

Physical Therapists Perspectives On Physician Prescriptions



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Background

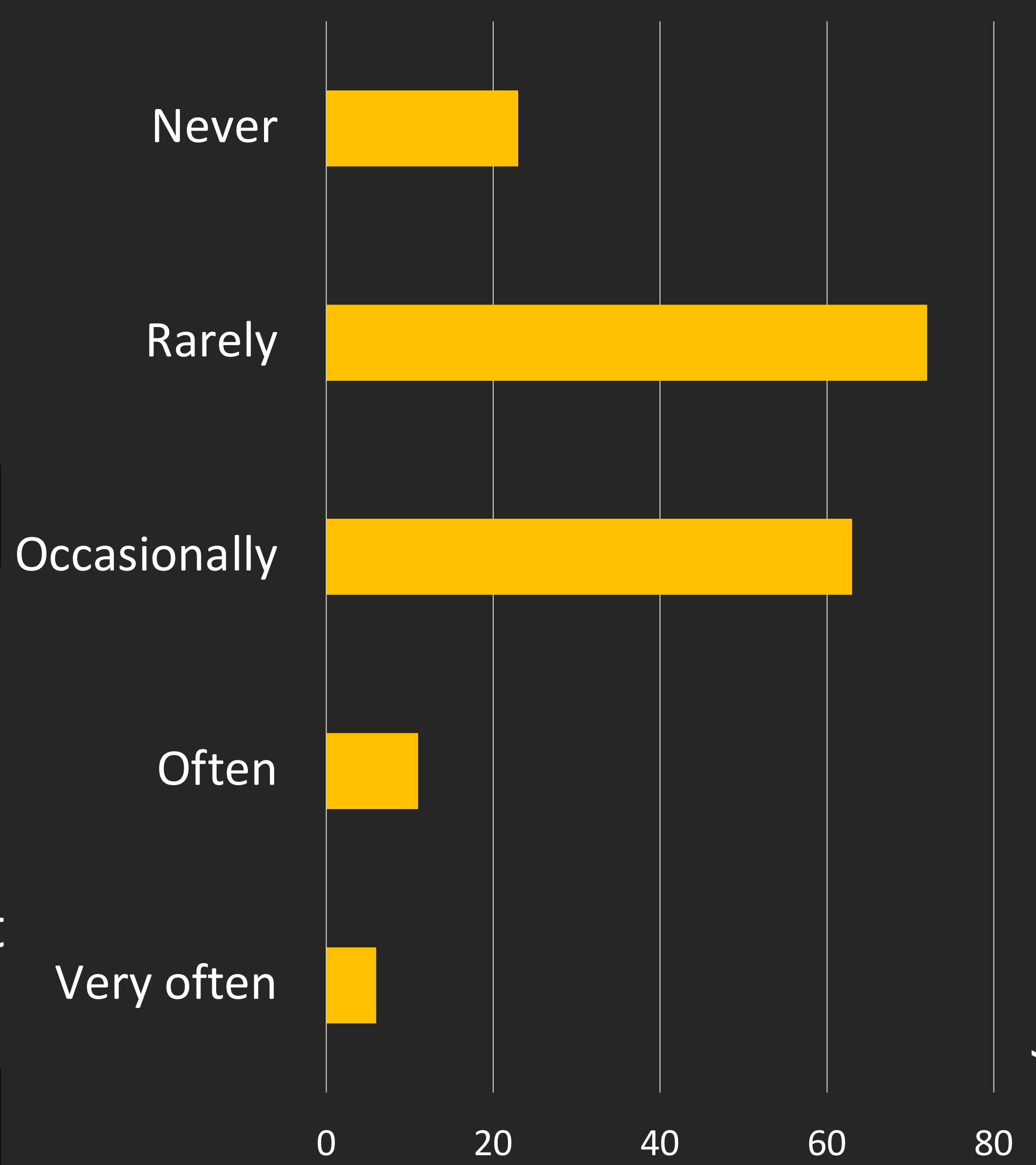
- Physicians frequently refer to physical therapist yet communication between professions is often limited to the initial prescription.
- Evaluating how therapists perceive physician prescriptions may identify opportunities to improve communication at that initial and often sole contact

Methods

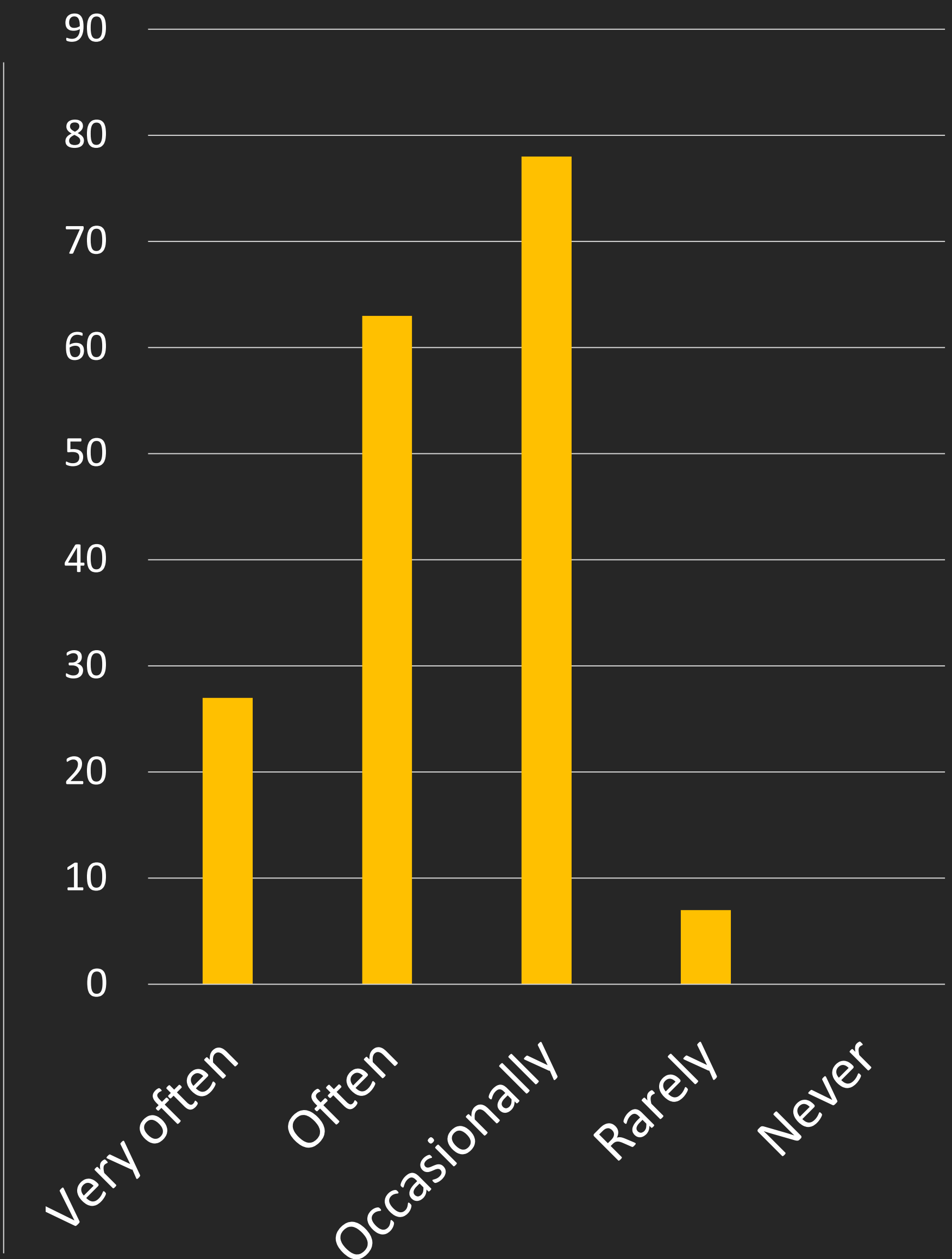
- Descriptive electronic survey conducted with RedCap
- Subjects (N=175) recruited through Facebook, Instagram, and Reddit flyers posted by author
- Inclusion criteria: Licensure as a Physical Therapist
- No exclusion criteria

Results

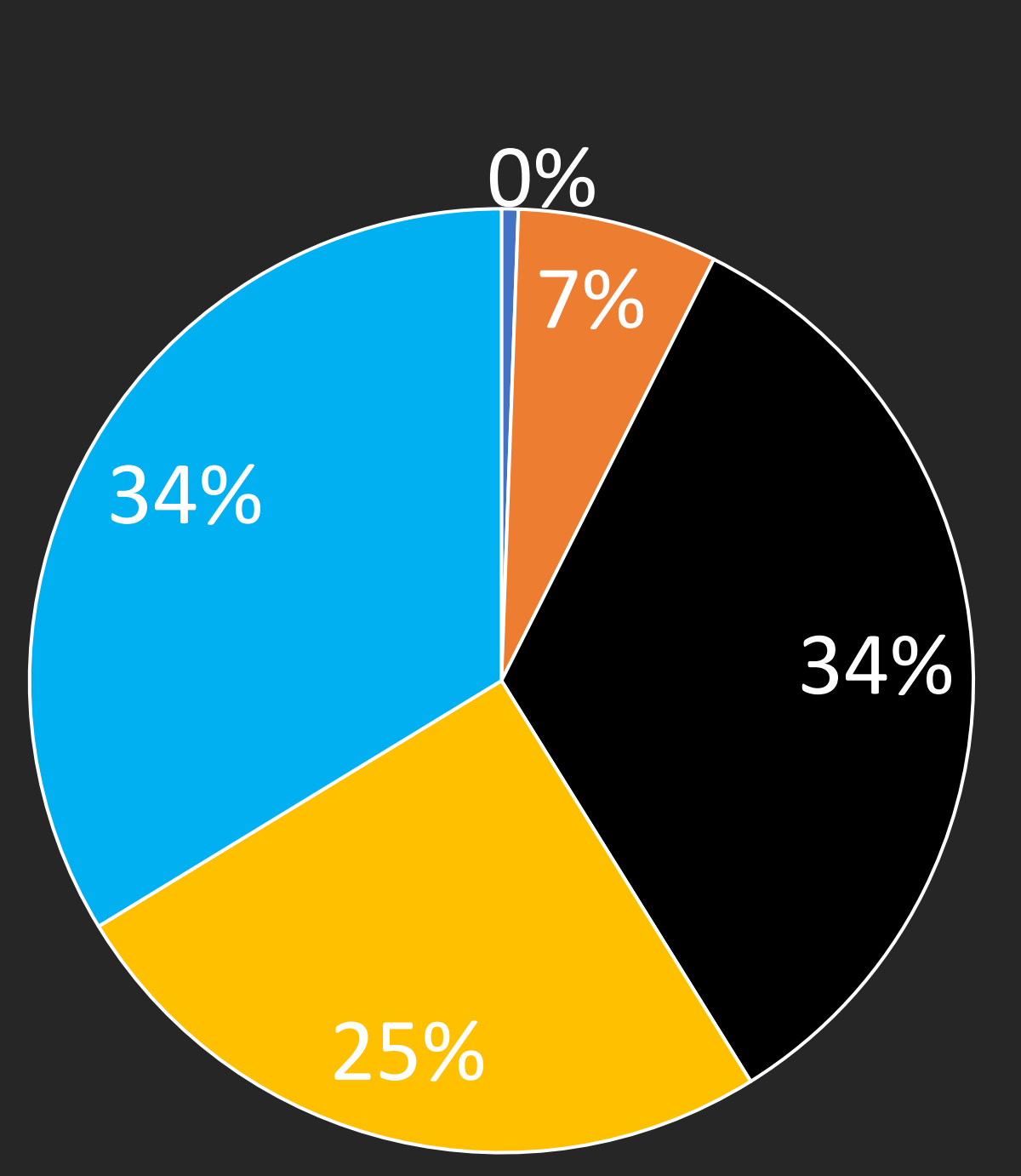
How often does information on the prescription change your treatment?



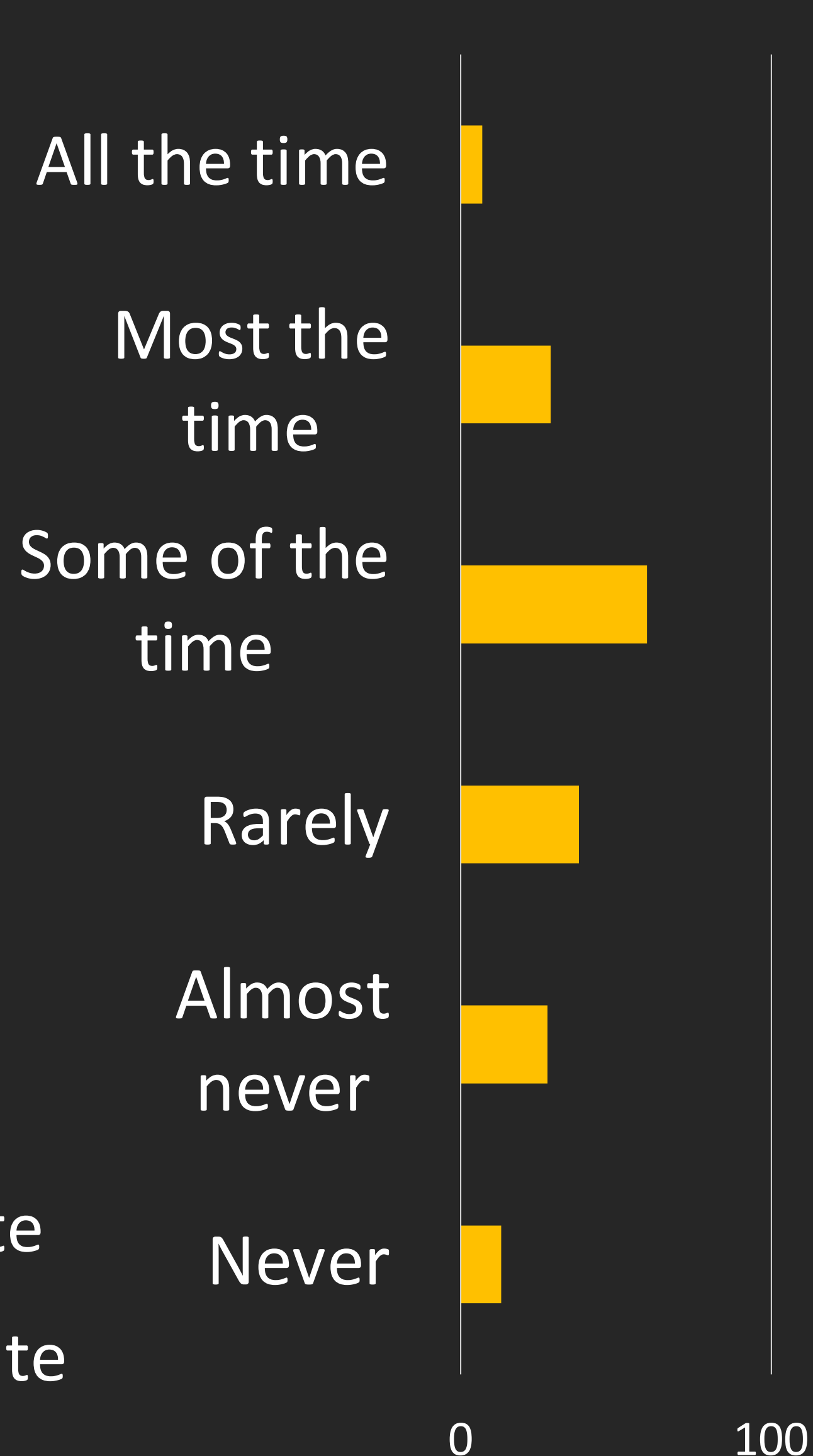
How often do your clinical findings conflict with diagnosis on script?



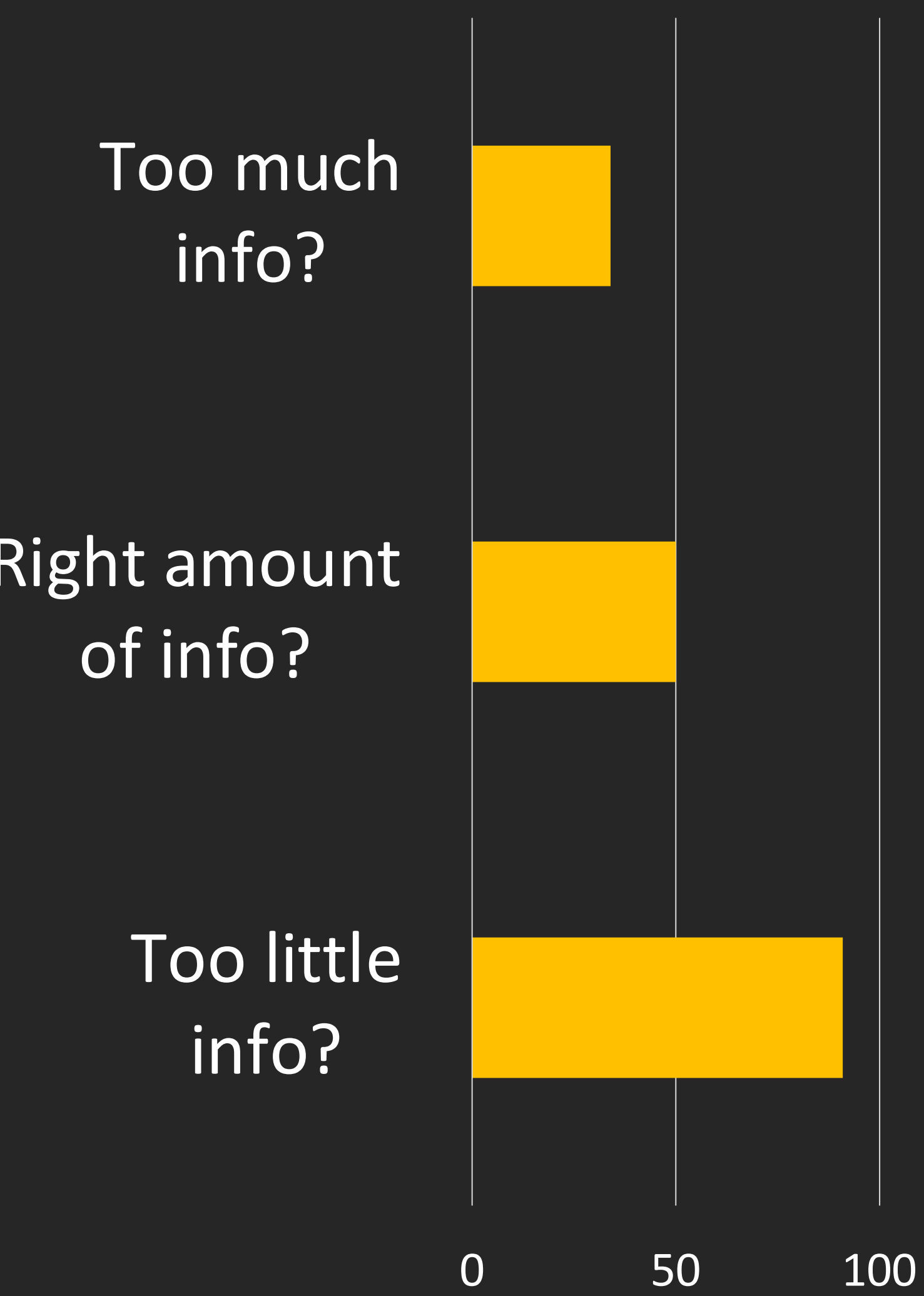
How in step do you feel physician referrals are with MSK/rehab evidence?



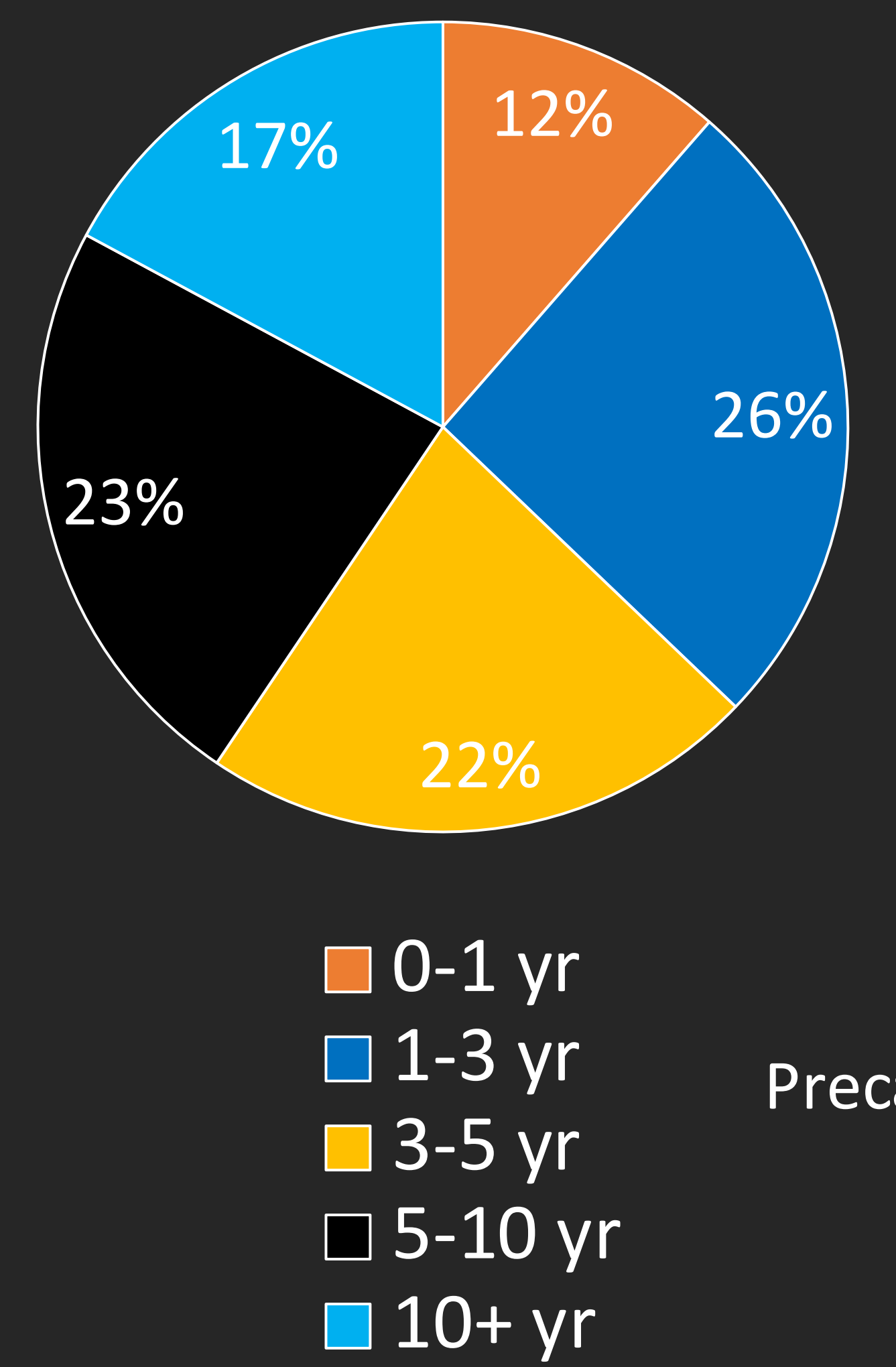
How often do you follow treatment instructions listed in prescription?



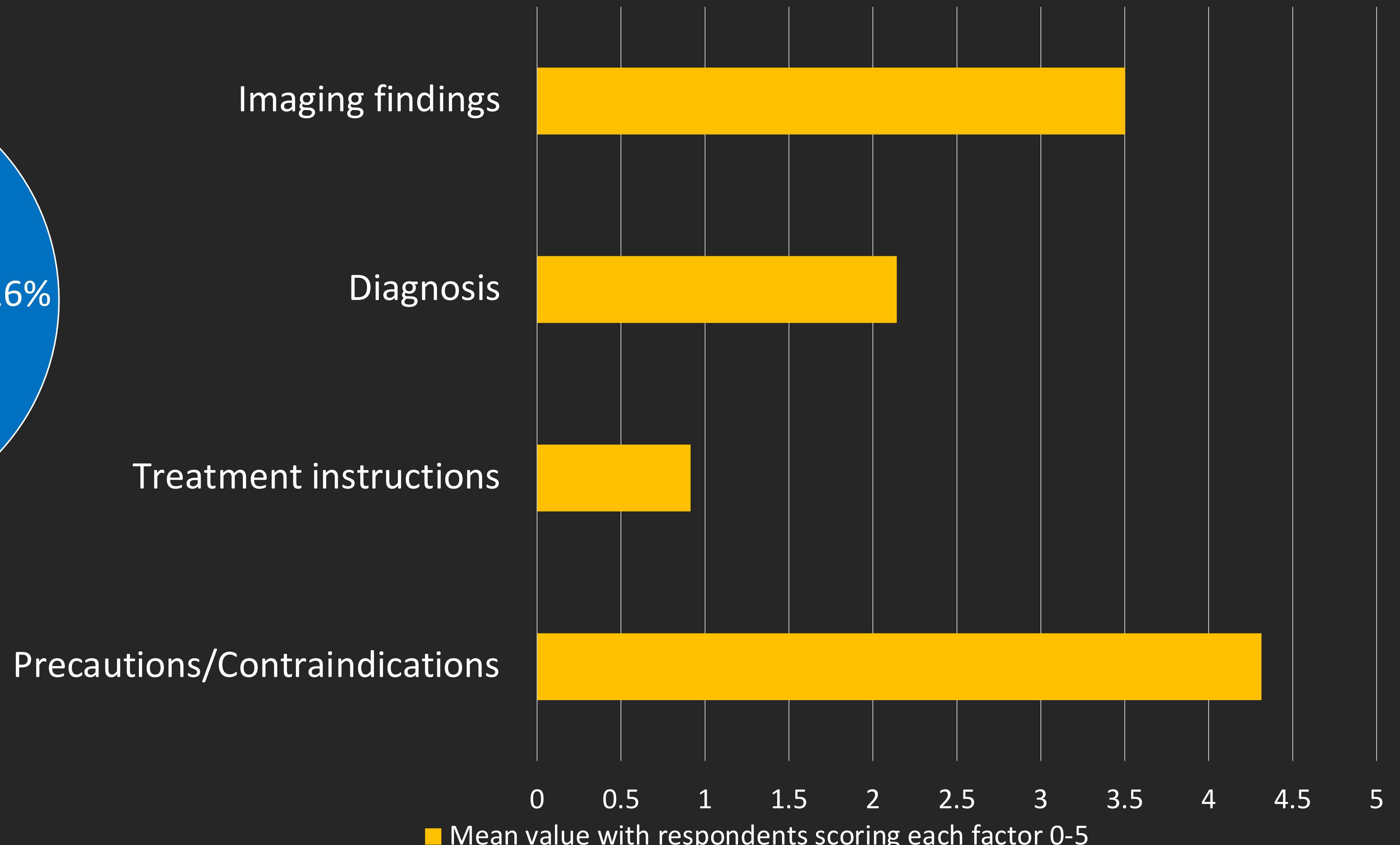
Do you feel physician prescriptions contain:



Respondent years of experience



How important is it that the script includes the following?



Conclusion

- Disconnect may exist in how physical therapists and physicians view therapy prescriptions
- Perceptions of what constitutes "evidence-based" practice may differ between professions
- Direct communication should occur between professions to establish expectations and optimize prescription structure
- A potential initial step may be inclusion of imaging findings and precautions/contraindications on prescriptions sent by physicians