

Running head: DBT FOR BINGE EATING

TWO BRIEF TREATMENTS BASED ON DIALECTICAL BEHAVIOR THERAPY
FOR BINGE EATING ACROSS DIAGNOSES AND DIAGNOSTIC THRESHOLDS:
RESULTS FROM A PRELIMINARY RANDOMIZED DISMANTLING STUDY

A Dissertation
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by
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“A dream you dream alone is only a dream. A dream you dream together is reality.”

-John Lennon.

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