989, Heppner's work in counseling psychology was drawing interest in Asia. That year, Hsinti Lin, a professor at Chung Hua University in Taiwan, was reading up on Heppner's research, especially his studies on how people cope with stress.

Lin invited Heppner to a two-week conference. He wanted Heppner to visit Taiwan and present his counseling psychology research. While there, the MU professor discovered that what he believed were truths about counseling were not applicable

SEE POTTERY on Page 4

Canadian Studies holds symposium on the war that brought America "The Star Spangled Banner"

THE WAR OF 1812

Nations involved in the war interpret its outcomes differently

Seventy-four percent of Americans remember nothing about the War of 1812. Not the burning of the White House, the Battle of New Orleans or even the invasion of Canada.

Moreover, America, Canada and Great Britain have different interpretations of the war's outcomes.

The Canadian Studies program hosted two experts at a Feb. 20 Bicentennial Symposium to help

shed some light on the War of 1812. The event was a prelude to the March 4-7 Canada Days, which will include lectures on Canada and a screening of the film *Monsieur Lazhar*. The purpose of the events is to promote awareness on campus of America's northern neighbor.

The War of 1812 actually didn't end until 1814, though even then fighting continued into 1815 before news of the peace agreement signed in England reached America. The war, the second between America and Great Britain, reaffirmed America's independence, James Endersby, associate professor of political science at MU, told

about 100 attendees in Memorial Union's Jesse Wrench Auditorium.

Less appreciated in the states is that it also solidified Canada in its view of itself as separate from the United States, said Canadian Major John R. Fisher of Canadian Forces College in Toronto. "Today, all three protagonists, the U.S., Great Britain and Canada, claim victory," said Fisher, decked in the bright red coat of the Canadian Forces. "This may be one occasion where all sides are right — depending on what their strategic aims were."

Americans, he said, focus on their fight with Great Britain

— how the U.S. went to war to stop British abduction and impressment of American sailors into the Royal Navy, suffered the burning of the White House, and ultimately beat back the redcoats at New Orleans. Americans also got their national anthem, "The Star Spangled Banner," written by Francis Scott Key in 1814 as he watched the Battle of Baltimore.

But Canadians remember how former President Thomas Jefferson predicted conquering Canada would be easy, just "a mere matter of marching," Fisher said. Canadians also hold tight to how Canadian militia helped defeat

invading Americans in battles near Detroit, Niagara Falls and Quebec.

The war was mostly an afterthought for Great Britain, which wanted to keep its Canadian territory, Fisher said. Great Britain was preoccupied at the time with defeating Napoleon in Europe.

Even so, the war was a win for the U.S. Navy, one of the few bright spots for the Americans, said David A. Taylor, who wrote the book *The War of 1812 and the Rise of the U.S. Navy* (National Geographic, 2012). A decade before the war, Jefferson downsized the Navy as a means of paying off the national debt. But a strong Navy "became almost an unviable policy afterward," Taylor said.

Check canada.missouri.edu for Canada Days updates and itinerary.

— Erik Potter

Nominations sought for 2013 Ratchford Fellowship

Members of the University community are invited to submit nominations for the 2013 C. Brice Ratchford Memorial Fellowship Award. Nomination materials are due March 1.

The \$5,000 award is given annually at a meeting of the UM Board of Curators to a University faculty member who makes significant contributions to the land-grant mission in extension, international education or agricultural

economics programming.

Winner of the 2012 Ratchford Fellowship was Carl Calkins, director of the UMKC Institute for Human Development. Calkins received the Ratchford award in recognition of his effective leadership in advancing UMKC's urban mission through collaborative efforts with MU Extension.

Award submission guidelines are at provost.missouri.edu/faculty/awards/memorial.html.

MU incubator receives honor

MU's Life Science Business Incubator at Monsanto Place was recently honored with the Soft Landings International Incubator designation by the National Business Incubation Association (NBIA).

Through its Soft Landings program, NBIA recognizes business incubation groups that help nondomestic companies establish a presence in America.

Randy Morris, NBIA director of member services, said in a statement that the association

was impressed with the Life Science Business Incubator's support for nondomestic firms.

Start your UM wellness log today

UM Wellness's Healthy for Life program offers three easy steps to earn \$100.

- Create your online personal health assessment by April 30 by starting at healthyforlife.umsystem.edu.

- Track 240 minutes of your physical activity on your online personal health assessment chart.

- Attend today a free health screening 8 a.m.-12 p.m. 226 Heinkel Building.

calendar



Concerts & Plays

Thursday, Feb. 28

UNIVERSITY THEATRE

SERIES: *The Amen Corner*, by James Baldwin, at 7:30 p.m. today through March 2 at the Rhynsburger Theatre. For ticket information call 882-7529.

Friday, March 1

MU SCHOOL OF MUSIC: The Lily Tan Project will perform at 7 p.m. in Whitmore Recital Hall.

Saturday, March 2

MU SCHOOL OF MUSIC:

MMCC Piano Ensemble Marathon 1:30-5 p.m. in Whitmore Recital Hall.

MU SCHOOL OF MUSIC:

Recital: Rachel Marschke, soprano, at 7 p.m. Alvin Wong, cello, and Peter Miyamoto, piano, at 8:30 p.m. Both performances will be in Whitmore Recital Hall.

Sunday, March 3

UNIVERSITY THEATRE

SERIES: *The Amen Corner*, by James Baldwin, at 2 p.m. at the Rhynsburger Theatre. For ticket information call 882-7529.

Tuesday, March 5

UNIVERSITY CONCERT

SERIES: *In Scooby-Doo Live!*

Musical Mysteries, the Mystery Inc. Gang have been called upon to help solve an epic mystery about a trouble-making ghost that is haunting a local theatre. The event will begin at 6:30 p.m. in Jesse Auditorium. For ticket information call 882-3781.

Exhibits

BINGHAM GALLERY: An undergraduate juried exhibition showcasing selected work by current students will be on display throughout March 21.

The gallery, located in the Fine Arts Building, is open 8 a.m.-5 p.m. weekdays.

GAINES/OLDHAM BLACK CULTURE CENTER:

"The Art of Ron Thompson," displays art as a transformative expression, will be on display in celebration of Black History Month through today.

MUSEUM OF ART AND ARCHAEOLOGY:

- "End of Days: Real and Imagined Mayan Worlds" will be on display through March 3.
- "Rolando Estevez and the Genius of Vigia" will be on display through March 17.
- "Sites of Experience: Keith Crown and the Landscape of New Mexico" will be on

display through May 19

- "Songs of My People" and "Signing the Crossroads," two photographic exhibits in celebration of Black History Month, will be on display in Ellis Library through today. The museum, located in Pickard Hall, is open 9 a.m.-4 p.m. Tuesday-Friday, 9 a.m.-8 p.m. Thursday, and noon-4 p.m. Saturday and Sunday.

Lectures & Seminars

Thursday, Feb. 28

DISTINGUISHED LECTURE SERIES IN PSYCHOLOGY:

Jennifer Crocker, Ohio Eminent Scholar at Ohio State University, will present "Egosystem or Ecosystem? How to Create (Or Undermine) a Sense of Belonging," at 3:30 p.m. in Jesse Wrench Auditorium.

MU DEPARTMENT OF ANTHROPOLOGY:

Brian Fagan, professor emeritus of anthropology at the University of California-Santa Barbara, will present "From Obscure Villages in Central Africa to the Daily Show," at 5 p.m. in Monsanto Auditorium.

Friday, Mar. 1

ELEARNING BROWN BAG SERIES:

Hear lessons learned from experienced instructors about moving an academic program online in "Online Program Planning: The First Years." Arrive at 11:30 a.m. for lunch. The presentation begins at noon in 2205 A&B Student Center.

THIRD COAST LISTENING ROOM:

Julio Shapiro, of Third Coast International Audio Festival, will tell audio stories in "Identity: Real and Imagined," followed by a discussion about the intersection of story, journalism and audio documentary at 11:30 a.m. in 85 Gannett Hall.

Saturday, March 2

SATURDAY MORNING SCIENCE:

Barbara Kerr, professor of biochemistry, will present "We Come

From the Future: Origins of Creativity," at 10:30 a.m. in Monsanto Auditorium.

Films

Thursday, Feb. 28

"WE WATCH" SERIES: *Soul Food Junkies*, directed by Byron Hunt, will be shown at 7 p.m. in Wrench Auditorium, preceded by a reception at 6 p.m. and followed by a Q&A session with the filmmaker.

Friday, March 1

MUSEUM OF ART & ARCHAEOLOGY: *Ballad of the Sad Cafe* (1991), directed by Simon Callow, will be shown at 7 p.m. in 106 Pickard Hall. This showing is free and open to the public.

Thursday, March 7

MUSEUM OF ART & ARCHAEOLOGY: *Project Nim* will be shown at 5:30 p.m. at Ragtag Cinema, followed by a discussion led by Libby Cowgill, assistant professor of anthropology. This showing is free and open to the public.

Special Events

Thursday, Feb. 28

TE ATIKINS UM WELLNESS PROGRAM:

Free health screenings are available for faculty and staff as part of the "Healthy for Life" wellness incentive program 8 a.m.-noon in 226 Hinkel. For more information on the program, visit umsystem.edu/curators/wellness.

Friday, March 1

TE ATIKINS UM WELLNESS PROGRAM:

Free health screenings are available for faculty and staff as part of the "Healthy for Life" wellness incentive program 8-11 a.m. in SOM MA223 at University Hospital. For more information, visit umsystem.edu/curators/wellness.

[.edu/curators/wellness](http://umsystem.edu/curators/wellness).

Monday, March 4

MU LIBRARY DIVISION OF SPECIAL COLLECTIONS:

Presents "Kindred Kingdoms: Families in Flora, Fauna and Fiction," an exhibition of rare books that illustrate the human perception of our relationships with plants and animals over time. The collection will be on display in Ellis Library Colonnade through March 29.

classifieds

SERVICES

MU Alumni with large university employee clientele will assist you with your income taxes. Evening appointments also available. 573-442-7856

For a limited time, classified ads are FREE for MU faculty, staff and retirees, and \$9 for the general public, for up to a 30-word line ad.

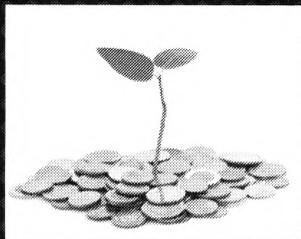
- Home phone number or e-mail address required.

- * Deadline: Noon Thursdays.

- * No refund for cancelled ads.

To submit an ad, call 884-1278 or email mizzouweekly@missouri.edu

Staff Development Grants Now Available!



Mizzou Advantage offers awards of up to \$2,000 for staff members to enhance their expertise in one of the program's four focus areas: Food for the Future, Media of the Future, One Health/One Medicine and Sustainable Energy.

For more information visit: goo.gl/62f96

Online Program Planning: The First Years

Are you moving an academic program online? Hear from experienced instructors who have been through the struggles of the first year.

Friday, March 1 from 12:00 PM - 1:00 PM
2205 A&B Student Center

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Writer Ashley Carman

Awards for MU diversity work given to students, staff and faculty

CHANCELLOR'S DIVERSITY INITIATIVE

Several faculty received awards in diversity

On Monday, MU officials from the Chancellor's Diversity Initiative awarded students, staff and faculty with the 2013 Inclusive Excellence Award and the Faculty Achievement Awards in Diversity. The awards are given to individuals or groups who have made contributions to diversity, such as gender, racial-ethnic background, language, religious belief, sexual orientation, disabilities and economic strata. The following people each received the Inclusive Excellence Award.

- Tracy Johnson is a third year law student and president of Mizzou's chapter of Lambda Legal, an organization dedicated to awareness and inclusion. Johnson has worked to re-establish the organization, which had struggled to maintain a presence at MU. Lambda Legal is committed to achieving full recognition of civil rights for lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. Within the Office of Diversity at the MU School of Law, Johnson promotes and develops initiatives including mentoring programs and alumni outreach to improve the sustainability and representation of diversity within the school.

- Rhonda Miller is an accelerated nursing student at MU working on her second bachelor's degree. Originally from Panama, she grew up traveling around the world as a member of a United States military family. She has been at MU for four years and is the founder and president of the newly formed Diversity in Nursing Association (DNA). She created DNA to inspire and serve underrepresented populations in the nursing program as a means to diversify the nursing profession.

- Jenny Chism is an academic adviser in the Trulaske College of Business and works with the Vasey Academy, which provides minority students with opportunities to learn about business and the economy as well as various academic paths into the business world. She is the Trulaske College of Business Diverse Student Association adviser and helps organize programs to educate students about diversity and inclusion in the workplace.

- Clyde Ruffin joined the MU faculty in 1983 as a professor of theatre and founding director of the MU World Theatre Workshop. He has served as department chair from 1990

to 1995 and from 2007 to present. He is the recipient of the President's Award for Community Engagement, Purple Chalk Award, Kemper Teaching Fellowship, Faculty Alumni Award and the Chancellor's Award for Research and Creativity. He was awarded the prestigious Kennedy Center American College Theatre Festival Medallion for regional and national service.

From 1996 to 2003, he served as the Artistic Director for the Columbia Values Diversity Celebration and is currently President of the John W. "Blind" Boone Foundation. In 2011, Professor Ruffin led the successful campaign to place a headstone on the unmarked grave of James T. Scott, a 1923 lynching victim buried in the Columbia Cemetery for which he received the NAACP Distinguished Community Service Award.

- Jessica Semler, Erika Patterson, David Tager, and Susan Even are psychologists who work at the MU counseling center and MU student health center. They noticed a need for inclusive and knowledge-driven mental health and physical health care for MU transgender students.

Over the past two years, these providers have actively sought opportunities to improve safety and services for transgender people on campus and in the Columbia community.

They have worked to organize transgender issues training (TransAction Team Training) for the MU Counseling Center and the Student Health Center staff to improve health care providers' awareness. Semler gained approval from the counseling center to provide long-term counseling services for individuals moving toward and progressing through transitions.

Faculty Achievement Award in Diversity

Three faculty each received the Faculty Achievement Award in Diversity. This is an endowed award to be given annually to three faculty members whose work elevates diversity and inclusion on the MU campus.

- Demetrio Anzaldo González currently teaches courses in Spanish composition and conversation, Latin American literature, Mexican art and culture, and medical Spanish in the romance languages and literature department in the College of Arts and Science.

- Astrid Villamil is a visiting assistant professor in the Department of Communication in the College of Arts and Science. Before pursuing graduate studies, Villamil worked for two years in

her native country of Colombia as a communication specialist, implementing training and development opportunities for employees in various corporate settings. Once in graduate school, she focused her research agenda on communication processes surrounding diversity in organizations.

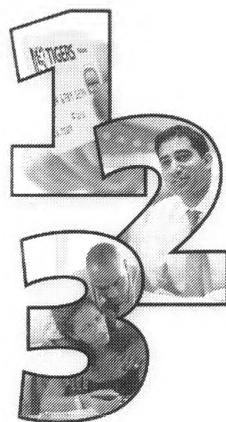
- Antonio J. Castro is an

assistant professor of social studies and teacher education in the Department of Learning, Teaching, and Curriculum in the College of Education. His research interests include the recruitment, preparation and retention of teachers for culturally diverse contexts and urban schools, as well as multicultural citizenship and democratic

education. Prior to serving as an assistant professor, Castro taught in urban schools and worked in a variety of outreach and educational programs for low-income and minority populations. He currently teaches undergraduate and graduate courses in diversity and social studies education at MU.

—Jerett Rion

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Federally insured by NCUA. Additional coverage up to \$250,000 provided by Excess Share Insurance Corporation, a licensed insurance company.



We want your feedback on MU's Strategy Statement!

In response to President Wolfe's system-wide strategic planning process, MU's Strategy Workgroup has drafted documents that identify our campus' strategy for the next five years. Now, we want input from faculty, staff, students, alumni or other interested stakeholders.

Find drafts of the documents and leave comments at: strategystatement.missouri.edu

In addition, the Strategy Workgroup will host two open meetings to discuss the strategy statement:

March 5 from 8 to 9 a.m. in N201/202 Memorial Union

March 7 from 1 to 2 p.m. in N214/215 Memorial Union



Strategy Workgroup
University of Missouri



THUNDER SNOW A “thundersnow” winter storm swept through Columbia Monday night and Tuesday morning, closing MU on Tuesday. Last week, MU closed at 1 p.m. Feb. 21 and all day Feb. 22. Prior to this year, the last time campus closed was in 2011, which included all-day closings Feb. 1–3, when snowfall at Sanborn Field measured 14.5 inches. Weather-related class cancellations also happened Dec. 1, 2006; Jan. 12, 1998; Jan. 19, 1995; Feb. 13, 1978; and 1949 (date unavailable), according to Missouri Alumnus and Savitar reports.

Photo by Rob Hill

True/False Film Festival returns to Columbia

DOCUMENTARIES GALORE

Individual tickets still available

Downtown restaurants are stocking their bars. Venues, such as the Blue Note and the Missouri Theatre, are decorating their walls. Filmmakers are arriving in Columbia. It's True/False Film Festival time.

Today through March 3, the documentary film festival, now in its 10th year, will overtake downtown Columbia.

About 4,650 pass holders will

attend this sold-out festival, said Hannah Carlson, spokeswoman for True/False. But if you want to attend individual films, tickets can still be purchased at the festival's box office, 1020 E. Broadway.

Starting today, a ticket can be purchased for \$8 at the box office or \$10 at the door — but only if the movie is not NRT, or “No Reserve Tickets.” The abbreviation signifies that all the venue's seats are filled.

To find out whether a movie is NRT, ask at the box office, or check online at truefalse.org.

Hope is not lost if a movie

is NRT. Non-ticket and non-pass holders can still receive a number from the festival Queen and wait in a film's “Q.”

This process starts an hour before a film's show time at its respective venue. The “Q” number system functions like a grocery store deli. Five minutes before a film starts, the house manager will come out to the “Q” and call out the number of empty seats. If there are 10 empty seats in the theater, for example, people holding numbers 1 through 10 will be allowed entrance.

One change in the festival's routine is the True Life Fund. In years past, this fundraiser donated money to a documentary's subject. This year, it will donate to two groups, Carlson said. This year's recipient is *Which Way Is the Front Line from Here? The Life and Time of Tim Hetherington*, which documents journalist Tim Hetherington's career, leading up to his death while covering Libya's civil war in 2011. The fund will donate its proceeds to Reporters Instructed in Saving Colleagues, which

trains war journalists to treat life-threatening injuries on the battlefield, and the Milton Margai School for the Blind in Sierra Leone, which was an important place for Hetherington.

Whether seeing a film or simply enjoying the atmosphere, Carlson encourages everyone to come downtown. “We're really excited about it, and hope [the community] is too,” she said.

— Ashley Carman

POTTERY from Page 1

in Taiwan. For example, in the United States, when two people argue, they will likely confront each other in a moment of passion. But this isn't necessarily the case in Taiwan, Heppner said.

Emotional control is important in Taiwanese culture. If people act on their emotions and confront someone, it is considered a weakness.

Also, interaction between counselors and Taiwanese patients are different. In Taiwan, people want direct solutions from their counselors, Heppner said. In America, counselors serve more as listeners.

Essentially, counseling isn't a one-approach-fits-all field, Heppner learned. A Taiwanese counselor must be aware of the culture's values and expectations. “I was overgeneralizing in psychology,” Heppner said. “After being there, I could see there are different societal values.”

Based on these experiences, Heppner helped create eight

years ago an exchange program between MU and the National Taiwan Normal University for counseling psychology students.

Mizzou students travel to Taiwan for two weeks to attend lectures, socialize with Taiwanese students and faculty, and explore a new culture. Heppner gives lectures on these trips and meets with students about their experiences.

Over the years, Heppner became more aware of the connection between creating wood-fired pottery and visiting Asian cultures.

“In wood-fired pottery you give up a lot of control,” Heppner said. “You can't control where the ash falls, and a lot of very beautiful things happen.”

Likewise, “when you cross a cultural border you sometimes have to let go of control because you're an outsider,” Heppner said.

“Very beautiful things happen when you do that.”

— Ashley Carman



Photo by Rachel Coward

WOOD-FIRED POTTERY Heppner began experimenting with various pottery types, and wood-fired pottery's accidental and organic appearance especially intrigued him. Asia has become important to Heppner both personally, in his pottery, and professionally, in his counseling instruction at the University of Missouri.

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